

PARKS AND RECREATION

Town of
HENRIETTA

605 CALKINS ROAD, HENRIETTA NY
585.359.2540 | www.henriettarec.org

FALL 2024

Registration begins: August 12th for residents; August 19th for non-residents



NEW!
**Girls Flag
Football League**
**See more information
on page 8**



Town Supervisor Stephen L. Schultz

Craig C. Eckert, Deputy Town Supervisor

Linda K. Salpini, Director of Finance and Personnel

Henrietta Town Board

M. Rick Page

Joseph D. Bellanca, Jr.

Robert Barley, Jr.

Michael J. Stafford

Parks and Recreation Department

Pam Grundman, Director of Parks and Recreation
pgrundman@henrietta.org (585) 359-7055

Craig Ross, Assistant Recreation Director
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Anita Tichacek, Sr. Recreation Supervisor
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jkitto@henrietta.org (585) 444-2208

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Nicole Bubel, Recreation Assistant
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Rebecca Gordon, Administrative Assistant
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Andrea Guarino, Recreation Assistant
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Tim Pratt, Tinker Park Program Supervisor
naturecenter@henrietta.org (585) 359-7044

Emily Malley, Recreation Assistant
naturecenter@henrietta.org (585) 359-7044

Recreation Center

605 Calkins Road
(585) 359-2540

Hours of Operation

Monday – Friday 7:00 AM – 9:00 PM
Saturday 8:00 AM – 5:00 PM
Sunday 8:00 AM – 5:00 PM

In this season of the Olympics, I'd like to take a moment to recognize our own wonderful Special Olympics Athletes. The local Special Olympics Gymnastics club chose Henrietta Recreation as their new home in November of 2022, when their old gym in Penfield closed. The Program Director, Sarah Jane Clifford, and the volunteer coaches, donated their time and talent to restart the program. They have dedicated themselves to the success of the Special Olympics athletes, and have also recruited and trained several new volunteers. The program is now accepting new athletes. Since moving to Henrietta, the athletes, many of whom are pictured here, have transitioned well. They practice every Friday afternoon, travel to various meets, and have hosted two meets at the Henrietta Recreation Center. We are very happy to have them here and so proud of their accomplishments. To find out how you can get involved, email recreationcenter@henrietta.org.



I'd also like to recognize the growth and success of the Henrietta Community Chorus. In early 2023, Carol Lamica proposed the establishment of a Community Chorus to Henrietta Town Officials. She volunteered her time as the Director and recruited singers through Facebook and by word of mouth. Today, the chorus has nearly thirty singers. The Community Chorus enriches our community by singing at events, such as the Memorial Day Ceremony, July 4, and Holiday Lights and Magic. They also visit local Senior Living facilities to share their music with the residents. I was fortunate to be able to attend the Community Chorus Pops Concert on June 18 at Burger Jr. High. The singers, accompanists, and Directors put on a fantastic show. And most recently, they did a wonderful job singing the National Anthem at a Rochester Red Wings game. The Community Chorus has come a long way in a short time and they are a group that represents Henrietta well.



-Pam Grundman, Director of Parks and Recreation



Recreation Center

Drop-in Activities

Drop-in cost for activities is \$3.00 for residents, \$5.00 for non-residents. (Subject to scheduling changes, refer to online calendar for updated information)

Program	Days	Times	Ages
Sunday 35+ Hoops	Sunday	12:30pm-2:30pm	Adults 35+
Afternoon Pickleball	Monday, Wednesday, Thursday	10:00am-2:00pm	Adult 18+
Advanced Pickleball	Tuesday	9:00am-12:00pm	Adult 18+
Afternoon Pickleball	Tuesday	12:00pm-3:00pm	Adult 18+
Evening Pickleball	Thursday	6:15pm-8:45pm	All ages welcome
Table Tennis (free for members)	Sunday	8:30am-10:30am	All ages welcome
Table Tennis (free for members)	Monday, Wednesday	8:30am-1:30pm	All ages welcome

Members who play Pickleball/
Drop In Basketball receive discounted rates on multiple visits for drop-in activities. (Not available to non-members)

Visit Pass	Resident Fee/NR Fee
10 Visits	\$20/\$35
20 Visits	\$30/\$50

Reservation Fees

Space available for athletic activities.

Room	R-H Youth Sports Fee	Res Fee	Non-Res Fee
Gym 1	\$40 per hr.	\$50 per hr.	\$60 per hr.
Gym 2	\$50 per hr.	\$60 per hr.	\$70 per hr.
Gym 2-A	\$30 per hr.	\$35 per hr.	\$45 per hr.
Gym 2-B	\$30 per hr.	\$35 per hr.	\$45 per hr.
Activity Room	\$30 per hr.	\$35 per hr.	\$45 per hr.
Multipurpose Room 1	\$30 per hr.	\$35 per hr.	\$45 per hr.
Multipurpose Room 2	\$30 per hr.	\$35 per hr.	\$45 per hr.
Batting Tunnel (w/ 2-B)	\$40 per hr.	\$50 per hr.	\$60 per hr.
Pickleball Court (Available for rental on Fridays from 10am-2pm)	\$15 per hr.	\$15 per hr.	\$15 per hr.

Membership Type	Resident Annual Fee	Non-Resident Annual Fee
Adult (14-59)	\$10.00	\$40.00*
Senior (60+)	FREE	\$20.00
Youth (0-4)	FREE	FREE
Youth (5-13)	\$5.00	\$20.00
Veteran	FREE	\$20.00

*A discount of \$10 per year is available for Non-Resident Adults (14-59) who reside in the R-H school district or work in Henrietta (must show proof of Henrietta employment from the Henrietta Chamber of Commerce when signing up).

Membership Admission Policies

- Members sign and agree to adhere to the facility code of conduct indicated on the disclaimer
- Members will receive a keytag to use for scanning into facility.
- Replacement fee for member keytag is \$5.00 per person. (Scan-in required)
- Members receive free access to walking/running track, table tennis, and open gym times. (Scan-in required)
- Scheduled drop-in activities will require a fee and scan-in.
- Drop-in activity daily cost for members and non-members is \$3.00 for residents, \$5.00 for non-residents.
- Scan-in is not required for pre-registered recreation programs, facility rentals, or special events.
- Individuals under the age of 18 must be signed up by their legal guardian.
- Members under age 14 must be supervised by an adult Henrietta Recreation Member age 18+ while using the facility.
- Open gym is open to Members only at this time. Anyone under the age of 18 years old must have parent or guardian sign for their membership or renewal
- Indoor waiting is not allowed. Spectators are not allowed.



The Henrietta Parks and Recreation staff take photos of our programs and events for promotional use. If you prefer not to have your photo or your child's photo used in promotional materials, please inform the instructor or photographer.



Member of the Month:
Each month we will highlight one Henrietta Recreation Member who makes a difference by demonstrating kindness, encouragement and helpfulness!

General Information

PARKS AND RECREATION ADVISORY BOARD

The Purpose of the Henrietta Parks and Recreation Advisory Board is to advise and assist the Town Board in the preparation of plans and programs for carrying out the functions of the Parks and Recreation Department. The Board also reviews plans and proposals for the acquisition and development of parks and recreation facilities and may be referred to make such recommendations to the Town Board through the Director of Parks and Recreation in connection therewith as deemed appropriate.

CURRENT MEMBERS

Gary Junge, Chair	Michael Condello
David Moriarty, Vice Chair	Michael Davis
Barbara Christensen	Mary Ellen Liss
Patrick Irving	Aaron Lehman
Eric Ober	Diana Keating
Susan Burke	Robert Schoener

Friends of Henrietta Parks and Recreation

Our mission is to enrich, encourage, and promote fundraising activities to supplement the cost of specific public recreation programs, parks, facilities, and services for the Town of Henrietta. We will work together to welcome and recruit volunteers from the community to participate, advocate for and support the programs and facilities that will help create a happy and healthy community where our residents can live, work, and play.

Michael Condello, President	Howard Ressel
John Sercu, Vice President	Brooke Duryea
Rachel Cormire, Treasurer	Mary McGohan
Nicki Whaley, Secretary	Pam Grundman
	Jackie Kitto

HENRIETTA RECREATION DEPARTMENT POLICIES

The Recreation Department reserves the right to cancel or change any program due to low enrollment and may limit the size of any program. Additionally, any program may be cancelled or postponed due to unforeseen conditions which may directly impact the quality or safety of the program. Classes missed because of illness, travel conflicts or personal reasons cannot be made up.

WEATHER RELATED PROGRAM CANCELLATIONS

If the Rush-Henrietta School District is closed due to inclement weather conditions, ALL Henrietta Recreation Programs that are located in a SCHOOL FACILITY are also CANCELLED. If Rush-Henrietta schools close early due to inclement weather conditions, then Recreation Programs scheduled in the schools are also cancelled. For Henrietta Recreation programs that are NOT located in a Rush-Henrietta School District Facility, please call the Henrietta Recreation Department (585) 359-2540 or the weather information line at 585-234-1042 for daily updates regarding program cancellations. When possible, program cancellation information will be communicated to local media.

Classes cancelled due to weather or unforeseen circumstances are not eligible for a credit or refund. If possible, make-ups will be scheduled.

FOR YOUR INFORMATION

The following popular programs are NOT run by the Town of Henrietta. You may contact them directly for program information.

R-H CONTINUING EDUCATION

Cub Care, Swim Lessons and more!
rhnet.org • (585) 359-7805

R-H ATHLETIC ASSOCIATION

(Baseball/Softball)
www.rhaa.net
Information Line (585) 234-5650

R-H SOCCER CLUB

www.rhsoccer.org • (585) 234-0245

R-H LACROSSE CLUB

Boys & Girls Lacrosse: www.rhlax.com

R-H YOUTH SPORTS ASSOCIATION

R-H Renegades Football & Cheer
R-H Renegades Boys & Girls Basketball
R-H Wrestling
www.rhysa.org • (585)270-0914

YOUTH DEVELOPMENT ADVISORY COMMITTEE

Mission: To improve the quality of life for Henrietta youth and families through planning, advocacy, networking and programming.

CURRENT MEMBERS

Dr. Jesse Redlo, Chair	Alyssa Carolyn DeFreze, Youth Rep
Barbara Christensen, Vice Chair	Kaylee Duda, Youth Rep
Albert Barrett	Zoe Gudonis, Youth Rep
Bhim Dhakal	Sbyil Monteiro, Youth Rep
Marianne Gocker	Saraby Satheeskumar, Youth Rep
Lacresha Scott	Shiloh Arthmann, School Board Liaison
Harmony Sefranek	Ellen Glena, Library Liaison
Bridget Bartholomay	Joe Bellanca, Jr., Town Board Liaison
Oluwakunmi Olasanoye	Anita Tichacek, Recreation Liaison



Current projects of the Friends of Parks and Recreation include fundraising and support for the Henrietta Gymnastics Team and Educators Grove at Hoskins Park. Pictured is the Draft Masterplan for Educator's Grove, located at the intersection of Winton and Pinnacle Rds.

REFUND POLICY

Refunds are available as noted below unless otherwise stated in the program description. All refund requests must be submitted to the Henrietta Recreation office in person or by phone. A check will be issued in approximately 2 to 3 weeks. The processing fee for all refunds is \$10

- If a program is cancelled by the Town = FULL REFUND
- MEDICAL REFUND must be accompanied by note from physician. Refund will be prorated from date of injury/accident.
- You may withdraw from a program prior to the start date. Full refund will be granted minus a \$10 processing fee.
- If you withdraw from a program during the FIRST HALF of the program, you will receive a refund of (50%) of the program cost minus a \$10 processing fee.
- REFUNDS WILL NOT be given for missed classes for any (NON-MEDICAL) reasons to anyone who registers for a program but does not attend.
- Once a program has ended REFUNDS WILL NOT be given for any reason.
- Cabin refunds MUST BE AT LEAST TWO WEEKS PRIOR to the date reserved or NO refund will be given. There will be a \$10 processing fee.

Henrietta Parks Information

VETERANS MEMORIAL PARK, 595 Calkins Road

This park has many recreational facilities available to the public including the Henrietta Recreation Center, Senior Center, amphitheater, 3 playgrounds, softball and soccer fields, Roberts and Bushman cabins, picnic pavilions, outdoor restrooms, basketball, pickleball and tennis courts, and a walking trail that connects to the Lehigh Valley Trail.

MARTIN ROAD PARK, 1344 Martin Road

Features a large playground, Buyck pavilion, public restroom, soccer fields, kick wall, tennis/pickleball courts, and catch and release fishing pond.

LOOKUP PARK, 3850 East Henrietta Road

Amenities include Baldwin Cabin, a 9-hole disc golf short course, golf driving range and dog park. The dog park is self-monitored and is part of the Monroe County Dog Park system. An annual fee will allow you access to dog parks at Lookup Park, Ellison Park, Greece Canal Park, Pittsford Dog Park and Sweden Park. Registration for the dog park is required and can be done at the Henrietta Town Clerk's Office. The golf driving range is operated by the Henrietta Foundation. For hours and additional information regarding the driving range call (585) 334-1300.

BREESE PARK, 108 Westcombe Park

This park features beautiful views of the Genesee River and has an accessible stone dust trail that runs alongside the river. The property is home to many types of wild animals and beautiful plants such as bluebell and trillium flowers, native ferns, mushrooms, black walnut trees, etc. Eagle Scout projects such as a pedestrian walking bridge, kiosk, and wildlife observation blind have been completed here. The newly added Breese Park Play and Fitness trail opened in November 2021.

TINKER NATURE PARK, 1525 Calkins Road

Amenities include the Hansen Nature Center, Tinker Homestead and Farm Museum, Tyler Pavilion, small playground, volleyball court, 2 miles of hiking trails with wetland boardwalks, small amphitheater, gazebo overlooking pond, and the Community Garden Program (registration required). *Please note that dogs are strictly prohibited at Tinker Nature Park

CABIN / PAVILION RESERVATIONS AND FEES

Bushman Cabin, Roberts Cabin, Baldwin Cabin, and pavilions (Tyler, Buyck, Stevens, and Chase) are available to reserve. All cabins are heated and air conditioned and include restrooms, kitchens with oven/stove, refrigerator, sink, and tables with seating for approximately 50-100 people. Cabins and pavilions are available for use from 10:00am to 10:00pm, with the exception of Buyck and Tyler Pavilions, which are available until dusk. Henrietta residents can reserve cabins and pavilions up to 365 days in advance, non-residents up to 335 days in advance.

Reservations must be made in person at the Henrietta Recreation Center or by request online. To make a reservation request online please visit henriettarec.org. A \$100 cleaning deposit in the form of a check is due upon key-pickup for all cabins and Tyler Pavilion. If the facility is left in its original condition, key is returned and rules are followed, your check will be returned to you by mail. For more information on these and additional town park properties, please visit our website at www.henrietta.org.

Cabin Reservation Fees



Facility	Resident Daily Fee	Non-Resident Daily Fee
Roberts Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday)	\$225 (Monday-Thursday) \$250 (Friday-Sunday)
Bushman Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday)	\$225 (Monday-Thursday) \$250 (Friday-Sunday)
Baldwin Cabin at Lookup Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday)	\$225 (Monday-Thursday) \$250 (Friday-Sunday)
Chase & Tyler Pavilion	\$25	\$50
Stevens & Buyck Pavilion	\$50	\$75

Preschool Programs



Preschool Playgroup is a structured program that encourages social development through play and educational activities. Children learn to play together in a supervised environment by participating in games, projects, songs, and arts & crafts. See orientation schedule on receipt. Location: Henrietta Recreation Center

You may only register for one preschool playgroup class. You may register your child for a second Preschool Playgroup class one week prior to the program starting, if space is available.

FALL SESSION

Instructor/ Location	Age	Day	Time	Fee Res/NR
Ms. Veronica MP1	2.5-3yr	Monday & Tuesday Sept. 16- Nov. 4 *No class Oct. 14, Nov. 5	9:15am-11:45am	\$228/\$262
Ms. Veronica MP1	3-5yr	Wednesday & Friday Sept. 18- Nov. 8	9:15am-12:15pm	\$260/\$299
Ms. Veronica MP1	3-5yr	Thursday Sept. 19 - Nov. 7	9:15am-12:15pm	\$130/\$150

LATE FALL SESSION

Registration for residents begins Oct. 7 and Oct. 14 for non-residents

*No program Nov. 27-Nov. 29, Dec. 23-Jan. 3

Instructor/ Location	Age	Day	Time	Fee Res/NR
Ms. Veronica MP1	2.5-3yr	Monday & Tuesday Nov. 12- Jan. 21	9:15am-11:45am	\$260/\$299
Ms. Veronica MP1	3-5yr	Wednesday & Friday Nov. 13- Jan. 24	9:15am-12:15pm	\$260/\$299
Ms. Veronica MP1	3-5yr	Thursday Nov. 14- Jan. 23	9:15am-12:15pm	\$130/\$150

SCOOT & SLIDE: GYM TIME WITH PARENT

Join us for open gym time where your child can run, jump, ride and scoot! The gym will be set up with various ride-ons, scooters, and sports equipment. All equipment will be age appropriate. Children must be supervised while playing in the gym. All in attendance must have a membership.

Age	Day	Time	Fee
18 months-6yrs	Monday - Thursday Beginning September 9	10:00am-12:00pm	Free to Members

PRESCHOOL OPEN GYM

Preschool Open Gym gives children a chance for supervised play using a wide variety of equipment. All children must be accompanied by a parent or guardian.

Location: Henrietta Recreation Center, Gymnastics Area



FALL SESSION

Age	Day	Time	Fee Res/NR
18 months- 2yrs with parent/guardian	Wednesday Sept. 11 - Oct. 30	9:30am-10:15am	\$48/\$58
2yrs-4yrs with parent/guardian	Wednesday Sept. 11 - Oct. 30	10:45am-11:30am	\$48/\$58
2yrs-4yrs with parent/guardian	Thursday Sept. 12 - Oct. 31	9:30am-10:15am	\$48/\$58
2yrs-4yrs with parent/guardian	Thursday Sept. 12- Oct. 31	10:45am-11:30am	\$48/\$58

LATE FALL SESSION

Registration for residents begins October 7 and October 14 for non residents.

*No program Nov. 27, Nov. 28, Dec. 25, Dec. 26, Jan. 1, Jan. 2

Age	Day	Time	Fee Res/NR
18 months- 2yrs with parent/guardian	Wednesday Nov. 13- Jan. 22	9:30am-10:15am	\$48/\$58
2yrs-4yrs with parent/guardian	Wednesday Nov. 13- Jan. 22	10:45am-11:30am	\$48/\$58
2yrs-4yrs with parent/guardian	Thursday Nov. 14 - Jan. 23	9:30am-10:15am	\$48/\$58
2yrs-4yrs with parent/guardian	Thursday Nov. 14- Jan. 23	10:45am-11:30am	\$48/\$58

MUSIC AND MOVEMENT

Together with a caregiver, babies and toddlers will sing, dance and move to music. We will explore instruments while we march around the room, feel the beat with rhythm sticks, get silly with shakers and so much more. We will practice hand-eye coordination with bubbles, scarves and ribbons. There are always fun activities to help develop fine and gross motor skills, vocabulary and social skills. Don't forget the fun in watching friendships that are blooming under the parachute each class! Come and dance with me. Instructor: Missy Yandow. Location: Recreation Center



Age	Day	Time	Fee Res/NR
1-3yrs with parent Fall Session	Friday Sept. 13-Oct. 18	10:00am-10:30am	\$55/\$65
1-3yrs with parent Late Fall Session	Friday Nov. 1 - Dec. 13 *No program Nov. 29	10:00am-10:30am	\$55/\$65

Preschool and Youth Programs

SCARECROWS AND JACK - O- LANTERNS

Have fun making Fall and Halloween projects with your child. Storytime, seasonal fingerplays and a snack are included. Take home a packet of themed coloring sheets and project ideas to make at home. Please bring a smock. Location: Recreation Center, Multipurpose Room 2



Age	Day	Time	Fee Res/NR
2-5yrs with parent/guardian	Saturday October 5	10:00am- 11:30am	\$10/\$15

IT'S TURKEY TIME

Enjoy time with your preschoolers doing a variety of Thanksgiving themed crafts. Children will have an opportunity to make a turkey-themed snack, listen to a story and learn fingerplays based on the seasonal theme. Take home a packet of themed coloring sheets and project ideas to do at home. Please bring a smock. Location: Recreation Center, Multipurpose Room 2

Age	Day	Time	Fee Res/NR
2-5yrs with parent/guardian	Saturday November 9	10:00am- 11:30am	\$10/\$15

RING IN THE HOLIDAYS

Share some quality time with your child making different seasonal crafts. Projects will also include a few holiday crafts from different countries. Children will have an opportunity to decorate a cookie for snack, listen to a story and learn fingerplays based on the seasonal theme. Take home a coloring packet that includes make your own Christmas cards. Please bring a smock. Location: Recreation Center, Multipurpose Room 2

Age	Day	Time	Fee Res/NR
2-5yrs with parent/guardian	Saturday Dec. 14	10:00am- 11:30am	\$10/\$15

START SMART BASKETBALL

Start Smart Basketball ® is a five week instructional program which helps parents work one-on-one with their child, teaching them the fundamentals of basketball. During the program, parents work together with their children in a supportive environment to learn all the basic motor skills of the sport.



Location: Henrietta Recreation Center, Gym 2B

Age	Day	Time	Fee Res/NR
3.5-5yrs w/ parent	Monday Nov. 4- Dec. 9 *No program Nov. 25	5:30pm-6:15pm	\$65/\$75

STORY TIME YOGA

Navigating through books and activities that help us with coordination, mindfulness, kindness and connection all while having fun! Instructor: Kayla Sorenson Egresi. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
4-6yrs	Tuesday Sept. 17 - Oct. 22	5:30pm-6:00pm	\$38/\$48
4-6yrs	Tuesday Nov. 5 - Dec. 10	5:30pm-6:00pm	\$38/\$48

DANCE

Classes will be held at the Henrietta Recreation Center.

Preschool Dance Adventures! (Ballet/Tap/Creative Dance) 3-5yrs

This class combines music, movement, imagination and play to help develop coordination, balance, and social skills in a safe environment. No prior dance experience is necessary. Students should be potty trained. Students should wear a leotard and tights (any color), boys should wear a t-shirt and shorts or sweat pants. All students need ballet slippers and tap shoes. *Late Fall session: no program Nov. 27, Nov. 30th

Session	Age	Day	Time	Fee Res/NR
Fall	3-5yrs	Wednesday, Sept. 4 - Oct. 23	5:30pm-6:15pm	\$80/\$92
Fall	3-5yrs	Saturday, Sept. 7 - Oct. 26	9:00am-9:15am	\$80/\$92
Late Fall	3-5yrs	Wednesday, Oct. 30-Dec. 18	5:30pm-6:15pm	\$70/\$80
Late Fall	3-5yrs	Saturday, Nov. 2 - Dec. 21	9:00am-9:45am	\$70/\$80

Dance Adventures! (Ballet/Tap/Jazz) 5-7yrs

This class emphasizes Ballet, Jazz and Tap basics with Creative lesson plans. No experience is necessary. Students will need a leotard and tights (any color), ballet slippers and tap shoes. Boys should wear a t-shirt and shorts (or stretch pants), ballet slippers and tap shoes. *Late Fall session: no program Nov. 27, Nov. 30th

Session	Age	Day	Time	Fee Res/NR
Fall	5-7yrs	Wednesday, Sept. 4-Oct. 23	6:15pm-7:00pm	\$80/\$92
Fall	5-7yrs	Saturday, Sept. 7- Oct. 26	9:45am-10:30am	\$80/\$92
Late Fall	5-7yrs	Wednesday, Oct. 30-Dec. 18	6:15pm - 7:00pm	\$70/\$80
Late Fall	5-7yrs	Saturday, Nov. 2 - Dec. 21	9:45am-10:30am	\$70/\$80

Hip Hop Dance Party! 5-10yrs

This class emphasizes basic Hip Hop and Jazz technique in a fun age appropriate environment. No experience is necessary. Students will need comfortable stretchy clothing and clean sneakers. *Late Fall session: no program Nov. 27, Nov. 30th

Session	Age	Day	Time	Fee Res/NR
Fall	5-10yrs	Wednesday Sept. 4- Oct. 23	7:00pm-7:45pm	\$80/\$92
Fall	5-10yrs	Saturday Sept. 7-Oct. 26	10:30am-11:15am	\$80/\$92
Late Fall	5-10yrs	Wednesday, Oct. 30-Dec. 18	7:00pm-7:45pm	\$70/\$80
Late Fall	5-10yrs	Saturday, Nov. 2 -Dec. 21	10:30am-11:15am	\$70/\$80

CARTOONS AND CREATION: CRAFT TIME WITH PARENT

Bring your youngster for a morning of games, crafting and cartoons! For ages 18months - 6yrs. Children must be supervised. All in attendance must have a membership.



Theme	Day	Time	Fee
Toy Story	Tuesday, October 29	9:30am-11:30am	Free to Members
Despicable Me	Tuesday, November 19	9:30am-11:30am	Free to Members
Charlie Brown Christmas	Tuesday, December 17	9:30am-11:30am	Free to Members

Youth Sports Programs

FLAG FOOTBALL LEAGUE

This program develops football related motor skills while giving participants the opportunity for non-contact team play. Teams will practice twice a week and have a game on Saturday. Monday & Wednesday practice, Saturday games begins Sept. 14th. Location: Veterans Memorial Park, 595 Calkins Road



Age (as of Sept. 1)	Fee Res/NR
5 - 6 years	\$85/\$98
7 - 9 years	\$85/\$98
7-9 years (Girls)	\$85/\$98
10 - 12 years	\$85/\$98
10-12year (Girls)	\$85/\$98
13 - 15 years	\$85/\$98

Practices:
Monday and
Wednesdays
5:45pm- 7:15pm
1st practice Sept. 4

Games:
Saturdays
9:00am or 11:15am
1st game Sept. 14

Flag Football Parent Meeting
Monday, August 26th
Bushman Cabin

6:00pm-7:00pm : 5+ 6yrs, 7-9yrs
7:30pm-8:30pm: 10-12yrs, 15-15yrs
Looking for volunteer coaches!!
Contact Craig Ross at (585) 359-7057



YOUTH SOCCER LEAGUE

This program is appropriate for all skill levels, it will focus on the development of soccer skills, strategies, and basic knowledge of the sport. Players will practice with their team twice a week and play games on Saturdays. Location: Martin Road Park, Soccer Fields



Age:	Fee Res/NR
5 - 6 years	\$85/\$98
7 - 9 years	\$85/\$98
10 - 12 years	\$85/\$98
13- 15 years	\$85/\$98

Practices:
Tuesdays and Thursdays
5:45pm- 7:15pm
1st practice Sept. 10

Games:
Saturdays
9:00am or 11:15am
1st game Sept. 14

Youth Soccer League Parent Meeting
Tuesday, August 27th
Roberts Cabin

6:00pm-7:00pm : 5+ 6yrs, 7-9yrs
7:30pm-8:30pm: 10-12yrs, 15-15yrs
Looking for volunteer coaches!!
Contact Craig Ross at (585) 359-7057

**Henrietta Youth
Soccer League**



FALL TENNIS

These lessons will teach basic strokes and put participants into drills and games that will show tennis can be fun! Location: Veterans Memorial Park Tennis Courts



Age	Day	Time	Fee Res/NR
5-13yrs	Sunday Sept. 8 - Oct. 20	9:00am-10:00am	\$65/\$75
5-13yrs	Sunday Sept. 8 - Oct. 20	10:00am-11:00am	\$65/\$75

TEEN VOLLEYBALL

This coed volleyball is geared toward high school aged players who enjoy competitive recreational play. There is no formal instruction. Players should possess intermediate level volleyball skills. When necessary, rotation of extra player will be used. Henrietta Recreation Center, Gym.



Age	Day	Time	Fee Res/NR
13-18yrs	Friday Dec. 6 - Jan. 10	6:30pm-8:00pm	\$50/\$60

YOUTH VOLLEYBALL

We focus on volleyball fundamental skills, such as setting, spiking, serving, passing and good sportsmanship. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
8-12yrs	Saturday Oct. 5- Nov. 16 *No program Nov. 2	12:00pm-1:15pm	\$50/\$60

HOMESCHOOL SPORTS AND GAMES

Join us for an afternoon of fun while we engage in a variety of different sports. Gaga ball, dodgeball and many more games will be played. All participants must wear sneakers. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-11yrs	Tuesday Sept. 17 - Oct. 22	1:00pm - 2:30pm	\$35/\$45
6-11yrs	Tuesday Oct. 29 - Dec. 10 *No Class Nov. 26	1:00pm-2:30pm	\$35/\$45

SATURDAY SPORTS AND GAMES

Join us for an afternoon of fun while we engage in a variety of different sports. Gaga ball, dodgeball and many more games will be played to get the kids moving during the cooler months! All participants must wear sneakers. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-11yrs	Saturday Oct. 5 - Nov. 16 *No program Nov. 2	2:00pm - 4:00pm	\$40/\$50



Youth Sports Programs

Soccer Shots

Soccer Shots is a national program that teaches soccer using creative games. Sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.



Soccer Shots Fall Session

Location: Veteran's Memorial Park, 595 Calkins Road, soccer fields behind Bushman Cabin

Age	Day	Time	Fee Res/NR
2yr olds* w/ parent	Tuesday Sept. 3 - Oct. 22	4:30pm-5:00pm	\$135/\$155
3 - 4yrs	Tuesday Sept. 3 - Oct. 22	5:00pm- 5:45pm	\$135/\$155
5 - 7yrs	Tuesday Sept. 3 - Oct. 22	5:00pm-5:45pm	\$135/\$155
3-4yrs	Tuesday Sept. 3 - Oct. 22	5:45pm - 6:30pm	\$135/\$155
5-7yrs	Tuesday Sept. 3 - Oct. 22	5:45pm -6:30pm	\$135/\$155

Soccer Shots Late Fall Session

Registration for residents begins October 7 and October 14 for non-residents.
Location: Recreation Center, Gym 2B

Age	Day	Time	Fee Res/NR
2yr olds* w/ parent	Tuesday Nov. 5- Dec. 17	4:40pm-5:10pm	\$125/\$144
3 - 4yrs	Tuesday Nov. 5- Dec. 17	5:15pm-6:00pm	\$125/\$144
5 - 7yrs	Tuesday Nov. 5 - Dec. 17	6:05pm-6:55pm	\$125/\$144

*The two year old program will require at least one parent to participate alongside their child.

Youth Indoor Soccer

This program is designed for youth ages 6 to 11 years of age. It includes fundamentals and strategies of soccer while providing the opportunity for scrimmage play. Location: Henrietta Recreation Center, Gym 1



Age	Day	Time	Fee Res/NR
6-8 yrs	Wednesday Oct. 30 - Dec. 18 *No program Nov. 27	5:45pm-7:00pm	\$70/\$81
9-11 yrs	Wednesday Oct. 30 - Dec. 18 *No program Nov. 27	7:15pm-8:30pm	\$70/\$81
6-8 yrs	Saturday Nov. 9- Dec. 21 *No program Nov. 30	9:40am-10:55am	\$60/\$70
9-11 yrs	Saturday Nov. 9- Dec. 21 *No program Nov. 30	11:05am-12:20pm	\$60/\$70

Youth Basketball

This program will teach participants fundamental basketball skills led by current President of the Pennsylvania Basketball Coaches Association, Gold Certified USA Basketball Coach and former Assistant Coach at Pittsford Mendon High School, Glenn Anderson. Participants will focus on ball handling, form shooting, offensive skill development, agility, and footwork. No prior experience is required. Players should bring their own ball if possible. Location: Henrietta Recreation Center, Gym 2



Age	Day	Time	Fee Res/NR
10-14 yrs	Wednesday Sept. 11 - Oct. 2	6:00pm-7:00pm	\$100/\$115

Martial Arts

The Town of Henrietta offers Martial Arts instruction for youth age 5 to adult. The style used is Chito-ryu with a mix in Judo and Aikido as well as other styles of Karate. Location: Henrietta Recreation Center. Ages:5yrs-Adult



Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tues. Sept. 10- Oct. 22	5:30pm-6:30pm	\$49/\$59
Jr. Yellow Belt only	5yrs & Up	Tues. Sept. 10- Oct. 22	5:30pm-7:00pm	\$74/\$84
Jr. Yellow Belt- Jr. Brown Belt	5yrs & up	Thurs. Sept. 12- Oct. 24	6:00pm-7:30pm	\$74/\$84
Advanced, Sr. Ranks	Advanced	Thurs. Sept. 12- Oct. 24	7:30pm-8:45pm	\$74/\$84

Late Fall Session

Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tues. Oct. 29- Dec. 17 *No program Nov. 5	5:30pm-6:30pm	\$49/\$59
Jr. Yellow Belt only	5yrs & Up	Tues. Oct. 29- Dec. 17 *No program Nov. 5	5:30pm-7:00pm	\$74/\$84
Jr. Yellow Belt- Jr. Brown Belt	5yrs & up	Thurs. Nov. 7- Dec. 26 *No program Nov. 28	6:00pm-7:30pm	\$74/\$84
Advanced, Sr. Ranks	Advanced	Thurs. Nov. 7- Dec. 26 *No program Nov. 28	7:30pm-8:45pm	\$74/\$84

Safe Place

The Recreation Center is a designated "Safe Place" and is one of nearly 300 stationary and mobile sites throughout Monroe County. Safe Place is a national outreach program assisting youth who are experiencing a crisis situation. In crisis, youth can go to a Safe Place location to access immediate help and services from Center for Youth professionals. For more information about Safe Place and The Center for Youth please visit www.centerforyouth.net or call (585) 473-2464.



Youth Sports and Programs

FRIDAY YOUTH FLOOR HOCKEY

Skate over to the Recreation Center for an afternoon of Floor Hockey. Eye wear and sticks will be provided. All participants must wear sneakers. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-11yrs	Friday Oct. 4 - Nov. 22	6:00pm-7:30pm	\$40/\$50

SUPERHERO SATURDAY

Fly up, up and away to the Henrietta Recreation Center for games, prizes and much more! Children can wear their favorite characters outfit or t-shirt. All participants must wear sneakers. Location: Recreation Center, Activity Room



Age	Day	Time	Fee Res/NR
5-8yrs	Saturday, December 21	12:00pm - 1:30pm	\$12/\$16
9-12yrs	Saturday, December 21	2:00pm-3:30pm	\$12/\$16

NERF ZOMBIES

Come with your friends and fight Zombies. All participants must wear sneakers. Location: Henrietta Recreation Center, Gym 2.



Age	Day	Time	Fee Res/NR
6-12yrs	Saturday October 26	2:00pm-3:00pm	\$12/\$20

MINUTE TO WIN IT!

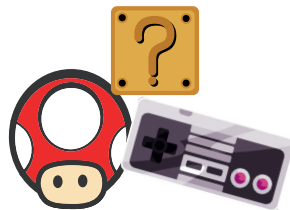
Have you ever watched the show Minute to Win It and wanted to give it a try? Now is your chance! Come with your family and see who can win the most challenges! All must register.



Age	Day	Time	Fee Res/NR
5yrs and Up	Friday November 22	6:30pm-7:30pm	\$11/\$15

NINTENDO CLUB

If you are a gamer kid, we have something for you! Play Super Smash Bros., Rocket League and more. Share your love of gaming with friends! Location: Recreation Center



Age	Day	Time	Fee Res/NR
7-12yrs	Wednesday October 16 - December 11 *No program Nov. 27	6:00pm-7:30pm	\$20/\$25

CREATIVE PAINTING AND DRAWING

Painting and drawing using creative techniques and a variety of materials, each class will be a unique project with a focus on natural materials and drawing inspiration from nature. Each class the students will be inspired to be creative and build color and composition techniques and to have fun while creating art. Materials are included. Instructor: Mrs. Socola, Certified Art Teacher. Location: Recreation Center



Age	Day	Time	Fee Res/NR
6-12yrs Session 1	Friday Oct. 22 & Oct. 29	6:00pm - 7:00pm	\$50/\$60
6-12yrs Session 2	Friday Dec. 3 & Dec. 10	6:00pm-7:00pm	\$50/\$60

HOLIDAY HANGOUT: SWEET TREAT & CREATE

Join us for this sweet class! Participants will create a tasty treat from candy, cookies and more as well as a cute ornament. It's sure to be a merry time! Location: Recreation Center, MP1



Age	Day	Time	Fee Res/NR
6-10 yrs	Saturday November 30	10:30am-11:30am	\$14/\$19

LEGO MASTER BUILDING COMPETITION

Calling all master Lego builders! Compete in an exciting Lego building competition. Build with, and against, your friends to win prizes! Location: Recreation Center



Age	Day	Time	Fee Res/NR
4-6yrs	Friday November 1	6:30pm - 7:45pm	\$15/\$20
7-9yrs	Saturday November 2	11:00am - 1:00pm	\$18/\$23
10-12yrs	Saturday November 2	1:30pm-3:30pm	\$18/\$23

A SWIFTIE BIRTHDAY CELEBRATION

Celebrate your favorite icon on her actual birthday. Activities include karaoke, bracelet making & trading, photo ops, and more! Location: Recreation Center, MP1 & MP2



Age	Day	Time	Fee Res/NR
9-15yrs	Friday December 13	6:30pm-8:00pm	\$14/\$19

Youth Programs

EPIC TRAINING FOR KIDS: FIRST AID FOR KIDS

This course teaches 8-12yrs. old participants the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains, strains and breaks, and treatment of heat and cold emergencies. Also addressed are several common medical emergencies found in schools today such as: Food allergies, diabetes, seizures and asthma.

Age	Day	Time	Fee Res/NR
8-12yrs	Monday November 4	6:00pm-7:30pm	\$29/\$39

EPIC TRAINING FOR KIDS: BABYSITTER'S TRAINING

This instructor lead 5 hour class is supplemented by a video presentation, lecture and group activities. Participants will learn the roles and responsibilities of a babysitter including skills in: the business of babysitting, accident prevention, first aid, care of choking victims and the ages and stages of children. Each student will receive a PDF materials to print prior to the session. Certification card issued upon completion. Bring a self address envelope and a lunch! Location: Henrietta Recreation Center



Age	Day	Time	Fee Res/NR
11-15yrs	Monday October 14	10:00am - 3:00pm	\$72/\$83
11-15yrs	Monday November 25	10:00am - 3:00pm	\$72/\$83

Recess PROGRAMS

THANKSGIVING BREAK MORNING FUN CAMP

Join us for some on site fun at the Recreation Center. Activities include: indoor games, craft time, playing games with friends and more! Location: Henrietta RecreationCenter, Multipurpose Room 1 & 2, Gym 2

Grades	Dates	Time	Fee Res/NR
1st-6th	Mon-Wed Nov. 25-Nov. 27	9:00am-12:00pm	\$30/\$40

THANKSGIVING BREAK PROGRAM

Join us for some on site fun at the Recreation Center. Activities include: indoor games, craft time, fun on our inflatable and one field trip. Bring a lunch and a late day snack. Dress for indoor and outdoor games. *Optional: Bring personal money for snacks on field trip. Location: Henrietta RecreationCenter, Multipurpose Room 1 & 2, Gym 2



Grades	Dates	Time	Fee Res/NR
1st-6th	Mon-Wed Nov. 25-Nov. 27	12:00pm-5:30pm	\$50/\$60



Henrietta Youth Asset Team

Looking for Rush-Henrietta youth in grades 6 – 12 who want to be involved in their community by volunteering for town and charitable events, learning leadership skills, discussing with peers the needs of youth in our community and creating and facilitating events/programs to meet those needs. Feel empowered, share your voice and be a part of the change you would like to see!

All meetings are held once a month at the Henrietta Senior Center at 515 Calkins Road on the 3rd Tuesday of the Month From 6:00pm-7:30pm beginning September 17, 2024.

We are looking forward to a FANTASTIC year! For more information:
Call (585) 359-2540
or email Anita at atichacek@henrietta.org



Volunteer Opportunities

Here is a list of some of the volunteer opportunities where you can make a difference! Join us to be a part of the volunteering experience and suggest new opportunities to make a difference in your community! More information on dates and times will be given at the meetings.

- Make a Difference Day
- Halloween Celebration at Tinker
- Holiday Lights and Magic Event
- Bell Ringing for Salvation Army
- MLK Celebration
- Henrietta Valentine's Day
- Henrietta Memorial Day Parade



Gymnastics

Fall session runs 9/9-11/3 *No class 10/14, 10/31, 11/2
 Late Fall Session runs 11/4 - 12/20 *No class 11/11, 11/27-12/1.
 Late Fall Registration for residents begins October 7 and October 14 for non-residents.

Preschool 4-5 yrs

- This class is ideal for 4 year olds and 5 year olds who don't attend Kindergarten yet.
- Focus is on gaining experience & confidence on small equipment and learning basic gymnastics positions and terminology
- Using gymnastics to build gross motor skills – running, jumping, hanging, climbing, coordination, supporting body weight, and going upside down.
- Prerequisite: potty trained
- 3.5yr olds by recommendation only

Parent and Tot Gymnastics Classes	Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
1 year old walker with parent	1yr	Saturday	8:30am-9:00am	\$45/\$55	\$32/\$42
1 year old walker with parent	1yr	Friday	8:30m-9:00am	\$52/\$62	\$39/\$49
Parent and Tot	2-3yrs	Wednesday	4:00pm-4:40pm	\$78/\$89	\$58/\$66
Parent and Tot	2-3yrs	Wednesday	4:45pm-5:25pm	\$78/\$89	\$58/\$66
Parent and Tot	2-3yrs	Wednesday	5:30pm-6:10pm	\$78/\$89	\$58/\$66
Parent and Tot	2-3yrs	Wednesday	6:15pm -6:44pm	\$78/\$89	\$58/\$66
Parent and Tot	2-3yrs	Friday	9:15am-9:55am	\$78/\$89	\$58/\$66
Parent and Tot	2-3yrs	Friday	10:00am-10:40am	\$78/\$89	\$58/\$66
Parent and Tot	2-3yrs	Friday	10:45am-11:25am	\$78/\$89	\$58/\$66
Parent and Tot	2-3yrs	Saturday	12:00pm-12:40pm	\$78/\$89	\$48/\$58
Parent and Tot	2-3yrs	Saturday	12:45pm-1:25pm	\$78/\$89	\$48/\$58
Parent and Tot	2-3yrs	Saturday	1:30pm-2:10pm	\$78/\$89	\$48/\$58
Parent and Tot	2-3yrs	Sunday	8:30am-9:10am	\$78/\$89	\$48/\$58
Parent and Tot	2-3yrs	Sunday	9:15am-9:55am	\$78/\$89	\$48/\$58
Parent and Tot	2-3yrs	Sunday	10:00am-10:40am	\$78/\$89	\$48/\$58
Parent and Tot	2-3yrs	Sunday	11:00am-11:40am	\$78/\$89	\$48/\$58
Parent and Tot	2-3yrs	Sunday	11:45am-12:25am	\$78/\$89	\$48/\$58
Preschool Gymnastics Classes	Age	Day	Time	Fall fee Res/NR	Late Fall Res/NR
Preschool Gymnastics	4-5yrs	Monday	4:30pm-5:10pm	\$68/\$78	\$58/\$66
Preschool Gymnastics	4-5yrs	Monday	5:15pm-5:55pm	\$68/\$78	\$58/\$66
Preschool Gymnastics	4-5yrs	Monday	6:00pm-6:40pm	\$68/\$78	\$58/\$66
Preschool Gymnastics	4-5yrs	Wednesday	4:30pm-5:10pm	\$78/\$89	\$58/\$66
Preschool Gymnastics	4-5yrs	Wednesday	5:15pm-5:55pm	\$78/\$89	\$58/\$66
Preschool Gymnastics	4-5yrs	Wednesday	6:00pm-6:40pm	\$78/\$89	\$58/\$66
Preschool Gymnastics	4-5yrs	Thursday	4:00pm-4:40pm	\$68/\$78	\$58/\$66
Preschool Gymnastics	4-5yrs	Thursday	4:45pm-5:25pm	\$68/\$78	\$58/\$66
Preschool Gymnastics	4-5yrs	Thursday	5:30pm-6:10pm	\$68/\$78	\$58/\$66
Preschool Gymnastics	4-5yrs	Thursday	6:15pm-6:55pm	\$68/\$78	\$58/\$66
Preschool Gymnastics	4-5yrs	Saturday	9:00am-9:40am	\$68/\$78	\$48/\$58
Preschool Gymnastics	4-5yrs	Saturday	9:15am -9:55am	\$68/\$78	\$48/\$58
Preschool Gymnastics	4-5yrs	Saturday	9:45am-10:25am	\$68/\$78	\$48/\$58
Preschool Gymnastics	4-5yrs	Saturday	10:00am-10:40am	\$68/\$78	\$48/\$58
Preschool Gymnastics	4-5yrs	Saturday	10:30am-11:10am	\$68/\$78	\$48/\$58
Preschool Gymnastics	4-5yrs	Saturday	10:45am-11:25am	\$68/\$78	\$48/\$58



Birthday party packages at the Henrietta Recreation Center!



Choose from three fun party packages for your special day!
Bounce House, Gaga Ball or Gymnastics

Each package also includes two hours in the party room to play, eat and celebrate with family and friends. Sunday afternoons 1:30pm - 3:30pm for up to 12 kids.
\$220 for Residents/\$250 For Non-Residents.

All party guests also receive a Henrietta Recreation water bottle filled with candy and prizes as their special gift.
 Call (585) 444-2208 for more information or reservations.

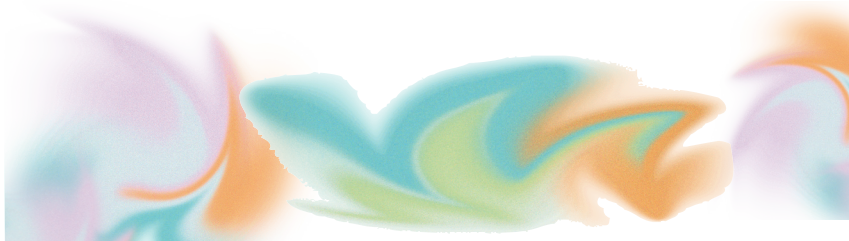
Gymnastics

Fall session runs 9/9-11/3 *No class 10/14, 10/31, 11/2
 Late Fall Session runs 11/4 - 12/20 *No class 11/11, 11/27-12/1.
 Late Fall Registration for residents begins October 7 and October 14 for non-residents.

Beginner Gymnastics Classes - Step 1	Age	Day	Time	Fall Fee Res/NR	Late Fall Fee Res/NR
Step 1	5-6yrs	Saturday	9:00am-9:55am	\$91/\$105	\$65/\$74
Step 1	5-6yrs	Saturday	10:00am-10:55am	\$91/\$105	\$65/\$74
Step 1	5-6yrs	Saturday	11:00am-11:55pm	\$91/\$105	\$65/\$74
Step 1	5-6yrs	Saturday	11:30am -12:25pm	\$91/\$105	\$65/\$74
Step 1	5-6yrs	Saturday	12:30pm-1:25pm	\$91/\$105	\$65/\$74
Step 1	5-6yrs	Sunday	10:00am-10:55am	\$104/\$120	\$65/\$74
Step 1	5-6yrs	Sunday	11:00am-11:55pm	\$104/\$120	\$65/\$74
Step 1	5-6yrs	Sunday	12:00pm-12:55pm	\$104/\$120	\$65/\$74
Step 1	5-6yrs	Tuesday	4:00pm-4:55pm	\$104/\$120	\$91/\$105
Step 1	5-6yrs	Tuesday	5:00pm-5:55pm	\$104/\$120	\$91/\$105
Step 1	5-6yrs	Tuesday	6:00pm-6:55pm	\$104/\$120	\$91/\$105
Step 1	5-6yrs	Wednesday	4:00pm-5:00pm	\$104/\$120	\$78/\$86
Step 1	5-6yrs	Wednesday	5:00pm-5:55pm	\$104/\$120	\$78/\$86
Step 1	7-9yrs	Saturday	12:15pm-1:10pm	\$91/\$105	\$65/\$74
Step 1	7-9yrs	Saturday	1:15pm-2:10pm	\$91/\$105	\$65/\$74
Step 1	7-9yrs	Sunday	10:15am-11:15am	\$104/\$120	\$65/\$74
Step 1	7-9yrs	Sunday	11:15am-12:10pm	\$104/\$120	\$65/\$74
Step 1	7-9yrs	Sunday	12:15pm-1:10pm	\$104/\$120	\$65/\$74
Step 1	7-9yrs	Tuesday	6:15pm-7:10pm	\$104/\$120	\$91/\$105
Step 1	10+yrs	Saturday	1:30pm-2:25pm	\$91/\$105	\$65/\$74

Beginner Gymnastics – Step 1

This class is ideal for 5 year olds who are currently in Kindergarten and 6+ year olds with less than 6 consecutive sessions (1 year) of prior experience in Step 1. The goal of this class is to develop fundamental gross motor and gymnastics skills including: rolls, cartwheels, various hangs on the bars, jumping & rebounding, and basic body positions that are essential to the sport of gymnastics. Prerequisite: 5 year olds must be in Kindergarten.



Intermediate Gymnastics Classes - Step 2	Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
Step 2	7-9yrs	Saturday	9:15am-10:10am	\$91/\$105	\$65/\$74
Step 2	7-9yrs	Saturday	10:15am-11:10am	\$91/\$105	\$65/\$74
Step 2	7-9yrs	Saturday	11:15pm-12:10pm	\$91/\$105	\$65/\$74
Step 2	7-9yrs	Saturday	12:30pm-1:25pm	\$91/\$105	\$65/\$74
Step 2	7-9yrs	Tuesday	4:00pm-4:55pm	\$104/\$120	\$91/\$105
Step 2	7-9yrs	Tuesday	5:00pm-5:55pm	\$104/\$120	\$91/\$105
Step 2	7-9yrs	Tuesday	6:00pm-6:55pm	\$104/\$120	\$91/\$105
Step 2	7-9yrs	Wednesday	6:00pm-6:55pm	\$104/\$120	\$78/\$86
Step 2	7-9yrs	Wednesday	7:00pm-7:55pm	\$104/\$120	\$78/\$86
Step 2	10+yrs	Saturday	1:30pm-2:25pm	\$91/\$105	\$65/\$74

Intermediate Beginner Gymnastics – Step 2

This class is ideal for 7+yrs old with more than six consecutive sessions (1 year) of prior experience in Step 1. The goal of this class is to continue perfecting skills learned in Step 1 along with casts/supports on various bars, walks & balances on high beams, and advanced positions like hollow body, push ups, and bridges. More focus will be placed on strengthening and form/technique.

Suggested Prerequisite: ability to rebound 2 feet off springboard, forward roll, cartwheel over block, wall handstand, partial kick up to handstand, ability & confidence to hold a support on a high bar and walk on a high beam, basic positions and exercises such as split position, bridge, push up, proper T-position. Participants may be asked to transfer to a Step 1 class if prerequisites are not met.

Gymnastics

Advanced Beginner Gymnastics – Step 3

- This class is ideal for 7+yr olds with at least 6-12 consecutive sessions (1-2 years) of prior experience in Step 2.
- The goal of this class is to continue perfecting skills learned in Steps 1 & 2 along with developing backward rolls, headstands, handstands, bridges, and bar skills such as the pullover, back hip circle, and various swings.
- Approximately 50% of class time will focus on strength & flexibility.
- Suggested Prerequisite: dive roll to mat stack, cartwheel, assisted bridge kick over, backward roll, block pullover, advanced positions and exercises such as levers, tuck ups, chin up hold, hollow & superman holds. Participants may be asked to transfer to a Step 2 class if prerequisites are not met.

Advanced Beginner Gymnastics Classes - Step 3	Age	Day	Time	Fall Fee Res/NR	Late fall Res/NR
Step 3	7-9yrs	Saturday	10:15am - 11:10am	\$91/\$105	\$65/\$74
Step 3	7-9yrs	Saturday	11:15am-12:10pm	\$91/\$105	\$65/\$74
Step 3	7-9yrs	Saturday	12:30pm-1:25pm	\$91/\$105	\$65/\$74
Step 3	7-9yrs	Saturday	1:30pm-2:25pm	\$91/\$105	\$65/\$74
Step 3	7-9yrs	Tuesday	4:15pm-5:10pm	\$104/\$120	\$91/\$105
Step 3	7-9yrs	Tuesday	5:15pm-6:10pm	\$104/\$120	\$91/\$105
Step 3	7-9yrs	Wednesday	6:00pm-6:55pm	\$104/\$120	\$78/\$86
Step 3	10+yrs	Saturday	1:30pm-2:35pm	\$91/\$105	\$65/\$74
Step 3	10+yrs	Wednesday	7:00pm-7:55pm	\$104/\$120	\$78/\$86

Gymnastics Advanced Classes

Register for these classes only if an instructor has invited you to do so.

Class (invite only)	Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
Developmental Gymnastics	6-11yrs	Saturday	11:10am-12:30pm	\$105/\$121	\$75/\$86
Developmental Gymnastics	6-11yrs	Wednesday	5:00pm-6:20pm	\$120/\$138	\$90/\$103
Developmental Gymnastics	6-11yrs	Wednesday	6:30pm-7:50pm	\$120/\$138	\$90/\$103

Homeschool Gymnastics

Homeschool Gymnastics	Age	Day	Time	Fall Fee Res/NR	Late fall Res/NR
Homeschool Gymnastics	6-11yrs	Monday	10:15am-11:10am	\$56/\$66	\$48/\$58
Homeschool Gymnastics	6-11yrs	Monday	11:30am-12:25pm	\$56/\$66	\$48/\$58

Warrior Training and Tumbling:

Are you an athlete looking to build strength while conquering challenges and having fun? Come train on our NEW Ninja Rig. Roll, flip, swing and climb your way to become a stronger athlete. Each week will feature different obstacles and strength exercises as well as basic tumbling lessons. This program is structured and instructional.

Obstacle Course Mania:

Race your friends through fun obstacle courses. This program is supervised, but not instructional. Participants will have time on 2 different obstacle courses plus a group activity or game at the end.

Class	Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
Warrior Training & Tumbling	6-11yrs	Friday	5:45pm-6:25pm	\$84/\$96	\$63/\$73
Warrior Training & Tumbling	6-11yrs	Friday	6:30pm-7:10pm	\$84/\$96	\$63/\$73
Warrior Training & Tumbling	6-11yrs	Friday	7:15pm-7:55pm	\$84/\$96	\$63/\$73
Obstacle Course Mania	4-6 yrs	Sunday	1:00pm - 1:40pm	\$78/\$89	\$48/\$58

Fall session runs 9/9-11/3
Late Fall Session runs 11/4 - 12/20
Late Fall Registration for residents begins October 7 and October 14 for non-residents.

Private and Semi-Private Lessons

Does your gymnast need extra time to work on a skill? Do you have a cheerleader struggling to learn the back handspring? Perhaps your child and her friend just want a lesson together, at a time convenient for you, with no distractions. Ask us about our private lessons! Once scheduled, an individualized lesson plan will be developed to help the participant achieve his/her personal goals.

Contact Jackie Kitto, Recreation Leader at (585) 444-2208, for more information or to schedule your lesson today!



Please contact Jackie Kitto for more information about our competitive National Gymnastics Association team.



Adult Programs

PILATES MAT

This program focuses on basic Pilates principles: core strengthening, increased flexibility and balance, breath control, proper joint movement, and correct spine alignment to improve posture. Participants will learn the basic series of exercises upon which the entire Pilates method is built. Exercise mats and balls are provided. Location: Henrietta Recreation Center, MP1



Age	Day	Time	Fee Res/NR
14yrs & Up Fall	Thursday Sept. 5 - Oct. 10	5:30pm-6:30pm	\$42/\$52
14yrs & Up Late Fall	Thursday Oct. 17- Nov. 21 *No program Oct. 31	5:30pm-6:30pm	\$36/\$46

OULA DANCE FITNESS CLASS

Oula celebrates the healing power of dance as part of an inclusive community where everyone is welcome. Oula merges cardio of varying intensity levels with easy to follow choreography set to an energetic pop soundtrack.

Location: Henrietta Recreation Center, Activity Room

Class	Age	Day	Time	Fee Res/NR
Drop In One day class	18yrs & Up	Monday August 26th	6:45pm-7:45pm	\$10/\$10
Session A	18yrs & Up	Monday Sept. 9- Sept. 30	6:45pm-7:45pm	\$40/\$50
Session B	18yrs & Up	Monday Oct. 7 - Oct. 28 *No class Oct. 14	6:45pm - 7:45pm	\$30/\$40
Session C	18yrs & Up	Monday Nov. 4- Nov. 25	6:45pm-7:45pm	\$40/\$50
Session D	18yrs & Up	Monday Dec. 2- Dec. 16	6:45pm - 7:45pm	\$30/\$40

INDOOR SOCCER FOR ADULTS

Get your exercise and have fun at the same time! This coed indoor soccer program is strictly recreational play. All skill levels are welcome. The instructor will form new teams each week. Location: Henrietta Recreation Center, Gymnasium

Age	Day	Time	Fee Res/NR
18 & up	Sunday Sept. 8-Oct. 27	10:45am-12:15pm	\$50/\$60
18 & Up	Sunday Nov. 3 - Dec. 22	10:45am -12:15pm	\$50/\$60

GENTLE YOGA

As we flow through postures, spending a few breath cycles in each shape, we are able to adjust, explore and strengthen our ability to listen and connect to ourselves. Location: Recreation Center. Instructor: Kayla Sorenson



Age	Date	Time	Fee Res/NR
16 yrs and up	Tuesday Sept. 17 - Oct. 22	6:30pm-7:30pm	\$55/\$65
16 yrs and up	Tuesday Nov. 5 - Dec. 10	6:30pm - 7:30pm	\$55/\$65

TAI CHI - YANG STYLE

The lessons will focus on specific postures of the form that can improve; balance and coordination, strengthen muscle groups, relaxation and breathing. New 10 week format! The instructor will be Joe Hennekey from the Rochester T'ai Chi Ch'uan Center, certified by Grand Master William C.C. Chen. The wearing of loose comfortable clothing and soft shoes is recommended. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 yrs & Up Fall Session	Thursday Aug. 22-Oct. 24	10:00am- 11:00am	\$81/\$93
Adult 18yrs & Up Late Fall Session	Thursday Nov. 14 - Feb. 6 * No program Nov. 28, Dec. 26, Jan. 2	10:00am- 11:00am	\$81/\$93

VOLLEYBALL FOR ADULTS

This coed adult volleyball program is for those who enjoy competitive intermediate play. There is no formal instruction. Players should possess intermediate level volleyball skills. When necessary, rotation of extra players will be used. The instructor will form new teams each week.

Location: Henrietta Recreation Center, Gym



Session	Age	Day	Time	Fee Res/NR
A	Adult 18 & Up	Monday Sept. 9- Oct. 28	7:00pm-8:30pm	\$64/\$74
B	Adult 18 & Up	Monday Nov. 4 - Dec. 23	7:00pm-8:30pm	\$64/\$74

ZUMBA

A total workout, combining all elements of fitness-cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Location: Recreation Center



Age	Date	Time	Fee Res/NR
16 yrs and up	Wednesday Sept. 11 - Oct. 23	6:30pm-7:30pm	\$50/\$60
16 yrs and up	Wednesday Oct. 30 - Dec. 18 *No program Nov. 27	6:30pm - 7:30pm	\$50/\$60

VINYASA FLOW

A 60 minute weekly class that allows us to connect to the breath, then utilize the breath to flow through postures at a quicker pace. This breath to movement helps us to fortify strength, balance and flexibility along with an inner awareness and concentration. Location: Recreation Center

Age	Date	Time	Fee Res/NR
16 yrs and up	Thursday Sept. 19 - Oct. 24	6:30pm-7:30pm	\$55/\$65
16 yrs and up	Thursday Nov. 7 - Dec. 19 *No program Nov. 28	6:30pm - 7:30pm	\$55/\$65

Adult Programs

INTERMEDIATE PICKLEBALL LESSONS

This course is for those who have never played Pickleball. Focus on: Safety considerations while playing, basic rules of the game, scoring, layout of the court, proper grip to hold the paddle, intro to various shot types, doubles play, strategy basics and basic coverage of the court. Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 & Up	Tuesday Nov. 5 - Nov. 26	4:00pm-5:30pm	\$43/\$53

PICKLEBALL BEGINNER LESSONS-INTRO TO PICKLEBALL

This course is for those who have never played Pickleball. Focus on: Safety considerations while playing, basic rules of the game, scoring, layout of the court, proper grip to hold the paddle, intro to various shot types, doubles play, strategy basics and basic coverage of the court. Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 & Up	Tuesday Nov. 5 - Nov. 26	5:30pm-7:30pm	\$43/\$53

PICKLEBALL BEGINNER LESSONS 2.0- WORKING ON BASIC SKILLS

This course is for those who have played Pickleball for a few weeks to a few months and would like to accelerate their pickleball learning process. Focus on: Shot making skills, movement on court, Doubles Pickleball strategies, communication. Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 & Up	Tuesday Nov. 5 - Nov. 26	7:00pm-8:30pm	\$43/\$53

OPEN PLAY BADMINTON DROP-IN

Welcome to the second most popularly played sport in the world - Badminton! It's a fantastic social, mental, fun, high-energy sport that folks enjoy playing together. Dress comfortably and bring an indoor racket. Location: Recreation Center, Gym 1. Drop in Fee per visit: \$7 for Resident/ \$8 for Non-Resident.

Age	Day	Time
13 & Up	Starting Friday, Sept. 6 *No program Nov. 29	6:00pm-8:45pm



Think Dink! Join us for our first pickleball tournament at the Recreation Center.

- *8 teams
- *Double elimination
- *Games to 11 points, win by 2
- *Self officiated, however staff will be present
- *2 timeouts allowed for each team during the game

Winning teams will receive 10 free Henrietta Recreation pickleball passes, a medal and pickles!

DOUBLES PICKLEBALL TOURNAMENT- INTERMEDIATE

Intermediate skill rating 3.4 or lower.

Age	Day	Time	Fee Res/NR
18yrs+	Saturday, Sept. 28	11:00am-3:30pm	\$40 per team

DOUBLES PICKLEBALL TOURNAMENT- ADVANCED

Advanced skill rating 3.5 and higher.

Age	Day	Time	Fee Res/NR
18yrs+	Saturday, Sept. 21	12:00pm-3:30pm	\$40 per team



Henrietta Community Chorus



The Henrietta Community Chorus is open to all singers 18 years and older. Come join us as we begin the holiday season, learning wonderful music while getting reacquainted with old friends and making new ones!

The fall/winter session runs from October 3 - January 16th. Rehearsals for the fall/winter session will be held on Thursday evenings at Burger JHS (639 Erie Station Road) from 7-8:30 pm. Holidays weeks there are no rehearsals.

Contact Carol Lamica, Director, with any questions. Hensingers23@gmail.com

Special Events

October 26th

Halloween Celebration at Tinker Nature Park

6:00pm-8:30pm * Preschool - 6th Grade

For families with children, preschool-6th grade. Walk down "Trick or Treat" Street, visit the Pumpkin Trail, and see a Victorian Funeral scene. Enjoy cider and donuts with your friends! Register online, starting September 18th, at henriettarec.org.



November 2nd

Make a Difference Day

Join us in making a difference in our community and lend a helping hand! Be Involved: Groups, service organizations, families and individuals are welcome! For more information and project assistance please call (585) 359-2540 or e-mail Anita at atichacek@henrietta.org.

Volunteer activities from 9am -12pm at the R-H Senior High School with a pizza party at 12pm to celebrate all the completed community projects!



MAKE A DIFFERENCE DAY



November 23

Teen Night

6:30pm-8:30pm

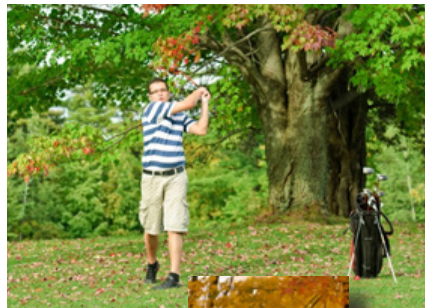
Murder Mystery Teen Night

There's been a murder at the Teen Idol Awards! Will you be a character such as Milly Cyprus or Justin Bebre? Or are you and your crew the members of the paparazzi? Everyone is a suspect. Trust no one! Refreshments will be provided.



Town of Henrietta
Riverton Oaks
Municipal Golf Course

520 Scottsville-West Henrietta Rd.
West Henrietta, NY 14586
585.334.6196
www.henrietta.org/RivertonOaks



It's been a busy summer at Riverton Oaks Municipal Golf Course and there's still lots of great golfing days ahead. Don't put those clubs away yet. The cooler fall temps make for a more comfortable golfing experience and the fall colors at the golf course provide a beautiful backdrop for a round of golf.

Riverton Oaks will be open until the snow flies and there's plenty of tee times available. Stop in and see us soon!



Henrietta Senior Center

SrCenter@henrietta.org
 515 Calkins Road, Henrietta NY 14467
 (585) 334-4030
 Hours: Monday-Friday, 9:00am-3:00pm

Senior Citizens are adults 60 years of age and their spouse of any age. Stop in and pick up a monthly calendar or visit us online at www.henrietta.org. Fitness programs, nutritious meals, and health services make us one of the best Senior Centers in the County. Our recreation activities, social programs, and travel opportunities keep us active. Join us for dancing, special events, and education programs. Daily transportation is available to and from the center. We look forward to welcoming you to our Senior Center.

WEEKLY ACTIVITIES INCLUDE THE FOLLOWING:

*INDICATES NOT EVERY WEEK. PLEASE CHECK SCHEDULE
 + LUNCHES: INSIDE DINING OR GRAB AND GO. RESERVATION IS REQUIRED.

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAY
9:15 Chair Exercise	9:30 Low Impact Aerobics	9:00 Chair Exercise	9:30 Low Impact Aerobics	9:15 Chair Exercise
10:00 /11:00 Young at Heart Fitness	10:00 Crafts	10:00 /11:00 Young at Heart Fitness / Walk in the park	*10:00 Tinker Treks	*10:00 Book Club
12:00 Lunch+	10:30 Arthritis Exercise	*11:00 Eldersource Counselor	10:30 Mahjong	*11 Standing Strong Exercise
1:00 Cards/Euchre/Hand & Foot	12:00 Lunch+	12:00 Lunch+	*11:15 Tai Chi	1:00 Bocce League/Cornhole League
*Movie & Popcorn	1:00pm Cards & Scrabble	1:00 Gametime/Cards	1:00 Chair Yoga	
		*Stretching Class		

Lunch Club 60

Make your reservation now!
 Monday, Tuesday & Wednesday
 12:00pm
 Dine inside or Grab 'N Go.
 Suggested donation \$3.50



Register now...
Defensive Driving Instruction
 Tuesday, Sept. 24th 9am - 12pm
 Thursday, Sept. 26th 9am - 12pm

Monroe County Senior Services Exposition

October 18, 2024

Speak with:

- * Monroe County Office of the Aging,
- * Lawyers regarding finances, wills, powers of attorney, etc.
- * Insurance Agencies
- * Food Programs
- * Lifespan
- * and more!



Hosted by
 Legislator Michael Yudelson
 with
 County Executive Adam J. Bello



(585) 325-2800

Eldersource can be your single source for information for advice, for advocacy and for support. Eldersource is a team of more than 20 Eldercare professionals. We can help you by providing invaluable information about services by guiding, by advocating and by being there when you need us.



TOWN OF HENRIETTA SENIOR HOUSING FAIR AT THE HENRIETTA SENIOR CENTER

515 Calkins Road
 Henrietta, NY 14467

Friday, September 20
 9am - 12pm

LEARN ABOUT HOUSING
 OPTIONS FOR SENIORS

Representatives from Senior Housing complexes around town will be available to answer questions about current and future housing.



Pancake Breakfast with Santa

Sunday, December 1st
 8:30am

Ticket information coming soon on this fun event!

Save the date!

2024 Events



September 21 Honey Harvest Festival

11:00am - 2:00pm

It's time to harvest some honey! Enjoy live music from Jay Schnitt in the Tinker Barn and The Galileo Band on the Nature Center Patio. Observe cider press demonstrations, enjoy complimentary cider and donuts, and watch live honey extractions. There will be fresh honey available for purchase. Food trucks and ice cream vendors will be available as well.



October 12 Autumn Artisan Market



10:00am - 3:00pm

Join us for the Autumn Artisan Market at Tinker Nature Park! Discover a celebration of local art amidst the beauty of autumn on October 12th from 10am to 3pm. Enjoy a day filled with creativity, community, and the splendor of fall foliage. Don't miss out— mark your calendars and bring your friends!



October 26 Halloween Celebration

6:00pm - 8:30pm

For families with children, preschool-6th grade. Walk down "Trick or Treat" Street, visit the Pumpkin Trail, and see a Victorian Funeral scene. Enjoy cider and donuts with your friends! Register online, starting September 16th, at henrietta.org.



December 6 Evening Christmas Tour

6:00pm - 8:00pm

Enjoy the beauty of a Victorian Christmas at the Tinker Homestead. There will be lantern-led tours of the Tinker Homestead highlighting Victorian Christmas traditions. Registration is required and begins November 1. Maximum group size is limited to 10. Sign up for time slots by calling (585) 359-7044 or emailing naturecenter@henrietta.org.



December 7 Christmas Open House

11:00am - 2:00pm

Tour the Tinker Homestead decorated for the holidays in the Victorian Tradition. At the nature center, kids can make ornaments while they share cookies and cocoa with Santa. Registration is not required. We will be accepting canned goods and other non-perishables for the RH Area Food Terminal.



Please visit henrietta.org and select Tinker Nature Center under the Community tab for information regarding our other classes, staff-led hikes, and more!



Reminder! All through the month of January we will be accepting your live Christmas trees for recycling! Please no bags, strings, or any other debris. We will also be accepting canned goods and other non-perishables for the RH Area Food Terminal.

HOLIDAY LIGHTS AND MAGIC

ACTIVITIES AT
HENRIETTA LIBRARY | HENRIETTA RECREATION CENTER | HENRIETTA SENIOR CENTER



DECEMBER 7, 2024
6:00PM – 8:30PM



Activities include:
Tree Lighting
Visits with Santa

A celebration of holiday traditions around the world
Story time at the Henrietta Library

A magic show at the Henrietta Senior Center
Live music

Shop with local holiday vendors at the Recreation Center

Please dress appropriately for indoor/outdoor activities.

