**2024/2025 Meet Schedule**

October 18 Mock Meet Henrietta, NY

Stretch: 5:00

Competition: 6:00

November 22-24 Judges Cup West Seneca, NY

Hosted by NAWJ

$99 – Registration Deadline: 10/2/2024

December 14-15 Detail TBD Lowville, NY

January 11-12 “Head Over Heels Classic” Vestal, NY

Hosted by Head Over Heels

$145 – Registration Deadline: 10/25/2024

*All participants receive a custom GK leotard*

January 24-26 “Sparkle & Shine” Utica, NY

Hosted by Valley Gymnastics

$TBD – Registration Deadline: TBD

February 8-9 “It’s All Groovy” Byron, NY

Hosted by MCA Gymnastics

$110 – Registration Deadline: 12/1/2024

Feb 28-Mar 2 “Spring Graffiti” Niagara Falls, NY

Hosted by Gymnastics Sports Academy

$110 – Registration Deadline: 1/3/2025

March 8-9 “Winter Fun Invitational” Henrietta, NY Hosted by Henrietta Gymnastics

March 28-30 “Salute To Service” Watertown, NY

Hosted by Watertown YMCA

$TBD – Registration Deadline: TBD

April 4-6 NYS Championships Rochester, NY

Hosted by Rochester Gymnastics Academy Nazareth College

*(GOLD, PLATINUM, DIAMOND ONLY)*

*(Must obtain a 32.0 AA @ Judges Cup,*

*HOH or Sparkle & Shine)*

TENTATIVELY:

Xcel Gold will compete on Friday/Saturday

Xcel Diamond will compete on Friday

Xcel Platinum will compete on Saturday/Sunday

$105 – Registration Deadline: 2/10/2025

April 26-27 Spring Fling *(BRONZE & SILVER ONLY)* Elmira, NY

Hosted by Elmira Gymnastics Club

$90 – Registration Deadline: 2/7/2025

May 2-4 NYS Championship Buffalo, NY

Hosted by Niagara Gymnastics Canisius College

*(Bronze, Silver)*

*(Must obtain a 33.0 AA @ Judges Cup,*

*HOH or Sparkle & Shine)*

TENTATIVELY:

Xcel Silver will compete on Friday/Saturday

Xcel Bronze will compete on Saturday/Sunday

$105 – Registration Deadline: 2/10/2025