

PARKS AND RECREATION

Town of
HENRIETTA

605 CALKINS ROAD, HENRIETTA NY
585.359.2540 | www.henriettarec.org

WINTER/SPRING 2025

Registration begins
December 2nd
for residents

December 9th for
non-residents



Saturday Sports and Games
See more information
on page 9!



Town Supervisor

Stephen L. Schultz

Craig C. Eckert, Deputy Town Supervisor

Linda K. Salpini, Director of Finance and Personnel

Henrietta Town Board

M. Rick Page

Joseph D. Bellanca, Jr.

Robert Barley, Jr.

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Parks and Recreation Department

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Henrietta Parks Information

Here at Henrietta Parks & Recreation, we are very fortunate for the support we receive each day from volunteers, sponsors, the Town Board, and our Friends groups. I'd like to recognize just a few of our many wonderful groups and people that help us to provide beautiful parks, fun events, and first-rate programming for our residents.

Just this year, the Department received donations or sponsorships from Abbott's Frozen Custard, All Star Energy – Home Comfort, The American Legion, Bean Travel, McQuaid Jesuit High School, MVP, Reliant Credit Union, RHAFT, Rush-Henrietta Rotary, Summit Federal Credit Union, and Wegmans, as well as several generous private donations. The Town was also the proud recipient of some Boy Scout Eagle projects. We appreciate all that these organizations and individuals do for our community.

It takes many hearts and hands to run our big events and the volunteers always show up. Students from The Youth Asset Team, National Honor Society, Natural Helpers, and more, work at our free community events. They run games, help with crafts, and stay late to help us clean up. Volunteers from the Senior Center serve cookies and lemonade with smiles on their faces. These helpers allow us to add more attractions and activities to our events.

Students in the Rush-Henrietta Life Skills program visit us twice weekly to help with light cleaning and gardening in and around the Recreation Center. Volunteers from School of the Holy Childhood help with clean-up after lunch at the Senior Center and stop by the Rec Center once a week to clean toys and furniture in the preschool rooms. We are grateful to both of these groups for keeping us looking good.

The Parks and Recreation Department is now supported by two separate Friends groups. The Friends of Tinker Nature Park were incorporated in 2001, and their mission is specific to the park, homestead, museum, and Nature Center. Their many volunteers help to keep the grounds looking beautiful, greet visitors, work special events, and give tours of the Homestead. They were a great help at the Eclipse Event this year. The Friends of Henrietta Parks and Recreation, incorporated just this year, support parks projects and recreation programming through fundraising and volunteerism. This year they raised funds to support the Henrietta Gymnastics team and were instrumental in getting the word out about Educator's Grove. Both of these groups are looking for creative and energetic volunteers. To find out how you can become involved, contact the Recreation Department.

The many volunteers that participated in Make a Difference Day on November 2 highlighted the wonderful spirit of volunteerism that exists in Rush and Henrietta. Hundreds of volunteers, including Scout Troops, sports teams, and families, came together to complete over twenty special projects. It was a great day.

Of course, the support of our leadership, including the Parks and Recreation Advisory Board, the Youth Development Advisory Committee, the Town Board, and our NYS elected officials, makes all the difference, at budget time, and year around. We appreciate that they find value in what we do.

In this season of Thanksgiving, we have much to be thankful for. Wishing you all a happy and healthy holiday season.

-Pam Grundman, Director of Parks and Recreation



Recreation Center

Drop-in Activities

Drop-in cost for activities is \$3.00 for residents, \$5.00 for non-residents. (Subject to scheduling changes, refer to online calendar for updated information)

Program	Days	Times	Ages
Sunday 35+ Hoops	Sunday	12:30pm-2:30pm	Adults 30+
Afternoon Pickleball	Monday, Wednesday	10:00am-2:00pm	Adult 18+
Advanced Pickleball	Tuesday	9:00am-12:00pm	Adult 18+
Advanced Pickleball	Thursday	9:00am-12:00pm	Adult 18+
Afternoon Pickleball	Tuesday	12:00pm-3:00pm	Adult 18+
Afternoon Pickleball	Thursday *Beginning January 4th	12:00am-3:00pm	Adult 18+
Evening Pickleball	Thursday	6:15pm-8:45pm	All ages
Table Tennis (free for members)	Sunday	8:30am-10:30am	All ages welcome
Table Tennis (free for members)	Monday, Wednesday	8:30am-1:30pm	All ages welcome

Members who play Pickleball/Drop In Basketball receive discounted rates on multiple visits for drop-in activities. (Not available to non-members)

Visit Pass	Resident Fee/NR Fee
10 Visits	\$20/\$35
20 Visits	\$30/\$50

Membership Admission Policies

- Members sign and agree to adhere to the facility code of conduct indicated on the disclaimer.
- Members will receive a keytag to use for scanning into facility.
- Replacement fee for member keytag is \$5.00 per person. (Scan-in required)
- Members receive free access to walking/running track, table tennis, and open gym times. (Scan-in required)
- Scheduled drop-in activities will require a fee and scan-in.
- Drop-in activity daily cost for members and non-members is \$3.00 for residents, \$5.00 for non-residents.
- Scan-in is not required for pre-registered recreation programs, facility rentals, or special events.
- Individuals under the age of 18 must be signed up by their legal guardian.
- Members under age 14 must be supervised by an adult Henrietta Recreation Member age 18+ while using the facility.
- Open gym is open to Members only at this time. Anyone under the age of 18 years old must have parent or guardian sign for their membership or renewal
- Indoor waiting is not allowed. Spectators are not allowed.



The Henrietta Parks and Recreation staff take photos of our programs and events for promotional use. If you prefer not to have your photo or your child's photo used in promotional materials, please inform the instructor or photographer.

Reservation Fees

Space available for athletic activities.

Room	R-H Youth Sports Fee	Res Fee	Non-Res Fee
Gym 1	\$40 per hr.	\$50 per hr.	\$60 per hr.
Gym 2	\$50 per hr.	\$60 per hr.	\$70 per hr.
Gym 2-A	\$30 per hr.	\$35 per hr.	\$45 per hr.
Gym 2-B	\$30 per hr.	\$35 per hr.	\$45 per hr.
Activity Room	\$30 per hr.	\$35 per hr.	\$45 per hr.
Multipurpose Room 1	\$30 per hr.	\$35 per hr.	\$45 per hr.
Multipurpose Room 2	\$30 per hr.	\$35 per hr.	\$45 per hr.
Batting Tunnel (w/ 2-B)	\$40 per hr.	\$50 per hr.	\$60 per hr.
Pickleball Court (Available for rental on Fridays from 10am-2pm)	\$15 per hr.	\$15 per hr.	\$15 per hr.

Membership Type	Resident Annual Fee	Non-Resident Annual Fee
Adult (14-59)	\$10.00	\$40.00*
Senior (60+)	FREE	\$20.00
Youth (0-4)	FREE	FREE
Youth (5-13)	\$5.00	\$20.00
Veteran	FREE	\$20.00

**A discount of \$10 per year is available for Non-Resident Adults (14-59) who reside in the R-H school district or whose employers are members in the Henrietta Chamber of Commerce.*

General Information

PARKS AND RECREATION ADVISORY BOARD

The Purpose of the Henrietta Parks and Recreation Advisory Board is to advise and assist the Town Board in the preparation of plans and programs for carrying out the functions of the Parks and Recreation Department. The Board also reviews plans and proposals for the acquisition and development of parks and recreation facilities and may be referred to make such recommendations to the Town Board through the Director of Parks and Recreation in connection therewith as deemed appropriate.

CURRENT MEMBERS

Gary Junge, Chair	Michael Condello
David Moriarty, Vice Chair	Michael Davis
Barbara Christensen	Mary Ellen Liss
Patrick Irving	Aaron Lehman
Eric Ober	Diana Keating
Susan Burke	Robert Schoener

YOUTH DEVELOPMENT ADVISORY COMMITTEE

Mission: To improve the quality of life for Henrietta youth and families through planning, advocacy, networking and programming.

CURRENT MEMBERS

Dr. Jesse Redlo, Chair	Kaylee Duda, Youth Rep
Lacresha Scott, Vice Chair	Simra Hamad, Youth Rep
Albert Barrett	Judith Harrell, Youth Rep
Barbara Christensen	Sybil Monteiro, Youth Rep
Bhim Dhakal	Saraby Satheeshkumar, Youth Rep
Marianne Gocker	Shiloh Arthmann, School Board Liasion
Lacresha Scott	Laura Dingman, Library Liasion
Harmony Sefranek	Joe Bellanca, Jr., Town Board Liasion
Bridget Bartholomay	Anita Tichacek, Recreation Liasion
Oluwakunmi Olansoye	

Friends of Henrietta Parks and Recreation

Our mission is to enrich, encourage, and promote fundraising activities to supplement the cost of specific public recreation programs, parks, facilities, and services for the Town of Henrietta. We will work together to welcome and recruit volunteers from the community to participate, advocate for and support the programs and facilities that will help create a happy and healthy community where our residents can live, work, and play.

Michael Condello, President	Howard Ressel
John Sercu, Vice President	Brooke Duryea
Rachel Cornmire, Treasurer	Mary McGohan
Nicki Whaley, Secretary	Pam Grundman
	Jackie Kitto

Safe Place

The Recreation Center is a designated "Safe Place" and is one of nearly 300 stationary and mobile sites throughout Monroe County. Safe Place is a national outreach program assisting youth who are experiencing a crisis situation. In crisis, youth can go to a Safe Place location to access immediate help and services from Center for Youth professionals. For more information about Safe Place and The Center for Youth please visit www.centerforyouth.net or call (585) 473-2464.



HENRIETTA RECREATION DEPARTMENT POLICIES

The Recreation Department reserves the right to cancel or change any program due to low enrollment and may limit the size of any program. Additionally, any program may be cancelled or postponed due to unforeseen conditions which may directly impact the quality or safety of the program. Classes missed because of illness, travel conflicts or personal reasons cannot be made up.

WEATHER RELATED PROGRAM CANCELLATIONS

If the Rush-Henrietta School District is closed due to inclement weather conditions, ALL Henrietta Recreation Programs that are located in a SCHOOL FACILITY are also CANCELLED. If Rush-Henrietta schools close early due to inclement weather conditions, then Recreation Programs scheduled in the schools are also cancelled. For Henrietta Recreation programs that are NOT located in a Rush-Henrietta School District Facility, please call the Henrietta Recreation Department (585) 359-2540 or the weather information line at 585-234-1042 for daily updates regarding program cancellations. When possible, program cancellation information will be communicated to local media.

Classes cancelled due to weather or unforeseen circumstances are not eligible for a credit or refund. If possible, make-ups will be scheduled.

REFUND POLICY

Refunds are available as noted below unless otherwise stated in the program description. All refund requests must be submitted to the Henrietta Recreation office in person or by phone. A check will be issued in approximately 2 to 3 weeks. The processing fee for all refunds is \$10

- If a program is cancelled by the Town = FULL REFUND
- MEDICAL REFUND must be accompanied by note from physician. Refund will be prorated from date of injury/accident.
- You may withdraw from a program prior to the start date. Full refund will be granted minus a \$10 processing fee.
- If you withdraw from a program during the FIRST HALF of the program, you will receive a refund of (50%) of the program cost minus a \$10 processing fee.
- REFUNDS WILL NOT be given for missed classes for any (NON-MEDICAL) reasons to anyone who registers for a program but does not attend.
- Once a program has ended REFUNDS WILL NOT be given for any reason.
- Cabin refunds MUST BE AT LEAST TWO WEEKS PRIOR to the date reserved or NO refund will be given. There will be a \$10 processing fee.

FOR YOUR INFORMATION

The following popular programs are NOT run by the Town of Henrietta. You may contact them directly for program information.

R-H CONTINUING EDUCATION
Cub Care, Swim Lessons and more!
rhnet.org • (585) 359-7805

R-H ATHLETIC ASSOCIATION
(Baseball/Softball)
www.rhaa.net
Information Line (585) 234-5650

R-H SOCCER CLUB
www.rhsoccer.org • (585) 234-0245

R-H LACROSSE CLUB
Boys & Girls Lacrosse: www.rhlax.com

R-H YOUTH SPORTS ASSOCIATION
R-H Renegades Football & Cheer
R-H Renegades Boys & Girls Basketball
R-H Wrestling
www.rhysa.org • (585)270-0914

Henrietta Parks Information

VETERANS MEMORIAL PARK, 595 Calkins Road

This park has many recreational facilities available to the public including the Henrietta Recreation Center, Senior Center, amphitheater, 3 playgrounds, softball and soccer fields, Roberts and Bushman cabins, picnic pavilions, outdoor restrooms, basketball and tennis courts, and a walking trail that connects to the Lehigh Valley Trail.

MARTIN ROAD PARK, 1344 Martin Road

Features a large playground, Buyck pavilion, outdoor restroom, soccer fields, kick wall, tennis courts, and catch and release fishing pond.

LOOKUP PARK, 3850 East Henrietta Road

Amenities include Baldwin Cabin, a 9-hole disc golf short course, golf driving range and dog park. The dog park is self-monitored and is part of the Monroe County Dog Park system. An annual fee will allow you access to dog parks at Lookup Park, Ellison Park, Greece Canal Park, Pittsford Dog Park and Sweden Park. Registration for the dog park is required and can be done at the Henrietta Town Clerk's Office. The golf driving range is operated by the Henrietta Foundation. For hours and additional information regarding the driving range call (585) 334-1300.

BREESE PARK, 108 Westcombe Park

This park features beautiful views of the Genesee River and has an accessible stone dust trail that runs alongside the river. The property is home to many types of wild animals and beautiful plants such as bluebell and trillium flowers, native ferns, mushrooms, black walnut trees, etc. Eagle Scout projects such as a pedestrian walking bridge, kiosk, and wildlife observation blind have been completed here. The newly added Breese Park Play and Fitness trail opened in November 2021.

TINKER NATURE PARK, 1525 Calkins Road

Amenities include the Hansen Nature Center, Tinker Homestead and Farm Museum, Tyler Pavilion, small playground, volleyball court, 2 miles of hiking trails with wetland boardwalks, small amphitheater, gazebo overlooking pond, and the Community Garden Program (registration required). *Please note that dogs are strictly prohibited at Tinker Nature Park

CABIN / PAVILION RESERVATIONS AND FEES

Bushman Cabin, Roberts Cabin, Baldwin Cabin, and pavilions (Tyler, Buyck, Stevens, and Chase) are available to reserve. All cabins are heated and air conditioned and include restrooms, kitchens with oven/stove, refrigerator, sink, and tables with seating for approximately 50-100 people. Cabins and pavilions are available for use from 10:00am to 10:00pm, with the exception of Buyck and Tyler Pavilions, which are available until dusk. Henrietta residents can reserve cabins and pavilions up to 365 days in advance, non-residents up to 335 days in advance.

Reservations must be made in person at the Henrietta Recreation Center or by request online. To make a reservation request online please visit henriettarec.org. A \$100 cleaning deposit in the form of a check is due upon key-pickup for all cabins and Tyler Pavilion. If the facility is left in its original condition, key is returned and rules are followed, your check will be returned to you by mail. For more information on these and additional town park properties, please visit our website at www.henrietta.org.



Cabin Reservation Fees

Facility	Resident Daily Fee	Non-Resident Daily Fee
Roberts Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Bushman Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Baldwin Cabin at Lookup Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Chase & Tyler Pavilion	\$25	\$50
Stevens & Buyck Pavilion	\$50	\$75

Preschool Programs

PRESCHOOL PLAYGROUP



PRESCHOOL PLAYGROUP

Preschool Playgroup is a structured program that encourages social development through play and educational activities. Children learn to play together in a supervised environment by participating in games, projects, songs, and arts & crafts. Location: Henrietta Recreation Center

You may only register for one preschool playgroup class. You may register your child for a second Preschool Playgroup class one week prior to the program starting, if space is available.

PRESCHOOL PLAYGROUP WINTER

Location: Henrietta Recreation Center. (Registration begins 12/2/24 for Henrietta Residents and 12/9/24 for Non-Residents)

Instructor	Age	Day	Time	Fee Res/NR
Ms. Caitlin	2.5-3yr	Monday & Tuesday Jan. 27- March 25 *No program Feb. 17 & 18	9:15am-11:45am	\$275/\$316
Ms. Caitlin	3-5yr	Wednesday & Friday Jan. 29 - March 28 *No program Feb. 19 & 21	9:15am-12:15pm	\$275/\$316
Ms. Anita	3-5yr	Thursday Jan. 30 -March 27 *No program Feb. 20	9:15am-12:15pm	\$139/\$159

PRESCHOOL PLAYGROUP SPRING SESSION

Location: Henrietta Recreation Center. (Registration begins 3/10/25 for Henrietta Residents and 3/17/25 for Non-Residents)

Instructor	Age	Day	Time	Fee Res/NR
Ms. Caitlin	2.5-3yr	Monday & Tuesday March 31 - June 3 *No program April 14, April 15, May 26	9:15am-11:45am	\$292/\$335
Ms. Caitlin	3-5yr	Wednesday & Friday April 2 - June 6 *No program April 16, April 18	9:15am-12:15pm	\$309/\$355
Ms. Anita	3-5yr	Thursday April 3- June 5 *No program April 17	9:15am-12:15pm	\$155/\$178

PRESCHOOL OPEN GYM

Preschool Open Gym gives children a chance for supervised play using a wide variety of equipment!

Location: Henrietta Recreation Center, Gymnastics Area

PRESCHOOL OPEN GYM WINTER SESSION

(Registration begins 12/2/24 for Residents, 12/9/24 for Non Residents)



Age	Day	Time	Fee Res/NR
18 months- 2yrs with parent/guardian	Wednesday February 5- April 2 *No program Feb. 19	9:30am-10:15am	\$48/\$58
2yrs-4yrs with parent/guardian	Wednesday February 5- April 2 *No program Feb. 19	10:45am-11:30am	\$48/\$58
2yrs-4yrs with parent/guardian	Thursday February 6 - April 3 *No program Feb. 20	9:30am-10:15am	\$48/\$58
2yrs-4yrs with parent/guardian	Thursday February 6 - April 3 *No program Feb. 20	10:45am-11:30am	\$48/\$58

PRESCHOOL OPEN GYM SPRING SESSION

(Registration begins 3/10/25 for Residents, 3/17/25 for Non Residents)

Age	Day	Time	Fee Res/NR
18 months- 2yrs with parent/guardian	Wednesday April 23 - June 11	9:30am-10:15am	\$48/\$58
2yrs-4yrs with parent/guardian	Wednesday April 23 - June 11	10:45am-11:30am	\$48/\$58
2yrs-4yrs with parent/guardian	Thursday April 24 - June 12	9:30am-10:15am	\$48/\$58
2yrs-4yrs with parent/guardian	Thursday April 24 - June 12	10:45am-11:30am	\$48/\$58

SCOOT, SLIDE, SCORE! GYM TIME WITH PARENT

Join us for open gym time where your child can run, jump, ride and scoot! The gym will be set up with various ride-ons, scooters, and sports equipment.

All equipment will be age appropriate.

Children must be supervised while playing in the gym. *All in attendance must have a membership.*



Age	Day	Time	Fee
18 months- 6yrs	Monday - Thursday *No program February 17-21, and April 14-18, May 26	10:00am-12:00pm	Free to Members

Preschool Programs



ONCE UPON A PLAYTIME



Step into 'Once Upon A Playtime', where caregivers and little ones share the magic of stories together! Each week, we'll explore a captivating story that sparks curiosity and wonder. Caregivers join in on the fun as we create a them-related craft inspired by our story. Then, it's time to play with interactive activities designed for development and socializing with friends. Instructor: Ms. Missy

Age	Day	Time	Fee Res/NR
2-3yrs with caregiver	Friday January 1 - February 28 *No program Jan. 24, Feb. 21	11:00am-12:30pm	\$90/\$104

MUSIC AND MOVEMENT

Children, with adults spend time exploring instruments, sing songs and gain sensory experiences with Miss Missy. Location: Henrietta Recreation Center, Activity Room

Class	Age	Day/Room	Time	Fee Res/ NR
Winter Session	1 - 3yrs with parent	Friday January 1 - February 28 *No program Jan. 24, Feb. 21	10:00am-10:30am	\$55/\$65

Spring Session	1 - 3yrs with parent	Friday March 7 - April 11	10:00am-10:30am	\$55/\$65
Late Spring Session	1-3yrs with parent	Friday April 25 - May 30	10:00am-10:30am	\$55/\$65

WINTER FUN AND VALENTINES

Share some fun with your preschooler doing a variety of art projects. Crafts are based on the winter season and Valentine's Day. Storytime and a snack are included. Take home a packet of themed coloring sheets and projects. *Please bring a smock. Location: Henrietta Recreation Center



Age	Date	Time	Fee Res/NR
2-5yrs with parent	Saturday, February 1	9:30am -11:00am	\$12/\$17
2-5yrs with parent	Saturday, February 1	11:30am -1:00pm	\$12/\$17

BUTTERFLIES & BUNNIES

Share some fun with your preschooler doing a variety of art projects. Crafts are based on the spring season and Easter. Storytime and a snack are included. Take home a packet of themed coloring sheets and projects. *Please bring a smock. Location: Henrietta Recreation Center



Age	Day/Room	Time	Fee Res/NR
2-5yrs with parent	Saturday, April 5	9:30am -11:00am	\$12/\$17
2-5yrs with parent	Saturday, April 5	11:30am - 1:00pm	\$12/\$17

HERE COMES SUMMER!

Share some fun with your preschooler doing a variety of art projects. Crafts are based on summer fun. Storytime and a snack are included. Take home a packet of coloring sheets and projects. *Please bring smock. Location: Henrietta Recreation Center



Age	Day	Time	Fee Res/NR
2-5 yrs with Parent	Saturday, May 3	9:30am-11:00am	\$12/\$17
2-5yrs with Parent	Saturday, May 3	11:30am -1:00pm	\$12/\$17

STORY TIME YOGA

Navigating through books and activities that help us with coordination, mindfulness, kindness and connection all while having fun! Instructor: Kayla Sorenson Egresi. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
4-6yrs	Tuesday Jan. 7 - Feb. 11	5:30pm-6:00pm	\$38/\$48
4-6yrs	Tuesday Feb. 25 - April 1	5:30pm-6:00pm	\$38/\$48
4-6yrs	Tuesday April 15 - May 20	5:30pm-6:00pm	\$38/\$48

SOCCER SHOTS

Soccer Shots is a national program that teaches soccer using creative games. Sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.



SOCCER SHOTS WINTER SESSION

Location: Henrietta Recreation Center, Gym 2B

Age	Day	Time	Fee Res/NR
2yr old with parent	Tuesday, January 14-March 11	4:40pm-5:10pm	\$145/\$165
3-4yrs old	Tuesday, January 14-March 11	5:15pm-6:05pm	\$145/\$165
5-7yrs old	Tuesday, January 14-March 11	6:05pm-6:50pm	\$145/\$165

SOCCER SHOTS SPRING SESSION

Location: Soccer Field Behind Bushman Cabin, Veterans Memorial Park (Registration begins 3/10/25 for Henrietta Residents and 3/17/25 for Non-Residents)

Age	Day	Time	Fee Res/NR
2yrs old with parent	Tuesday, April 22-June 10	4:40pm-5:10pm	\$140/\$161
3-4yrs old	Tuesday, April 22-June 10	5:15pm-6:05pm	\$140/\$161
3-4 yrs old	Tuesday, April 22 - June 10	6:05pm-6:50pm	\$140/\$161
5-7yrs old	Tuesday, April 22-June 10	5:15pm-6:05pm	\$140/\$161
5-7yrs old	Tuesday, April 22- June 10	6:05pm-6:55pm	\$140/\$161

Youth Sports Programs

INDOOR FLAG FOOTBALL

Back by popular demand is our Indoor Flag Football League. Evaluations will occur on January 25, 2025 where we will create teams for games starting on February 1st. We will only accommodate team requests for siblings, **NO EXCEPTIONS**. A welcome email will be provided with evaluation times as we approach the start date. Location: Henrietta Recreation Center, Gym 2



New this year! Program is now a proud partner of the NFL Flag community. Each player will receive an official NFL reversible flag jersey. Participants may also purchase additional NFL trademarked swag to match their jersey.



Age	Day	Time	Fee Res/NR
9yrs-10yrs Division	Saturday January 25-April 12 *No program February 22,	Games will be between 8:30am-1:30pm. *Full schedule will be provided prior to the start of the season	\$115/\$132
11yrs-12yr Division	March 8		

QUICKBALL

USA Quickball is literally "Quick Baseball" - a national youth sports program designed to strengthen diamond skills through fast paced play, modified equipment and an innovative "baseball smart" curriculum! Emphasizing teamwork, skill development and hustle - Quickball is continuing to build a bridge to better baseball. Location: Henrietta Recreation Center, Gym.



Age	Day	Time	Fee Res/NR
8-12yrs	Friday February 21	6:00pm-8:00pm	\$15/\$25

INDOOR BASEBALL SKILLS

This program will work on base running, fielding and batting so you can be sharp for your Spring/Summer season! Location: Henrietta Recreation Center, Gym.



Age	Day	Time	Fee Res/NR
6-13yrs	Friday Jan. 17 - March 14 *No program Feb. 21	6:00pm-7:30pm	\$60/\$70

MATBALL

Kids will love the fast-paced competition of Matball! Round the big bases over to the Recreation Center to sign up! Sneakers are required for all participants. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
7-12yrs	Wednesday March 19 - May 14 *No program April 16	6:00pm-7:30pm	\$40/\$50

YOUTH INDOOR SOCCER

This program is designed for youth ages 6 to 11 years of age. It includes fundamentals and strategies of soccer while providing the opportunity for scrimmage play. Location: Henrietta Recreation Center, Gym



WINTER SESSION

Age	Day	Time	Fee Res/NR
6-8 yrs old	Wednesday January 15-February 26	5:45pm-7:00pm	\$70/\$81
9-11 yrs old	Wednesday January 15-February 26	7:15pm-8:30pm	\$70/\$81

SPRING SESSION

Age	Day	Time	Fee Res/NR
6-8 yrs old	Wednesday March 12-April 23	5:45pm-7:00pm	\$70/\$81
9-11 yrs old	Wednesday March 12- April 23	7:15pm-8:30pm	\$70/\$81

LITTLE DRIBBLERS

This program will teach the basics of basketball while giving youth the opportunity to improve motor skills and overall fitness. Location: Henrietta Recreation Center, Gym 2A



Age	Day	Time	Fee Res/NR
6-7yrs	Tuesdays February 4 - March 4	5:30pm-6:45pm	\$65/\$75

YOUTH BASKETBALL

This program will work on the fundamentals of basketball including skill development and basic basketball principles. Scrimmage play will also occur. Location: Henrietta Recreation Center, Gym



Age	Day	Time	Fee Res/NR
8-12yrs	Wednesday February 5 - March 12	6:00pm-7:15pm	\$75/\$86

FRIDAY FLOOR HOCKEY

Skate over to the Recreation Center for an afternoon of floor hockey. Eye wear and sticks will be provided. *Sneakers required. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-11yrs	Friday March 21- May 16 *No program April 18	6:00pm-7:30pm	\$55/\$65

Youth Sports Programs

SATURDAY SPORTS AND GAMES

Join us for an afternoon of fun while we engage in a variety of different sports. Gaga ball, dodgeball and many more games will be played to get the kids moving during the winter months! All participants must wear sneakers. Location: 605 Calkins Road, Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
6-11 yrs old Session 1	Saturday March 1 - April 5 *No program March 8	2:00pm-4:00pm	\$35/\$45
6-11 yrs old Session 2	Saturday April 26 - June 7 *No program May 24	2:00pm-4:00pm	\$40/\$50



HOMESCHOOL SPORTS AND GAMES

Join us for an afternoon of fun while we engage in a variety of different sports. Gaga ball, dodgeball and many more games will be played. All participants must wear sneakers. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-11 yrs old Session 1	Tuesday January 28 - March 11 *No program Feb. 18	1:00pm-2:30pm	\$35/\$45
6-11 yrs old Session 2	Tuesday March 18 - April 22 *No program April 15	1:00pm-2:30pm	\$30/\$40
6-11 yrs old Session 3	Tuesday April 29 - June 3	1:00pm-2:30pm	\$35/\$45

ROCHESTER FENCING CLUB -FIT KIDS

Calling all Mini Musketeers: come play pirate and other fun games in this safe introduction to the sport of fencing. Start with warm up, obstacle courses and skill building activities to develop focus, agility, balance and eye/hand coordination. New skills are practiced one-on-one with the coach. Geared for the short attention span of little ones. Due to USA fencing regulations, please bring \$10 to your first class to be registered with USA Fencing. Sneakers required. Location: Rochester Fencing Club, 3335 Brighton Henrietta Town Line Rd.

Age	Day	Time	Fee Res/NR
5-7 yrs old Session 1	Wednesday February 5 -February 26	4:00pm-4:45pm	\$70/\$81
5-7 yrs old Session 2	Wednesday March 5 - March 26	4:00pm-4:45pm	\$70/\$81

Youth Programs

MARTIAL ARTS

The Town of Henrietta offers Martial Arts instruction for youth age 5 to adult. The style used is Chito-ryu with a mix in Judo and Aikido as well as other styles of Karate. Location: Henrietta Recreation Center, Gym 2A



WINTER SESSION

Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tuesday January 7-February 11	5:30pm-6:30pm	\$42/\$52
Jr. Yellow	5yrs & Up	Tuesday January 7-February 11	5:30pm-7:00pm	\$63/\$73
Jr. Yellow Belt- Jr. Brown Belt	5yr & Up	Thursday January 2-February 13	6:00pm-7:30pm	\$74/\$84
Advanced, Senior Ranks	Advanced	Thursday January 2-February 13	7:30pm-8:45pm	\$74/\$84

SPRING SESSION

Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tuesday February 25- April 8	5:30pm-6:30pm	\$49/\$59
Jr. Yellow	5yrs & Up	Tuesday February 25- April 8	5:30pm-7:00pm	\$74/\$85
Jr. Yellow Belt- Jr. Brown Belt	5yr & Up	Thursday February 27-April 10	6:00pm-7:30pm	\$74/\$85
Advanced, Senior Ranks	Advanced	Thursday February 27-April 10	7:30pm-8:45pm	\$74/\$85

LATE SPRING SESSION

(Registration begins 3/10/25 for Henrietta Residents and 3/17/25 for Non-Residents)

Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tuesday April 22- June 10	5:30pm-6:30pm	\$56/\$66
Jr. Yellow	5yrs & Up	Tuesday April 22-June 10	5:30pm-7:00pm	\$84/\$97
Jr. Yellow Belt- Jr. Brown Belt	5yr & Up	Thursday April 24 - June 12	6:00pm-7:30pm	\$84/\$97
Advanced, Senior Ranks	Advanced	Thursday April 24 - June 12	7:30pm-8:45pm	\$84/\$97

VOLLEYBALL FOR TEENS

This coed volleyball is geared toward high school aged players who enjoy competitive recreational play. There is no formal instruction so some knowledge and experience is required. Players should possess intermediate level volleyball skills. When necessary, rotation of extra player will be used. Location: Henrietta Recreation Center, Gym 2



Age	Day	Time	Fee Res/NR
13yrs-18yrs	Friday May 23 - June 20	6:30pm-8:00pm	\$45/\$55

Youth & Sports Programs

NERF WARS!

Battle with friends in an afternoon of sweat, glory and foam darts! Feel Free to bring your own Nerf guns, but please make sure it is labeled with your name. Must wear sneakers. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-8yrs	Saturday January 18 -February 15	2:00pm-4:00pm Gym 1	\$55/\$65
9-11yrs	Saturday January 18 -February 15	2:00pm-4:00pm Gym 2	\$55/\$65

YOUTH TENNIS

These lessons will teach basic strokes and put participants into drills and games that will show tennis can be fun!



Session	Location	Age	Day	Time	Fee Res/NR
Winter	Henrietta Recreation, Gym 1	5yrs-13yrs	Thursday Feb.27- April 10	5:00pm - 6:00pm	\$75/\$85
Spring	Veterans Memorial Park, Tennis Courts	5yrs-13yrs	Thursday May 1-June 12	5:00pm - 6:00pm	\$75/\$85

NINTENDO CLUB

If you are a gamer kid, we have something for you! Play Super Smash Bros., Rocket League and more. Share your love of gaming with friends! Location: Henrietta Recreation Center, MP1

Age	Date	Time	Fee Res/NR
7-12yrs	Thursday January 30 - March 27 *No program Feb. 20	6:00pm-7:30pm	\$20/\$25
7-12yrs	Thursday April 24 - June 12	6:00pm-7:30pm	\$20/\$25

LEGO MASTER LEAGUE

Enjoy Friday evenings showing off your imagination and creativity with Legos! Location: Henrietta Recreation Center, Activity Room



Age	Date	Time	Fee Res/NR
6-11yrs	Friday January 24 - March 7 *No program Feb. 21	6:00pm - 7:30pm	\$30/\$40
6-11yrs	Friday April 25 - May 30	6:00pm - 7:30pm	\$30/\$40

D'OH! HOMER'S DONUT PARTY

Compete with friends in Simpson's themed games and donut decorating. Prizes will be awarded for the most delectable creations. Mmmmm, donuts. Location: Henrietta Recreation Center, Multipurpose Room 1



Age	Date	Time	Fee Res/NR
5-12yrs	Saturday April 12	2:00pm-4:00pm	\$12/\$15

SPORTS TRIVIA

Test your sports knowledge! Come alone or with a team. Registration is required for each participant. Snacks are provided. Location: Henrietta Recreation Center, MP1



Age	Date	Time	Fee Res/NR
All Ages	Saturday May 24	2:00pm-3:30pm	\$12/\$15 Per participant

CREATIVE PAINTING AND DRAWING

Painting and drawing using creative techniques and a variety of materials, each class will be a unique project with a focus on natural materials and drawing inspiration from nature. Each class the students will be inspired to be creative and build color and composition techniques and to have fun while creating art. Materials are included. Instructor: Certified Art Teacher, Mrs. Socola. Location: Recreation Center



Age	Date	Time	Fee Res/NR
7-12yrs	Saturday Spring March 8 & March 15	3:45pm-4:45pm	\$50/\$60
7-12yrs	Saturday Late Spring June 7 & June 14	3:45pm-4:45pm	\$50/\$60

BARBIES BIRTHDAY BASH

Think pink! Wear pink! Bring your favorite Barbie doll with you and come celebrate on her actual birthday. Come on Barbie, let's go party! Location: Recreation Center, Activity Room



Age	Date	Time	Fee Res/NR
6-10 yrs	Saturday March 8	1:30pm-2:30pm	\$12/\$16

GRANDMA, MOMMY AND ME PRINCESS TEA PARTY

Celebrate Mother's Day with a fun "tea party". We will serve lemonade in tea cups as well as mini snacks. Enjoy making a special craft together, make a special princess accessory and play some fun tea party games! Be sure to wear your princess attire. Bring mom, grandma or any other special adult! Sign up for one party time with your royal family. Location: Henrietta Recreation Center



Age	Date	Time	Fee
3-9yrs *with guest (s)	Saturday April 26	10:30am-11:30am	\$8 per person
3-9yrs *with guest(s)	Saturday April 26	12:30pm -1:30pm	\$8 per person

Youth & Sports Programs

DANCE

Classes will be held at the Henrietta Recreation Center. Parents may observe on the last day of each session and students will have optional performance opportunities through Visions Dance Studio, Inc. (visionsdancestudio.com). All students should have hair pulled neatly away from the face. A water bottle is also recommended.

Preschool Dance Adventures! (Ballet/Tap/Creative Dance) 3-5yrs

This class emphasizes Ballet and Tap basics with creative lesson plans. No experience is necessary. Students will need a leotard and tights (any color), ballet slippers and tap shoes. Boys should wear a t-shirt and shorts (or stretch pants), ballet slippers and tap shoes. *Winter Session- No classes February 19 & 20*

Session	Age	Day	Time	Fee Res/NR
Winter	3-5yrs	Wednesday Jan. 8 - March 5	5:30pm-6:15pm	\$80/\$90
Winter	3-5yrs	Saturday Jan. 11 - March 8	9:00am-9:45am	\$80/\$90
Spring	3-5yrs	Wednesday March 12 - May 7	5:30pm-6:15pm	\$80/\$90
Spring	3-5yrs	Saturday March 15 - May 10	9:00am-9:45am	\$80/\$90
Late Spring	3-5yrs	Wednesday May 14 - June 11	5:30pm-6:15pm	\$50/\$60
Late Spring	3-5yrs	Saturday May 17 - June 14	9:00am-9:45am	\$50/\$60

Dance Adventures! (Ballet/Tap/Jazz) 5-7yrs

This class emphasizes Ballet, Jazz and Tap basics with Creative lesson plans. No experience is necessary. Students will need a leotard and tights (any color), ballet slippers and tap shoes. Boys should wear a t-shirt and shorts (or stretch pants), ballet slippers and tap shoes.

Session	Age	Day	Time	Fee Res/NR
Winter	5-7yrs	Wednesday Jan. 8 - March 5	6:15pm-7:00pm	\$80/\$90
Winter	5-7yrs	Saturday Jan. 11 - March 8	9:45am-10:30am	\$80/\$90
Spring	5-7yrs	Wednesday March 12 - May 7	6:15pm-7:00pm	\$80/\$90
Spring	5-7yrs	Saturday March 15 - May 10	9:45am -10:30am	\$80/\$90

Hip Hop Dance Party! 5-8yrs

This class emphasizes basic Hip Hop and Jazz technique. No experience is necessary. Students will need comfortable stretchy clothing and clean sneakers.

Session	Age	Day	Time	Fee Res/NR
Winter	5-8yrs	Wednesday Jan. 8 - March 5	7:00pm-7:45pm	\$80/\$90
Winter	5-8yrs	Saturday Jan. 11 - March 8	10:30am-11:15am	\$80/\$90
Spring	5-8yrs	Wednesday March 12 - May 7	7:00pm-7:45pm	\$80/\$90
Spring	5-8yrs	Saturday March 15 - May 10	10:30am-11:15am	\$80/\$90

SPONGEBOB PARTY

Do you love Spongebob Squarepants? Come and play different Spongebob activities, trivia, snacks and participate in Spongebob games. Location: Henrietta Recreation Center, Activity Room



Age	Date	Time	Fee Res/NR
6-12yrs	Saturday April 19	2:00pm-4:00pm	\$14/\$19

EPIC TRAINING FOR KIDS: HOME ALONE

This instructor led 2-hour class is for boys and girls ages 7-13yrs. Supplemented by a video presentation and group activities; participants will learn the importance of behaving responsibly when home alone. Topics include, but are not limited to: basic first aid, what to do when a stranger comes to the door, answering the phone, internet safety and how to react during a various home emergency such as a power outage or fire. Knowing when your child is ready to stay home alone is a difficult decision and preparation can make the transition much easier for you & your child the roles and responsibilities. Location: Henrietta Recreation Center.



Age	Day	Time	Fee Res/NR
7-13yrs	Monday, Jan. 29	9:00am-10:30am	\$46/\$56
7-13yrs	Saturday, March 15	9:00am - 10:30am	\$46/\$56

EPIC TRAINING FOR KIDS: BABYSITTER'S TRAINING

This instructor lead 5 hour class is supplemented by a video presentation, lecture and group activities. Participants will learn the roles and responsibilities of a babysitter including skills in: the business of babysitting, accident prevention, first aid, care of choking victims and the ages and stages of children. Each student will receive a PDF materials to print prior to the session. Certification card issued upon completion. Location: Henrietta Recreation Center.



Age	Day	Time	Fee Res/NR
11-15yrs	Monday, Jan. 29	10:30am-3:00pm	\$75/\$86
11-15yrs	Saturday, March 15	9:00am -10:30am	\$75/\$86

EPIC TRAINING FOR KIDS: FIRST AID FOR KIDS

Our team of current or retired medical staff will instruct boys and girls in the skills of Basic First Aid. Supplemented by a video presentation and group activities; participants will learn skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains and breaks, and treatment for heat and cold emergencies. Also addressed are several common medical emergencies found in schools today such as: food allergies, diabetes, seizures, and asthma. This 90 minute course meets requirements for several boy/girl scout badges. Location: Henrietta Recreation Center.

Age	Day	Time	Fee Res/NR
8-14yrs	Tuesday, February 4	6:00pm-7:30pm	\$40/\$50
8-14yrs	Wednesday, April 9	6:00pm -7:30pm	\$40/\$50

PLEASE NOTE: Program information in this brochure is Subject to change. Please call the office or check our website for updated information prior to registering.

CARTOON AND CREATIONS: CRAFT TIME WITH PARENT

Bring your youngster for a morning of games, crafting and cartoons!

Children must be supervised *Free to members. All in attendance must have a membership.*

Age	Day -Tuesdays	Time	Fee
6yrs and Under	Jan. 14 - Frozen	9:30am-11:30am	Free to Members
	Feb. 4 - Inside Out 2		
	March 4 - Moana		
	April 8 -Cars		
	May 6 -Bluey		
	June 10 - Sesame Street		

Recess PROGRAMS



FEBRUARY BREAK WEEK MORNING FUN CAMP

Join us for a morning full of fun and activities. Try our walking track, play games with your friends, shoot some hoops, enjoy crafts and more! Snack included. Location: Henrietta Recreation Center, Multipurpose Room 1 & 2 and Gym 2

Age	Day	Time	Fee Res/NR
Grades Kindergarten-6th	Tuesday-Friday	9:00am-12:00pm	\$40/\$50
	Feb. 18 -Feb. 21		

FEBRUARY BREAK WEEK AFTERNOON CAMP

Looking for something for your kids to do during February break? We are offering 2 days of field trips and 2 days of activities planned and supervised by the Recreation Staff. Bring a bag lunch and a drink. Location: Henrietta Recreation Center, Multipurpose Room 1 & 2 and Gym 2

Age	Day	Time	Fee Res/NR
Grades Kindergarten-6th	Tuesday-Friday	12:00pm-6:00pm	\$70/\$80
	February 18 - Feb. 21		

SPRING RECESS MORNING FUN CAMP

Join us for a morning full of fun and activities! Try our walking track, play games with your friends, shoot some hoops, enjoy crafts and more! Location: Henrietta Recreation Center, Multipurpose Room 1 & 2 and Gym 2

Age	Day	Time	Fee Res/NR
Grades Kindergarten-6th	Monday-Thursday	9:00am-12:00pm	\$40/\$50
	April 14 -April 17		

SPRING RECESS PROGRAM

Looking for something for your kids to do during Spring break? We are offering 2 days of field trips and 2 days of fun activities planned and supervised by the Recreation Staff. See program flyer or henrietta.org for trip details. Bring a bag lunch and a drink. Location: Henrietta Recreation Center, Multipurpose Room 1 & 2 and Gym 2

Age	Day	Time	Fee Res/NR
Grades Kindergarten-6th	Monday-Thursday	12:00-6:00pm	\$70/\$80
	April 14-April 17		

Birthday party packages at the Henrietta Recreation Center!



Choose from three fun party packages for your special day!

Gaga Ball, Gymnastics, or Ninja Warrior

Each package also includes two hours in the party room to play, eat and celebrate with family and friends. Sunday afternoons 2:30pm - 4:30pm for up to 12 kids. \$220 for Residents/\$250 For Non-Residents.

All party guests also receive a Henrietta Recreation water bottle filled with candy and prizes as their special gift. Call (585) 444-2208 for more information or reservations.



Henrietta Youth Asset Team

For: Grades 6th-12th
Where: Henrietta Senior Center
515 Calkins Road
Time: 6:00pm-7:30pm

The Town of Henrietta welcomes teen involvement. Join us in team building activities, leadership training, community and town volunteer experiences. Have fun and make new friends while making a difference in your community.

Volunteer Opportunities

- Martin Luther King Celebration
- Town of Henrietta Valentine's Day Dance
- Town of Henrietta Easter Egg Hunt
- Community Wellness Fair
- Henrietta Memorial Day Parade
- Kicking Hunger 5K Run/Walk
- And more....



Meeting Dates
Third Tuesday of every month.

FOR MORE INFORMATION

Contact Anita at
 (585) 359-7051
 or e-mail Anita Tichacek
atichacek@henrietta.org

2025 Henrietta Youth Hall of Fame Awards



Every spring the Henrietta Youth Development Advisory Committee recognizes Rush-Henrietta School District area high school seniors who have made meaningful contributions to their local or school community, have overcome significant obstacles or challenges in their life and/or have demonstrated remarkable personal growth. This year we will be honoring 26 new inductees to the Hall of Fame. If you have a high school senior you would like to nominate for this award, please contact the Recreation Department. Deadline for submitting applications is Wednesday, February 5th.

Congratulations to the 2024 Hall of Fame Inductees!



Visit henriettarec.org to download the 2025 Hall of Fame Application.

Gymnastics



WINTER SESSION Dates: January 6- March 2

Registration begins: December 2nd for residents; December 11th for non residents

SPRING SESSION Dates: March 3 -April 27

Registration begins: February 3rd for residents; February 10th for non residents

LATE SPRING SESSION Dates: April 28 - June 29

Registration begins: March 24th for residents; March 31st for non residents

Parent ant Tot Gymnastics Classes	Age	Day	Time	# of Classes	Winter Res/NR	# of Classes	Spring Res/ NR	# of Classes	Late Spring Res/NR
1 year old walker with parent	1yr	Saturday	8:30am-9:00am	7	\$47/\$57	6	\$40/\$50	7	\$47/\$57
Parent and Tot	2-3yrs	Wednesday	4:20pm-5:00pm	8	\$81/\$93	8	\$81/\$93	8	\$81/\$93
Parent and Tot	2-3yrs	Wednesday	5:05pm - 5:45pm	8	\$81/\$93	8	\$81/\$93	8	\$81/\$93
Parent and Tot	2-3yrs	Friday	9:00am-9:40pm	8	\$81/\$93	7	\$70/\$81	7	\$70/\$81
Parent and Tot	2-3yrs	Friday	9:45am-10:25am	8	\$81/\$93	7	\$70/\$81	7	\$70/\$81
Parent and Tot	2-3yrs	Friday	10:30am-11:10am	8	\$81/\$93	7	\$70/\$81	7	\$70/\$81
Parent and Tot	2-3yrs	Sunday	9:00am-9:40am	8	\$81/\$93	6	\$60/\$70	4	\$40/\$50
Parent and Tot	2-3yrs	Sunday	9:45am-10:25am	8	\$81/\$93	6	\$60/\$70	4	\$40/\$50
Parent and Tot	2-3yrs	Sunday	10:45am-11:25am	8	\$81/\$93	6	\$60/\$70	4	\$40/\$50
Parent and Tot	2-3yrs	Sunday	11:30am-12:10pm	8	\$81/\$93	6	\$60/\$70	4	\$40/\$50
Parent and Tot	2-3yrs	Sunday	12:15pm-12:55pm	7	\$68/\$78	6	\$59/\$69	5	\$49/\$59
Preschool Gymnastics Classes	Age	Day	Time		Winter Res/NR		Spring Res/NR		Late Spring Res/NR
Preschool Gymnastics	4-5yrs	Saturday	9:15am-9:55am	7	\$70/\$81	6	\$60/\$70	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Saturday	10:00am-10:40am	7	\$70/\$81	6	\$60/\$70	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Saturday	11:00am-11:40am	7	\$70/\$81	6	\$60/\$70	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Saturday	11:45am-12:25pm	7	\$70/\$81	6	\$60/\$70	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Monday	4:30pm-5:10pm	7	\$70/\$81	8	\$81/\$93	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Monday	5:15pm-5:55pm	7	\$70/\$81	7	\$81/\$93	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Monday	6:00pm-6:40pm	7	\$70/\$81	8	\$81/\$93	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Tuesday	4:00pm-4:40pm	8	\$81/\$93	8	\$81/\$93	8	\$81/\$93
Preschool Gymnastics	4-5yrs	Tuesday	4:45pm-5:25pm	8	\$81/\$93	8	\$81/\$93	8	\$81/\$93
Preschool Gymnastics	4-5yrs	Tuesday	5:30pm-6:10pm	8	\$81/\$93	8	\$81/\$93	8	\$81/\$93
Preschool Gymnastics	4-5yrs	Tuesday	6:15pm-6:55pm	8	\$81/\$93	8	\$81/\$93	8	\$81/\$93
Preschool Gymnastics	4-5yrs	Thursday	4:00pm-4:40pm	8	\$81/\$93	8	\$81/\$93	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Thursday	4:45pm-5:25pm	8	\$81/\$93	8	\$81/\$93	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Thursday	5:30pm-6:10pm	8	\$81/\$93	8	\$81/\$93	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Friday	4:00pm-4:40pm	8	\$81/\$93	7	\$70/\$81	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Friday	4:45pm-5:25pm	8	\$81/\$93	7	\$70/\$81	7	\$70/\$81
Preschool Gymnastics	4-5yrs	Friday	5:30pm-6:10pm	8	\$81/\$93	7	\$70/\$81	7	\$70/\$81

Preschool 4-5 yrs

- This class is ideal for 4 year olds and 5 year olds who don't attend Kindergarten yet.
- Focus is on gaining experience & confidence on small equipment and learning basic gymnastics positions and terminology
- Using gymnastics to build gross motor skills – running, jumping, hanging, climbing, coordination, supporting body weight, and going upside down.
- Prerequisite: potty trained
- 3.5yr olds by recommendation only





**Upcoming
Registration
Dates**

WINTER SESSION Dates: January 6- March 2
 Registration begins: December 2nd for residents; December 11th for non residents
 *No class January 20, February 22

SPRING SESSION Dates: March 3 -April 27
 Registration begins: February 3rd for residents; February 10th for non residents
 *No class March 8, March 9, April 11-April 13

LATE SPRING SESSION Dates: April 28 - June 29
 Registration begins: March 24th for residents; March 31st for non residents
 *No class May 11, May 18, May 23-May 26, June 19

Beginner Gymnastics – Step 1

- This class is ideal for 5 year olds who are currently in Kindergarten and 6-7 year olds with less than 6 consecutive sessions (1 year) of prior experience.
- The goal of this class is to develop fundamental gross motor and gymnastics skills including: rolls, cartwheels, various hangs on the bars, jumping & rebounding, and basic body positions that are essential to the sport of gymnastics.
- Prerequisite: 5 year olds must be in Kindergarten



Beginner Gymnastics Classes - Step 1	Age	Day	Time	# of classes	Winter Fee Res/NR	# of classes	Spring Fee Res/NR	# of classes	Late Spring Fee Res/NR
Step 1	5-7yrs	Saturday	9:05am-10:00am	7	\$94/\$108	6	\$81/\$93	7	\$94/\$108
Step 1	5-7yrs	Saturday	10:05am- 11:00am	7	\$94/\$108	6	\$81/\$93	7	\$94/\$108
Step 1	5-7yrs	Saturday	11:15am-12:10pm	7	\$94/\$108	6	\$81/\$93	7	\$94/\$108
Step 1	8+yrs	Saturday	12:20pm-1:15pm	7	\$94/\$108	6	\$81/\$93	7	\$94/\$108
Step 1	5-7yrs	Sunday	10:05am-11:00am	8	\$108/\$124	6	\$81/\$93	-	no late spring
Step 1	5-6yrs	Sunday	11:05am-12:00pm	8	\$108/\$124	6	\$81/\$93	-	no late spring
Step 1	8+yrs	Sunday	12:05pm-1:00pm	8	\$108/\$124	6	\$81/\$93	-	no late spring
Step 1	5-7yrs	Tuesday	4:05pm-5:00pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 1	5-7yrs	Tuesday	5:05pm-6:00pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 1	5-7yrs	Tuesday	6:05pm-7:00pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 1	8+yrs	Tuesday	7:05pm-8:00pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 1	5-7yrs	Wednesday	5:05pm-6:00pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 1	5-7yrs	Wednesday	6:05pm-7:00pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 1	8+yrs	Wednesday	4:05pm-5:00pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 1	5-7yrs	Friday	6:35pm-7:30pm	8	\$108/\$124	7	\$94/\$108	7	\$94/\$108
Step 1	5-7yrs	Thursday	6:15pm-7:10pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 1	8+yrs	Friday	6:35pm-7:30pm	8	\$108/\$124	7	\$94/\$108	7	\$94/\$108

Experience the rewards of volunteering

Volunteers are needed to work with the new Special Olympics Gymnastics Program at the Henrietta Recreation Center. Training is provided through Special Olympics. Call (585) 359-7055 for more information.



**Special
Olympics**



Gymnastics



Intermediate Beginner Gymnastics – Step 2

This class is ideal for 6+ year olds with at least 6-12 consecutive sessions (1-2 years) of prior experience in Step 1.

- The goal of this class is to continue perfecting skills learned in Step 1 along with casts/supports on various bars, walks & balances on high beams, and advanced positions like hollow body, push ups, and bridges. More focus will be placed on strengthening and form/technique.
- Suggested Prerequisite: ability to rebound 2 feet off springboard, forward roll, cartwheel over block, wall handstand, partial kick up to handstand, ability & confidence to hold a support on a high bar and walk on a high beam, basic positions and exercises such as split position, bridge, push up, proper T-position.

Intermediate Gymnastics Classes - Step 2	Age	Day	Time	# of classes	Winter Fee Res/NR	# of classes	Spring Fee Res/NR	# of classes	Late Spring Fee Res/NR
Step 2	6-7yrs	Saturday	9:20am-10:15am	7	\$94/\$108	6	\$81/\$93	7	\$94/\$108
Step 2	6-7yrs	Saturday	10:20am-11:15am	7	\$94/\$108	6	\$81/\$93	7	\$94/\$108
Step 2	7-9yrs	Saturday	11:30am-12:25pm	7	\$94/\$108	6	\$81/\$93	7	\$94/\$108
Step 2	10+yrs	Saturday	12:30pm-1:25pm	7	\$94/\$108	6	\$81/\$93	7	\$94/\$108
Step 2	6-7yrs	Tuesday	4:20pm-5:15pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 2	7-9yrs	Tuesday	5:20pm-6:15pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 2	7-9yrs	Tuesday	6:20pm-7:15pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 2	10+yrs	Tuesday	6:20pm-7:15pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 2	5-7yrs	Wednesday	6:05pm-7:00pm	8	\$108/\$124	8	\$108/\$124	8	\$108/\$124
Step 2	6-7yrs	Sunday	10:05am-11:00am	8	\$108/\$124	6	\$81/\$93	-	no late spring
Step 2	7-9yrs	Sunday	11:05am-12:00pm	8	\$108/\$124	6	\$81/\$93	-	no late spring
Step 2	10+yrs	Sunday	12:05pm-1:00pm	8	\$108/\$124	8	\$108/\$124	-	no late spring
Homeschool Gymnastics	4-5yrs	Monday	10:45am-11:25am	7	\$42/\$52	8	\$48/\$58	7	\$42/\$52
Homeschool Gymnastics	6-11yrs	Monday	11:30am-12:25pm	7	\$56/\$66	8	\$64/\$74	7	\$56/\$66

Pre-Advanced Beginner Gymnastics – Step 3

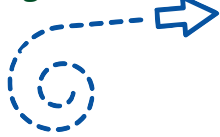
- This class is by director recommendation only after 6-12 consecutive sessions (1-2 years) of prior experience in Step 2
- The goal of this class is to continue perfecting skills learned in Steps 1 & 2 and build strength toward more advanced skills
- Approximately 50% of class time will focus on strength & flexibility.



Pre Advanced Beginner Gymnastics Classes - Step 3	Age	Day	Time	# of classes	Winter Fee Res/NR	# of classes	Spring Fee Res/NR	# of classes	Late Spring Fee Res/NR
Step 3	7+yrs	Saturday	10:05am-11:15am	7	\$118/\$135	6	\$101/\$116	7	\$118/\$135
Step 3	8+yrs	Saturday	11:30am-12:40pm	7	\$118/\$135	6	\$101/\$116	7	\$118/\$135
Step 3	7+yrs	Tuesday	4:05pm-5:15pm	8	\$135/\$155	8	\$135/\$155	8	\$135/\$155
Step 3	7+yrs	Tuesday	5:20pm-6:30pm	8	\$135/\$155	8	\$135/\$155	8	\$135/\$155
Step 3	7+yrs	Wednesday	7:05pm-8:15pm	8	\$135/\$155	8	\$135/\$155	8	\$135/\$155

Gymnastics

Upcoming Registration Dates



WINTER SESSION Dates: January 6- March 2
 Registration begins: December 2nd for residents; December 11th for non residents
 *No class January 20, February 22

SPRING SESSION Dates: March 3 -April 27
 Registration begins: February 3rd for residents; February 10th for non residents
 *No class March 8, March 9, April 11-April 13

LATE SPRING SESSION Dates: April 28 - June 29
 Registration begins: March 24th for residents; March 31st for non residents
 *No class May 11, May 18, May 23-May 26, June 19

Warrior Training and Tumbling:

Are you an athlete looking to build strength while conquering challenges and having fun? Come train on our NEW Ninja Rig. Roll, flip, swing and climb your way to become a stronger athlete. Each week will feature different obstacles and strength exercises as well as basic tumbling lessons. This program is structured and instructional.

Obstacle Course Mania:

Race your friends through fun obstacle courses. This program is supervised, but not instructional. Participants will have time on 2 different obstacle courses plus a group activity or game at the end.

Class	Age	Day	Time	Winter Fee Res/NR	Spring Fee Res/NR	Late Spring Fee Res/NR
Warrior Training & Tumbling	6+yrs	Friday	5:00pm-5:40pm	\$81/\$93	\$70/\$81	\$70/\$81
Warrior Training & Tubmling	6+yrs	Friday	5:45pm-6:25pm	\$81/\$93	\$70/\$81	\$70/\$81
Warrior Training & Tumbling	6+yrs	Monday	4:15pm-4:55pm	\$70/\$81	\$81/\$93	\$70/\$81
Warrior Training & Tumbling	6+yrs	Monday	5:00pm-5:40pm	\$70/\$81	\$81/\$93	\$70/\$81
Warrior Training & Tumbling	6+yrs	Monday	5:45pm-6:25pm	\$70/\$81	\$81/\$93	\$70/\$81
Obstacle Course Mania	4-6 yrs	Sunday	1:00pm - 1:40pm	\$108/\$124	\$81/\$93	\$54/\$64



Advanced Gymnastics – Step 4

- This class is a continuation of Step 3 by director recommendations only.
- The goal of this class is to allow athletes to continue building strength and progress skills beyond Step 3 without moving into our competitive program
- Approximately 50% of class time will focus on strength and flexibility



Class	Age	Day	Time	# of classes	Winter Fee Res/NR	# of classes	Spring Fee Res/NR	# of classes	Late Spring Fee Res/NR
Step 4	8+yrs	Saturday	11:30am-12:40pm	7	\$118/\$135	6	\$101/\$116	7	\$118/\$135
Step 4	8+yrs	Tuesday	4:05pm-5:15pm	8	\$135/\$155	8	\$135/\$155	8	\$135/\$155
Step 4	8+yrs	Tuesday	6:35pm-7:45pm	8	\$135/\$155	8	\$135/\$155	8	\$135/\$155

Gymnastics Pre-Competitive Classes

Invite only classes

Class	Age	Day	Time	# of classes	Winter Fee Res/NR	# of classes	Spring Fee Res/NR	# of classes	Late Spring Fee Res/NR
Developmental Gymnastics (invite only)	6+yrs	Saturday	11:10am-12:30pm	7	\$141/\$163	6	\$121/\$139	7	\$141/\$163
Developmental Gymnastics (invite only)	6+yrs	Wednesday	5:00pm-6:20pm	8	\$162/\$186	8	\$162/\$186	8	\$162/\$186
Developmental Gymnastics (invite only)	6+yrs	Wendesday	6:30pm-7:50pm	8	\$162/\$186	8	\$162/\$186	8	\$162/\$186

Adult Programs

Every Move Counts

BE ACTIVE!

VOLLEYBALL FOR ADULTS

This coed adult volleyball program is for those who enjoy competitive recreational play. There is no formal instruction so some knowledge and experience is required. Players should possess intermediate level volleyball skills. When necessary, rotation of extra players will be used. The instructor will form new teams each week.

Location: Henrietta Recreation Center, Gym 1



Class	Age	Day	Time	Fee Res/NR
Winter Session	18yr & Up	Monday January 6-February 24	7:00pm-8:30pm	\$64/\$74
Spring Session	18yr & Up	Monday March 10 - April 28	7:00pm-8:30pm	\$64/\$74
Late Spring Session	18yr & Up	Monday May 5 - June 16 *No program May 26	7:00pm-8:30pm	\$48/\$58

PILATES MAT

This program focuses on basic Pilates principles: core strengthening, increased flexibility and balance, breath control, proper joint movement, and correct spine alignment to improve posture. Participants will learn the basic series of exercises upon which the entire Pilates method is built. Exercise mats and balls are provided. Location: Henrietta Recreation Center, MP1



Class	Age	Day	Time	Fee Res/NR
Winter Session	16yr & Up	Thursday January 2-February 6	5:30pm-6:30pm	\$42/\$52
Spring Session	16yr & Up	Thursday February 20-March 27	5:30pm-6:30pm	\$42/\$52

INDOOR SOCCER FOR ADULTS

Come inside and play while the snow files outside! This coed indoor soccer program is strictly recreational play. All skill levels are welcome. The instructor will form new teams each week.

Location: Henrietta Recreation Center



Class	Age	Day	Time	Fee Res/NR
Session A	18yr & Up	Sunday January 12-March 2	10:45am-12:15pm	\$55/\$65
Session B	18yr & Up	Sunday March 16-May 4	10:45am-12:15pm	\$55/\$65

OULA DANCE FITNESS CLASS

Oula celebrates the healing power of dance as part of an inclusive community where everyone is welcome.

Oula merges cardio of varying intensity levels with easy to follow choreography set to an energetic pop soundtrack. Drop in Fee per visit: \$14 for Resident/ \$16 for Non-Resident. Location: Henrietta Recreation Center, Activity Room



Class	Age	Day	Time	Fee Res/NR
Session A	18yrs & Up	Monday January 6-January 27	6:45pm-7:45pm	\$48/\$58
Session B	18yrs & Up	Monday February 3- February 24	6:45pm - 7:45pm	\$48/\$58
Session C	18yrs & Up	Monday March 3 - March 31	6:45pm-7:45pm	\$60/\$70
Session D	18yrs & Up	Monday April 7- April 28	6:45pm-7:45pm	\$48/\$58
Session E	18yrs & Up	Monday May 5 - May 19	6:45pm-7:45pm	\$36/\$46

ZUMBA

Zumba takes the "work" out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie burning dance fitness party. A total workout, combining all elements of fitness- cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Location: Henrietta Recreation Center, MP1

Age	Day	Time	Fee Res/NR
16yr & Up	Wednesday January 8-February 5	6:30pm-7:30pm	\$40/\$50
16yr & Up	Wednesday February 12- March 12	6:30pm-7:30pm	\$40/\$50

TAI CHI YANG STYLE

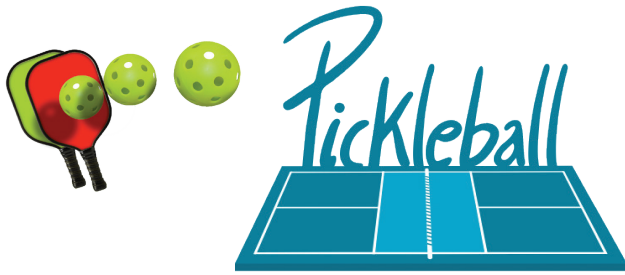
The objective of this program is to teach the 24 posture basic form, which is an international standard drawn from the most prevalent styles of T'ai Chi. The lessons will focus on specific postures of the form that can improve; balance and coordination, strengthen muscle groups, relaxation and breathing. The instructor will be Joe Hennekey from the Rochester T'ai Chi Ch'uan Center, certified by Grand Master William C.C. Chen. (The RTCCC is an all-volunteer non-profit educational organization). The wearing of loose comfortable clothing and soft shoes is recommended.



Class	Age	Day	Time	Fee Res/NR
Winter	Adult 18 yrs+	Thursday Feb. 27 - May 1	10:00am-11:00am	\$81/\$93

PLEASE NOTE: Program information in this brochure is Subject to change. Please call the office or check our website for updated information prior to registering.

Adult Programs



INTERMEDIATE PICKLEBALL LESSONS

This course is designed for those who have played Pickleball for 6 months or greater and desire to make further improvements in their game play. Feedback to players during Doubles Pickleball play to improve individual skills/focused drills. (course is tailored to individual participants) Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 & Up	Tuesday January 7 - January 28	4:00pm-5:30pm	\$43/\$53
Adult 18 & Up	Tuesday March 11 - April 1	4:00pm-5:30pm	\$43/\$53

PICKLEBALL BEGINNER LESSONS- INTRO TO PICKLEBALL

This course is for those who have never played Pickleball. Focus on: Safety considerations while playing, basic rules of the game, scoring, layout of the court, proper grip to hold the paddle, intro to various shot types, doubles play, strategy basics and basic coverage of the court. Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 & Up	Tuesday January 7 - January 28	5:30pm-7:00pm	\$43/\$53
Adult 18 & Up	Tuesday March 11 - April 1	5:30pm-7:00pm	\$43/\$53

PICKLEBALL BEGINNER LESSONS 2.0- WORKING ON BASIC SKILLS

This course is for those who have played Pickleball for a few weeks to a few months and would like to accelerate their pickleball learning process. Feedback to players during Doubles Pickleball play to improve individual skills/ gain additional play time. Focus on: Shot making skills, movement on court, Doubles Pickleball strategies, communication.



Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 & Up	Tuesday January 7 - January 28	7:00pm-8:30pm	\$43/\$53
Adult 18 & Up	Tuesday March 11 - April 1	7:00pm-8:30pm	\$43/\$53

OPEN DROP IN BADMINTON

Welcome to the second most popularly played sport in the world - Badminton! It's a fantastic social, mental, fun, high-energy sport that folks enjoy playing together. Dress comfortably and bring an indoor racket. Location: Recreation Center, Gym 1. Drop in Fee per visit: \$7 for Resident/ \$8 for Non-Resident.



Age	Day	Time
13 & Up	Friday January 3- June 27	6:00pm-8:45pm

COMMUNITY GARDEN

The Town of Henrietta has established a community garden at Tinker Nature Park in order to foster sustainability by providing residents an opportunity to grow their own food. Each plot will be a raised bed size 4'x12' constructed by the Town. Limit of 2 plots per household. New gardeners can sign up beginning on Monday, January 27th.

Age	Day	Time	Fee Res/NR
18yr-adult	June 1, 2025- November 15, 2025	Sunrise to Sunset	\$60 per plot- Henrietta Residents only (Limit 2 plots per household)



ADULT SUMMER SOFTBALL LEAGUES

The Henrietta Recreation Department is offering Adult Slo-Pitch and Fast-Pitch Softball Leagues for men, women and co-ed teams. The season will tentatively start the week of May 1, 2025 and consists of a 10 game schedule plus playoffs for those teams that qualify.

Registration begins on Monday, February 3rd. Please register online or



contact Craig Ross at (585) 359-7057 for more details. Don't wait! Space is limited! The fee to register a Slo-Pitch team is \$585 and \$800 for a Fast-Pitch team (which includes a \$25 USSSA sanction fee). This fee must be paid at time of registration.

Adult Programs

FOUNDATIONAL FLOW YOGA

As we flow through yoga postures, spending a few breath cycles in each shape, we are able to adjust, explore, and strengthen our ability to listen and connect to ourselves. Foundational Flow allows us to find the breath and movement that feels best for our individual bodies and minds. Location: Recreation Center



Age	Date	Time	Fee Res/NR
16 yrs and up	Tuesday January 17 - February 11	6:30pm-7:30pm	\$55/\$65
16 yrs and up	Tuesday February 25 - April 1	6:30pm - 7:30pm	\$55/\$65
16yrs and up	Tuesday April 15 - May 20	6:30pm-7:30pm	\$55/\$65

MOONLIT MEDITATION

Take 30 minutes to relax, refresh, and reconnect with yourself. Our evening Guided Meditation class is designed to help you release the stresses of the day, find inner peace, and prepare for a restful night. Join us to discover the power of meditation and leave feeling rejuvenated, centered and ready for tomorrow. Location: Recreation Center



Age	Date	Time	Fee Res/NR
16 yrs and up	Tuesday January 17 - February 11	7:45pm-8:15pm	\$38/\$48
16 yrs and up	Tuesday February 25 - April 1	7:45pm-8:15pm	\$38/\$48
16yrs and up	Tuesday April 15 - May 20	7:45pm-8:15pm	\$38/\$48

VINYASA FLOW

A 60 minute weekly class that allows us to connect to the breath, then utilize the breath to flow through postures at a quicker pace. This breath to movement helps us to fortify strength, balance and flexibility along with an inner awareness and concentration. Location: Recreation Center

Age	Date	Time	Fee Res/NR
16 yrs and up	Thursday Jan. 19 -Feb. 13	6:45pm -7:45pm	\$55/\$65
16 yrs and up	Thursday Feb. 27 - April 3	6:45pm - 7:45pm	\$55/\$65
16yrs and up	Thursday April 17 - May 22	6:45pm -7:45pm	\$55/\$65

DEEP RELEASE YOGA

Take a break from your busy schedule and immerse yourself in a 30 minute Deep Release Yoga session designed to restore balance and tranquility to your mind and body. Using knowledge from Yin Yoga, we focus on longer-held postures that target deep connective tissues and promote flexibility and healing.



Age	Date	Time	Fee Res/NR
16 yrs and up	Thursday Jan. 19 -Feb. 13	8:00pm-8:30pm	\$38/\$48
16 yrs and up	Thursday Feb. 27 - April 3	8:00pm-8:30pm	\$38/\$48
16yrs and up	Thursday April 17 - May 22	8:00pm -8:30pm	\$38/\$48



**520 Scottsville-West Henrietta Rd.
West Henrietta, NY 14586
585.334.6196
www.henrietta.org/RivertonOaks**

Thanks to all our golfers for a great 2024 season at Riverton Oaks Municipal Golf Course. The course is currently closed for the season. Look for us to re-open in the spring. 2025 Season passes go on sale soon and make great holiday gifts. For more information email riverton Oaks@henrietta.org



**American Red Cross
BLOOD
DRIVE**

**Saturday, January 25, 2025
9:00am - 2:00pm**

**Saturday, March 29, 2025
9:00am - 2:00pm**

Please call 1-800-733-2767 or visit RedCrossBlood.org and enter: **henriettarecreationcenterhenrietta** to schedule an appointment.

PLEASE NOTE: Program information in this brochure is Subject to change. Please call the office or check our website for updated information prior to registering.

Special Events

MARTIN LUTHER KING, JR. CELEBRATION

Thursday, January 16 at 7:00pm
St. Marianne Cope Parish at
Guardian Angels Church
2061 E. Henrietta Road
Rochester, NY 14623

Sponsored by the Interracial Clergy Council and the Interfaith League of Henrietta & Rush, the Town of Henrietta, and the Rush-Henrietta Central School District. Free! All are invited to attend. No registration required.



TEEN NIGHT

Date: Saturday, January 18
Location: Henrietta Recreation Center
Time: 6:30pm-8:30pm
Looking for a place to hang out with your friends? Join us at the Rec Center for a night of fun!

CUPIDS AND COOKIES VALENTINE'S DAY DANCE

Date: Saturday, February 8
Location: Henrietta Recreation Center
Time: 6:30pm-8:30pm
Put on your dancing shoes and celebrate Valentine's Day with your family! Enjoy fun music, inflatables, games, crafts and frost a cookie. Register online beginning December 2nd.



WONKA BAR BINGO

Date: Friday, May 9
Location: Henrietta Recreation Center
Time: 6:30pm-8:00pm
For: All ages
Fee: \$6 Res/\$8NR *Children 3 and under are free



Register for this program and get your golden ticket to enter Wonka Land and play BINGO for a chance to win candy bars! Enjoy dipping a variety of foods in our chocolate fondue. Check out the Willy Wonka themed crafts and don't forget to take a picture at the Wonka Gate! Before you leave take your chance and play Willy Wonka Trivia (based on the original movie). Costumes are optional. No spectators, all who attend must be registered. Registration begins March 11th for residents.

EASTER EGG HUNT

Date: Saturday, April 12
Location: Henrietta Recreation Center
For: For preschool-6th grade.
Indoor and outdoor activities 12pm -2:30pm including balloon animals, face tattoos, photo opportunities with the Easter Bunny. Egg Hunt begins promptly at 1:00pm for age groups 6 years and below, 1:15pm for ages 7 years and up. Register online beginning February 26th.



FLASHLIGHT EASTER EGG HUNT FOR TEENS

Date: Friday, April 12
Location: Henrietta Recreation Center
Time: 7:00pm-9:00pm
For: 6th-9th Graders
Enjoy time with your friends. Event includes: DJ, pizza, ping pong, open gym activities and an Easter Egg Hunt in the gym with lights off AND flashlights on! Bring a flashlight. Space is limited, register online beginning March 6th for resident

MEMORIAL DAY PARADE

Date: Sunday, May 18
Step off at 1:00pm from the R-H Sr. High School. Please join us at Veteran's Memorial Park immediately following the parade to honor and remember those who made the ultimate sacrifice in service of our nation. Please join us for a picnic directly after the ceremony at the Recreation Center.



7th Annual RH KICKING HUNGER5K RUN/WALK

Saturday, June 7, 2025
8:00am start
Veterans Memorial Park
Henrietta, NY

100% of net proceeds from this race will go to support local families through the RH Kicking Hunger Food Pantry.

Online registration is available on RunSignUp.com

Want more information about how to help, or are interested in becoming a sponsor for this community event? Contact the race committee at rhkickinghunger5k@gmail.com and

Follow us on Facebook @RHkickingHunger5K to learn more!



Tinker Nature Park

1525 Calkins Rd • (585) 359-7044 •

<https://www.henrietta.org/parksandrecreation/page/tinker-nature-park>

Hansen Nature Center is open Tuesday - Saturday from 9:00am-4:00pm
Closed Sunday, Monday and Holidays

Tinker Homestead is shown by appointment: Tuesday - Saturday, 10am -2pm.
Tinker Nature Park is open 7am- Sundown seven days a week.
Restrooms are available by the Calkins Road Parking Lot
Tinker Nature Park is Carry in - Carry out Park.
Pets are NOT allowed in Tinker Nature Park



Tree Recycling

All through the month of January, come and bring your Christmas trees to Tinker Nature Park to be recycled into mulch for our trails. Please remove all decorations, lights, strings, and bags. Drop off next to the large white barn. There will be a bin to place non-perishable food donations for RHAFT.



Ski/Snowshoe Rentals:

Skis and snowshoes will be available to rent for park use for \$5.00/pair, cash only. We also provide poles if needed. Please visit our Facebook or the Tinker page on the Town website to check availability.

We rent throughout the week during business hours as conditions allow. Tuesday-Saturday 8:30am -3:00pm, all equipment must be returned by 4:00pm.



Spring Gardening Programs will be announced soon.
Please visit the Town Calendar for more information!



SrCenter@henrietta.org
 515 Calkins Road, Henrietta NY 14467
 (585) 334-4030
 Hours: Monday-Friday, 9:00am-3:00pm

Senior Citizens are adults 60 years of age and their spouse of any age. Stop in and pick up a monthly calendar or visit us online at www.henrietta.org. Fitness programs, nutritious meals, and health services make us one of the best Senior Centers in the County. Our recreation activities, social programs, and travel opportunities keep us active. Join us for dancing, special events, and education programs. Daily transportation is available to and from the center. We look forward to welcoming you to our Senior Center.

WEEKLY ACTIVITIES INCLUDE THE FOLLOWING:

*INDICATES NOT EVERY WEEK. PLEASE CHECK SCHEDULE

+ LUNCHESES: INSIDE DINING OR GRAB AND GO. RESERVATION IS REQUIRED.

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
9:15 Chair Exercise	9:30 Low Impact Aerobics	9:00am Chair Exercise	9:30 Low Impact Aerobics	9:15 Chair Exercise
10:00 /11:00 Young at Heart Fitness	10:00 Crafts	10:00/11:00 Young at Heart Fitness	10:00 Crochet	*10:00 Book Club
11:00 Walk in the Park	10:30 Arthritis Exercise	*10:00 Eldersource Counselor	*10:30 Mexican Train	*11:00 Standing Strong Exercise/ Young at Heart Fitness
12:00 Lunch+	12:00 Lunch+	11:00 Walk in the Park	*11:15 Tai Chi	*12:30 LACE Language Acquisition and Cultural Exchange
1:00 Cards/Euchre/Hand & Foot	1:00pm Cards & Scrabble	12:00 Lunch+	12:30 Mahjong	1:00 Cornhole League
		1:00 Gametime/Cards:Euchre	1:00 Chair Yoga	*Deaf Elders Around Rochester (DEAR) Interpreter provided.
		*1:00 Stretching Class		

Lunch Club 60

Inside Dining or Grab N Go Meals



Make your reservation now!
 Monday, Tuesday & Wednesday
 Drive-thru or dine inside.
 Suggested contribution \$3.50



Upcoming Events



Get in the Holiday spirit! Join us at the Center for the Town of Henrietta Holiday Lights & Magic event. Saturday, December 7th at 4pm.

Holiday Party with entertainment by Sperry Spectrum Singers on Thursday, December 19th.

Indoor Cornhole League. New session begins January 17th.



Register now...
 Defensive Driving Instruction
 January 14th & January 16th, 2025

AARP Tax Assistance provides in-person tax assistance for taxpayers who are over 60yrs of age and have low to moderate income. Tax appointments on Thursdays starting in February through April. Call the Senior Center at 334-4030 beginning January 17th to make an appointment.



Do you need a Senior Center Membership key tag?

Stop by the front desk to get your Senior Center Membership key tag! If you are already a member at the Henrietta Recreation Center, you will be able to use the same key tag! Stop by the front desk to have the staff connect your card for use in both buildings.



Be sure to check out the monthly calendar to see the places we will be visiting in 2025.

Free English Classes At the Henrietta Senior Center

Fridays from 12:30pm - 2:00pm
 Sponsored by Catholic Charities and LACE (Language Acquisition and Cultural Exchange)
 Contact Jennifer McDermott
 (585) 596-0850





EASTER EGG HUNT



**Hop on over to the
Henrietta Recreation
Center on
Saturday, April 12, 2025 for
an Easter Egg Hunt!**

Indoor and outdoor activities will take place from 12:00pm-2:30pm. The Easter Egg Hunt starts promptly at 1:00pm. Registration required! Register online at henriettarec.org starting on March 10th.

