

PARKS AND RECREATION

Town of
HENRIETTA

Summer 2022

605 CALKINS ROAD, HENRIETTA NY 14467
585.359.2540 | www.henriettarec.org



**REGISTRATION BEGINS: APRIL 18 FOR RESIDENTS;
APRIL 25TH FOR NON-RESIDENTS**



Town Supervisor
Stephen L. Schultz

Craig C. Eckert, Deputy Town Supervisor

Linda K. Salpini, Director of Finance and Personnel

Henrietta Town Board

Millie C. Sefranek

Lisa S. Bolzner

M. Rick Page

Joseph D. Bellanca, Jr.

Parks and Recreation Department

Pam Grundman, Director of Parks and Recreation
pgrundman@henrietta.org (585) 359-7055

Craig Ross, Assistant Recreation Director
cross@henrietta.org (585) 359-7057

Anita Tichacek, Sr. Recreation Supervisor
atichacek@henrietta.org (585) 359-7051

Jackie Kitto, Recreation Leader
jkitto@henrietta.org (585) 444-2208

Meredith Saul, Recreation Leader
msaul@henrietta.org (585) 444-2285

Shelly Gorino, Senior Center Coordinator
sgorino@henrietta.org (585) 334-4030

Rebecca Gordon, Administrative Assistant
recreation@henrietta.org (585) 359-2540

Andrea Guarino, Recreation Attendant
recreation@henrietta.org (585) 359-7052

Tim Pratt, Tinker Park Program Supervisor
naturecenter@henrietta.org (585) 359-7044

Emily Malley, Recreation Attendant
naturecenter@henrietta.org (585) 359-7044



Recreation Center

605 Calkins Road

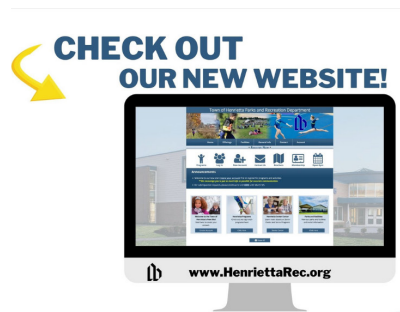
All the fun of summer awaits! Summer camps and baseball games, concerts, parades, and trips to Seabreeze- these are just a few of the many things that families look forward to each summer. Throughout our lives, we have often taken these summer pastimes for granted. Now that we have experienced two summers without many of our favorite activities, perhaps we shall grow to truly appreciate them.

At Henrietta Parks and Recreation, we are pleased to be returning to full capacity summer programming and events. Summer Playground is back and filled with activities the campers are sure to love, like sports, crafts, field trips and most of all, spending time with old friends and making new ones.

Come and celebrate with us on Sunday, May 22 as we honor those who have made the ultimate sacrifice. with a traditional Memorial Day Parade, ceremony and old-fashioned picnic. Don't miss the July 4 Celebration at Veterans Memorial Park, with a craft show, delicious food, great music, free fun activities for the kids and the best fireworks show in the area.

Beginning on Friday, July 15, the Recreation Department will be rolling out an expanded Summer Concert Series, complete with Farmer's Market and we'll be ending the summer with a movie night in the park. As you browse the pages of the Henrietta Parks and Recreation Summer brochure, I hope that you're excited by the wide variety of offerings, and maybe try out a new sport or hobby. Whatever you do this summer, take time to enjoy the summer days. As Henry James said, "Summer afternoon—summer afternoon; to me those have always been the two most beautiful words in the English language."

-Pam Grundman, Director of Parks and Recreation



- 1 Visit www.HenriettaRec.org
(Don't forget to bookmark the new site!)
- 2 Under the Account Tab select "Create Account". Complete the information for your household.
- 3 Explore the new website and get ready to register for upcoming Recreation programs!

Recreation Center

605 Calkins Road

Drop-in Activities

Drop-in cost for activities is \$3.00 for residents, \$5.00 for non-residents.
(Subject to scheduling changes, refer to online calendar for updated information)

Program	Days	Times	Ages
Sunday 35+ Hoops	Sunday	12:30pm-2:30pm	Adults 30+
Afternoon Pickleball	Monday, Wednesday, Thursday <i>*Schedule Subject to change June- August due to summer camps</i>	11:00am-2:00pm	Adult 18+
Advanced Pickleball	Tuesday <i>*Schedule Subject to change June- August due to summer camps</i>	9:00am-12:00pm	Adult 18+
Evening Pickleball	Thursday	5:45pm-8:45pm	Adult 18+
Table Tennis (free for members)	Sunday <i>*Schedule Subject to change June- August due to summer camps</i>	8:30am-10:30am	All ages welcome
Table Tennis (free for members)	Monday, Wednesday <i>*Schedule Subject to change June- August due to summer camps</i>	8:30am-1:30pm	All ages welcome

Members who play Pickleball/Drop In Basketball receive discounted rates on multiple visits for drop-in activities. (Not available to non-members)



Visit Pass	Resident Fee/NR Fee
10 Visits	\$20/\$35
20 Visits	\$30/\$50

Reservation Fees

Space available for athletic activities.

Room	R-H Youth Sports Fee	Res Fee	Non-Res Fee
Gym 1	\$40 per hr.	\$50 per hr.	\$60 per hr.
Gym 2 Gym 2-A Gym 2-B	\$50 per hr. \$30 per hr. \$30 per hr.	\$60 per hr. \$35 per hr. \$35 per hr.	\$70 per hr. \$45 per hr. \$45 per hr.
Activity Room	\$30 per hr.	\$35 per hr.	\$45 per hr.
Multipurpose Room 1	\$30 per hr.	\$35 per hr.	\$45 per hr.
Multipurpose Room 2	\$30 per hr.	\$35 per hr.	\$45 per hr.
Batting Tunnel (w/ 2-B)	\$40 per hr.	\$50 per hr.	\$60 per hr.
Pickleball Court (available for rental on Fridays from 10am-2pm)	\$15 per hr.	\$15 per hr.	\$15 per hr.

Membership Type	Resident Annual Fee	Non-Resident Annual Fee
Adult (14-59)	\$10.00	\$40.00*
Senior (60+)	FREE	\$20.00
Youth (0-4)	FREE	FREE
Youth (5-13)	\$5.00	\$20.00
Veteran	FREE	\$20.00

**A discount of \$10 per year is available for Non-Resident Adults (14-59) who reside in the R-H school district or work in Henrietta (must show proof of Henrietta employment from the Henrietta Chamber of Commerce when signing up).*

Membership Admission Policies

- Members sign and agree to adhere to the facility code of conduct indicated on sales receipt.
- Members will receive a keytag to use for scanning into facility.
- Replacement fee for member keytag is \$5.00 per person. (Scan-in required)
- Members receive free access to walking/running track, table tennis, and open gym times. (Scan-in required)
- Scheduled drop-in activities will require a fee and scan-in.
- Drop-in activity daily cost for members and non-members is \$3.00 for residents, \$5.00 for non-residents.
- Scan-in is not required for pre-registered recreation programs, facility rentals, or special events.
- Individuals under the age of 18 must be signed up by their legal guardian.
- Members under age 14 must be supervised by an adult Henrietta Recreation Member age 18+ while using the facility.
- Open gym is open to Members only at this time. Anyone under the age of 18 years old must have parent or guardian sign for their membership or renewal
- Indoor waiting is not allowed. Spectators are not allowed.

PARKS AND RECREATION ADVISORY BOARD

The Purpose of the Henrietta Parks and Recreation Advisory Board is to advise and assist the Town Board in the preparation of plans and programs for carrying out the functions of the Parks and Recreation Department. The Board also reviews plans and proposals for the acquisition and development of parks and recreation facilities and may be referred to make such recommendations to the Town Board through the Director of Parks and Recreation in connection therewith as deemed appropriate.

CURRENT MEMBERS

Gary Junge, Chair
Eric Black
Susan Burke
Barbara Christensen
Patrick Irving

Diana Keating
Aaron Lehman
Mary Ellen Liss
David Moriarty
Robert Schoener

YOUTH DEVELOPMENT ADVISORY COMMITTEE

Mission: To improve the quality of life for Henrietta youth and families through planning, advocacy, networking and programming.

CURRENT MEMBERS

Dr. Jesse Redlo, Chair
Barbara Christensen, Vice Chair
Ciara DeFreze
William Hall
Dr. Stacy Killings
Alicia Manuse
John McFadden
Harmony Sefranek

Nathaniel Wright
Mariah Augustin, Youth Rep
Alyssa Carolyn DeFreze, Youth Rep
Dominic Galante, Youth Rep
Carly Mayhew, Youth Rep
Tracy Son, Youth Rep
Douglas Rivers School Board Liaison
Ellen Glenna, Library Liaison
Anita Tichacek, Recreation Liaison

Grandparents For Grandparents

Have you found yourself in the position of raising your grandchildren? The Town of Henrietta offers a support group where you can share your experiences and acquire helpful resources from families in similar situations. For more information, or you are interested in attending a meeting, contact Anita Tichacek at 359-7051.

Meetings will take place the 3rd Thursday of every month, from 6:30pm -8:00pm, at the Recreation Center.



Safe Place

The Recreation Center is a designated "Safe Place" and is one of nearly 300 stationary and mobile sites throughout Monroe County. Safe Place is a national outreach program assisting youth who are experiencing a crisis situation. In crisis, youth can go to a Safe Place location to access immediate help and services from Center for Youth professionals. For more information about Safe Place and The Center for Youth please visit www.centerforyouth.net or call (585) 473-2464.



HENRIETTA RECREATION DEPARTMENT POLICIES

The Recreation Department reserves the right to cancel or change any program due to low enrollment and may limit the size of any program. Additionally, any program may be cancelled or postponed due to unforeseen conditions which may directly impact the quality or safety of the program.

Classes missed because of illness, travel conflicts or personal reasons cannot be made up.

WEATHER RELATED PROGRAM CANCELLATIONS

If the Rush-Henrietta School District is closed due to inclement weather conditions, ALL Henrietta Recreation Programs that are located in a SCHOOL FACILITY are also CANCELLED. If Rush-Henrietta schools close early due to inclement weather conditions, then Recreation Programs scheduled in the schools are also cancelled. For Henrietta Recreation programs that are NOT located in a Rush-Henrietta School District Facility, please call the Henrietta Recreation Department (585) 359-2540 or the weather information line at 585-234-1042 for daily updates regarding program cancellations. When possible, program cancellation information will be communicated to local media.

Classes cancelled due to weather or unforeseen circumstances are not eligible for a credit or refund. If possible, make-ups will be scheduled.

FOR YOUR INFORMATION

The following popular programs are NOT run by the Town of Henrietta. You may contact them directly for program information.

R-H CONTINUING EDUCATION
Cub Care, Swim Lessons and more!
rhnet.org • (585) 359-7805

R-H SOCCER CLUB
www.rhsoccer.org • (585) 234-0245

R-H YOUTH SPORTS ASSOCIATION
R-H Renegades Football & Cheer
R-H Renegades Boys & Girls Basketball
R-H Wrestling
www.rhysa.org • (585)270-0914

R-H ATHLETIC ASSOCIATION
(Baseball/Softball)
www.rhaa.net
Information Line (585) 234-5650

R-H LACROSSE CLUB
Boys Lacrosse: www.rhlax.com
Girls Lacrosse: <https://rhygl.sportngin.com>

Henrietta Parks Information

VETERANS MEMORIAL PARK, 595 Calkins Road

This park has many recreational facilities available to the public including the Henrietta Recreation Center, Senior Center, amphitheater, 2 playgrounds, softball and soccer fields, Roberts and Bushman cabins, picnic pavilions, outdoor restrooms, basketball and tennis courts, and a walking trail that connects to the Lehigh Valley Trail.

MARTIN ROAD PARK, 1344 Martin Road

Features a large playground, Buyck pavilion, outdoor restroom, soccer fields, kick wall, tennis courts, and catch and release fishing pond.

LOOKUP PARK, 3850 East Henrietta Road

Amenities include Baldwin Cabin, a 9-hole disc golf short course, golf driving range and dog park. The dog park is self-monitored and is part of the Monroe County Dog Park system. An annual fee will allow you access to dog parks at Lookup Park, Ellison Park, Greece Canal Park, Pittsford Dog Park and Sweden Park. Registration for the dog park is required and can be done at the Henrietta Town Clerk's Office. The golf driving range is operated by the Henrietta Foundation. For hours and additional information regarding the driving range call (585) 334-1300.

BREESE PARK, 108 Westcombe Park

This park features beautiful views of the Genesee River and has an accessible stone dust trail that runs alongside the river. The property is home to many types of wild animals and beautiful plants such as bluebell and trillium flowers, native ferns, mushrooms, black walnut trees, etc. Eagle Scout projects such as a pedestrian walking bridge, kiosk, and wildlife observation blind have been completed here. The newly added Breese Park Play and Fitness trail opened in November 2021.

TINKER NATURE PARK, 1525 Calkins Road

Amenities include the Hansen Nature Center, Tinker Homestead and Farm Museum, Tyler Pavilion, small playground, volleyball court, 2 miles of hiking trails with wetland boardwalks, small amphitheater, gazebo overlooking pond, and the Community Garden Program (registration required). *Please note that dogs are strictly prohibited at Tinker Nature Park

CABIN /PAVILION RESERVATIONS AND FEES

Bushman Cabin, Roberts Cabin, Baldwin Cabin, and pavilions (Tyler, Buyck, Stevens, and Chase) are available to reserve. All cabins are heated and include restrooms, kitchens with oven/stove, refrigerator, sink, and tables with seating for approximately 50-100 people. Only Baldwin Cabin has central air and an outdoor patio. Cabins and pavilions are available for use from 10:30am to 10:00pm, with the exception of Buyck and Tyler Pavilions, which are available until dusk. Henrietta residents can reserve cabins and pavilions up to 365 days in advance, non-residents up to 335 days in advance.

Reservations must be made in person at the Henrietta Recreation Center or by request online. To make a reservation request online please visit <http://parksandrecreation.henrietta.org> and click the Parks Facilities tab at the top of the page. A \$100 cleaning deposit in the form of a check is due upon key-pickup for all cabins and Tyler Pavilion. If the facility is left in its original condition, key is returned and rules are followed, your check will be returned to you by mail. For more information on these and additional town park properties, please visit our website at www.henrietta.org.



Facility	Resident Daily Fee	Non-Resident Daily Fee
Roberts Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday)	\$225 (Monday-Thursday) \$250 (Friday-Sunday)
Bushman Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday)	\$225 (Monday-Thursday) \$250 (Friday-Sunday)
Baldwin Cabin at Lookup Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday)	\$225 (Monday-Thursday) \$250 (Friday-Sunday)
Pavilions	\$25	\$50

SUMMER

PLAYGROUND

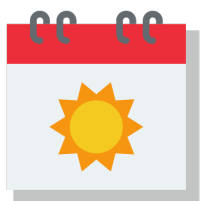
Drop-in program. Games, outdoor activities, craft projects, special events, field trips, and more.

FOR CHILDREN ENTERING 1ST - 7TH GRADE. MUST BE PART OF THE RUSH HENRIETTA SCHOOL DISTRICT TO ATTEND.



Drop off is between 8:30am-9:00am (to allow for reduced crowding).

Site	Date	Time	Fee Res/NR
Crane	Mon. - Fri. July 6 - August 12	9:00am-3:00pm	\$300/\$345
Vollmer	Mon. - Fri. July 6 - August 12	9:00am-3:00pm	\$300/\$345
Winslow	Mon. - Fri. July 6 - August 12	9:00am-3:00pm	\$300/\$345
Fyle	Mon. - Fri. July 6 - August 12	9:00am-3:00pm	\$300/\$345



Summer Playground Program important information:

***Please note: most field trips have an additional cost and are optional.**

***There is no alternative Playground Program for those who do NOT attend the Seabreeze field trip. Please plan accordingly.**

***August 12th: all sites close at 12pm due to moving out of schools.**

EXTENDED PLAYGROUND PROGRAM

Continuation of Playground Program. Transportation from Playground site is provided. Parents must pick up children by 6:00pm at Bushman Cabin. ***Child must be registered for Summer Playground to participate in this program.** LIMIT 90 participants.

Location: Bushman Cabin, Veterans Memorial Park, 595 Calkins Rd.

Grade	Day	Time	Fee Res/NR
Entering 1st - 7th	Mon. - Fri. July 6 - Aug. 11	3:00pm - 6:00pm	\$175/\$201

SEABREEZE TRIP THROUGH SUMMER PLAYGROUND

Summer Playground participants will finish off the summer with a Seabreeze Fun Day! Participants will be picked up at their Summer Playground sites and bussed to Seabreeze. Must be registered for Summer Playground to attend. Registration deadline is Sunday, July 31st at 5pm. **(NO EXCEPTIONS, NO REFUNDS)** *Ticket price includes \$8.00 bus transportation fee. Please note: The bus transportation fee of \$8.00 will be required when using a Seabreeze Season Pass.

Location: Seabreeze Amusement Park, 4600 Culver Rd.

Day	Time	Fee
Thursday, August 4	Leaving for Seabreeze at 10:15am	\$30 *

STAR PROGRAM

Don't want to hang around the house all summer? Come hang out with your friends at the S.T.A.R. program! There will be activities on site and a variety of field trips to enjoy. A calendar of field trips and exact times will be available at the Recreation Department and online at www.henriettarec.org. *Please note: Immunization records will be required at time of registration.

Location: Burger Jr. High School, 639 Erie Station Road

Grade	Date	Time	Fee Res/NR
Entering 8th-9th	Monday- Thursday July 11 - August 11	9:00am-3:00pm	\$350/\$403

SUMMER FUN WEEK

Join us for some late summer fun at the Rec Center. Activities include; indoor and outdoor games based on daily themes, craft time, walking trips to the library and the Town Park, special guest entertainers, movie field trip and fun on our inflatable slide.

Participants must bring a lunch.

Location: Henrietta Recreation Center



Grade	Date	Time	Fee Res/NR
Entering 1st - 7th	Monday- Friday Aug. 15- 19	9:00am - 3:00pm	\$115/\$132

EXTENDED SUMMER FUN WEEK CAMP

Extended day fun for those registered for Summer Fun Week. Activities will include walking trips to the Town Park, indoor and outdoor, and craft time. Late day snack provided.

Location: Henrietta Recreation Center

Grade	Date	Time	Fee Res/NR
Entering 1st - 7th	Monday-Friday Aug. 15 - 19	3:00pm - 6:00pm	\$60/\$70

Henrietta Parks and Recreation Department offers youth development programs for the summer.

These programs include Zoom.

For more information contact

Anita Tichacek at (585) 359-7051

Preschool Programs

2 & 3 YEAR OLD PLAYGROUP

Fun-filled activities for 2 & 3 year-olds encouraging socialization and preschool readiness. Location: Henrietta Recreation Center



Age	Day	Time	Fee Res/NR
2 & 3 yrs without parent	Tuesday & Wednesday July 12 - August 10	9:30 - 11:30am	\$110/\$128

PRESCHOOL PLAYGROUND

Activities include games, crafts, songs, and visits from special guests!

Age: 3 - 5 years old

Dates: July 6 - August 12

Location: Winslow Elementary School

Days	Time	Teacher	Fee Res/NR
M,W,F	9:15am - 11:45am	TBA	\$225/\$259
M,W,F	9:15am - 11:45am	Bemis	\$225/\$259
T,Th	9:15am - 11:45am	TBA	\$150/\$173
T,Th	9:15am - 11:45am	Bemis	\$150/\$173

KINDERGARTEN READINESS

Let's get ready for Kindergarten! School readiness isn't easy to define, but there are milestones in childhood development that can help make the transition to the classroom more successful. In this class students will be taught to demonstrate a curiosity in learning new things; take turns cooperating, speaking and listening with peers and adults; learn about following instructions; communicate how they're feeling; and much more! A great way to brush up on skills after the summer! Circle time and other activities will be incorporated.

Location: Recreation Center, Multi-purpose Room 1



Age	Day	Time	Fee Res/NR
Entering Kindergarten	Mon. - Thurs. August 22 - 25	10:00am - 11:30am	\$55/\$70

TEE BALL CAMP

An instructional program which helps parents work one-on-one with their child, teaching them the fundamentals of Tee Ball. During the program, parents work together with their child in a supportive environment to learn all of the basic motor skills needed for the sport.

Location: Veterans Memorial Park, 595 Calkins Rd., Softball Field 4



Age	Day	Time	Fee Res/NR
3 - 5yrs w/ parent	Monday July 11-Aug. 8	6:00pm - 7:00pm	\$60/\$70

START SMART SOCCER

Start Smart Soccer is an instructional program which helps parents work one-on-one with their child, teaching them the fundamentals of soccer. During the program, parents work together with their child in a supportive environment to learn all of the basic motor skills needed for the sport.

Location: Recreation Center Playground

Age	Day	Time	Fee Res/NR
3 - 5yrs w/ parent	Wednesday July 13 -Aug. 10	6:00pm - 7:00pm	\$60/\$70

PRESCHOOL OPEN GYM - MINI SESSION

Preschool Open Gym gives children a chance for supervised play using a wide variety of equipment!

Location: Henrietta Recreation Center, 605 Calkins Road, Gymnastics Area



Age	Day	Time	Fee Res/NR
18 months-2yrs	Wednesday June 1 - June 22	9:30am-10:15am	\$20/\$25
2yrs - 4yrs	Wednesday June 1 - June 22	10:45am-11:30am	\$20/\$25
2yrs-4yrs	Thursday June 2- June 23	9:30am-10:15am	\$20/\$25

MUSIC AND MOVEMENT

Children spend time exploring instruments, sing songs and gain sensory experiences with Miss Missy. Child must be accompanied by an adult.

Location: Recreation Center, Multipurpose Room 2



Age	Day	Time	Fee Res/NR
12-36 months w/ parent	Friday July 8-August 12	9:30am-10:00am	\$50/\$60

Youth Programs

MAGIC & BALLOON TWISTING CAMP & MORE

Learn how to do amazing magic tricks! Balloon Twisting Fun! Beautiful Bubble Art! Campers learn the secrets of magic and how to perform the tricks. Have fun learning balloon twisting; learn to make dogs, elephants, dolphins and much more. The camp will help build self-confidence, self-esteem and motor skills. In this fun-filled camp, Campers will be able to take all the magic tricks and balloon animals home to keep. Location: Henrietta Recreation Center

Age	Days	Time	Fee Res/NR
5 - 14 yrs	Mon. - Thurs. July 25 - July 28	9:00am - 10:30am	\$80/\$92



SLIMETASTIC FUN

Does your child love slime? This class will be all about making different types of slimes using all different materials. This program is sure to be a hit and a great way to leave the mess with us!

Location: Henrietta Recreation Center

Age	Days	Time	Fee Res/NR
7-11yrs	Thursday July 14	10:30am - 12:00pm	\$12/\$22



GET PINTERESTED: DIY PROJECTS

Join us for a week of crafting as we make some of the coolest projects on Pinterest. Each day kids will create their very own art projects such as Tye Dye, string art, lava lamps, duct tape design and more! All supplies provided. Please pack a small snack for your child.

Location: Henrietta Recreation Center



Age	Days	Time	Fee Res/NR
7-11yrs	Mon. - Thurs. July 25 - July 28	10:00am-12:00pm	\$60/\$75

MAGICAL FAIRY GARDENS

Join us for a magical class where kids will create their very own Fairy Gardens to put in their backyards! All supplies will be provided.

Location: Henrietta Recreation Center

Age	Days	Time	Fee Res/NR
4-8yrs	Tuesday July 12	10:30am - 11:30am	\$16/\$26



ART FUN CAMP WITH MS. RODGERS

Have fun being creative with Mrs. Rodgers. Explore art through themed sessions.

Location: Henrietta Recreation Center

Age/Class	Day	Time	Fee Res/NR
6-10yrs Garden Art	Mon. - Fri. June 27 - July 1	9:30am - 11:30am	\$100/\$115
6-10yrs Under the Sea	Tues.-Fri. July 5 - July 8	9:30am- 11:30am	\$80/\$92

YOUTH CHESS CAMP

Learn the fundamentals and strategies for the game of chess. This camp can help children improve problem solving and math skills.

Location: Henrietta Recreation Center, Activity Room

Age	Days	Time	Fee Res/NR
6-12yrs	Mon. - Fri. July 11 - July 15	10:00am- 12:00pm	\$70/\$81



Youth Programs

EPIC TRAINING FOR KIDS: BABYSITTER'S TRAINING

This instructor lead 5 hour class is supplemented by a video presentation, lecture and group activities. Participants will learn the roles and responsibilities of a babysitter including skills in: the business of babysitting, accident prevention, first aid, care of choking victims and the ages and stages of children. Each student will receive a PDF materials to print prior to the session. Certification card issued upon completion.

Location: Henrietta Recreation Center



Age	Day	Time	Fee Res/NR
7-12yrs	Wednesday July 13	10:00am-3:00pm	\$49/\$59
7-12yrs	Wednesday August 17	10:00am-3:00pm	\$49/\$59

EPIC TRAINING FOR KIDS: HOME ALONE

This instructor led 2-hour class is for boys and girls ages 7-12yrs. Supplemented by a video presentation and group activities; participants will learn the importance of behaving responsibly when home alone. Topics include, but are not limited to: basic first aid, what to do when a stranger comes to the door, answering the phone, internet safety and how to react during a various home emergency such as a power outage or fire. Knowing when your child is ready to stay home alone is a difficult decision and preparation can make the transition much easier for you & your child the roles and responsibilities. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
7-12yrs	Thursday July 14	10:00am-12:00pm	\$29/\$39
7-12yrs	Thursday August 18	10:00am-12:00pm	\$29/\$39

EPIC TRAINING FOR KIDS: FIRST AID FOR KIDS

Our team of current or retired medical staff will instruct boys and girls ages 7-12yrs in the skills of Basic First Aid. Supplemented by a video presentation and group activities; participants will learn skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains and breaks, and treatment for heat and cold emergencies. Also addressed are several common medical emergencies found in schools today such as: food allergies, diabetes, seizures, and asthma. This 90 minute course meets requirements for several boy/girl scout badges. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
7-12yrs	Thursday July 14	12:30pm-2:00pm	\$25/\$35
7-12yrs	Thursday August 18	12:30pm-2:00pm	\$25/\$35

CREATIVE DRAMA PROGRAM

Join us for a new more intense format this year focusing on all phases of theatre basics; singing, dancing, acting, the audition process, and stage direction. We will end our summer program with 2 show nights. Each performer will have two opportunities to shine!

This is a wonderful way for those who are interested in pursuing theatre in high school to gain experience and confidence.

SHOW NIGHTS: August 10th & 11th

Location: Burger Jr. High School



Age	Day	Time	Fee Res/NR
9-15yrs	Mon. - Fri. July 6 - Aug. 11	9:00am -12:30pm	\$295/\$378

TINKER NATURE CAMP

Participants will have fun with various nature topics throughout the week: Herpetology, Bird Study, Gardening, Pollinators, Insects and more.

Location: Tinker Nature Center, 1525 Calkins Rd.

Age	Days	Time	Fee Res/NR
3rd - 6th grade	Mon. - Fri. July 11- July 15	9:30am-12:00pm	\$45/\$55



SCOOT, SLIDE, SCORE! GYM TIME WITH PARENT

Join us for open gym time where your child can run, jump, ride and scoot! The gym will be set up with various ride-ons, scooters, and sports equipment. All equipment will be age appropriate. Children must be supervised while playing in the gym. All in attendance must have a membership.



This program will run until June 16, 2022 and resume September 6, 2022. Enjoy your summer break!

Age	Day	Time	Fee
18 months-6yrs	Tuesday, Wednesday, Thursday Beginning September 6	10:00am-12:00pm	Free to Members

Sports Programs



BOYS BASKETBALL CAMP

The camp is directed by RH Boys Varsity Coach, Chris Reed, and will be run in two one-week sessions. Participants will be grouped based on age, size, and ability. A typical session will include warm-up drills, conditioning, individual instruction, and scrimmage play.

Location: Recreation Center, Gym 1 & 2

Session	Age	Date	Time	Fee Res/ NR
Week 1	7 yrs & up	Mon.-Fri. July 11-July 15	9:00am - 12:00pm	\$70/\$81
Week 2	7 yrs & up	Mon.-Fri. July 18- July 22	9:00am - 12:00pm	\$70/\$81

GIRLS BASKETBALL CAMP

This camp will help girls learn the fundamentals of basketball with instruction covering offensive and defensive skills. The camp is directed by RH Girls Varsity Coach, Renee Long

Location: Recreation Center, Gym 1 & 2

Age	Day	Time	Fee Res/NR
7 & 8yr olds	Mon.-Fri. July 25 - July 29	9:00am-10:30am	\$45/\$55
9yrs and Up	Mon.-Fri. July 25 - July 29	9:00am-11:00am	\$55/\$65

LITTLE DUNKERS MINI CAMP

Join us on the basketball court for this fun mini camp! Kids will learn and practice the basic skills needed for the game of basketball. Dribbling, shooting and passing will be introduced in a fun and positive environment.

Location: Recreation Center, Gym 1

Age	Day	Time	Fee Res/NR
4-6yrs	Mon.-Thurs. July 18 - July 21	1:00pm - 2:00pm	\$40/\$50



EXTREME SPORTS CAMP

Get the kids out of the house for this extreme camp. Each day we will try out a new "extreme" sport and learn the rules and variations. Sports include gaga ball, dodgeball, ninja warrior and more! No experience necessary! All games will be taught in a positive environment. Please pack a small snack and water for your child.

Location: Recreation Center, Gym 1

Age	Day	Time	Fee Res/NR
7-11yrs	Mon.-Thurs. August 8 - August 12	9:30am - 11:00am	\$60/\$75

TENNIS

Tennis uses age/size appropriate courts and racquets to help kids develop proper technique and strategy in a play-based format. Children will learn the basic strokes, how to keep score, strategy, how to work within a team as well as how to work independently.

Location: Martin Road Park, Tennis Courts

Age	Day	Time	Fee Res/NR
5-13yrs	Thursday May 12- June 16	6:00pm-7:00pm	\$56/\$66

SUMMER TENNIS - BEGINNER

Tennis uses age/size appropriate courts and racquets to help kids develop proper technique and strategy in a play-based format. Children will learn the basic strokes, how to keep score, strategy, how to work within a team as well as how to work independently.

Location: Roth Jr. High School

Age	Day	Time	Fee (Res/NR)
5-13yrs	Thursday July 14 - July 18	5:00pm - 6:00pm	\$56/\$66

SUMMER TENNIS - INTERMEDIATE

Tennis uses age/size appropriate courts and racquets to help kids develop proper technique and strategy in a play-based format. Children will learn the basic strokes, how to keep score, strategy, how to work within a team as well as how to work independently.

**Participants should be able to know the difference between forehand/backhand and be able to successfully hit the ball over the net.*

Location: Roth Jr. High School

Age	Day	Time	Fee (Res/NR)
5-13yrs	Thursday July 14 - August 18	6:00pm - 7:00pm	\$56/\$66

SPIKIN' VOLLEYBALL CAMP

Get introduced to the fun sport of volleyball! Kids will learn the basic skills needed to play volleyball such as bumping, setting, passing and serving. Fun games and drills will be incorporated. All skills will be taught in a positive environment. No experience necessary.

Location: Recreation Center, Gym 1

Age	Day	Time	Fee (Res/NR)
7-11yrs	Mon.-Thurs. Aug. 1 - Aug. 4	9:30am - 11:00am	\$60/\$75



Sports Programs

FLAG FOOTBALL LEAGUE

This program develops football related motor skills while giving participants the opportunity for non-contact team play. Teams will practice twice a week and have a game on Saturday. Monday & Wednesday practice, Saturday games begins Sept. 17th.

Location: Veterans Memorial Park, 595 Calkins Road

Age (as of Sept. 1)	Fee Res/NR
5 - 6 years	\$65/\$75
7 - 9 years	\$65/\$75
10 - 12 years	\$65/\$75
13 - 15 years	\$65/\$75



YOUTH BASEBALL DAY CAMP

This camp will emphasize individual baseball skills including: batting, fielding and base running. Come work with RHAA's Coach Junge and Coach Koehler to freshen up your baseball skills. Participants will be broken into groups by age/skill level.

Location: RHAA Field Complex, 5970 West Henrietta Rd.



Session	Age	Date	Time	Fee Res/NR
Session A Week 1	5-6 yrs	Mon.-Fri. July 11 - July 15	9:00am - 10:45am	\$38/\$48
Session A Week 1	7-17 yrs	Mon.-Fri. July 11 - July 15	9:00am - 12:00pm	\$55/\$65
Session B Week 2	5-6 yrs	Mon.-Fri. July 18 - July 22	9:00am - 10:45am	\$38/\$48
Session B Week 2	7-17 yrs	Mon.-Fri. July 18 - July 22	9:00am - 12:00pm	\$55/\$65
Session C Week 3	5-6 yrs	Mon.-Fri. July 25 - July 29	9:00am - 10:45am	\$38/\$48
Session C Week 3	7-17 yrs	Mon.-Fri. July 25 - July 29	9:00am - 12:00pm	\$55/\$65
Session D Week 4	5-6 yrs	Mon. - Fri. Aug. 1 - Aug. 5	9:00am - 10:45am	\$38/\$48
Session D Week 4	7-17 yrs	Mon. - Fri. Aug. 1 - Aug. 5	9:00am - 12:00pm	\$55/\$65

YOUTH SOCCER CAMP

Players will be assigned to groups based on age ability. This camp will introduce participants to basic fundamentals of the sport along with scrimmage play.

Location: Martin Road Park, Soccer Fields

Session	Age	Day	Time	Fee Res/NR
A	6-13 yrs	Mon.-Fri. Aug. 1 - Aug. 5	9:00am-12:00pm	\$70/\$81
B	6-13 yrs	Mon.-Fri. Aug. 8 - Aug. 12	9:00am-12:00pm	\$70/\$81

SOCCER SHOTS

Soccer Shots is a national program that teaches soccer using creative games. Sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

Location: Veteran's Memorial Park, 595 Calkins Road, soccer fields behind Bushman Cabin



Age	Day	Time	Fee Res/NR
2yr olds* w/ parent	Tuesday July 5 - August 23	4:40pm-5:10pm	\$130/\$149
3 - 4yrs	Tuesday July 5 - August 23	5:15pm- 6:05pm	\$130/\$149
5 - 7yrs	Tuesday July 5 - August 23	5:15pm-6:05pm	\$130/\$149
3-4yrs	Tuesday July 5 - August 23	6:05pm - 6:50pm	\$130/\$149
5-7yrs	Tuesday July 5 - August 23	6:05pm -6:50pm	\$130/\$149

*The two year old program will require at least one parent to participate alongside their child.

YOUTH SOCCER LEAGUE

This program is appropriate for all skill levels, it will focus on the development of soccer skills, strategies, and basic knowledge of the sport. Players will practice with their team twice a week and play games on Saturdays. Location: Martin Road Park, Soccer Fields

Age:	Fee Res/NR	Practices:
5 - 6 years	\$65/\$75	Tuesdays and Thursdays 5:45pm- 7:15pm 1st practice Sept. 13
7 - 9 years	\$65/\$75	
10 - 12 years	\$65/\$75	
13- 15 years	\$65/\$75	Games: Saturdays 9:00am or 11:15am 1st game Sept. 17

Youth Programs

DANCE

Classes will be held at the Henrietta Recreation Center. Parents may observe on the last day of each session (space is limited), and students will have optional performance opportunities through Visions Dance Studio, Inc.

Preschool Adventures! (Ballet/Tap/Creative Dance) 3-5yrs

This class emphasizes Ballet and Tap basics with creative lesson plans. No experience is necessary. Students will need a leotard and tights (any color), ballet slippers and tap shoes. Boys should wear a t-shirt and shorts (or stretch pants), ballet slippers and tap shoes. All students should have hair pulled neatly away from the face. A water bottle is also recommended.

Session	Age	Day	Time	Fee Res/NR
Session 1	3-5yrs	Wednesday July 13 -27	5:30pm -6:15pm	\$40/\$50
Session 2	3-5yrs	Wednesday August 3 -17	5:30pm -6:15pm	\$40/\$50

Dance Adventures! (Ballet/Tap/Jazz) 4-7yrs

This class emphasizes Ballet, Jazz and Tap basics with Creative lesson plans. No experience is necessary. Students will need a leotard and tights (any color), ballet slippers and tap shoes. Boys should wear a t-shirt and shorts (or stretch pants), ballet slippers and tap shoes. All students should have hair pulled neatly away from the face.

Session	Age	Day	Time	Fee Res/NR
Session 1	4-7yrs	Wednesday July 13-27	6:15pm - 7:00pm	\$40/\$50
Session 2	4-7yrs	Wednesday August 3 -17	6:15pm - 7:00pm	\$40/\$50

Hip Hop Dance Party! 5-10yrs

This class emphasizes basic Hip Hop and Jazz technique. No experience is necessary. Students will need comfortable stretchy clothing and clean sneakers. All students should have hair pulled neatly away from the face.

Session	Age	Day	Time	Fee Res/NR
Session 1	5-10yrs	Wednesday July 13 -27	7:00pm -7:45pm	\$40/\$50
Session 2	5-10yrs	Wednesday August 3-17	7:00pm -7:45pm	\$40/\$50



MARTIAL ARTS

Martial arts is about more than learning some flashy moves like you see in the movies. In this class, you will learn life skills that will benefit every one. Some of the primary focus will be on developing Concentration, Respect, Discipline, Confidence, and Self-Esteem. These skills are taught through the teaching of classic Chito-Ryu karate along with some judo, aikido, and tai-chi. Classes are taught by experienced black belts and will also cover self-defense, street smarts, as well as include physical fitness and conditioning. It is great for youth to adult and is equally engaging as a fun activity for parent and child to do together or for individuals who want to focus on their own personal growth. Location: Recreation Center

Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tues. July 5- Aug. 16	5:30pm-6:30pm	\$49/\$59
Jr. Yellow Belt- Jr. Brown Belt	5yrs & up	Thurs. July 7-Aug. 18	6:00pm-7:30pm	\$74/\$84
Advanced, Sr. Ranks	Advanced	Thurs. July 7-Aug. 18	7:15pm-8:45pm	\$74/\$84

EXPLORE ARCHERY

Explore Archery is fun and a perfect fit for archers of any age or ability wanting to get involved in the sport of target archery. If you are new to the sport of archery or a beginner archer looking for an introductory program to sign up for, Explore Archery has what you need to get started! You'll learn important skills like range safety and proper shooting form, play exciting games and earn achievement awards.

Location: Veterans Memorial Park, Softball Field #1



Session	Age	Day	Time	Fee Res/NR
A	8 years & up	Tues.-Fri. July 19-22	9:30am-10:45am	\$45/\$55
B	8 years & Up	Tuesday July 26, Aug. 2, Aug. 9, Aug. 16	9:30am-10:45am	\$45/\$55
C	8 years & Up	Tues.-Fri. Aug. 23-26	9:30am-10:45am	\$45/\$55

HALF DAY YOUTH FENCING CAMP

Looking for an activity to capture your child's imagination? Come experience the thrill and discipline of sword play with fencing as your child builds self confidence with targeted exercises and fun games to master footwork and blade work before suiting up in regulation fencing gear to fence each other. Suitable for beginners and those with previous instruction. Please bring an extra pair of clean sneakers for the fencing floor. Due to USA Fencing regulations, we must register all participants with USA Fencing. Please bring \$10 to your first class if you need to be registered with USA Fencing. Please contact us at info@rocfencing.com if you have any questions. Location: 3335 Brighton Henrietta TL Road

Age	Day	Time	Fee Res/NR
8-14yrs	Monday - Friday August 15-August 19	9:00am-12:00pm	\$215/\$247
8-14yrs	Monday - Friday August 22- August 26	9:00am-12:00pm	\$215/\$247

Youth Asset Team



WHAT IS... THE YOUTH ASSET TEAM?

The Youth Asset Team is open to Rush-Henrietta youth in grades 6-12 who want to be part of creating, facilitating and promoting change in the community. As a member of this team, youth work collectively to develop:

- Leadership traits
- Public speaking skills
- Volunteerism and community service
- A voice in their own community

For more information please contact

(585) 359-2540 or

e-mail youthassetteam@henrietta.org

YOUTH ASSET TEAM VOLUNTEER CALENDAR

All Meetings are held at the Henrietta Senior Center 515 Calkins Road • 6:00pm-7:30pm

MORE VOLUNTEER INFORMATION TO FOLLOW. STAY TUNED!



Hit the Trail Passport

Since 2005, Wegmans has partnered with town and city recreation programs to encourage folks to take advantage of their community's town and county trails! Pick up a Passport at the Henrietta Recreation Center, grab a buddy, and hit the trail for a healthier lifestyle!

Here's how it works:

- Hit the trail with your passport
- Rub trail markers to record your visits right in your passport
- Drop off completed passports at the Henrietta Recreation Department for a chance to WIN prizes!

Storytimes at the Henrietta Public Library

Bring your little one to a storytime at the Henrietta Public Library to hear a story read aloud by a children's room staff member! For ages 0-2, there is Baby Storytime from 9:30-10:15am Tuesdays through Fridays. For ages 2-5, there is All-Ages Storytime from 10:30-11:00am Tuesdays through Fridays, and 6:30pm on Wednesdays. Even though All-Ages Storytime is designed for children ages 2-5, all are welcome! All storytimes will be held in the Storytime Room at the Henrietta Public Library. No registration is required for any storytime. The Henrietta Public Library staff is looking forward to seeing you at the next storytime!



Gymnastics

SUMMER SESSION DATES: July 11 - August 21

Gymnastics Registration begins
June 6th for Residents, June 13 Non Residents

Gymnastics Specials and Camps

TODDLER TIME W/PARENT

Get out and get active! Meet up with friends and let the little ones play, explore, and tumble in a fun & safe environment. Play time includes instructor-lead parachute games and obstacle courses, followed by plenty of free play time. Parents must accompany child.

Session	Age	Date	Time	Fee Res/NR
A	1-5 yrs	Saturday, June 26	10:00am-11:30am	\$7/\$12
B	1-5 yrs	Saturday, August 27	10:00am-11:30am	\$7/\$12

HALF DAY GYMNASTICS CAMP

This camp is about so much more than just gymnastics instruction; children will be introduced to the baci and fundamental movement exercises in life, athletics, and sports. Each day the program will offer a variety of activities ranging from fitness activities, basic gymnastics and sports basics such as eye-hand coordination (i.e. throwing, catching, and kicking).

Session	Age	Date	Time	Fee Res/NR
A	6 yrs & up	Monday-Thursday June 27 - June 30	9:00am-11:30am	\$75/\$85
B	6yrs & up	Monday - Thursday August 22 - August 25	9:00am-11:30am	\$75/\$85

TUMBLING CLINIC

An clinic all about Tumbling! Instructors will work with all skill levels to develop the strength, technique, and confidence needed to work on tumbling.

Location: Recreation Center, 605 Calkins Road

Session	Age	Date	Time	Fee Res/NR
A	6 yrs & up	Saturday June 25	12:00pm-1:00pm	\$19/\$29
B	6 yrs & up	Saturday August 27	12:00pm-1:00pm	\$19/\$29

NINJA CAMP

Ninja Camp will include daily obstacle courses and gymnastics based strength training on the 6 ninja events: tumbling, bars, wall, conditioning & kicks, trampoline, and vault

Location: Recreation Center, 605 Calkins Road

Age	Date	Time	Fee Res/NR
6 yrs & up	Monday -Thursday August 29 - September 1	9:00am-11:30am	\$75/\$85



Now Available!

Private and Semi-Private Lessons

Does your gymnast need extra time to work on a skill? Do you have a cheerleader struggling to learn the back handspring? Perhaps your child and her friend just want a lesson together, at a time convenient for you, with no distractions. Ask us about our private lessons! Once scheduled, an individualized lesson plan will be developed to help the participant achieve his/her personal goals.

Contact Jackie Kitto, Recreation Leader, for more information or to schedule your lesson today!

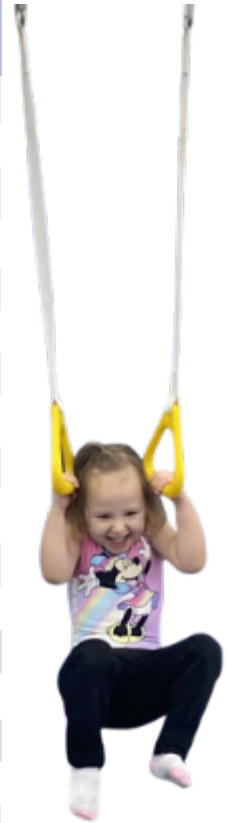
jkitto@henrietta.org
(585) 444-2208



Preschool 4-5 yrs

- This class is ideal for 4 year olds and 5 year olds who don't attend Kindergarten yet.
- Focus is on gaining experience & confidence on small equipment and learning basic gymnastics positions and terminology
- Using gymnastics to build gross motor skills – running, jumping, hanging, climbing, coordination, supporting body weight, and going upside down.
- Prerequisite: potty trained

Preschool Gymnastics Classes	Age	Day	Time	# of classes	Summer Fee
Parent and Tot	2-3yrs	Friday	9:00am-9:40pm	6	\$52/\$62
Parent and Tot	2-3yrs	Friday	9:45am-10:25am	6	\$52/\$62
Parent and Tot	2-3yrs	Friday	10:30am-11:10am	6	\$52/\$62
Parent and Tot	2-3yrs	Sunday	9:00am-9:40am	6	\$52/\$62
Parent and Tot	2-3yrs	Sunday	9:45am-10:25am	6	\$52/\$62
Parent and Tot	2-3yrs	Sunday	10:30am-11:10am	6	\$52/\$62
Parent and Tot	2-3yrs	Sunday	11:15am-11:55am	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Saturday	9:00am-9:40am	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Saturday	9:45am-10:25am	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Saturday	10:30am-11:10am	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Saturday	11:15am-11:55am	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Wednesday	3:00pm-3:40pm	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Wednesday	3:45pm-4:25pm	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Wednesday	4:30pm-5:10pm	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Wednesday	5:15pm-5:55pm	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Wednesday	6:00pm-6:40pm	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Thursday	3:00pm-3:40pm	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Thursday	3:45pm-4:25pm	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Thursday	4:30pm-5:10pm	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Thursday	5:15pm-5:55pm	6	\$52/\$62
Preschool Gymnastics	3.5-5yrs	Thursday	6:00pm-6:40pm	6	\$52/\$62



Beginner Gymnastics – Step 1

- This class is ideal for 5 year olds who are currently in Kindergarten and 6-7 year olds with less than 6 consecutive sessions (1 year) of prior experience.
- The goal of this class is to develop fundamental gross motor and gymnastics skills including: rolls, cartwheels, various hangs on the bars, jumping & rebounding, and basic body positions that are essential to the sport of gymnastics.
- Prerequisite: 5 year olds must be in Kindergarten

Beginner Gymnastics Classes - Step 1	Age	Day	Time	# of classes	Summer Fee Res/NR
Step 1	5-7yrs	Saturday	9:00am-9:55am	6	\$69/\$79
Step 1	5-7yrs	Saturday	10:00am-10:55am	6	\$69/\$79
Step 1	5-7yrs	Saturday	11:00am-11:55am	6	\$69/\$79
Step 1	5-7yrs	Sunday	9:00am-9:55am	6	\$69/\$79
Step 1	5-7yrs	Sunday	10:00am-10:55am	6	\$69/\$79
Step 1	5-7yrs	Sunday	11:00am-11:55am	6	\$69/\$79
Step 1	5-7yrs	Wednesday	3:00pm-3:55pm	6	\$69/\$79
Step 1	5-7yrs	Wednesday	4:00pm-4:55pm	6	\$69/\$79
Step 1	5-7yrs	Wednesday	5:00pm-5:55pm	6	\$69/\$79
Step 1	5-7yrs	Wednesday	6:00pm-6:55pm	6	\$69/\$79
Step 1	5-7yrs	Thursday	3:00pm-3:55pm	6	\$69/\$79
Step 1	5-7yrs	Thursday	4:00pm-4:55pm	6	\$69/\$79
Step 1	5-7yrs	Thursday	5:00pm-5:55pm	6	\$69/\$79
Step 1	5-7yrs	Thursday	6:00pm-6:55pm	6	\$69/\$79



Intermediate Beginner Gymnastics – Step 2

This class is ideal for 8-9 year old with no gymnastics experience or 6-7 yr olds with at least 6-12 consecutive sessions (1-2 years) of prior experience in Step 1.

- The goal of this class is to continue perfecting skills learned in Step 1 along with casts/supports on various bars, walks & balances on high beams, and advanced positions like hollow body, push ups, and bridges. More focus will be placed on strengthening and form/technique.
- Suggested Prerequisite: ability to rebound 2 feet off springboard, forward roll, cartwheel over block, wall handstand, partial kick up to handstand, ability & confidence to hold a support on a high bar and walk on a high beam, basic positions and exercises such as split position, bridge, push up, proper T-position.



Intermediate Gymnastics Classes - Step 2	Age	Day	Time	# of classes	Winter Fee Res/NR
Step 2	6-9yrs	Saturday	9:00am-9:55am	6	\$69/\$79
Step 2	6-9yrs	Saturday	10:00am-10:55am	6	\$69/\$79
Step 2	6-9yrs	Saturday	11:00am-11:55pm	6	\$69/\$79
Step 2	6-9yrs	Wednesday	3:00pm-3:55pm	6	\$69/\$79
Step 2	6-9yrs	Wednesday	4:00pm- 4:55pm	6	\$69/\$79
Step 2	6-9yrs	Wednesday	5:00pm-5:55pm	6	\$69/\$79
Step 2	6-9yrs	Thursday	3:00pm-3:55pm	6	\$69/\$79
Step 2	6-9yrs	Thursday	4:00pm-4:55pm	6	\$69/\$79
Step 2	6-9yrs	Thursday	5:00pm-5:55pm	6	\$69/\$79
Step 2	6-9yrs	Thursday	7:00pm-7:55pm	6	\$69/\$79
Step 2	6-9yrs	Sunday	9:00am-9:55am	6	\$69/\$79
Step 2	6-9yrs	Sunday	10:00am-10:55am	6	\$69/\$79
Step 2	6-9yrs	Sunday	11:00am-11:55am	6	\$69/\$79
Step 2	6-9yrs	Wednesday	5:00pm-5:55pm	6	\$81/\$93
Step 2	6-9yrs	Wednesday	6:00pm-6:55pm	6	\$81/\$93

Advanced Beginner Gymnastics – Step 3

- This class is ideal for 7-9 yr olds with at least 6-12 consecutive sessions (1-2 years) of prior experience in Step 2 or 10+ yr olds of all abilities.
- The goal of this class is to continue perfecting skills learned in Steps 1 & 2 along with developing backward rolls, headstands, handstands, bridges, and bar skills such as the pullover, back hip circle, and various swings. 10+ yr olds with no prior experience will be introduced to basic skills & progressions.
- Approximately 50% of class time will focus on strength & flexibility.
- Suggested Prerequisite: dive roll to mat stack, cartwheel, assisted bridge kick over, backward roll, block pullover, advanced positions and exercises such as levers, tuck ups, chin up hold, hollow & superman holds.

Advanced Beginner Gymnastics Classes - Step 3	Age	Day	Time	# of classes	Summer Fee Res/NR
Step 3	8+yrs	Saturday	12:00pm-12:55pm	6	\$69/\$79
Step 3	8+yrs	Wednesday	7:00pm-7:55pm	6	\$69/\$79

Little Ninja's & Fitness Ninja

A gymnastics based strength training program. Gymnastics instructors use fun obstacle courses to train participants on 6 events, including tumbling, bars, wall, conditioning & kicks, trampoline, and vault. Ninja kids is a scaled down version for preschool children.

Tumbling Basics

A structured, progressive tumbling class for all abilities. Beginners will work on rolls, handstands, cartwheels, and walkovers before moving on to round offs, hand springs, and flips. Higher level tumblers can be accommodated, but should contact the director upon registering



Ninja and Tumbling	Age	Day	Time	# of classes	Summer Fee Res/NR
Little Ninjas	4-5yrs	Monday	4:00pm-4:40pm	6	\$52/\$62
Little Ninjas	4-5yrs	Sunday	12:30pm-1:10pm	6	\$52/\$62
Fitness Ninja	6-12yrs	Monday	4:45pm-5:40pm	6	\$52/\$62
Tumbling Basics	6-12yrs	Saturday	12:00pm-12:55pm	6	\$52/\$62

Gymnastics Advanced Classes

Register for these classes only if an instructor has invited you to do so.

Class	Age	Day	Time	# of classes	Summer Fee Res/NR
Developmental Gymnastics (invite only)	6-12yrs	Sunday	11:10am-12:20pm	6	\$72/\$83
Developmental Gymnastics (invite only)	6-12yrs	Tuesday	5:30pm-6:50pm	6	\$72/\$83
Developmental Gymnastics (invite only)	6-12yrs	Tuesday	7:00pm-8:20pm	6	\$72/\$83
Developmental Gymnastics (invite only)	6-12yrs	Wednesday	6:00pm-7:20pm	6	\$72/\$83



Adult Programs

ADULT GROUP GOLF LESSONS

Each three week session teaches the fundamentals of the golf swing to include driving, pitching, putting and the rules of golf. Designed for those new to the game or players that want to improve their game. Golf lessons will be taught by PGA professional, Mike Judy.

Location: The Range at Lookup Park, 3850 East Henrietta Road

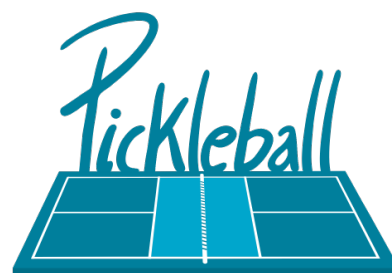
Age	Date	Time	Fee Res/ NR
Adult 18+	Wednesday May 11, 18, 25	6:00pm - 7:00pm	\$78/\$90
Adult 18+	Thursday May 12, 19, 26	6:00pm - 7:00pm	\$78/\$90
Adult 18+	Wednesday June 15, 22, 29	6:00pm - 7:00pm	\$78/\$90
Adult 18+	Thursday June 16, 23, 30	6:00pm - 7:00pm	\$78/\$90
Adult 18+	Wednesday July 13, 20, 27	6:00pm - 7:00pm	\$78/\$90
Adult 18+	Thursday July 14, 21, 28	6:00pm - 7:00pm	\$78/\$90
Adult 18+	Wednesday August 10, 17, 24	6:00pm - 7:00pm	\$78/\$90
Adult 18+	Thursday August 11, 18, 25	6:00pm - 7:00pm	\$78/\$90

MEN'S BASKETBALL LEAGUE

Henrietta Recreation is offering an Adult Men's Basketball League for men ages 23 and 35 and older. Teams are guaranteed to play at least 10 regular season games. If you have any questions regarding the league, please contact Craig Ross at (585) 359-7057. Registration deadline is May 29, 2022.

Location: Henrietta Recreation Center, Gym 2

League	Format	Day	Time	Fee Res/NR
23yrs+	5 vs. 5 format	Monday June 6 Start Date	6:00pm- 9:00pm	\$545 per team plus each player must have a Recreation Membership
35yrs+ (one exception 30yrs+)	4 vs. 4 format	Sunday June 5 Start Date	1:00pm- 4:00pm	\$500 per team plus each player must have a Recreation Membership



BEGINNER PICKLEBALL LESSONS

Stop sitting on the sidelines and join in the fun of the fastest growing sport in the USA! After taking these four lessons, players will understand the fundamentals such as serving, returning, keeping score, and the rules and etiquette of the sport. Balls and paddles will be supplied. Please wear sneakers and athletic clothing.

Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 & Up	Thursday September 8 - September 29	9:30am- 11:00am	\$40/\$50

INTERMEDIATE PICKLEBALL LESSONS

Pickleball is one of the fastest growing sports because it provides a great way to socialize and have fun while reaping the many benefits of exercise. This four-week class is designed for participants who have played the game and are looking to improve their skills. Participants will learn the art of lobbing, dinking, game strategy, improving reaction time and enhancing other skills of the game while receiving personal critiques by the instructor.

Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/ NR
Adult 18 & Up	Thursday September 8 - September 29	8:00am-9:30am	\$40/\$50

VOLLEYBALL FOR ADULTS

This coed adult volleyball program is for those who enjoy competitive intermediate play. There is no formal instruction. Players should possess intermediate level volleyball skills. When necessary, rotation of extra players will be used. The instructor will form new teams each week.

Location: Henrietta Recreation Center, Gym 1

Age	Day	Time	Fee Res/NR
18yr & Up	Monday May 9 - June 20	7:00pm-8:30pm	\$38/\$48



Adult Programs

GREAT JOY YOGA BLENDED

Yoga not only creates strength and flexibility but also can help you become more aware of your own bodies position when you are moving through your life. It can help with stress, breath awareness, chronic pain and bring your body back into balance and harmony. This class is a blended class of 45 minutes of work and 45 minutes of relaxation. You work at your own pace using adjustments, variations and tools as needed and most importantly we have fun. Student needs to bring yoga mat and slo-mo and blanket. The slo-mo can either be purchased on line or from the teacher for \$10.

Location: Recreation Center, Activity Room

Age	Date	Time	Fee Res/NR
18yrs & Up	Tuesday May 17 - June 14 *No program 5/31	6:00pm-7:30pm	\$46/\$56
18yrs & Up	Tuesday July 26 - August 30	6:00pm - 7:30pm	\$58/\$68

PILATES MAT

Learn principles for core strengthening, improving flexibility and balance, and correcting spine alignment to improve posture. This is a great workout for beginners as well as those who exercise regularly. Exercise mats and balls are provided.

Location: Recreation Center, Activity Room

Age	Date	Time	Fee Res/NR
16 yrs and up	Thursday May 5 - June 16	5:30pm-6:30pm	\$50/\$60
16 yrs and up	Thursday July 7 - August 25	5:30pm-6:30pm	\$58/\$68



ADULT PICK-UP SOCCER

Get your exercise and have fun at the same time! This coed soccer program is strictly recreational play. All skill levels are welcome. The instructor will form new teams each week.

Location: Veterans Memorial Park, Soccer Field behind Bushman Cabin

Session	Age	Date	Time	Fee Res/NR
A	18yrs & Up	Sunday June 5 - July 24 *No program July 3	10:00am - 11:30am	\$48/\$58
B	18yrs & Up	Sunday August 7 - September 18	10:00am - 11:30am	\$48/\$58

TAI CHI

The objective of this program is to teach a basic 20 movement short form of Tai Chi following the principles of Grand Master William C.C. Chen. By learning the form, the student can improve balance and coordination, strengthen muscle groups, enjoy relaxation and improve breathing. Instructors will be Mike Bartnicki and Joe Hennekey from the Rochester Tai Chi Chuan Center (the RTCCC is an all-volunteer non profit educational organization). The wearing of loose comfortable clothing and soft shoes is recommended.

Location: Henrietta Recreation Center, Activity Room

Class Name	Day	Time	Fee Res/NR
Adults 18+	Thursday June 9 - July 28	10:00am-11:00am	\$65/\$75
Adults 18 +	Thursday August 18 - October 6	10:00am - 11:00am	\$65/\$75



Disc Golf at The Riv

This is a pay to play course.

**\$5
Day Pass**

**\$65
Yearly Membership
Includes all you can disc
and a numbered bag tag!**

**Greens Fees or Memberships
can be purchased through Henrietta Parks and Recreation at:
henriettarec.org**





SrCenter@henrietta.org
515 Calkins Road, Henrietta NY 14467
(585) 334-4030
Hours: Monday-Friday, 9:00am-3:00pm

Senior Citizens are adults 60 years of age and their spouse of any age. Stop in and pick up a monthly calendar or visit us online at www.henrietta.org. Fitness programs, nutritious meals, and health services make us one of the best Senior Centers in the County. Our recreation activities, social programs, and travel opportunities keep us active. Join us for dancing, special events, and education programs. Daily transportation is available to and from the center. We look forward to welcoming you to our Senior Center.



The Henrietta Senior Center offers:

- Lunch program-part of the Monroe County Nutrition Program
- Lending Library with classic novels and DVD movies
- Computer station
- Free Wifi
- Billiard Room and Dart Board
- Craft area
- Exercise Room with many classes from aerobics to yoga
- No cost transportation to the center and weekly shopping
- Coffee bar
- Games-Scrabble, Mahjong, Bridge, Bid Euchre, Trivial Pursuit and more
- Bocce League and Cornhole League
- Walking and Hiking Group (in cooperation with Tinker Park staff)
- Volunteer opportunities
- Seniors Information Counselors from Lifespan
- Entertainment
- Trips: theaters, casino, museums, and more!
- Book Club in cooperation with the Henrietta Public Library
- Chess Club
- Speakers
- and of course.....BINGO!



Join Our Outdoor Bocce Ball League

Teams Forming Now!

- * Games Friday Afternoons 1pm or 2pm
- * The league will be for men and women 60 years of age or older
- * Each team will consist of four (4) players
- * League on Fridays, June thru September
- * Cost is free
- * Substitute players needed as well

For more information contact the
Town of Henrietta Senior Center
(585) 334 - 4030



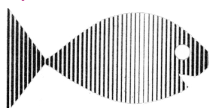
About Eldersource

Eldersource can be your
single source for information
for advice, for advocacy and

for support. Eldersource is a team of more than 20 Eldercare professionals. We can help you by providing invaluable information about services by guiding, by advocating and by being there when you need us. Counselors available at the Senior Center monthly.

Eldersource
(585) 325-2800

Volunteer drivers needed!



F.I.S.H. (Friends in Service Here)
(585) 453-2370

Providing transportation to medical appointments
for seniors living in the R-H Center School District.
Visit our website: www.fishrhaftinc.org.





Lunch Club 60

A suggested contribution of \$3.50 for a nutritious meal by a registered Monroe County dietician. Registration required please call 585-334-4030.

Grab N Go Lunch



Monday, Tuesday, Wednesday at 11:30am

Or

In Person Lunch



Please join us in the lunchroom Monday, Tuesday and Wednesday from 11:30am -12:00pm

Tinker Nature Park

Park Open 7am - sundown

Nature Center Hours: Tuesday - Saturday 9am - 4pm, Closed Sunday, Monday and Holidays

Tinker Homestead by Appointment: Tuesday - Saturday 10am - 2pm

585-359-7044

naturecenter@henrietta.org

<https://www.henrietta.org/community/page/tinker-nature-park>

<https://www.facebook.com/TinkerNatureParkHenrietta>

Instagram: @TinkerNaturePark

Dogs are not permitted in Tinker Nature Park



Upcoming EVENTS

May 22

Henrietta Garden Club Plant Sale

9:00am

There will be a variety of perennials, annuals and more!

Please contact

henriettagardenclub@gmail.com

with questions

June 25

Tinker Homestead Art Show

11am- 3pm

Art and Garden Party

July 16th

Ice Cream Social

11am- 2pm

Music, Ice Cream and Tinker Homestead open house

August 6th

Wild Tinker

11am- 2pm

Music, Food Truck and Live Animal Programs

September 17th

Harvest Festival

11am- 2pm

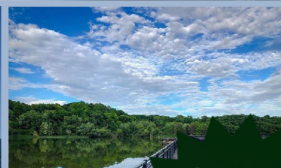
Honey Harvesting, Cider Pressing, Music and Tinker Homestead open house

TINKER TREKS

We're walking to the Lake!



SENIORS 55+ ONLY!



June 16: Ballantyne Rd. - Weidner Rd.

June 30: Weidner Rd. - Moore Rd.

July 7: Moore Rd. - Ford St.

July 21: Ford St. - Court St.

August 4: Court St. - State St.

August 18: State St. - Brewer St.

September 1: Brewer St. - Kings Landing

September 15: Kings Landing - Holy Sepulchre

September 29: Holy Sepulchre - Turning Point

October 6: Turning Point - Pier

October 20: Celebrate!

ALL WALKS
LEAVE TINKER
NATURE PARK AT
10:00AM

YOGA AT TINKER 10:00am

April 23

April 30

May 7

May 14

May 21

June 4

June 11

June 18

June 25

July 9

July 16

July 23

July 30

August 6

August 13

August 20

August 27

September 10

September 17

September 24

October 1



Heathly Movement at Tinker Nature Park

"Sunshine & Sweat" is a 45 minute all level outdoor fitness class that focuses on functional movements so your body is prepared for whatever life throws your way. No matter your age or fitness ability, this class will improve functional strength and leave you feeling empowered and in harmony with your body!

12:00pm - 1:00pm



May 6
May 20
June 3
June 17
July 1

July 15
July 29
August 12
September 9
September 23

The Monroe County Sheriff's Office asks that we remind everyone about safety when visiting local parks. Deputies are aware of recent thefts from cars in Parks throughout Monroe County. Visitors are reminded not to leave valuable items in their vehicles. If anyone notices suspicious activity they are encouraged to call 911 to report it.

SPECIAL EVENTS

Town of Henrietta Memorial Day Parade Sunday, May 22

Remembering those who have made the ultimate sacrifice for our nation

The Town of Henrietta Memorial Day Parade is back for 2022! The parade steps off from the Rush-Henrietta High School at 1:00pm. The route travels Lehigh Station Rd. to East Henrietta Rd. and north to Calkins Rd., ending at Veterans Memorial Park.

Following the parade there will be a ceremony honoring the fallen. Everyone is invited to a picnic at the Recreation Center after the ceremony.



RH Kicking Hunger 5K Run/Walk

LIVE EVENT!

Saturday, June 4, 2021 at 8 am at Veterans Memorial Park - Henrietta, NY

VIRTUAL EVENT OPTION

"Your Pace at Your Place"

Friday, June 3rd - Sunday, June 5th

100% of net proceeds from this race will go to support the Rush-Henrietta Kicking Hunger School Food Pantry

Online registration is available on RunSignUp at [runsignup.com/Race/NY/Henrietta/ RHKickingHunger5K](https://runsignup.com/Race/NY/Henrietta/RHKickingHunger5K)
Donations are also accepted through this page.



Date: TBA

Time: TBA

Location: Veterans Memorial Park, Softball Field #2

Fee: FREE

Ages: Boys & Girls 7-14



SPECIAL EVENTS

KIDS FISHING DERBY

BY ELY FAGAN-AMERICAN LEGION POST 1151

Saturday, August 6

8:00am – 10:30am

Bring the kids and enjoy the sport of fishing! Awards and free lunch provided, but please bring your own pole and bait.

Participants must register by July 29th! Register online at henriettaec.org

Ages 4 – 14 years

Martin Road Park at the Buyck Pavilion, 1344 Martin Road



July 4th Fireworks and Live Music Monday, July 4

Parking will begin at 7:00pm please bring your own food and refreshments as this event will be music and fireworks only. More information to come!

Music provided
by
Brass Taxi



Craft Show and Garage Sale
Monday, July 4, 2022
9:00am-2:00pm
at the Henrietta Senior Center

Now registering vendors for the
Senior Center

Applications are available at
henrietta.org/page/july-4-celebration
or by calling (585) 359-7051



To be held at Henry Hansen Amphitheater,
Located in Veterans Memorial Park
at 595 Calkins Rd.

Town of Henrietta

Summer Concert Series

and Farmers' Market

**FRIDAY,
JULY 15
6:30PM - 8:30PM
THE J & D PROJECT**

Rock, Country, R & B.

**FRIDAY,
JULY 22
6:30PM - 8:30PM
TRADEWIND BAND**

Classic, Modern, and Americana.

**FRIDAY,
JULY 29
6:30PM - 8:30PM
KEYS TO THE CADDY**

The best of Rock, Blues, Country,
and Jazz.

**FRIDAY,
AUGUST 5
6:30PM - 8:30PM
FLINT CREEK**

Country with a Kick.

**FRIDAY,
AUGUST 12
6:30PM - 8:30PM
ROCHESTER METROPOLITAN
JAZZ ORCHESTRA**

Big Band Jazz.

**FRIDAY,
AUGUST 19
6:30PM - 8:30PM
8 DAYS A WEEK**

Beatles Tribute Band.

**FRIDAY,
AUGUST 26
STARTS AT DUSK
MOVIE IN THE PARK
Movie TBA!**



Sponsored by
Summit Federal Credit Union



Sponsored by
Summit Federal Credit Union

