

# PARKS AND RECREATION

Town of  
**HENRIETTA**

605 CALKINS ROAD, HENRIETTA NY  
585.359.2540 | [www.henriettarec.org](http://www.henriettarec.org)

*FALL 2025*

*Registration begins: August 11th for residents; August 18th for non-residents*



**HALLOWEEN CELEBRATION**  
**OCTOBER 25, 2025**



## Town Supervisor Stephen L. Schultz

Craig C. Eckert, Deputy Town Supervisor

Linda K. Salpini, Director of Finance and Personnel

### Henrietta Town Board

M. Rick Page

Joseph D. Bellanca, Jr.

Robert Barley, Jr.

Michael J. Stafford

### Parks and Recreation Department

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pgrundman@henrietta.org (585) 359-7055

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Tim Pratt, Tinker Park Program Supervisor  
naturecenter@henrietta.org (585) 359-7044

Emily Bradford, Recreation Assistant  
naturecenter@henrietta.org (585) 359-7044

## Recreation Center

605 Calkins Road  
(585) 359-2540

### Hours of Operation

Monday – Friday 7:00 AM – 9:00 PM  
Saturday 8:00 AM – 5:00 PM  
Sunday 8:00 AM – 5:00 PM

*Fall is the perfect time to get out and explore the beauty of Henrietta's Town Parks. To guide you on your way, stop at the Recreation Center and pick up a copy of the Wegmans Hit the Trail Passport booklet.*

*The trail booklet provides maps to five Town Parks as well as portions of the Lehigh Valley Trail. Each of the maps indicates a trail marker. You'll need to bring along a pencil or crayon to make a rubbing of each trail marker that you find.*



*If you haven't visited Breese Park lately, make sure it's high on the list. Each of the four seasons brings a unique new beauty to the park and the fall colors at Breese do not disappoint. There's also plenty of fun stuff to do there. The six fitness pods along the trail offer cool fitness challenges for hikers of all ages. The trail marker is a little off the fitness trail, so you'll need take a detour to get your trail marker rubbing.*

*The not-so-hidden gem of Henrietta parks is Tinker Nature Park. Tinker has 1.2 miles of flat, accessible trails, suitable for hiking or biking. You'll love the natural setting of the park. Learn more about it by stopping to visit the Nature Center Tuesday-Friday from 9am-4pm or schedule ahead to tour the Tinker Homestead. There's so much to do and see, you might forget about the trail marker. It's a great day trip but please leave Fido at home this time. Sorry, no dogs allowed at Tinker.*

*Once you find all the trail markers in the booklet, turn the booklet in at the Recreation Center for a free water bottle and you'll be entered in a drawing for a free cabin rental from the Henrietta Recreation Department and a Wegmans gift card. Happy trails!*



- Pam Grundman, Director of Parks and Recreation



# Recreation Center

## Drop-in Activities

Drop-in cost for activities is \$3.00 for residents, \$5.00 for non-residents.  
(Subject to scheduling changes, refer to online calendar for updated information)

Program	Days	Times	Ages
Sunday 35+ Hoops	Sunday	12:30pm-2:30pm	Adults 30+
Afternoon Pickleball	Monday, Wednesday	10:00am-2:00pm	Adult 18+
Advanced Pickleball	Tuesday & Thursday	9:00am-12:00pm	Adult 18+
Afternoon Pickleball	Tuesday & Thursday	12:00pm-3:00pm	Adult 18+
Evening Pickleball	Thursday	6:15pm-8:45pm	All ages

Members who play Pickleball/Drop In Basketball receive discounted rates on multiple visits for drop-in activities.  
(Not available to non-members)



Visit Pass	Resident Fee/NR Fee
10 Visits	\$20/\$35
20 Visits	\$30/\$50

Table Tennis is free to Members. Subject to scheduling changes.

Program	Days	Times	Ages
Table Tennis	Sunday	12:30pm-2:30pm	Adults 30+
Table Tennis	Monday, Wednesday	10:00am-2:00pm	Adult 18+
Table Tennis	Thursday	12:00pm-3:00pm	Adult 18+

The Henrietta Parks and Recreation staff take photos of our programs and events for promotional use. If you prefer not to have your photo or your child's photo used in promotional materials, please inform the instructor or photographer.



## Safe Place

The Recreation Center is a designated "Safe Place" and is one of nearly 300 stationary and mobile sites throughout Monroe County. Safe Place is a national outreach program assisting youth who are experiencing a crisis situation. In crisis, youth can go to a Safe Place location to access immediate help and services from Center for Youth professionals. For more information about Safe Place and The Center for Youth please visit [www.centerforyouth.net](http://www.centerforyouth.net) or call (585) 473-2464.



## Reservation Fees

Space available for athletic activities.

Room	R-H Youth Sports Fee	Res Fee	Non-Res Fee
Gym 1	\$40 per hr.	\$50 per hr.	\$60 per hr.
Gym 2	\$50 per hr.	\$60 per hr.	\$70 per hr.
Gym 2-A	\$30 per hr.	\$35 per hr.	\$45 per hr.
Gym 2-B	\$30 per hr.	\$35 per hr.	\$45 per hr.
Activity Room	\$30 per hr.	\$35 per hr.	\$45 per hr.
Multipurpose Room 1	\$30 per hr.	\$35 per hr.	\$45 per hr.
Multipurpose Room 2	\$30 per hr.	\$35 per hr.	\$45 per hr.
Batting Tunnel (w/ 2-B)	\$40 per hr.	\$50 per hr.	\$60 per hr.
Pickleball Court (Available for rental on Fridays from 10am-2pm)	\$15 per hr.	\$15 per hr.	\$15 per hr.

Membership Type	Resident Annual Fee	Non-Resident Annual Fee
Adult (14-59)	\$10.00	\$40.00*
Senior (60+)	FREE	\$20.00
Youth (0-4)	FREE	FREE
Youth (5-13)	\$5.00	\$20.00
Veteran	FREE	\$20.00

\*A discount of \$10 per year is available for Non-Resident Adults (14-59) who reside in the R-H school district or whose employers are members in the Henrietta Chamber of Commerce.

## Membership Admission Policies

- Members sign and agree to adhere to the facility code of conduct indicated on the disclaimer.
- Members will receive a keytag to use for scanning into facility.
- Replacement fee for member keytag is \$5.00 per person. (Scan-in required)
- Members receive free access to walking/running track, table tennis, and open gym times. (Scan-in required)
- Scheduled drop-in activities will require a fee and scan-in.
- Drop-in activity daily cost for members and non-members is \$3.00 for residents, \$5.00 for non-residents.
- Scan-in is not required for pre-registered recreation programs, facility rentals, or special events.
- Individuals under the age of 18 must be signed up by their legal guardian.
- Members under age 14 must be supervised by an adult Henrietta Recreation Member age 18+ while using the facility.
- Open gym is open to Members only at this time. Anyone under the age of 18 years old must have parent or guardian sign for their membership or renewal
- Indoor waiting is not allowed. Spectators are not allowed.
- In order to respect the privacy of others, limit photography to your family or group only

# General Information

## PARKS AND RECREATION ADVISORY BOARD

The Purpose of the Henrietta Parks and Recreation Advisory Board is to advise and assist the Town Board in the preparation of plans and programs for carrying out the functions of the Parks and Recreation Department. The Board also reviews plans and proposals for the acquisition and development of parks and recreation facilities and may be referred to make such recommendations to the Town Board through the Director of Parks and Recreation in connection therewith as deemed appropriate.

### CURRENT MEMBERS

Gary Junge, Chair

David Moriarty, Vice Chair

Barbara Christensen

Patrick Irving

Eric Ober

Susan Burke

Michael Condello

Michael Davis

Mary Ellen Liss

Aaron Lehman

Diana Keating

Robert Schoener

## YOUTH DEVELOPMENT ADVISORY COMMITTEE

Mission: To improve the quality of life for Henrietta youth and families through planning, advocacy, networking and programming.

### CURRENT MEMBERS

Dr. Jesse Redlo, Chair

Lacresha Scott, Vice Chair

Albert Barrett

Barbara Christensen

Bhim Dhakal

Marianne Gocker

Lacresha Scott

Harmony Sefranek

Bridget Bartholomay

Kaylee Duda, Youth Rep

Simra Hamad, Youth Rep

Judith Harrell, Youth Rep

Sybil Monteiro, Youth Rep

Saraby Satheeshkumar, Youth Rep

Shiloh Arthmann, School Board Liaison

Laura Dingman, Library Liaison

Joe Bellanca, Jr., Town Board Liaison

Anita Tichacek, Recreation Liaison

## FRIENDS OF HENRIETTA PARKS AND RECREATION

Our mission is to enrich, encourage, and promote fundraising activities to supplement the cost of specific public recreation programs, parks, facilities, and services for the Town of Henrietta. We will work together to welcome and recruit volunteers from the community to participate, advocate for and support the programs and facilities that will help create a happy and healthy community where our residents can live, work, and play.

Michael Condello, President

John Sercu, Vice President

Rachel Cornmire, Treasurer

Nicki Whaley, Secretary

Howard Ressel

Brooke Duryea

Mary McGohan

Pam Grundman

Jackie Kitto



**OUR MISSION:**

To *enrich, encourage,* and promote *fundraising activities* to supplement the cost of specific public recreation programs, parks, facilities, and services for the Town of Henrietta that will help *create a happy and healthy community.*

**Friends of HENRIETTA**  
Parks & Recreation

**WANT TO HELP?**  
We are always looking for volunteers for upcoming events, donations & fundraising partners!



## REFUND POLICY

Refunds are available as noted below unless otherwise stated in the program description. All refund requests must be submitted to the Henrietta Recreation office in person or by phone. A check will be issued in approximately 2 to 3 weeks. The processing fee for all refunds is \$10

- If a program is cancelled by the Town = FULL REFUND
- MEDICAL REFUND must be accompanied by note from physician. Refund will be prorated from date of injury/accident.
- You may withdraw from a program prior to the start date. Full refund will be granted minus a \$10 processing fee.
- If you withdraw from a program during the FIRST HALF of the program, you will receive a refund of (50%) of the program cost minus a \$10 processing fee.
- REFUNDS WILL NOT be given for missed classes for any (NON-MEDICAL) reasons to anyone who registers for a program but does not attend.
- Once a program has ended REFUNDS WILL NOT be given for any reason.
- Cabin refunds MUST BE AT LEAST TWO WEEKS PRIOR to the date reserved or NO refund will be given. There will be a \$10 processing fee.

## HENRIETTA RECREATION DEPARTMENT POLICIES

The Recreation Department reserves the right to cancel or change any program due to low enrollment and may limit the size of any program. Additionally, any program may be cancelled or postponed due to unforeseen conditions which may directly impact the quality or safety of the program. Classes missed because of illness, travel conflicts or personal reasons cannot be made up.

## WEATHER RELATED PROGRAM CANCELLATIONS

If the Rush-Henrietta School District is closed due to inclement weather conditions, ALL Henrietta Recreation Programs that are located in a SCHOOL FACILITY are also CANCELLED. If Rush-Henrietta schools close early due to inclement weather conditions, then Recreation Programs scheduled in the schools are also cancelled. For Henrietta Recreation programs that are NOT located in a Rush-Henrietta School District Facility, please call the Henrietta Recreation Department (585) 359-2540 or the weather information line at 585-234-1042 for daily updates regarding program cancellations. When possible, program cancellation information will be communicated to local media. Classes cancelled due to weather or unforeseen circumstances are not eligible for a credit or refund. If possible, make-ups will be scheduled.

## FOR YOUR INFORMATION

The following popular programs are NOT run by the Town of Henrietta. You may contact them directly for program information.

### R-H CONTINUING EDUCATION

Cub Care, Swim Lessons and more!  
rhnet.org • (585) 359-7805

### R-H LACROSSE CLUB

Boys & Girls Lacrosse  
www.rhlax.com

### R-H ATHLETIC ASSOCIATION

(Baseball/Softball)  
www.rhaa.net • (585) 234-5650

### R-H SOCCER CLUB

www.rhsoccer.org •  
(585) 234-0245

### R-H YOUTH SPORTS ASSOCIATION

R-H Renegades Football & Cheer  
R-H Renegades Boys & Girls Basketball  
R-H Wrestling  
www.rhysa.org • (585)270-0914





# Henrietta Parks Information

## VETERANS MEMORIAL PARK, 595 Calkins Road

This park has many recreational facilities available to the public including the Henrietta Recreation Center, Senior Center, amphitheater, 3 playgrounds, softball and soccer fields, Roberts and Bushman cabins, picnic pavilions, outdoor restrooms, basketball, pickleball and tennis courts, splash pad and a walking trail that connects to the Lehigh Valley Trail.

## MARTIN ROAD PARK, 1344 Martin Road

Features a large playground, Buyck pavilion, outdoor restroom, soccer fields, kick wall, tennis and pickleball courts, and catch and release fishing pond.

## LOOKUP PARK, 3850 East Henrietta Road

Amenities include Baldwin Cabin, a 9-hole disc golf short course, golf driving range and dog park. The dog park is self-monitored and is part of the Monroe County Dog Park system. An annual fee will allow you access to dog parks at Lookup Park, Ellison Park, Greece Canal Park, Pittsford Dog Park and Sweden Park. Registration for the dog park is required and can be done at the Henrietta Town Clerk's Office. The golf driving range is operated by the Henrietta Foundation. For hours and additional information regarding the driving range call (585) 334-1300.

## BREESE PARK, 108 Westcombe Park

This park features beautiful views of the Genesee River and has an accessible stone dust trail that runs alongside the river. The property is home to many types of wild animals and beautiful plants such as bluebell and trillium flowers, native ferns, mushrooms, black walnut trees, etc. Eagle Scout projects such as a pedestrian walking bridge, kiosk, and wildlife observation blind have been completed here. The newly added Breese Park Play and Fitness trail opened in November 2021.

## TINKER NATURE PARK, 1525 Calkins Road

Amenities include the Hansen Nature Center, Tinker Homestead and Farm Museum, Tyler Pavilion, small playground, volleyball court, 2 miles of hiking trails with wetland boardwalks, small amphitheater, gazebo overlooking pond, and the Community Garden Program (registration required). \*Please note that dogs are strictly prohibited at Tinker Nature Park

## CABIN / PAVILION RESERVATIONS AND FEES

Bushman Cabin, Roberts Cabin, Baldwin Cabin, and pavilions (Tyler, Buyck, Stevens, and Chase) are available to reserve. All cabins are heated and air conditioned and include restrooms, kitchens with oven/stove, refrigerator, sink, and tables with seating for approximately 50-100 people. Cabins and pavilions are available for use from 10:00am to 10:00pm, with the exception of Buyck and Tyler Pavilions, which are available until dusk. Henrietta residents can reserve cabins and pavilions up to 365 days in advance, non-residents up to 335 days in advance.

**Reservations must be made in person at the Henrietta Recreation Center or by request online. To make a reservation request online please visit [henriettarec.org](http://henriettarec.org). A \$100 cleaning deposit in the form of a check is due upon key-pickup for all cabins and Tyler Pavilion. If the facility is left in its original condition, key is returned and rules are followed, your check will be returned to you by mail. For more information on these and additional town park properties, please visit our website at [www.henrietta.org](http://www.henrietta.org).**



### Cabin Reservation Fees

Facility	Resident Daily Fee	Non-Resident Daily Fee
Roberts Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Bushman Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Good Shepherd Hall	\$300 (Monday-Thursday) \$350 (Friday- Sunday & Holidays)	\$400 (Monday -Thursday) \$500 (Friday - Sunday & Holidays)
Baldwin Cabin at Lookup Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Chase & Tyler Pavilion	\$25	\$50
Stevens & Buyck Pavilion	\$50	\$75



## Preschool Programs

Preschool Playgroup is a structured program that encourages social development through play and educational activities. Children learn to play together in a supervised environment by participating in games, projects, songs, and arts & crafts. See orientation schedule on receipt.

Location: Henrietta Recreation Center

*\*You may only register for one preschool playgroup class. You may register your child for a second Preschool Playgroup class one week prior to the program starting, if space is available.\**

### FALL SESSION

Instructor/ Location	Age	Day	Time	Fee Res/NR
Ms. Caitlin MP1	2.5-3yr	Monday & Tuesday Sept. 15- Oct. 28 *No class Oct. 13, Nov. 4	9:15am- 11:45am	\$241/\$277
Ms. Caitlin MP1	3-5yr	Wednesday & Friday Sept. 17- Nov. 7	9:15am- 12:15pm	\$275/\$316
Ms. Caitlin MP1	3-5yr	Thursday Sept. 18 - Nov. 6	9:15am- 12:15pm	\$138/\$159

### LATE FALL SESSION

Registration for residents begins

Oct. 6 and Oct. 13 for non-residents

\*No program Nov. 26-Nov. 28, Dec. 22-Jan. 2

Instructor/ Location	Age	Day	Time	Fee Res/NR
Ms. Caitlin MP1	2.5-3yr	Monday & Tuesday Nov. 10- Jan. 20	9:15am- 11:45am	\$275/\$316
Ms. Caitlin MP1	3-5yr	Wednesday & Friday Nov. 12- Jan. 23	9:15am- 12:15pm	\$275/\$316
Ms. Caitlin MP1	3-5yr	Thursday Nov. 13- Jan. 22	9:15am- 12:15pm	\$138/\$159



### SCOOT & SLIDE: GYM TIME WITH PARENT

Join us for open gym time where your child can run, jump, ride and scoot! The gym will be set up with various ride-ons, scooters, and sports equipment. All equipment will be age appropriate. Children must be supervised while playing in the gym. All in attendance must have a membership.

Age	Day	Time	Fee
18 months- 6yrs	Monday - Thursday Beginning September 2	10:00am- 12:00pm	Free to Members

### PRESCHOOL OPEN GYM

Preschool Open Gym gives children a chance for supervised play using a wide variety of equipment. All children must be accompanied by a parent or guardian. Location: Henrietta Recreation Center, Gymnastics Area



### FALL SESSION

Age	Day	Time	Fee Res/NR
2yrs- 4yrs with parent/guardian	Wednesday Sept. 10 - Nov. 12	9:30am- 10:15am	\$60/\$70
2yrs-4yrs with parent/guardian	Wednesday Sept.10 - Nov. 12	10:45am- 11:30am	\$60/\$70
18 months- 2yrs with parent/guardian	Thursday Sept. 11- Nov. 13	9:30am- 10:15am	\$60/\$70
2yrs-4yrs with parent/guardian	Thursday Sept. 11- Nov. 13	10:45am- 11:30am	\$60/\$70

NEW DAY

### LATE FALL/ WINTER SESSION

Registration for residents begins October 6 and October 13 for non residents.

\*No program Dec. 24, Dec. 25, Dec. 31, Jan. 1, Feb. 18, Feb 19



Age	Day	Time	Fee Res/NR
2yrs- 4yrs with parent/guardian	Wednesday Dec. 10 - March 4	9:30am- 10:15am	\$60/\$70
2yrs-4yrs with parent/guardian	Wednesday Dec. 10 - March 4	10:45am- 11:30am	\$60/\$70
18 months - 2yrs with parent/guardian	Thursday Dec. 11 - March 5	9:30am- 10:15am	\$60/\$70
2yrs-4yrs with parent/guardian	Thursday Dec. 11 - March 5	10:45am- 11:30am	\$60/\$70

NEW DAY

### CARTOONS AND CREATION: CRAFT TIME WITH PARENT

Bring your youngster for a morning of games, crafting and cartoons! For ages 18 months - 6yrs. Children must be supervised. All in attendance must have a membership.

Theme	Day	Time	Fee
Coco	Tuesday, October 28	9:30am-11:30am	Free to Members
Moana 2	Tuesday, November 12	9:30am-11:30am	Free to Members
Charlie Brown Christmas/ Grinch	Tuesday, December 16	9:30am-11:30am	Free to Members





# Preschool and Youth Programs

## SCARECROWS AND JACK - O- LANTERNS



with parent/guardian

Have fun making Fall and Halloween projects with your child.

Storytime, seasonal fingerplays and a snack are included. Please bring a smock. Location: Recreation Center, Multipurpose Room 2

Session	Age	Day	Time	Fee Res/NR
Session 1	2-6yrs	Saturday, October 4	9:30am- 11:00am	\$15/\$18
Session 2	2-6yrs	Saturday, October 4	11:30am-1:00pm	\$15/\$18

## IT'S TURKEY TIME with parent/guardian

Enjoy time with your preschoolers doing a variety of Thanksgiving themed crafts. Children will have an opportunity to make a turkey-themed snack, listen to a story and learn fingerplays based on the seasonal theme. Please bring a smock. Location: Recreation Center, Multipurpose Room 2

Session	Age	Day	Time	Fee Res/NR
Session 1	2-6yrs	Saturday, November 8	9:30am- 11:00am	\$15/\$18
Session 2	2-6yrs	Saturday, November 8	11:30am-1:00pm	\$15/\$18

## RING IN THE HOLIDAYS with parent/guardian

Share some quality time with your child making different seasonal crafts. Projects will also include a few holiday crafts from different countries. Children will have an opportunity to decorate a cookie for snack, listen to a story and learn fingerplays based on the seasonal theme. Take home a coloring packet that includes make your own Christmas cards. Please bring a smock. Location: Recreation Center, Multipurpose Room 2

Session	Age	Day	Time	Fee Res/NR
Session 1	2-6yrs	Saturday, Nov. 29	9:30am- 11:00am	\$15/\$18
Session 2	2-6yrs	Saturday, Nov. 29	11:30am-1:00pm	\$15/\$18

## START SMART BASKETBALL

Start Smart Basketball ® is a five week instructional program which helps parents work one-on-one with their child, teaching them the fundamentals of basketball. During the program, parents work together with their children in a supportive environment to learn all the basic motor skills of the sport. Location: Henrietta Recreation Center, Gym 2B

Age	Day	Time	Fee Res/NR
3.5-5yrs w/ parent	Monday, Nov. 3- Dec. 8 *No program Nov. 24	5:30pm-6:15pm	\$70/\$81

## LITTLE YOGIS ADVENTURE CLUB

In this class we navigate through books and activities that help with confidence, coordination, mindfulness, physical and mental flexibility and connection.

Instructor: Kayla Sorenson.

Location: Henrietta Recreation Center



Age	Day	Time	Fee Res/NR
4-6yrs	Tuesday, Sept. 9- Oct. 14	5:30pm-6:00pm	\$38/\$48
4-6yrs	Tuesday, Oct. 28 - Dec. 9 *No program Nov. 18	5:30pm-6:00pm	\$38/\$48
4-6yrs	Tuesday, Dec. 16 - Jan. 27 *No program Dec. 23	5:30pm -6:00pm	\$38/\$48

## EPIC TRAINING FOR KIDS: BABYSITTER'S TRAINING

Participants will learn the roles and responsibilities of a babysitter including skills in: the business of babysitting, accident prevention, first aid, care of choking victims and the ages and stages of children. Certification card issued upon completion. Bring a self address envelope and a lunch! Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
11-15yrs	Monday, November 24	9:00am -1:00pm	\$75/\$86

## EPIC TRAINING FOR KIDS: HOME ALONE

Knowing when your child is ready to stay home alone is a difficult decision and preparation can make the transition much easier for you & your child the roles and responsibilities. Bring a snack and a self addressed envelope! Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
8-12yrs	Monday, November 17	6:00pm-7:30pm	\$46/\$56

## EPIC TRAINING FOR KIDS: FIRST AID

This course teaches participants the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains, strains and breaks, and treatment of heat and cold emergencies. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
8-12yrs	Monday, November 10	6:00pm -7:30pm	\$40/\$50



## Recess PROGRAMS

### THANKSGIVING BREAK

#### MORNING FUN CAMP

Join us for some on site fun at the Recreation Center. Activities include: indoor games, craft time, playing games with friends and more! Location: Henrietta Recreation Center, Multipurpose Room 1 & 2, Gym 2



Grades	Dates	Time	Fee Res/NR
1st-6th	Mon-Wed Nov. 24-Nov. 26	9:00am-12:00pm	\$36/\$46

#### THANKSGIVING BREAK PROGRAM

Join us for some on site fun at the Recreation Center. Activities include: indoor games, craft time, fun on our inflatable and one field trip. Bring a lunch and a late day snack. Dress for indoor and outdoor games. \*Optional: Bring personal money for snacks on field trip. Location: Henrietta Recreation Center, Multipurpose Room 1 & 2, Gym 2

Grades	Dates	Time	Fee Res/NR
1st-6th	Mon-Wed Nov. 24-Nov. 26	12:00pm-5:30pm	\$56/\$66

# Youth Sports Programs

## FLAG FOOTBALL LEAGUE

This program develops football related motor skills while giving participants the opportunity for non-contact team play. Teams will practice twice a week and have a game on Saturday. Monday & Wednesday practice, Saturday games begins Sept. 13th. Location: Veterans Memorial Park, 595 Calkins Road



Age (as of Sept. 1)	Fee Res/NR	Practices:
5 - 6 years (co-ed)	\$115/\$132	Monday and Wednesdays
7 - 9 years (co-ed)	\$115/\$132	5:45pm- 7:15pm
10 - 12 years (Boys)	\$115/\$132	1st practice Sept. 3
10-12years(Girls)	\$115/\$132	Games:
13 - 15 years (Girls)	\$115/\$132	Saturdays
		9:00am or 11:15am
		1st game Sept. 13

Flag Football Parent Meeting  
Monday, August 25th  
Bushman Cabin

6:00pm: 5- 6yrs, 7-9yrs

7:30pm: 10-12yrs, 13-15yrs

Evaluations: Sept. 3rd, Veterans Memorial Park, 5:45pm -7:15pm



## YOUTH SOCCER LEAGUE

This program is appropriate for all skill levels, it will focus on the development of soccer skills, strategies, and basic knowledge of the sport. Players will practice with their team twice a week and play games on Saturdays. Location: Martin Road Park, Soccer Fields



Age:	Fee Res/NR
6 - 7 years	\$115/\$132
8 - 9 years	\$115/\$132
10 - 12 years	\$115/\$132

Practices:  
Tuesdays and Thursdays  
5:45pm- 7:15pm  
1st practice Sept. 9

Games:  
Saturdays  
9:00am or 11:15am  
1st game Sept. 13



Youth Soccer League Parent Meeting  
Tuesday, August 26th  
Bushman Cabin

6:00pm-7:00pm : 6-7yrs, 8-9yrs

7:30pm-8:30pm: 10-12yrs

Evaluations: Sept. 4th, Martin Road Park, 5:45pm - 7:15pm

We are looking for volunteer coaches for  
Flag Football and Youth Soccer!!  
Contact Craig Ross at (585) 359-7057

## FALL TENNIS

These lessons will teach basic strokes and put participants into drills and games that will show tennis can be fun! Location: Veterans Memorial Park Tennis Courts. *In the event of inclement weather, classes will be moved into the Rec Center.*



Age	Day	Time	Fee Res/NR
5-13yrs	Sunday Sept. 7 - Oct. 26 *No program Oct. 5	9:00am-10:00am	\$75/\$86
5-13yrs	Sunday Sept. 7 - Oct. 26 *No program Oct. 5	10:00am-11:00am	\$75/\$86

## TEEN VOLLEYBALL

This coed volleyball is geared toward high school aged players who enjoy competitive recreational play. There is no formal instruction. Players should possess intermediate level volleyball skills. When necessary, rotation of extra player will be used. Henrietta Recreation Center, Gym.



Age	Day	Time	Fee Res/NR
13-18yrs	Friday Sept. 19 - Oct. 24	6:30pm-8:00pm	\$50/\$60

## YOUTH VOLLEYBALL

We focus on volleyball fundamental skills, such as setting, spiking, serving, passing and good sportsmanship. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
8-12yrs	Wednesday Sept. 17 - Oct. 22	6:00pm-7:15pm	\$50/\$60

## HOMESCHOOL SPORTS AND GAMES

Join us for an afternoon of fun while we engage in a variety of different sports. Gaga ball, dodgeball and many more games will be played. All participants must wear sneakers. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-11yrs	Tuesday Sept. 16- Oct. 21	1:00pm - 2:30pm	\$40/\$50
6-11yrs	Tuesday Oct. 28 - Dec. 9 *No Class Nov. 25	2:00pm-3:30pm	\$40/\$50



## SATURDAY SPORTS AND GAMES

Join us for an afternoon of fun while we engage in a variety of different sports. Gaga ball, dodgeball and many more games will be played to get the kids moving during the cooler months! All participants must wear sneakers. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-12yrs	Saturday Sept. 20 - Oct. 25	2:00pm - 3:30pm	\$50/\$60



# Youth Sports Programs

## Soccer Shots

Soccer Shots is a national program that teaches soccer using creative games. Sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.



### Soccer Shots Fall Session

**Location:** Veteran's Memorial Park, 595 Calkins Road, soccer fields behind Bushman Cabin

Age	Day	Time	Fee Res/NR
2yr olds* w/ parent	Tuesday Sept. 2 - Oct. 21	4:30pm-5:00pm	\$140/\$161
3 - 4yrs	Tuesday Sept. 2 - Oct. 21	5:00pm- 5:45pm	\$140/\$161
5 - 7yrs	Tuesday Sept. 2 - Oct. 21	5:00pm-5:45pm	\$140/\$161
3-4yrs	Tuesday Sept. 2 - Oct. 21	5:45pm - 6:30pm	\$140/\$161
5-7yrs	Tuesday Sept. 2 - Oct. 21	5:45pm -6:30pm	\$140/\$161

### Soccer Shots Late Fall Session

Registration for residents begins October 6 and October 13 or non-residents.  
**Location:** Recreation Center, Gym 2B

Age	Day	Time	Fee Res/NR
2yr olds* w/ parent	Tuesday Nov. 4- Dec. 16	4:40pm-5:10pm	\$130/\$150
3 - 4yrs	Tuesday Nov. 4- Dec. 16	5:15pm-6:00pm	\$130/\$150
5 - 7yrs	Tuesday Nov. 4 - Dec. 16	6:05pm-6:55pm	\$130/\$150

*\*The two year old program will require at least one parent to participate alongside their child.*

## Youth Indoor Soccer

This program is designed for youth ages 6 to 11 years of age. It includes fundamentals and strategies of soccer while providing the opportunity for scrimmage play. Location: Henrietta Recreation Center, Gym 1



Age	Day	Time	Fee Res/NR
6-8 yrs	Wednesday Oct. 29 - Dec. 17 *No program Nov. 26	5:45pm-7:00pm	\$70/\$81
9-11 yrs	Wednesday Oct. 29 - Dec. 17 *No program Nov. 26	7:15pm-8:30pm	\$70/\$81
6-8 yrs	Saturday Nov. 8- Dec. 20 *No program Nov. 29	9:40am-10:55am	\$60/\$70
9-11 yrs	Saturday Nov. 8- Dec. 20 *No program Nov. 29	11:05am-12:20pm	\$60/\$70

## Martial Arts

The Town of Henrietta offers Martial Arts instruction for youth age 5 to adult. The style used is Chito-ryu with a mix in Judo and Aikido as well as other styles of Karate.

**Beginner karate:** beginners, yellow belts and orange belts.

This class is for adults and children learning Martial Arts.

**Beginner Karate Extended:** 30 minutes more training for those

who would like it. This class is for adults and children learning Martial Arts.

**Location:** Henrietta Recreation Center.



Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tues. Sept. 9- Oct. 21	5:30pm-6:30pm	\$56/\$66
Beginner Karate Extended	5yrs & Up	Tues. Sept. 9- Oct. 21	5:30pm-7:00pm	\$84/\$96
Jr. Yellow Belt- Jr. Brown Belt	5yrs & up	Thurs. Sept. 11- Oct. 23	6:00pm-7:30pm	\$84/\$96
Martial Arts for Adults	18yrs+	Thurs. Sept. 11- Oct. 23	7:30pm-8:45pm	\$84/\$96

### Late Fall Session

Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tues. Oct. 28- Dec. 16 *No program Nov. 11	5:30pm-6:30pm	\$56/\$66
Beginner Karate Extended	5yrs & Up	Tues. Oct. 28- Dec. 16 *No program Nov. 11	5:30pm-7:00pm	\$84/\$96
Jr. Yellow Belt- Jr. Brown Belt	5yrs & up	Thurs. Oct. 30- Dec. 18 *No program Nov. 27	6:00pm-7:30pm	\$84/\$96
Martial Arts for Adults	18yrs+	Thurs. Oct. 30- Dec. 18 *No program Nov. 27	7:30pm-8:45pm	\$84/\$96

## Friday Youth Floor Hockey

Skate over to the Recreation Center for an afternoon of Floor Hockey. Eye wear and sticks will be provided. All participants must wear sneakers. Location: Henrietta Recreation Center, Gym 2.

Age	Day	Time	Fee Res/NR
6-11yrs	Friday Nov. 7 - Dec. 19	6:00pm-7:30pm	\$55/\$65

## NERF ZOMBIES

Come with your friends and fight Zombies. All participants must wear sneakers. Location: Henrietta Recreation Center, Gym 2.

Age	Day	Time	Fee Res/NR
6-12yrs	Saturday October 25	1:00pm-2:00pm	\$15/\$20



# Youth Sports and Programs

## NINTENDO CLUB

If you are a gamer kid, we have something for you! Play Super Smash Bros., Rocket League and more. Share your love of gaming with friends! Location: Recreation Center

Age	Day	Time	Fee Res/NR
7-12yrs Session 1	Wednesday Sept. 17 - Oct. 22	6:00pm-7:30pm	\$25/\$30
7-12yrs Session 2	Wednesday Oct. 29 - Dec. 10	6:00pm - 7:30pm	\$25/\$30

## MARIO KART CUP

Mario Kart Tournament on the Nintendo Switch. Enjoy time playing with your friends and win some prizes! Location: Henrietta Recreation Center, Multipurpose Room



Age	Days	Time	Fee Res/NR
7-11yrs	Saturday, Nov. 15	12:00pm - 1:30pm	\$20/\$25
12-15yrs	Saturday, Nov. 15	2:00pm - 3:30pm	\$20/\$25

## SUPERHERO SATURDAY

Fly up, up and away to the Henrietta Recreation Center for games, prizes and much more! Children can wear their favorite characters outfit or t-shirt. All participants must wear sneakers. Location: Recreation Center, Activity Room



Age	Day	Time	Fee Res/NR
5-12yrs	Saturday, November 22	2:00pm -3:30pm	\$16/\$21

## FAMILY TRIVIA NIGHT: STAR WARS

Are you one with the Force? Come find out and see if you and your family know Star Wars Trivia! All in attendance must register.



Age	Day	Time	Fee Res/NR
6yrs and Up	Friday December 19	6:00pm-8:00pm	\$12/\$17

## PETER PAN JR. HOMESCHOOL PROGRAM OFFERED BY TERRY FYKE'S MAIN STREET PLAYERS

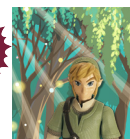
Peter and his mischievous fairy sidekick, Tinkerbell, visit the nursery of the Darling children late one night and, with a sprinkle of pixie dust, begin a magical journey across the stars that none of them will ever forget. Location: Good Shepherd Hall, 3286 E Henrietta Rd, Henrietta, NY 14467 Audition: Friday, Sept. 12, 9:30am -11:30am



Grade	Day	Time	Fee Res/NR
1st - 8th	Friday Rehearsals begin Sept. 19. Show information will be provided at program.	9:30am - 11:30am	\$200/\$230

## LEGEND OF ZELDA HUNT

Adventure around the Rec Center to battle Octoroks, solve puzzles and test your bravery to find triforce pieces! All participants must wear sneakers. Location: Recreation Center



Age	Day	Time	Fee Res/NR
8-12yrs	Saturday November 8	12:00pm-1:00pm	\$16/\$21

## LEGO MASTER BUILDING COMPETITION

Calling all master Lego builders! Compete in an exciting Lego building competition. Build with, and against, your friends to win prizes! Location: Recreation Center



Age	Day	Time	Fee Res/NR
4-6yrs	Friday December 12	6:00pm -7:30pm	\$18/\$23
7-9yrs	Saturday December 13	11:00am - 1:00pm	\$20/\$25
10-12yrs	Saturday December 13	1:30pm-3:30pm	\$20/\$25

## HOLIDAY HANGOUT: SWEET TREAT & CREATE

Join us for this sweet class! Participants will create a tasty treat from candy, cookies and more as well as a holiday craft. It's sure to be a merry time! Location: Recreation Center, MP1

Age	Day	Time	Fee Res/NR
6-10 yrs	Saturday November 29	10:30am-11:30am	\$14/\$19

## A SWIFTIE BIRTHDAY CELEBRATION

Celebrate your favorite icon on her actual birthday. Activities include karaoke, bracelet making & trading, photo ops, and more! Location: Recreation Center, MP1 & MP2



Age	Day	Time	Fee Res/NR
9-15yrs	Saturday December 13	2:30pm-4:00pm	\$14/\$19

## STITCHMAS CELEBRATION!

Celebrate your favorite genetically engineered extraterrestrial life-form with holiday games, snacks and crafts! Feel free to wear your favorite Stitch clothes or Hawaiian shirt. All participants must wear sneakers. Location: Recreation Center, MP1



Age	Day	Time	Fee Res/NR
5-12yrs	Saturday December 20	2:00pm-3:30pm	\$16/\$21



# Youth Programs



## DANCE

*Visions Dance Studio is located at 1225 Jefferson Rd, A22 (in Tops Plaza, 2 doors down from iSmash).  
Late Fall Registration will begin October 6 for Residents, October 13 for Non-Residents.*

### Preschool Dance Adventures! (Ballet/Tap/Creative Dance) 3-5yrs

Join us for a fun-filled creative movement class designed for children aged 3 to 5 years old. This class combines music, movement, imagination, and play to help develop coordination, balance, spatial awareness, and social skills in a safe active environment. No prior dance experience is necessary. Students should be potty-trained. Students should wear a leotard and tights (any color), ballet slippers, and tap shoes. Boys should wear a t-shirt and shorts or sweat pants, ballet slippers, and tap shoes.

Session	Age	Day	Time	Fee Res/NR	Session	Age	Day	Time	Fee Res/NR
Fall	3-5yrs	Tuesday, Sept. 9 - Oct. 28 at Visions Dance Studio	5:30pm-6:15pm	\$90/\$103	Late Fall	3-5yrs	Tuesday, Nov. 4 - Dec. 16 at Visions Dance Studio	5:30pm-6:15pm	\$84/\$96
Fall	3-5yrs	Saturday, Sept. 6 - Oct. 25 at Recreation Center	9:00am-9:45am	\$90/\$103	Late Fall	3-5yrs	Saturday, Nov. 1 - Dec. 20 at Recreation Center *No Program Nov. 29	9:00am-9:45am	\$84/\$96

### Dance Adventures! (Ballet/Tap/Jazz) 5-7yrs

Do you have a blossoming young dancer in your family? Join us for Dance Adventures! This class introduces the fundamentals of ballet, tap and jazz dance for children aged 5 to 7 yrs. in a fun, safe, encouraging environment. No prior dance experience is necessary. Students should wear a leotard and tights (any color), ballet slippers, and tap shoes. Boys should wear a t-shirt and shorts or sweat pants, ballet slippers and tap shoes.

Session	Age	Day	Time	Fee Res/NR	Session	Age	Day	Time	Fee Res/NR
Fall	5-7yrs	Tuesday, Sept. 9-Oct. 28 at Visions Dance Studio	6:15pm-7:00pm	\$90/\$103	Late Fall	5-7yrs	Tuesday, Nov. 4 - Dec. 16 at Visions Dance Studio	6:15pm-7:00pm	\$84/\$96
Fall	5-7yrs	Saturday, Sept. 6 - Oct. 25 at Recreation Center	9:45am-10:30am	\$90/\$103	Late Fall	5-7yrs	Saturday, Nov. 1 - Dec. 20 at Recreation Center *No Program Nov. 29	9:45am-10:30am	\$84/\$96

### Hip Hop Dance Party! 5-8yrs

This class introduces hip hop and jazz techniques in a fun, creative, age appropriate environment for children aged 5 to 8 yrs. No prior dance experience is necessary. Students should wear comfortable, stretchy clothing and sneakers.

Session	Age	Day	Time	Fee Res/NR	Session	Age	Day	Time	Fee Res/NR
Fall	5-8yrs	Tuesday Sept. 9- Oct. 28 at Visions Dance Studio	7:00pm-7:45pm	\$90/\$103	Late Fall	5-8yrs	Tuesday, Nov. 4 - Dec. 16 at Visions Dance Studio	7:00pm-7:45pm	\$84/\$96
Fall	5-8yrs	Saturday Sept. 6 -Oct. 25 at Recreation Center	10:30am-11:15am	\$90/\$103	Late Fall	5-8yrs	Saturday, Nov. 1 - Dec. 20 at Recreation Center *No Program Nov. 29	10:30am-11:15am	\$84/\$96

## Henrietta Youth Asset Team

Looking for Rush-Henrietta youth in grades 6 – 12 who want to be involved in their community by volunteering for town and charitable events, learning leadership skills, discussing with peers the needs of youth in our community and creating and facilitating events/programs to meet those needs. Feel empowered, share your voice and be a part of the change you would like to see!

All meetings are held once a month at the Henrietta Senior Center at 515 Calkins Road on the 3rd Tuesday of the Month  
From 6:00pm-7:30pm beginning September 16, 2025

We are looking forward to a FANTASTIC year! For more information:  
Call (585) 359-2540  
or email Anita at  
atichacek@henrietta.org



### Volunteer Opportunities

Join us to be a part of the volunteering experience and suggest new opportunities to make a difference in your community! More information on dates and times will be given at the meetings.



# Gymnastics

Fall session runs 9/8-11/2 \*No class 10/13, 11/1

Late Fall Session runs 11/3- 12/21 \*No class 11/11, 11/26-11/30.

Late Fall Registration for residents begins October 6 and October 13 for non-residents.

## Preschool 4-5 yrs

Parent and Tot Gymnastics Classes	Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
1 year old walker with parent	1yr	Saturday	8:30am-9:00am	\$47/\$57	\$40/\$50
Parent and Tot	2-3yrs	Monday	4:00pm-4:40pm	\$70/\$81	\$70/\$81
Parent and Tot	2-3yrs	Monday	4:45pm-5:25pm	\$70/\$81	\$70/\$81
Parent and Tot	2-3yrs	Monday	5:30pm-6:10pm	\$70/\$81	\$70/\$81
Parent and Tot	2-3yrs	Friday	9:00am-9:40am	\$81/\$93	\$60/\$70
Parent and Tot	2-3yrs	Friday	9:45am-10:25am	\$81/\$93	\$60/\$70
Parent and Tot	2-3yrs	Friday	10:30am-11:10am	\$81/\$93	\$60/\$70
Parent and Tot	2-3yrs	Sunday	8:30am-9:10am	\$81/\$93	\$60/\$70
Parent and Tot	2-3yrs	Sunday	9:15am-9:55am	\$81/\$93	\$60/\$70
Parent and Tot	2-3yrs	Sunday	10:00am-10:40am	\$81/\$93	\$60/\$70
Parent and Tot	2-3yrs	Sunday	11:00am-11:40am	\$81/\$93	\$60/\$70
Parent and Tot	2-3yrs	Sunday	11:45am-12:25pm	\$81/\$93	\$60/\$70
Preschool Gymnastics Classes	Age	Day	Time	Fall fee Res/NR	Late Fall Res/NR
Preschool Gymnastics	4-5yrs	Tuesday	3:45pm-4:25pm	\$81/\$93	\$60/\$70
Preschool Gymnastics	4-5yrs	Tuesday	4:30pm-5:10pm	\$81/\$93	\$60/\$70
Preschool Gymnastics	4-5yrs	Tuesday	5:15pm-5:55pm	\$81/\$93	\$60/\$70
Preschool Gymnastics	4-5yrs	Tuesday	6:00pm-6:40pm	\$81/\$93	\$60/\$70
Preschool Gymnastics	4-5yrs	Wednesday	3:45pm-4:25pm	\$81/\$93	\$60/\$70
Preschool Gymnastics	4-5yrs	Wednesday	4:30pm-5:10pm	\$81/\$93	\$60/\$70
Preschool Gymnastics	4-5yrs	Wednesday	5:15pm-5:55pm	\$81/\$93	\$60/\$70
Preschool Gymnastics	4-5yrs	Wednesday	6:00pm-6:40pm	\$81/\$93	\$60/\$70
Preschool Gymnastics	4-5yrs	Saturday	9:15am-9:55am	\$70/\$81	\$60/\$70
Preschool Gymnastics	4-5yrs	Saturday	10:00am-10:40am	\$70/\$81	\$60/\$70
Preschool Gymnastics	4-5yrs	Saturday	10:45am-11:25am	\$70/\$81	\$60/\$70
Preschool Gymnastics	4-5yrs	Saturday	11:45am-12:25pm	\$70/\$81	\$60/\$70
Preschool Gymnastics	4-5yrs	Saturday	12:30pm-1:10pm	\$70/\$81	\$60/\$70

- This class is ideal for 4 year olds and 5 year olds who don't attend Kindergarten yet.
- Focus is on gaining experience & confidence on small equipment and learning basic gymnastics positions and terminology
- Using gymnastics to build gross motor skills – running, jumping, hanging, climbing, coordination, supporting body weight, and going upside down.
- Prerequisite: potty trained
- 3.5yr olds by recommendation only



## Birthday party packages at the Henrietta Recreation Center!

Choose from three fun party packages for your special day!

### Gaga Ball or Gymnastics

Each package also includes two hours in the party room to play, eat and celebrate with family and friends. Sunday afternoons 1:30pm - 3:30pm for up to 12 kids.

\$220 for Residents/\$250 For Non-Residents.

All party guests also receive a Henrietta Recreation water bottle filled with candy and prizes as their special gift. Call (585) 444-2208 for more information or reservations.



# Gymnastics

Beginner Gymnastics Classes - Step 1	Age	Day	Time	Fall Fee Res/NR	Late Fall Fee Res/NR
Step 1	5-7yrs	Friday	4:05pm-5:00pm	\$94/\$108	\$81/\$93
Step 1	5-7yrs	Friday	5:05pm-6:00pm	\$94/\$108	\$81/\$93
Step 1	5-7yrs	Saturday	9:05am-10:00am	\$94/\$108	\$81/\$93
Step 1	5-7yrs	Saturday	10:05am-11:00am	\$94/\$108	\$81/\$93
Step 1	5-7yrs	Saturday	11:15am-12:10pm	\$94/\$108	\$81/\$93
Step 1	5-7yrs	Saturday	12:15pm-1:10pm	\$94/\$108	\$81/\$93
Step 1	5-7yrs	Sunday	9:05am-10:00am	\$108/\$124	\$81/\$93
Step 1	5-7yrs	Sunday	10:05am-11:00am	\$108/\$124	\$81/\$93
Step 1	5-7yrs	Thursday	3:35pm-4:30pm	\$108/\$124	\$81/\$93
Step 1	5-7yrs	Thursday	4:35pm-5:30pm	\$108/\$124	\$81/\$93
Step 1	5-7yrs	Thursday	5:35pm-6:30pm	\$108/\$124	\$81/\$93
Step 1	5-7yrs	Tuesday	4:05pm-5:00pm	\$108/\$124	\$81/\$93
Step 1	5-7yrs	Tuesday	5:05pm-6:00pm	\$108/\$124	\$81/\$93
Step 1	5-7yrs	Tuesday	6:05pm-7:00pm	\$108/\$124	\$81/\$93
Step 1	5-7yrs	Wednesday	4:05pm-5:00pm	\$108/\$124	\$81/\$93
Step 1	5-7yrs	Wednesday	5:05pm-6:00pm	\$108/\$124	\$81/\$93
Step 1	5-7yrs	Wednesday	6:05pm-7:00pm	\$108/\$124	\$81/\$93
Step 1	8+yrs	Saturday	11:30am-12:25pm	\$94/\$108	\$81/\$93
Step 1	8+yrs	Sunday	11:05am-12:00pm	\$108/\$124	\$81/\$93
Step 1	8+yrs	Wednesday	4:05pm-5:00pm	\$108/\$124	\$81/\$93

## Beginner Gymnastics – Step 1

- This class is ideal for 5 year olds who are currently in Kindergarten and 6-7 year olds with less than 6 consecutive sessions (1 year) of prior experience.
- The goal of this class is to develop fundamental gross motor and gymnastics skills including: rolls, cartwheels, various hangs on the bars, jumping & rebounding, and basic body positions that are essential to the sport of gymnastics.
- Prerequisite: 5 year olds must be in Kindergarten



Intermediate Gymnastics Classes - Step 2	Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
Step 2	6-7yrs	Saturday	10:20am-11:15am	\$94/\$108	\$81/\$93
Step 2	6-7yrs	Wednesday	6:05pm-7:00pm	\$108/\$124	\$81/\$93
Step 2	6-7yrs	Thursday	4:05pm-5:00pm	\$108/\$124	\$81/\$93
Step 2	7-9yrs	Thursday	4:05pm-5:00pm	\$108/\$124	\$81/\$93
Step 2	7-9yrs	Thursday	5:05pm-6:00pm	\$108/\$124	\$81/\$93
Step 2	7-9yrs	Thursday	6:05pm-7:00pm	\$108/\$124	\$81/\$93
Step 2	7-9yrs	Friday	6:05pm-7:00pm	\$94/\$108	\$81/\$93
Step 2	7-9yrs	Saturday	10:20am-11:15am	\$94/\$108	\$81/\$93
Step 2	7-9yrs	Saturday	11:30am-12:25pm	\$94/\$108	\$81/\$93
Step 2	7-9 yrs	Saturday	12:30pm-1:25pm	\$94/\$108	\$81/\$93
Step 2	7-9yrs	Sunday	11:05am-12:00pm	\$108/\$124	\$81/\$93
Step 2	10+yrs	Saturday	12:30pm-1:25pm	\$94/\$108	\$81/\$93

## Intermediate Beginner Gymnastics – Step 2

This class is ideal for 6+ year olds with at least 6-12 consecutive sessions (1-2 years) of prior experience in Step 1.

- The goal of this class is to continue perfecting skills learned in Step 1 along with casts/supports on various bars, walks & balances on high beams, and advanced positions like hollow body, push ups, and bridges. More focus will be placed on strengthening and form/technique.
- Suggested Prerequisite: ability to rebound 2 feet off springboard, forward roll, cartwheel over block, wall handstand, partial kick up to handstand, ability & confidence to hold a support on a high bar and walk on a high beam, basic positions and exercises such as split position, bridge, push up, proper T-position.

### Experience the rewards of volunteering

Volunteers are needed to work with the new Special Olympics Gymnastics Program at the Henrietta Recreation Center. Training is provided through Special Olympics. Call (585) 359-7055 for more information.



**Special  
Olympics**



# Gymnastics

## Advanced Beginner Gymnastics – Step 3

- This class is by director recommendation only after 6-12 consecutive sessions (1-2 years) of prior experience in Step 2. Invite only class.
- The goal of this class is to continue perfecting skills learned in Steps 1 & 2 and build strength toward more advanced skills
- Approximately 50% of class time will focus on strength & flexibility.

Advanced Beginner Gymnastics Classes - Step 3	Age	Day	Time	Fall Fee Res/NR	Late fall Res/NR
Step 3	7+yrs	Tuesday	4:00pm-5:10pm	\$135/\$155	\$101/\$116
Step 3	7+yrs	Thursday	5:05pm-6:15pm	\$135/\$155	\$101/\$116
Step 3	7+yrs	Saturday	1:20pm - 2:30pm	\$118/\$135	\$101/\$116

## Advanced Gymnastics – Step 4

- This class is a continuation of Step 3 by director recommendations only. Invite only class.
- The goal of this class is to allow athletes to continue building strength and progress skills beyond Step 3 without moving into our competitive program
- Approximately 50% of class time will focus on strength and flexibility

Advanced Beginner Gymnastics Classes - Step 4	Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
Step 4	8+yrs	Tuesday	6:20pm-7:30pm	\$135/\$155	\$101/\$116
Step 4	8+yrs	Saturday	1:20pm-2:30pm	\$118/\$135	\$101/\$116

## Homeschool Gymnastics

Homeschool Gymnastics	Age	Day	Time	Fall Fee Res/NR	Late fall Res/NR
Homeschool Gymnastics	4-5yrs	Friday	10:45am-11:25am	\$60/\$70	\$45/\$55
Homeschool Gymnastics	6-12yrs	Friday	11:30am-12:25pm	\$81/\$93	\$60/\$70

## Warrior Training and Tumbling:

Are you an athlete looking to build strength while conquering challenges and having fun? Come train on our Ninja Rig. Roll, flip, swing and climb your way to become a stronger athlete. Each week will feature different obstacles and strength exercises as well as basic tumbling lessons. This program is structured and instructional.

## Obstacle Course Mania:

Race your friends through fun obstacle courses. This program is supervised, but not instructional. Participants will have time on 2 different obstacle courses plus a group activity or game at the end.

Class	Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
Warrior Training & Tumbling	6+yrs	Monday	4:00pm-4:40pm	\$70/\$81	\$70/\$81
Warrior Training & Tumbling	6+yrs	Monday	4:45pm-5:25pm	\$70/\$81	\$70/\$81
Warrior Training & Tumbling	6+yrs	Monday	5:30pm-6:10pm	\$70/\$81	\$70/\$81
Warrior Training & Tumbling	6+yrs	Monday	6:15pm-6:55pm	\$70/\$81	\$70/\$81
Obstacle Course Mania	4-6yrs	Sunday	1:00pm-1:40pm	\$81/\$93	\$60/\$70

Fall session runs 9/8-11/2  
Late Fall Session runs 11/3 - 12/21

Late Fall Registration for residents  
begins October 6 and October 13  
for non-residents.

## BACK HANDSPRING BOOTCAMP

Instructors will work with athletes to develop the strength, technique and confidence needed to get their back handspring. This clinic is for those already working on a back handspring. It is not a beginner class. Pre-requisites: must be able to do a back walkover and proper round off, and have previous experience working on the back handspring. Please contact Jackie Kitto if you're unsure if this is a proper fit for your athlete.

Age	Date	Time	Fee Res/NR
6yrs +	Tuesday Sept. 9 - Oct. 28 Fall	5:15pm- 6:15pm	\$108/\$124
6yrs+	Tuesday Nov. 4 -Dec. 16 Late Fall	5:15pm- 6:15pm	\$81/\$96



## Private and Semi-Private Lessons

Does your gymnast need extra time to work on a skill? Do you have a cheerleader struggling to learn the back handspring? Perhaps your child and her friend just want a lesson together, at a time convenient for you, with no distractions. Ask us about our private lessons! Once scheduled, an individualized lesson plan will be developed to help the participant achieve his/her personal goals.

Contact Jackie Kitto, Recreation Leader at (585) 444-2208, for more information or to schedule your lesson today!

Please contact Jackie Kitto for more information about our competitive National Gymnastics Association team.



## Adult Programs

### PILATES MAT

Energize your body and focus your mind with this full-body Pilates workout. This class emphasizes core strength, flexibility, and balance. You'll also work on joint mobility and spinal alignment. Get moving, get stronger and feel amazing! Mats are provided. Location: Henrietta Recreation Center, MP1



Age	Day	Time	Fee Res/NR
16yrs & Up	Thursday Sept. 11 - Nov. 13	5:30pm-6:30pm	\$72/\$82

### FOUNDATIONAL FLOW YOGA

As we flow through yoga postures, spending a few breath cycles in each shape, we are able to adjust, explore, and strengthen our ability to listen and connect to ourselves.

Foundational Flow allows us to find the breath and movement that feels best for our individual bodies and minds. Location: Recreation Center. Instructor: Kayla Sorenson.



Age	Date	Time	Fee Res/NR
16 yrs and up	Tuesday Sept. 9 - Oct. 14	6:30pm-7:30pm	\$55/\$65
16 yrs and up	Tuesday Oct. 28 - Dec. 9 *No program Nov. 18	6:30pm - 7:30pm	\$55/\$65
16yrs and up	Tuesday Dec. 16 - Jan. 27 *No program Dec. 23	6:30pm - 7:30pm	\$55/\$65

### OULA DANCE FITNESS CLASS

Oula celebrates the healing power of dance as part of an inclusive community where everyone is welcome. Oula merges cardio of varying intensity levels with easy to follow choreography set to an energetic pop soundtrack. Location: Henrietta Recreation Center, Activity Room

Class	Age	Day	Time	Fee Res/NR
Session A	18yrs & Up	Monday Sept. 8- Sept. 29	6:45pm-7:45pm	\$48/\$58
Session B	18yrs & Up	Monday Oct. 6 - Oct. 27	6:45pm - 7:45pm	\$48/\$58
Session C	18yrs & Up	Monday Nov. 3- Nov. 24	6:45pm-7:45pm	\$48/\$58
Session D	18yrs & Up	Monday Dec. 1- Dec. 15	6:45pm - 7:45pm	\$36/\$46



### TAI CHI- YANG STYLE

The lessons will focus on specific postures of the form that can improve; balance and coordination, strengthen muscle groups, relaxation and breathing. New 10 week format! The instructor will be Joe Hennekey from the Rochester T'ai Chi Ch'uan Center, certified by Grand Master William C.C. Chen. The wearing of loose comfortable clothing and soft shoes is recommended. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 yrs & Up Fall Session	Thursday Aug. 14-Oct. 16	10:00am- 11:00am	\$81/\$93
Adult 18yrs & Up Late Fall Session	Thursday Nov. 6 - Jan. 29 * No program Nov. 27, Dec. 25, Jan. 1	10:00am- 11:00am	\$81/\$93



### VOLLEYBALL FOR ADULTS

This coed adult volleyball program is for those who enjoy competitive intermediate play. There is no formal instruction. Players should possess intermediate level volleyball skills. When necessary, rotation of extra players will be used. The instructor will form new teams each week. Location: Henrietta Recreation Center, Gym



Session	Age	Day	Time	Fee Res/NR
A	Adult 18 & Up	Monday Sept.8- Oct. 27	7:00pm-8:30pm	\$64/\$74
B	Adult 18 & Up	Monday Nov. 3- Dec. 15	7:00pm-8:30pm	\$56/\$65

### VINYASA FLOW

Join us for an invigorating Vinyasa class designed to challenge your body and awaken your spirit! Flow through powerful poses that build heat, strength, flexibility, and stamina. Connect your breath with each movement to enhance focus and clarity. Get ready to flow, sweat and transform! Location: Recreation Center. Instructor: Kayla Sorenson

Age	Date	Time	Fee Res/NR
16 yrs and up	Thursday, Sept. 4- Oct. 9	6:45pm - 7:45pm	\$55/\$65
16 yrs and up	Thursday, Oct. 16- Nov. 13	6:45pm - 7:45pm	\$45/\$55
16yrs and up	Thursday, Dec. 4 - Dec. 18	6:45pm - 7:45pm	\$28/\$38

### ZUMBA

A total workout, combining all elements of fitness-cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Location: Recreation Center



Age	Date	Time	Fee Res/NR
16 yrs and up	Wednesday Sept. 10 - Oct. 22	6:30pm-7:30pm	\$56/\$66
16 yrs and up	Wednesday Oct. 29 - Dec. 17 *No program Nov. 26	6:30pm - 7:30pm	\$56/\$66



## Adult Programs

### PICKLEBALL BEGINNER LESSONS-INTRO TO PICKLEBALL

This course is for those who have never played Pickleball. Focus on: Safety considerations while playing, basic rules of the game, scoring, layout of the court, proper grip to hold the paddle, intro to various shot types, doubles play, strategy basics and basic coverage of the court. Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Session	Age	Day	Time	Fee Res/NR
Fall	Adult 18 & Up	Tuesday Sept. 9 - Sept. 30	4:00pm- 5:30pm	\$43/\$53
Fall	Adult 18 & Up	Tuesday Sept. 9 - Sept. 30	7:00pm- 8:30pm	\$43/\$53
Late Fall	Adult 18 & Up	Tuesday Nov. 4 - Nov. 25	4:00pm -5:30pm	\$43/\$53
Late Fall	Adult 18 & Up	Tuesday Nov. 4 - Nov. 25	7:00pm -8:30	\$43/\$53

### PICKLEBALL BEGINNER LESSONS 2.0-WORKING ON BASIC SKILLS

This course is for those who have played Pickleball for a few weeks to a few months and would like to accelerate their pickleball learning process. Focus on: Shot making skills, movement on court, Doubles Pickleball strategies, communication. Instructor: Jeff Yaskow. Location: Henrietta Recreation Center



Age	Day	Time	Fee Res/NR
Adult 18 & Up	Tuesday Sept. 9 - Sept. 30	5:30pm-7:00pm	\$43/\$53
Adult 18 & Up	Tuesday Nov. 4 - Nov. 25	5:30pm-7:00pm	\$43/\$53

### OPEN PLAY BADMINTON DROP-IN

Welcome to the second most popularly played sport in the world - Badminton! It's a fantastic social, mental, fun, high-energy sport that folks enjoy playing together. Dress comfortably and bring an indoor racket. Location: Recreation Center, Gym 1. Drop in Fee per visit: \$7 for Resident/ \$8 for Non-Resident.



Age	Day	Time
13 & Up	Starting Friday, Sept. 5 *No program Oct. 31 & Nov. 28	6:00pm-8:45pm

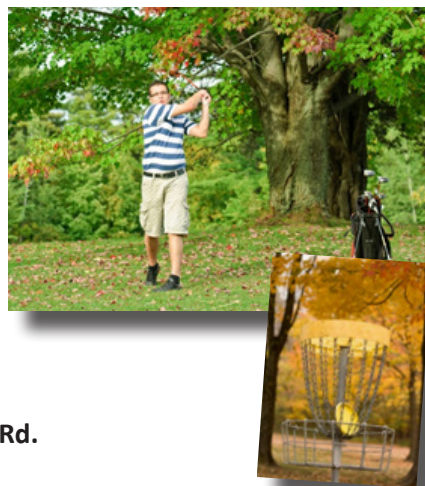
### INDOOR SOCCER FOR ADULTS

Get your exercise and have fun at the same time! This coed indoor soccer program is strictly recreational play. All skill levels are welcome. The instructor will form new teams each week. Location: Henrietta Recreation Center, Gymnasium

Age	Day	Time	Fee Res/NR
18 & up	Sunday Sept. 7-Oct. 26	10:45am-12:15pm	\$55/\$65
18 & Up	Sunday Nov. 2 - Dec. 21	10:45am -12:15pm	\$55/\$65



**Town of Henrietta  
Riverton Oaks  
Municipal Golf Course**  
  
520 Scottsville-West Henrietta Rd.  
West Henrietta, NY 14586  
585.334.6196  
[www.henrietta.org/RivertonOaks](http://www.henrietta.org/RivertonOaks)



It's been a busy summer at Riverton Oaks Municipal Golf Course and there's still lots of great golfing days ahead. Don't put those clubs away yet. The cooler fall temps make for a more comfortable golfing experience and the fall colors at the golf course provide a beautiful backdrop for a round of golf.

Riverton Oaks will be open until the snow flies and there's plenty of tee times available. Stop in and see us soon!

# Special Events

October 25

## Halloween Celebration at Tinker Nature Park

6:00pm-8:00pm \* Preschool - 6th Grade

For families with children, preschool-6th grade. Walk down "Trick or Treat" Street, visit the Pumpkin Trail, and see a Victorian Funeral scene. Enjoy cider and donuts with your friends! Register online at [henriettaec.org](http://henriettaec.org).



November 1st

## Make a Difference Day

9:00am-12:30pm \* RH School Cafeteria

Join us in making a difference in our community and lend a helping hand! Be Involved: Groups, service organizations, families and individuals are welcome! For more information and project assistance please call (585) 359-2540 or e-mail Anita at [atichacek@henrietta.org](mailto:atichacek@henrietta.org).

Volunteer activities from 9am -12pm at the R-H Senior High School with a pizza party at 12pm to celebrate all the completed community projects!



MAKE A  
DIFFERENCE DAY



October 18

## Teen Night

6:30pm-8:30pm

### Halloween Party at Henrietta Rec Center

Enjoy some spooky fun with friends! Activities include a costume contest, make your own caramel apple bar, and open gym time. Pizza and refreshments also available.

November 15

## Teen Night

6:30pm-8:30pm

### Escape Room at Henrietta Rec Center

Mystery game that will provide a true challenge for you and your friends. Work together to solve puzzles and secret codes. If you can escape, enjoy open gym time and pizza.



## Henrietta Community Chorus

The Henrietta Community Chorus is open to all singers 18 years and older. Come join us as we begin the holiday season, learning wonderful music while getting reacquainted with old friends and making new ones!

The fall/winter session runs from October 9 - mid January. Rehearsals for the fall/winter session will be held on Thursday evenings at Burger JHS (639 Erie Station Road) from 7-8:30 pm. we will have many opportunities to perform during the holiday season and look forward to welcoming new singers

Contact Carol Lamica, Director, with any questions. [Hensingers23@gmail.com](mailto:Hensingers23@gmail.com)







# Henrietta Senior Center

SrCenter@henrietta.org  
515 Calkins Road, Henrietta NY 14467  
(585) 334-4030  
Hours: Monday-Friday, 9:00am-3:00pm

Senior Citizens are adults 60 years of age and their spouse of any age. Stop in and pick up a monthly calendar or visit us online at [www.henrietta.org](http://www.henrietta.org). Fitness programs, nutritious meals, and health services make us one of the best Senior Centers in the County. Our recreation activities, social programs, and travel opportunities keep us active. Join us for dancing, special events, and education programs. Daily transportation is available to and from the center. We look forward to welcoming you to our Senior Center.

## WEEKLY ACTIVITIES INCLUDE THE FOLLOWING:

\*INDICATES NOT EVERY WEEK. PLEASE CHECK SCHEDULE

+ LUNCHES: INSIDE DINING OR TO GO. RESERVATION IS REQUIRED.

### MONDAYS

9:15 Chair Exercise  
10:00 /11:00 Young at Heart  
Fitness  
10:30 Billiards  
12:00 Lunch+  
1:00 Cards/Euchre/Hand  
& Foot  
\*Movie & Popcorn

### TUESDAYS

9:30 Low Impact Aerobics  
10:00 Crafts  
10:30 Arthritis Exercise  
12:00 Lunch+  
1:00pm Cards & Scrabble

### WEDNESDAYS

9:00 Chair Exercise  
10:00 /11:00 Young at Heart  
Fitness / Walk in the park  
\*11:00 Eldersource Counselor  
12:00 Lunch+  
1:15 Gametime/Cards  
\*Stretching Class

### THURSDAYS

9:30 Low Impact Aerobics  
\*10:00 Tinker Treks  
10:30 Mahjong  
1:00 Chair Yoga  
12:30 Mexican Train

### FRIDAY

9:15 Chair Exercise  
\*10:00 Book Club  
\*10:30 Deaf Elders Around  
Rochester  
\*11:00 Standing Strong  
Exercise  
1:00 Bocce League/  
Cornhole League



## Lunch Club 60

Make your reservation now!  
Monday, Tuesday & Wednesday  
12:00pm  
Dine inside or Grab To Go.  
Suggested contribution \$3.50



**Register now...**  
**Defensive Driving Instruction**  
Tuesday, Sept. 16th 9am -12pm  
and  
Thursday, Sept. 18th 9am -12pm

**Monroe County Senior Services Exposition**  
October 24, 2025

Speak with:

- \* Monroe County Office of the Aging,
- \* Lawyers regarding finances, wills, powers of attorney, etc.
- \* Insurance Agencies
- \* Food Programs
- \* Lifespan
- \* and more!



Hosted by  
Legislator Michael Yudelson,  
Legislator Steve Brew,  
Legislator Richard Milne,  
with  
County Executive Adam J. Bello



**Save the date!**

## Pancake Breakfast With Santa

Sunday, Nov. 30  
8:30am

Ticket information coming soon on this fun event!

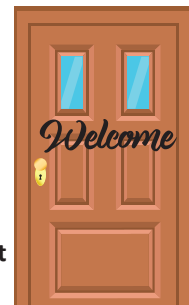


**TOWN OF HENRIETTA  
SENIOR HOUSING FAIR  
AT THE HENRIETTA SENIOR CENTER**  
515 Calkins Road  
Henrietta, NY 14467

**Friday, September 19  
9am - 12pm**

**LEARN ABOUT HOUSING  
OPTIONS FOR SENIORS**

Representatives from Senior  
Housing complexes around town will  
be available to answer questions about  
current and future housing.



**We're  
expanding....**





## 2025 Events



### September 20 Honey Harvest Festival

11:00am - 2:00pm

It's time to harvest some honey! Enjoy live music from Jay Schnitt in the Tinker Barn and The Jimmy Jam Band on the Nature Center Patio. Observe cider press demonstrations, enjoy complimentary cider and donuts, and watch live honey extractions. There will be fresh honey available for purchase. Food trucks and ice cream vendors will be available as well.



### October 18 Autumn Artisan Market

10:00am - 3:00pm

Join us for the Autumn Artisan Market at Tinker Nature Park! Discover a celebration of local talent amidst the beauty of autumn on October 18th from 10am to 3pm. Enjoy a day filled with creativity, community, and the splendor of fall foliage. Don't miss out— mark your calendars and bring your friends!



### October 25 Halloween Celebration

6:00pm-8:00pm

For families with children, preschool-6th grade. Walk down "Trick or Treat" Street, visit the Pumpkin Trail, and see a Victorian Funeral scene. Enjoy cider and donuts with your friends! Register online, starting September 16th, at [henriettaec.org](http://henriettaec.org).



### December 5 Lantern Tours of the Tinker Homestead

6:00pm-8:00pm

Enjoy the beauty of a Victorian Christmas at the Tinker Homestead. There will be lantern-led tours of the Tinker Homestead highlighting Victorian Christmas traditions. Registration is required and begins November 1. Maximum group size is limited to 10. Sign up for time slots by calling (585) 359-7044 or emailing [naturecenter@henrietta.org](mailto:naturecenter@henrietta.org)

### December 6 Cookies and Cocoa with Santa

11:00am - 2:00pm

Tour the Tinker Homestead, decorated in the Victorian Christmas Style, learn about Victorian Christmas Traditions, and then head to the nature center to make an ornament to take home. Santa will make appearances for photos.



Please visit [henrietta.org](http://henrietta.org) and select Tinker Nature Center under the Community tab for information regarding our other classes, staff-led hikes, and more!



*Reminder! All through the month of January we will be accepting your live Christmas trees for recycling! Please no bags, strings, or any other debris. We will also be accepting canned goods and other non-perishables for the RH Area Food Terminal.*





**TOWN OF HENRIETTA**

# *Holiday Lights and Magic*

**DECEMBER 6, 2025**

**6:30pm - 8:30pm**

**Henrietta Library | Henrietta Senior Center | Henrietta Recreation Center**

**Tree  
Lighting!**

**ACTIVITIES INCLUDE:  
CAROLING  
VISITS WITH SANTA**

**Holiday  
Light Display!**

**A CELEBRATION OF HOLIDAY TRADITIONS AROUND THE WORLD  
STORY TIME AT THE HENRIETTA LIBRARY  
A MAGIC SHOW AT THE HENRIETTA SENIOR CENTER  
SHOP WITH LOCAL HOLIDAY VENDORS AT THE RECREATION CENTER**

Please dress appropriately for indoor/outdoor activities.

