

# PARKS AND RECREATION

Town of  
**HENRIETTA**

605 CALKINS ROAD, HENRIETTA NY  
585.359.2540 | [www.henriettarec.org](http://www.henriettarec.org)

WINTER/SPRING 2026

**REGISTRATION BEGINS DECEMBER 8TH FOR RESIDENTS,  
DECEMBER 15TH FOR NON-RESIDENTS.**



**CUPIDS AND COOKIES  
VALENTINE'S DAY DANCE**

see information  
on page 21!



## Town Supervisor

### Stephen L. Schultz

Craig C. Eckert, Deputy Town Supervisor

Linda K. Salpini, Director of Finance and Personnel

## Henrietta Town Board

**M. Rick Page**

**Joseph D. Bellanca, Jr.**

**Robert Barley, Jr.**

**Michael J. Stafford**

## Parks and Recreation Department

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# Henrietta Parks Information

Welcome to 2026! It's hard to believe that the Henrietta Recreation Center has been open for nine years. The community response has been tremendous and we've seen growth in participation across the board. The gymnastics program has grown to over 500 participants per session, preschool programs are full of smiling children, and both youth and adult sports programs are booming. It's wonderful to walk around the Recreation Center and see every space in use, each with a different activity.



In addition to support from the community, we've also received help from many hard-working volunteers, backing from both the Parks and Recreation and Youth Advisory Boards, the strong support of every Town Board since the Recreation Center opened, and the dedication of a staff of professionals who love what they do. In the past two years we have been fortunate to have the assistance of the newly formed Friends of Henrietta Parks and Recreation. The Friends group helps to grow the mission of the Department through fundraising, volunteerism, and community promotion. We appreciate their support and know that we will succeed together.

Of course, these past nine years haven't been without their challenges, such as COVID closures and increasing staffing and supply costs. The staff works hard to keep to maintain costs, but this year, for the first time, there will be an increase in Recreation Center membership rates. We hope that you appreciate the value of membership and continue to frequent the Henrietta Recreation Center.

Looking forward, 2026 promises to be an exciting year in Henrietta. In January, we'll be bringing back the popular Hamster Ball Races event. In April, the Youth Development Advisory Board will be celebrating the 50th anniversary of the Rush-Henrietta Youth Hall of Fame. This summer, we'll be kicking off the Summer Concert Series in the new permanent bandshell in the park. On July 4, the Town will be hosting a huge bash commemorating the 250th anniversary of the USA. There are also planned improvements to the playground and restrooms at Tinker Nature Park. And, later in the year, the Town will unveil an expansion of the Henrietta Senior Center, with increased dining and kitchen space. It's going to be another busy year!

Thanks to all of you that join in our programs and events. We trust that you will find something fun to do in the pages of our Winter and Spring brochure. Best wishes for the New Year to you and your family!

*-Pam Grundman, Director of Parks and Recreation*



585.359.2540

# Recreation Center

## Drop-in Activities

Drop-in cost for Sunday Hoops and Pickleball is \$5.00 for residents, \$7.00 for non-residents.  
 (Subject to scheduling changes, refer to online calendar for updated information)

Program	Days	Times	Ages
Sunday 35+ Hoops	Sunday	12:30pm-2:30pm	Adults 30+
Afternoon Pickleball	Monday, Wednesday	10:00am-2:00pm	Adult 18+
Advanced Pickleball	Tuesday	9:00am-12:00pm	Adult 18+
Advanced Pickleball	Thursday	9:00am-12:00pm	Adult 18+
Afternoon Pickleball	Tuesday	12:00pm-3:00pm	Adult 18+
Afternoon Pickleball	Thursday *Beginning January 4th	12:00am-3:00pm	Adult 18+
Evening Pickleball	Thursday	6:15pm-8:45pm	All ages
Table Tennis (free for members)	Sunday	8:30am-10:30am	All ages welcome
Table Tennis (free for members)	Monday, Wednesday	8:30am-1:30pm	All ages welcome

Members who play Pickleball/Drop In Basketball receive discounted rates on multiple visits for drop-in activities. (Not available to non-members)

Visit Pass	Resident Fee/NR Fee
10 Visits	\$25/\$40
20 Visits	\$40/\$60

## Membership Admission Policies

- Members sign and agree to adhere to the facility code of conduct indicated on the disclaimer.
- Members will receive a keytag to use for scanning into facility.
- Replacement fee for member keytag is \$5.00 per person. (Scan-in required)
- Members receive free access to walking/running track, table tennis, and open gym times. (Scan-in required)
- Scheduled drop-in activities will require a fee and scan-in.
- Drop-in activity daily cost for members and non-members is \$5.00 for residents, \$7.00 for non-residents.
- Scan-in is not required for pre-registered recreation programs, facility rentals, or special events.
- Individuals under the age of 18 must be signed up by their legal guardian.
- Members under age 14 must be supervised by an adult Henrietta Recreation Member age 18+ while using the facility.
- Open gym is open to Members only at this time. Anyone under the age of 18 years old must have parent or guardian sign for their membership or renewal.
- Indoor waiting is not allowed. Spectators are not allowed.



The Henrietta Parks and Recreation staff take photos of our programs and events for promotional use. If you prefer not to have your photo or your child's photo used in promotional materials, please inform the instructor or photographer.

## Reservation Fees

Space available for athletic activities.

Room	R-H Youth Sports Fee	Res Fee	Non-Res Fee
Gym 1	\$50 per hr.	\$60 per hr.	\$70 per hr.
Gym 2	\$60 per hr.	\$70 per hr.	\$80 per hr.
Gym 2-A	\$35 per hr.	\$40 per hr.	\$50 per hr.
Gym 2-B	\$35 per hr.	\$40 per hr.	\$50 per hr.
Activity Room	\$35 per hr.	\$40 per hr.	\$50 per hr.
Multipurpose Room 1	\$40 per hr.	\$45 per hr.	\$55 per hr.
Multipurpose Room 2	\$35 per hr.	\$40 per hr.	\$50 per hr.
Batting Tunnel (w/ 2-B)	\$50 per hr.	\$60 per hr.	\$70 per hr.
Pickleball Court (Available for rental on Fridays from 10am-2pm)	\$15 per hr.	\$15 per hr.	\$15 per hr.

Membership Type	Resident Annual Fee	Non-Resident Annual Fee
Adult (14-59)	\$20.00	\$50.00* includes 2 drop in passes
Senior (60+)	\$10.00	\$30.00
Youth (0-4)	FREE	FREE
Youth (5-13)	\$10.00	\$25.00
Veteran	FREE	\$25.00

*\*A discount of \$10 per year is available for Non-Resident Adults (14-59) who reside in the R-H school district or whose employers are members in the Henrietta Chamber of Commerce.*



# General Information

## PARKS AND RECREATION ADVISORY BOARD

The Purpose of the Henrietta Parks and Recreation Advisory Board is to advise and assist the Town Board in the preparation of plans and programs for carrying out the functions of the Parks and Recreation Department. The Board also reviews plans and proposals for the acquisition and development of parks and recreation facilities and may be referred to make such recommendations to the Town Board through the Director of Parks and Recreation in connection therewith as deemed appropriate.

### CURRENT MEMBERS

Gary Junge, Chair	Michael Condello
David Moriarty, Vice Chair	Michael Davis
Barbara Christensen	Mary Ellen Liss
Patrick Irving	Diana Keating
Eric Ober	Robert Schoener
Susan Burke	

## YOUTH DEVELOPMENT ADVISORY COMMITTEE

Mission: To improve the quality of life for Henrietta youth and families through planning, advocacy, networking and programming.

### CURRENT MEMBERS

Dr. Jesse Redlo, Chair	Simra Hamad, Youth Rep
Lacresha Scott, Vice Chair	Rawan Hassan, Youth Rep
Albert Barrett	Sybil Monteiro, Youth Rep
Barbara Christensen	Tharuni Paskaran, Youth Rep
Bhim Dhakal	Susanna Sherman, Youth Rep
Theresa Dukes	Shiloh Arthmann, School Board Liaison
Marianne Gocker	Laura Dingman, Library Liaison
Harmony Sefranek	Joe Bellanca, Jr., Town Board Liaison
Bridget Bartholomay	Anita Tichacek, Recreation Liaison

## FRIENDS OF HENRIETTA PARKS AND RECREATION

Our mission is to enrich, encourage, and promote fundraising activities to supplement the cost of specific public recreation programs, parks, facilities, and services for the Town of Henrietta. We will work together to welcome and recruit volunteers from the community to participate, advocate for and support the programs and facilities that will help create a happy and healthy community where our residents can live, work, and play.

Michael Condello, President  
John Sercu, Vice President  
Rachel Cornmire, Treasurer  
Nicki Whaley, Secretary

Howard Ressel, Member at Large  
Brooke Duryea, Member at Large  
Mary McGohan, Member at Large  
Pam Grundman, Department Liaison  
Jackie Kitto, Gymnastics Liaison



### WANT TO HELP?

We are always looking for volunteers for upcoming events, donations & fundraising partners!

### OUR MISSION:

To *enrich, encourage, and promote fundraising activities* to supplement the cost of specific public recreation programs, parks, facilities, and services for the Town of Henrietta that will help *create a happy and healthy community*.



## REFUND POLICY

Refunds are available as noted below unless otherwise stated in the program description. All refund requests must be submitted to the Henrietta Recreation office in person or by phone. A check will be issued in approximately 2 to 3 weeks. The processing fee for all refunds is \$10

- If a program is cancelled by the Town = FULL REFUND
- MEDICAL REFUND must be accompanied by note from physician. Refund will be prorated from date of injury/accident.
- You may withdraw from a program prior to the start date. Full refund will be granted minus a \$10 processing fee.
- If you withdraw from a program during the FIRST HALF of the program, you will receive a refund of (50%) of the program cost minus a \$10 processing fee.
- REFUNDS WILL NOT be given for missed classes for any (NON-MEDICAL) reasons to anyone who registers for a program but does not attend.
- Once a program has ended REFUNDS WILL NOT be given for any reason.
- Cabin refunds MUST BE AT LEAST TWO WEEKS PRIOR to the date reserved or NO refund will be given. There will be a \$10 processing fee.

## HENRIETTA RECREATION DEPARTMENT POLICIES

The Recreation Department reserves the right to cancel or change any program due to low enrollment and may limit the size of any program. Additionally, any program may be cancelled or postponed due to unforeseen conditions which may directly impact the quality or safety of the program. Classes missed because of illness, travel conflicts or personal reasons cannot be made up.

## WEATHER RELATED PROGRAM CANCELLATIONS

If the Rush-Henrietta School District is closed due to inclement weather conditions, ALL Henrietta Recreation Programs that are located in a SCHOOL FACILITY are also CANCELLED. If Rush-Henrietta schools close early due to inclement weather conditions, then Recreation Programs scheduled in the schools are also cancelled. For Henrietta Recreation programs that are NOT located in a Rush-Henrietta School District Facility, please call the Henrietta Recreation Department (585) 359-2540 or the weather information line at 585-234-1042 for daily updates regarding program cancellations. When possible, program cancellation information will be communicated to local media.

Classes cancelled due to weather or unforeseen circumstances are not eligible for a credit or refund. If possible, make-ups will be scheduled.

## FOR YOUR INFORMATION

The following popular programs are NOT run by the Town of Henrietta. You may contact them directly for program information.

**R-H CONTINUING EDUCATION**  
Cub Care, Swim Lessons and more!  
[rhnet.org](http://rhnet.org) • (585) 359-7805

**R-H LACROSSE CLUB**  
Boys & Girls Lacrosse  
[www.rhlax.com](http://www.rhlax.com)

**R-H ATHLETIC ASSOCIATION**  
(Baseball/Softball)  
[www.rhaa.net](http://www.rhaa.net) • (585) 234-5650

**R-H SOCCER CLUB**  
[www.rhsoccer.org](http://www.rhsoccer.org) • (585) 234-0245

**R-H YOUTH SPORTS ASSOCIATION**  
R-H Renegades Football & Cheer  
R-H Renegades Boys & Girls Basketball  
R-H Wrestling  
[www.rhysa.org](http://www.rhysa.org) • (585) 270-0914



# Henrietta Parks Information

## VETERANS MEMORIAL PARK, 595 Calkins Road

This park has many recreational facilities available to the public including the Henrietta Recreation Center, Senior Center, amphitheater, 3 playgrounds, softball and soccer fields, Roberts and Bushman cabins, picnic pavilions, outdoor restrooms, basketball, pickleball and tennis courts, splash pad and a walking trail that connects to the Lehigh Valley Trail.

## MARTIN ROAD PARK, 1344 Martin Road

Features a large playground, Buyck pavilion, outdoor restroom, soccer fields, kick wall, tennis and pickleball courts, and catch and release fishing pond.

## LOOKUP PARK, 3850 East Henrietta Road

Amenities include Baldwin Cabin, a 9-hole disc golf short course, golf driving range and dog park. The dog park is self-monitored and is part of the Monroe County Dog Park system. An annual fee will allow you access to dog parks at Lookup Park and six other dog parks in the county. Registration for the dog park is required and can be done at the Henrietta Town Clerk's Office. The golf driving range is operated by the Henrietta Foundation. For hours and additional information regarding the driving range call (585) 334-1300.

## BREESE PARK, 108 Westcombe Park

This park features beautiful views of the Genesee River and has an accessible stone dust trail that runs alongside the river. The property is home to many types of wild animals and beautiful plants such as bluebell and trillium flowers, native ferns, mushrooms, black walnut trees, etc. Eagle Scout projects such as a pedestrian walking bridge, kiosk, and wildlife observation blind have been completed here. The newly added Breese Park Play and Fitness trail opened in November 2021.

## TINKER NATURE PARK, 1525 Calkins Road

Amenities include the Hansen Nature Center, Tinker Homestead and Farm Museum, Tyler Pavilion, small playground, 2 miles of hiking trails with wetland boardwalks, small amphitheater, gazebo overlooking pond, and the Community Garden Program (registration required). \*Please note that dogs are strictly prohibited at Tinker Nature Park

## CABIN / PAVILION RESERVATIONS AND FEES

Bushman Cabin, Roberts Cabin, Baldwin Cabin, and pavilions (Tyler, Buyck, Stevens, and Chase) are available to reserve. All cabins are heated and air conditioned and include restrooms, kitchens with oven/stove, refrigerator, sink, and tables with seating for approximately 50-100 people. Cabins and pavilions are available for use from 10:00am to 10:00pm, with the exception of Buyck and Tyler Pavilions, which are available until dusk. Henrietta residents can reserve cabins and pavilions up to 365 days in advance, non-residents up to 335 days in advance.

**Reservations must be made in person at the Henrietta Recreation Center or by request online. To make a reservation request online please visit [henriettarec.org](http://henriettarec.org). A \$100 cleaning deposit in the form of a check is due upon key-pickup for all cabins and Tyler Pavilion. If the facility is left in its original condition, key is returned and rules are followed, your check will be returned to you by mail. For more information on these and additional town park properties, please visit our website at [www.henrietta.org](http://www.henrietta.org).**



Facility	Resident Daily Fee	Non-Resident Daily Fee
Roberts Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Bushman Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Good Shepherd Hall	\$300 (Monday-Thursday) \$350 (Friday- Sunday & Holidays)	\$400 (Monday -Thursday) \$500 (Friday - Sunday & Holidays)
Baldwin Cabin at Lookup Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Chase & Tyler Pavilion	\$25	\$50
Stevens & Buyck Pavilion	\$50	\$75

# Preschool Programs



## PRESCHOOL PLAYGROUP

Preschool Playgroup is a structured program that encourages social development through play and educational activities. Children learn to play together in a supervised environment by participating in games, projects, songs, and arts & crafts. Location: Henrietta Recreation Center

*You may only register for one preschool playgroup class. You may register your child for a second Preschool Playgroup class one week prior to the program starting, if space is available.*

## PRESCHOOL PLAYGROUP WINTER

The Winter Session is 8 weeks. Location: Henrietta Recreation Center. (Registration begins 12/8/25 for Henrietta Residents and 12/15/25 for Non-Residents)

Instructor	Age	Day	Time	Fee Res/NR
Ms. Caitlin	2.5-3yr	Monday & Tuesday Jan. 26 - March 24 *No program Feb. 16 & 17	9:15am-11:45am	\$290/\$334
Ms. Caitlin	3-5yr	Wednesday & Friday Jan. 28 - March 27 *No program Feb. 18 & 20	9:15am-12:15pm	\$290/\$334
Ms. Caitlin	3-5yr	Thursday Jan. 29 - March 26 *No program Feb. 19	9:15am-12:15pm	\$145/\$167

## PRESCHOOL PLAYGROUP SPRING SESSION

The Spring Session is 9 weeks. Location: Henrietta Recreation Center. (Registration begins 3/9/26 for Henrietta Residents and 3/16/26 for Non-Residents)

Instructor	Age	Day	Time	Fee Res/NR
Ms. Caitlin	2.5-3yr	Monday & Tuesday April 6 - June 2 *No program May 25	9:15am-11:45am	\$306/\$352
Ms. Caitlin	3-5yr	Wednesday & Friday April 8 - June 5	9:15am-12:15pm	\$324/\$373
Ms. Caitlin	3-5yr	Thursday April 9 - June 4	9:15am-12:15pm	\$163/\$186

## PRESCHOOL OPEN GYM

Preschool Open Gym gives children a chance for supervised play, in the Henrietta Recreation Center Gymnastics area, using a wide variety of equipment! At the end of class we'll enjoy a song and pop some bubbles!

**Location: Henrietta Recreation Center, Gymnastics Area**



Age	Day	Time	Fee Res/NR
2yrs- 4yrs with parent/guardian	Wednesday April 8 - June 10	9:30am-10:15am	\$60/\$70
2yrs-4yrs with parent/guardian	Wednesday April 8 - June 10	10:45am-11:30am	\$60/\$70
18 month - 2yr with parent/guardian	Thursday April 9 - June 11	9:30am-10:15am	\$60/\$70
2yrs-4yrs with parent/guardian	Thursday April 9 - June 11	10:45am-11:30am	\$60/\$70

## SCOOT & SLIDE: GYM TIME WITH PARENT

Join us for open gym time where your child can run, jump, ride and scoot! The gym will be set up with various ride-ons, scooters, and sports equipment. All equipment will be age appropriate. Children must be supervised while playing in the gym. All in attendance must have a membership.



Age	Day	Time	Fee
18 months- 6yrs	Monday - Thursday *No program February 16- 20, and March 30 - April 3, May 25	10:00am-12:00pm	Free to Members

## CARTOONS AND CREATION: CRAFT TIME WITH PARENT

Bring your youngster for a morning of games, crafting and cartoons! For ages 18 months - 6yrs. Children must be supervised. All in attendance must have a membership.

Theme	Day	Time	Fee
Frozen 2	Tuesday, January 13	9:30am-11:30am	Free to Members
Lilo & Stitch	Tuesday, February 24	9:30am-11:30am	Free to Members
Inside Out 2	Tuesday, March 24	9:30am-11:30am	Free to Members
Bluey	Tuesday, April 21	9:30am-11:30am	Free to Members
Toy Story	Tuesday, May 19	9:30am-11:30am	Free to Members
Sesame Street	Tuesday, June 9	9:30am-11:30am	Free to Members

# Preschool Programs



## WINTER FUN AND VALENTINES

Share some fun with your preschooler doing a variety of art projects. Crafts are based on the winter season and Valentine's Day. Storytime and a snack are included. Take home a packet of themed coloring sheets and projects.

\*Please bring a smock. Location: Henrietta Recreation Center

Age	Date	Time	Fee Res/NR
2-6 yrs with parent	Saturday, January 31	9:30am -11:00am	\$15/\$18
2-6 yrs with parent	Saturday, January 31	11:30am -1:00pm	\$15/\$18

## ADVENTURES THROUGH ART

Have fun with your preschooler exploring art through craft project using a variety of methods and themes. Story time and snack included. Take home a packet of coloring sheets.

\*Please bring a smock. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
2-7 yrs with Parent	Saturday, February 21	9:30am-11:00am	\$15/\$18
2-7 yrs with Parent	Saturday, February 21	11:30am -1:00pm	\$15/\$18



## BUTTERFLIES & BUNNIES

Share some fun with your preschooler doing a variety of art projects. Crafts are based on the spring season and Easter. Storytime and a snack are included. Take home a packet of themed coloring sheets and projects.

\*Please bring a smock. Location: Henrietta Recreation Center

Age	Day/Room	Time	Fee Res/NR
2-6 yrs with parent	Saturday, March 21	9:30am -11:00am	\$15/\$18
2-6 yrs with parent	Saturday, March 21	11:30am - 1:00pm	\$15/\$18

## HERE COMES SUMMER!

Share some fun with your preschooler doing a variety of art projects. Crafts are based on summer fun. Storytime and a snack are included. Take home a packet of coloring sheets and projects. \*Please bring a smock. Location: Henrietta Recreation Center



Age	Day	Time	Fee Res/NR
2-6 yrs with Parent	Saturday, May 9	9:30am-11:00am	\$15/\$18
2-6 yrs with Parent	Saturday, May 9	11:30am -1:00pm	\$15/\$18

## DANCE

*Visions Dance Studio is located at 1225 Jefferson Rd, A22 (in Tops Plaza, 2 doors down from iSmash).*

**Winter Session- No classes February 14, 17 & 21.**

**Spring session - No class March 31 & April 4**

### Preschool Dance Adventures! (Ballet/Tap/Creative Dance)

Join us for a fun-filled creative movement class designed for children aged 3 to 5 years old. This class combines music, movement, imagination, and play to help develop coordination, balance, spatial awareness, and social skills in a safe active environment. No prior dance experience is necessary. Students should be potty-trained. Students should wear a leotard and tights (any color), ballet slippers, and tap shoes. Boys should wear a t-shirt and shorts or sweat pants, ballet slippers, and tap shoes.

Session	Age	Day	Time	Fee Res/NR
Winter at Visions Dance Studio	3-5yrs	Tuesday Jan. 6 - March 3	5:30pm-6:15pm	\$96/\$110
Winter at Henrietta Rec Center	3-5yrs	Saturday Jan. 3 - Feb. 28	9:00am-9:45am	\$84/\$97
Spring at Visions Dance Studio	3-5yrs	Tuesday March 10 - May 5	5:30pm-6:15pm	\$96/\$110
Spring at Henrietta Rec Center	3-5yrs	Saturday March 7 - May 2	9:00am-9:45am	\$96/\$110

### Dance Adventures! (Ballet/Tap/Jazz)

Do you have a blossoming young dancer in your family? Join us for Dance Adventures! This class introduces the fundamentals of ballet, tap and jazz dance for children aged 5 to 7 yrs. in a fun, safe, encouraging environment. No prior dance experience is necessary. Students should wear a leotard and tights (any color), ballet slippers, and tap shoes.

Session	Age	Day	Time	Fee Res/NR
Winter at Visions Dance Studio	5-7yrs	Tuesday Jan. 6 - March 3	6:15pm-7:00pm	\$96/\$110
Winter at Henrietta Rec Center	5-7yrs	Saturday Jan. 3 - Feb. 28	9:45am-10:30am	\$84/\$97
Spring at Visions Dance Studio	5-7yrs	Tuesday March 10 - May 5	6:15pm-7:00pm	\$96/\$110
Spring at Henrietta Rec Center	5-7yrs	Saturday March 7 - May 2	9:45am-10:30am	\$96/\$110

### Hip Hop Dance Party!

This class introduces hip hop and jazz techniques in a fun, creative, age appropriate environment for children aged 5 to 8 yrs. No prior dance experience is necessary. Students should wear comfortable, stretchy clothing and sneakers.

Session	Age	Day	Time	Fee Res/NR
Winter at Visions Dance Studio	5-8yrs	Tuesday Jan. 6 - March 3	7:00pm-7:45pm	\$96/\$110
Winter at Henrietta Rec Center	5-8yrs	Saturday Jan. 3 - Feb. 28	10:30am-11:15am	\$84/\$97
Spring at Visions Dance Studio	5-8yrs	Tuesday March 10 - May 5	7:00pm-7:45pm	\$96/\$110
Spring at Henrietta Rec Center	5-8yrs	Saturday March 7 - May 2	10:30am-11:15am	\$96/\$110

# Youth Sports Programs

## INDOOR FLAG FOOTBALL

Back by popular demand is our Indoor Flag Football League. Evaluations will occur on January 24, 2026 where we will create teams for games starting on January 31st. We will only accommodate team requests for siblings, NO EXCEPTIONS. A welcome email will be provided with evaluation times as we approach the start date. Location: Henrietta Recreation Center, Gym 2



Program is now a proud partner of the NFL Flag community. Each player will receive an official NFL reversible flag jersey. Participants may also purchase additional NFL trademarked swag to match their jersey.



Age	Day	Time	Fee Res/NR
9yrs-10yrs Division	Saturday January 24-April 11 *No program February 14,	Games will be between 8:30am-1:30pm. *Full schedule will be provided prior to the start of the season	\$115/\$132
11yrs-12yr Division	February 21		

## MATBALL

Kids will love the fast-paced competition of Matball! Round the big bases over to the Recreation Center to sign up! Sneakers are required for all participants. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-12yrs	Wednesday March 18- April 29 *No program April 1	6:00pm-7:30pm	\$45/\$50

## TEEN MATBALL

Get ready for some high energy fun with teen matball! Sneakers are required for all participants. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
13-17yrs	Sunday March 1- March 29	3:00pm- 4:00pm	\$40/\$50

## TEEN HANDBALL

Teen handball is a fast paced sport that combines basketball, soccer and water polo with a goal at the end. Location: Henrietta Recreation Center, Gym.



Age	Day	Time	Fee Res/NR
13-17yrs	Sunday March 1 - March 29	1:30pm - 2:30pm	\$45/\$55

## NERF WARS!

Battle with friends in an afternoon of sweat, glory and foam darts! Feel Free to bring your own Nerf blaster, but please make sure it is labeled with your name. Must wear sneakers. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-12yrs	Saturday January 10-February 7	2:00pm-3:30pm Gym 1	\$55/\$65

## YOUTH INDOOR SOCCER

This program is designed for youth ages 6 to 11 years of age. It includes fundamentals and strategies of soccer while providing the opportunity for scrimmage play. Location: Henrietta Recreation Center, Gym



### WINTER SESSION

Age	Day	Time	Fee Res/NR
6-8 yrs old	Wednesdays, January 14-March 4 *No program Feb. 18th	5:45pm-7:00pm	\$70/\$81
9-11 yrs old	Wednesdays, January 14-March 4 *No program Feb. 18th	7:15pm-8:30pm	\$70/\$81

### SPRING SESSION

Age	Day	Time	Fee Res/NR
6-8 yrs old	Wednesdays, March 11-April 29 *No program April 1	5:45pm-7:00pm	\$70/\$81
9-11 yrs old	Wednesdays, March 11- April 29 *No program April 1	7:15pm-8:30pm	\$70/\$81

## YOUTH VOLLEYBALL

We focus on volleyball fundamental skills, such as setting, spiking, serving, passing and good sportsmanship. Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
8-12yrs	Wednesday May 6 - June 10	6:00pm-7:15pm	\$50/\$60

## TEEN VOLLEYBALL

This coed volleyball is geared toward high school aged players who enjoy competitive recreational play. There is no formal instruction. Players should possess intermediate level volleyball skills. When necessary, rotation of extra player will be used. Location: Henrietta Recreation Center, Gym 2

Age	Day	Time	Fee Res/NR
13yrs-18yrs	Friday May 1- June 5	6:00pm-7:30pm	\$50/\$60



## YOUTH BASKETBALL

This program will work on the fundamentals of basketball including skill development and basic basketball principles. Scrimmage play will also occur. Location: Henrietta Recreation Center, Gym 2

Age	Day	Time	Fee Res/NR
8-12yrs	Wednesday January 28 - March 11 *No program Feb. 18	6:00pm-7:15pm	\$80/\$92

## LITTLE DRIBBLERS

This program will teach the basics of basketball while giving youth the opportunity to improve motor skills and overall fitness. Location: Henrietta Recreation Center, Gym 2B

Age	Day	Time	Fee Res/NR
6-7yrs	Thursday February 5 - March 12 *No program Feb. 19	5:30pm-6:45pm	\$65/\$75

# Youth Sports Programs

## SATURDAY SPORTS AND GAMES

Join us for an afternoon of fun while we engage in a variety of different sports. Gaga ball, dodgeball and many more games will be played to get the kids moving during the winter months! All participants must wear sneakers. Location: 605 Calkins Road, Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
6-12 yrs old Session 1	Saturday March 7 - April 18 *No program March 28	2:00pm-3:30pm	\$50/\$60
6-12yrs old Session 2	Saturday April 25 - June 6 *No program May 23	2:00pm-3:30pm	\$50/\$60

## INDOOR BASEBALL SKILLS

This program will work on base running, fielding and batting so you can be sharp for your Spring/Summer season!



Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-12yrs	Friday Jan. 9 - Feb. 6	6:00pm-7:30pm	\$60/\$70

## ROCHESTER FENCING CLUB – FIT KIDS

Calling all Mini Musketeers: come play pirate and other fun games in this safe introduction to the sport of fencing. Start with warm up, obstacle courses and skill building activities to develop focus, agility, balance and eye/hand coordination. New skills are practiced one-on-one with the coach. Geared for the short attention span of little ones. Due to USA fencing regulations, please bring \$10 to your first class to be registered with USA Fencing. Sneakers required. Location: Rochester Fencing Club, 3335 Brighton Henrietta Town Line Rd.

Age	Day	Time	Fee Res/NR
5-7 yrs old Session 1	Wednesday January 7 - January 28	4:00pm-4:45pm	\$70/\$81
5-7 yrs old Session 2	Wednesday February 4 - February 25	4:00pm-4:45pm	\$70/\$81
5-7yrs Session 3	Wednesday March 4 - March 25	4:00pm-4:45pm	\$70/\$81
5-7yrs Session 4	Wednesday May 6 - May 27	4:00pm-4:45pm	\$70/\$81

## FRIDAY FLOOR HOCKEY

Skate over to the Recreation Center for an afternoon of floor hockey. Eye wear and sticks will be provided. \*Sneakers required.

Location: Henrietta Recreation Center, Gym.

Age	Day	Time	Fee Res/NR
6-11yrs	Friday March 6 - April 17 *No program April 3	6:00pm-7:30pm	\$55/\$65

# Youth Programs

## MARTIAL ARTS

The Town of Henrietta offers Martial Arts instruction for youth age 5 to adult. The style used is Chito-ryu with a mix in Judo and Aikido as well as other styles of Karate. Location: Henrietta Recreation Center, Gym 2A



## WINTER SESSION - No program Feb. 17th & Feb. 19th

Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tuesday January 6-February 24	5:30pm-6:30pm	\$56/\$66
Jr. Yellow Belt- Jr. Brown Belt	5yr & Up	Thursday January 8-February 26	6:00pm-7:30pm	\$84/\$96
Martial Arts for Adults	Advanced	Thursday January 8-February 26	7:30pm-8:45pm	\$84/\$96

## SPRING SESSION - No program March 31 & April 2

Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tuesday March 3 - April 21	5:30pm-6:30pm	\$56/\$66
Jr. Yellow Belt- Jr. Brown Belt	5yr & Up	Thursday March 5- April 23	6:00pm-7:30pm	\$84/\$96
Martial Arts for Adults	Advanced	Thursday March 5 - April 23	7:30pm-8:45pm	\$84/\$96

## LATE SPRING SESSION

(Registration begins 3/9/26 for Henrietta Residents and 3/16/26 for Non-Residents)

Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tuesday April 28 - June 16	5:30pm-6:30pm	\$64/\$74
Jr. Yellow Belt- Jr. Brown Belt	5yr & Up	Thursday April 30 - June 18	6:00pm-7:30pm	\$96/\$110
Martial Arts for Adults	Advanced	Thursday April 30 - June 18	7:30pm-8:45pm	\$96/\$110



## YOUTH TENNIS

These lessons will teach basic strokes and put participants into drills and games that will show tennis can be fun!

Session	Location	Age	Day	Time	Fee Res/NR
Spring	Henrietta Recreation, Gym 1	5yrs-13yrs	Thursday March 19- April 30	5:00pm - 6:00pm	\$75/\$86
Late Spring	Veterans Memorial Park, Tennis Courts	5yrs-13yrs	Thursday May 7-June 18	5:00pm - 6:00pm	\$75/\$86

PLEASE NOTE: Program information in this brochure is Subject to change. Please call the office or check our website for updated information prior to registering.

# Youth & Sports Programs

## SOCCKER SHOTS

Soccer Shots is a national program that teaches soccer using creative games. Sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.



### SOCCKER SHOTS WINTER SESSION 1

Location: Henrietta Recreation Center, Multipurpose Room 1

Age	Day	Time	Fee Res/NR
2yr old with parent	Tuesday, January 6-February 10	4:40pm-5:10pm	\$120/\$138
3-4yrs old	Tuesday, January 6-February 10	5:15pm-6:00pm	\$120/\$138
5-7yrs old	Tuesday, January 6-February 10	6:05pm-6:50pm	\$120/\$138

### SOCCKER SHOTS WINTER SESSION 2

Location: Henrietta Recreation Center, Multipurpose Room 1

Age	Day	Time	Fee Res/NR
2yr old with parent	Tuesday, February 24 - March 31	4:40pm-5:10pm	\$120/\$138
3-4yrs old	Tuesday, February 24 - March 31	5:15pm-6:00pm	\$120/\$138
5-7yrs old	Tuesday, February 24 - March 31	6:05pm-6:50pm	\$120/\$138

### SOCCKER SHOTS SPRING SESSION

Location: Soccer Field Behind Bushman Cabin, Veterans Memorial Park (Registration begins 3/9/26 for Henrietta Residents and 3/16/26 for Non-Residents)

Age	Day	Time	Fee Res/NR
2yrs old with parent	Tuesday, April 22-June 10	4:40pm-5:10pm	\$140/\$161
3-4yrs old	Tuesday, April 22-June 10	5:15pm-6:00pm	\$140/\$161
3-4 yrs old	Tuesday, April 22 - June 10	6:05pm-6:50pm	\$140/\$161
5-7yrs old	Tuesday, April 22-June 10	5:15pm-6:00pm	\$140/\$161
5-7yrs old	Tuesday, April 22 - June 10	6:05pm-6:55pm	\$140/\$161

## THE SONIC OLYMPICS

Are you too slow? Train your speed, agility and racing skills like Sonic the Hedgehog to beat the best and win gold in the Sonic Olympics! All participants must wear sneakers. Location: Henrietta Recreation Center



Age	Date	Time	Fee Res/NR
6-12yrs	Saturday January 17	10:00am -11:00am	\$16/\$21

## SCIENCE SUPERSTARS

Slime, sling shots, Legos and more. This STEM class is a fun, informative program focused on creating, experimenting and games. Location: Henrietta Recreation Center, Multipurpose Room 2



Room 2

Age	Date	Time	Fee Res/NR
7-12yrs	Saturday Jan. 10 - Feb. 21 *No program Feb. 14	12:00pm - 1:15pm	\$40/\$45

## LEGO MASTER LEAGUE

Enjoy Friday evenings showing off your imagination and creativity with Legos! Location: Henrietta Recreation Center, Activity Room



Age	Date	Time	Fee Res/NR
6-12yrs	Friday January 23 - March 6 *No program Feb. 20	6:00pm - 7:30pm	\$35/\$45
6-12yrs	Friday March 13- April 24 *No program April 3	6:00pm - 7:30pm	\$35/\$45
6-12yrs	Friday May 1 - June 5	6:00pm- 7:30pm	\$35/\$45

## NINTENDO CLUB

If you are a gamer kid, we have something for you! Play Super Smash Bros., Rocket League and more. Share your love of gaming with friends! Location: Henrietta Recreation Center, MP1

Age	Date	Time	Fee Res/NR
7-12yrs	Thursday January 22 - March 5 *No program Feb. 19	6:00pm-7:30pm	\$25/\$30
7-12yrs	Thursday March 12 - April 23 *No program April 2	6:00pm-7:30pm	\$25/\$30
7-12yrs	Thursday May 7 - June 11	6:00pm- 7:30pm	\$25/\$30

## TEEN NINTENDO LEAGUE

Whether you're a pro or just playing for fun, this program is all about friendly competition. Location: Henrietta Recreation Center, Multipurpose Room 2

Age	Date	Time	Fee Res/NR
12-15 yrs	Saturday March 7 - April 11 *No program March 28	12:00pm - 1:30pm	\$23/\$38

## ROBOT BUILDERS

Join Brooklyn Robot Foundry for Robot Builders where we'll blend creativity and STEAM as kids build real working robots each week- complete with lights, sounds or movement! Through engaging hands-on lessons they'll learn engineering basics, boost problem-solving skills and leave every class proud, inspired, and holding their custom creation. Location: Henrietta Recreation Center



Age	Date	Time	Fee Res/NR
6-8yrs	Tuesday March 24- May 5 *No program March 31	6:00pm - 7:00pm	\$225/\$257

# Youth & Sports Programs

## HARRY POTTER TRIVIA

Test your Wizarding knowledge! Witches, Wizards, and Muggles are welcome to join! Location: Henrietta Recreation Center, MP1

Age	Date	Time	Fee Res/NR
6yrs +	Saturday May 23	1:00pm-2:30pm	\$16/\$20 Per participant

NEW



## STRANGER THINGS TRIVIA

Join us in the upside down and test your knowledge of the hit TV show Stranger Things. Be sure to come dressed in your favorite swag or as your favorite character. Pizza and snacks (Eggo's, of course!) will be provided. Come with a team or solo. Fun prizes to be awarded!

Age	Date	Time	Fee Res/NR
10-17yrs	Friday January 23	6:00pm -7:30pm	\$16/\$20 Per participant

## BARBIES BIRTHDAY BASH

Come Celebrate Barbies birthday! You will do a fun craft, get your hair chalked, pose for photo ops, and have a sweet treat. Bring your favorite Barbie doll with you. It's a party! Location: Recreation Center, Activity Room



Age	Date	Time	Fee Res/NR
6-10 yrs	Saturday March 7	1:30pm-2:30pm	\$12/\$16

## GRANDMA, MOMMY AND ME PRINCESS TEA PARTY

Celebrate Mother's Day with a fun "tea party". We will serve lemonade in tea cups as well as mini snacks. Enjoy making a special craft together, make a special princess accessory and play some fun tea party games! Be sure to wear your princess attire. Bring mom, grandma or any other special adult! Sign up for one party time with your royal family. Location:



Henrietta Recreation Center

Age	Date	Time	Fee
3-9yrs *with guest (s)	Saturday April 18	10:30am-11:30am	\$8 per person
3-9yrs *with guest(s)	Saturday April 18	12:30pm -1:30pm	\$8 per person

## SPONGEBOB PARTY

Do you love Spongebob Squarepants? Come and play different Spongebob activities, trivia, snacks and participate in Spongebob games. Location: Henrietta Recreation Center, Activity Room



Age	Date	Time	Fee Res/NR
6-12yrs	Saturday February 28	1:00pm -2:00pm	\$12/\$16

## TEEN NIGHT

Date: Saturday, January 10  
Location: Henrietta Recreation Center  
Time: 6:30pm-8:30pm  
Roller Skating Party! Find your balance, and let the good times roll! Skates and refreshments will be provided. This event is free but registration is required.



## TEEN NIGHT: MURDER MYSTERY LUAU

Date: Saturday, June 13  
Location: Henrietta Recreation Center  
Time: 7:00pm-9:00pm  
For: 6th-9th Graders  
Our Luau party at the Veteran's Memorial Park  
Splash Pad will be "to-die-for". Your host, Darcy, has a very select guest list and who are we to question her motives? It's all fun in the sun until a dead body is found. Come in your most festive luau party attire and enjoy some picnic food while you converse with other guests and try to figure out who the murderer is. Don't forget your towel! This event is free but registration is required.



## Introducing Rex Parks

By Debbie Kuvach



REX PARKS® by Debbie Kuvach



## FEBRUARY BREAK WEEK MORNING FUN CAMP

Join us for a morning full of fun and activities. Try our walking track, play games with your friends, shoot some hoops, enjoy crafts and more! Snack included. Location: Henrietta Recreation Center, Multipurpose Room 1 & 2 and Gym 2

Age	Day	Time	Fee Res/NR
Grades Kindergarten-6th	Tuesday-Friday Feb. 17-Feb. 20	9:00am- 12:00pm	\$46/\$56

## FEBRUARY BREAK WEEK AFTERNOON CAMP

Looking for something for your kids to do during February break? We are offering 2 days of field trips and 2 days of activities planned and supervised by the Recreation Staff. Bring a bag lunch and a drink.

Location: Henrietta Recreation Center, Multipurpose Room 1 & 2 and Gym 2



Age	Day	Time	Fee Res/NR
Grades Kindergarten-6th	Tuesday-Friday February 17- Feb. 20	12:00pm-6:00pm	\$76/\$86

## SPRING RECESS MORNING FUN CAMP

Join us for a morning full of fun and activities! Try our walking track, play games with your friends, shoot some hoops, enjoy crafts and more!

Location: Henrietta Recreation Center, Multipurpose Room 1 & 2 and Gym 2

Age	Day	Time	Fee Res/NR
Grades Kindergarten-6th	Monday-Thursday March 30 - April 2	9:00am-12:00pm	\$46/\$56

## SPRING RECESS PROGRAM

Looking for something for your kids to do during Spring break? We are offering 2 days of field trips and 2 days of fun activities planned and supervised by the Recreation Staff. See program flyer or [henrietta.org](http://henrietta.org) for trip details. Bring a bag lunch and a drink. Location: Henrietta Recreation Center, Multipurpose Room 1 & 2 and Gym 2

Age	Day	Time	Fee Res/NR
Grades Kindergarten-6th	Monday-Thursday March 30 - April 2	12:00pm-6:00pm	\$76/\$86

## Birthday party packages at the Henrietta Recreation Center!

Choose from three fun party packages for your special day!

### Gaga Ball or Gymnastics

Each package also includes two hours in the party room to play, eat and celebrate with family and friends. Sunday afternoons

1:30pm - 3:30pm for up to 12 kids.

\$250 for Residents/\$275 For Non-Residents.

All party guests also receive a Henrietta Recreation water bottle filled with candy and prizes as their special gift. Call (585) 444-2208 for more information or reservations.

## EPIC TRAINING FOR KIDS: HOME ALONE

This instructor led 2-hour class is for boys and girls ages 7-13yrs. Supplemented by a video presentation and group activities; participants will learn the importance of behaving responsibly when home alone. Topics include, but are not limited to: basic



first aid, what to do when a stranger comes to the door, answering the phone, internet safety and how to react during a various home emergency such as a power outage or fire. Knowing when your child is ready to stay home alone is a difficult decision and preparation can make the transition much easier for you & your child the roles and responsibilities. Location: Henrietta Recreation Center.

Age	Day	Time	Fee Res/NR
7-13yrs	Monday, March 30	9:30am-11:00am	\$46/\$56
7-13yrs	Friday, May 22	9:30am - 11:00am	\$46/\$56

## EPIC TRAINING FOR KIDS: BABYSITTER'S TRAINING

This instructor lead 5 hour class is supplemented by a video presentation, lecture and group activities. Participants will learn the roles and responsibilities of a babysitter including skills in: the business of babysitting, accident prevention, first aid, care of choking victims and the ages and stages of children. Each student will receive a PDF materials to print prior to the session. Certification card issued upon completion. Location: Henrietta Recreation Center.



Age	Day	Time	Fee Res/NR
11-15yrs	Monday, March 30	11:00am-3:00pm	\$78/ \$90
11-15yrs	Friday, May 22	11:00am -3:00pm	\$78/\$90





# Henrietta Youth Asset Team

For: Grades 6th-12th

Where: Henrietta Senior Center

515 Calkins Road

Time: 6:00pm-7:30pm

The Town of Henrietta welcomes teen involvement. Join us in team building activities, leadership training, community and town volunteer experiences. Have fun and make new friends while making a difference in your community.

## Meeting Dates

Third Tuesday of every month.

## Volunteer Opportunities

- Martin Luther King Celebration
- Town of Henrietta Valentine's Day Dance
- Town of Henrietta Easter Egg Hunt
- Community Wellness Fair
- Henrietta Memorial Day Parade
- Kicking Hunger 5K Run/Walk
- And more....



## FOR MORE INFORMATION

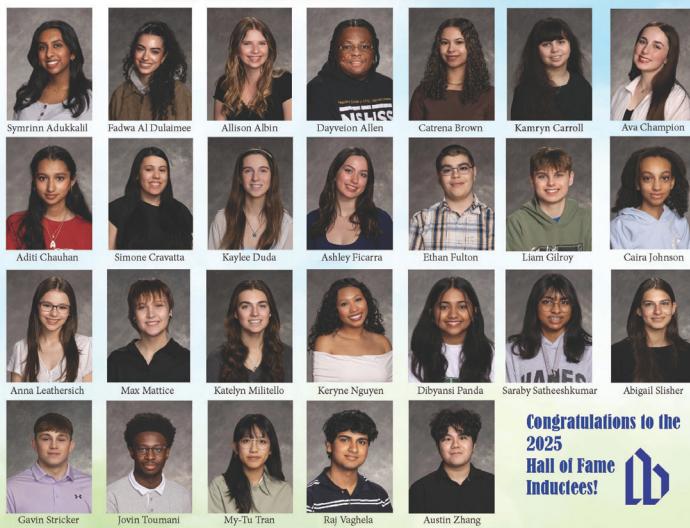
Contact Anita at

(585) 359-7051

or e-mail Anita Tichacek  
atichacek@henrietta.org

## 2026 Henrietta Youth Hall of Fame Awards

### 2025 Henrietta Youth Hall of Fame Inductees



Congratulations to the  
2025  
Hall of Fame  
Inductees!

Every spring the Henrietta Youth Development Advisory Committee recognizes Rush-Henrietta School District area high school seniors who have made meaningful contributions to their local or school community, have overcome significant obstacles or challenges in their life and/or have demonstrated remarkable personal growth. This year we will be honoring 26 new inductees to the Hall of Fame. If you have a high school senior you would like to nominate for this award, please contact the Recreation Department. Deadline for submitting applications is Friday, January 16, 2026.

Visit [henriettarec.org](http://henriettarec.org) to download  
the 2026 Hall of Fame Application.

# Gymnastics

**WINTER SESSION** Dates: January 5- March 8

Registration begins: December 8th for residents; December 15th for non residents



**SPRING SESSION** Dates: March 9 -May 3

Registration begins: February 2nd for residents; February 9th for non residents

**LATE SPRING SESSION** Dates: May 4 - June 18

Registration begins: March 23rd for residents; March 30th for non residents

Parent ant Tot Gymnastics Classes	Age	Day	Time	# of Classes	Winter Res/NR	# of Classes	Spring Res/NR	# of Classes	Late Spring Res/NR
1 year old walker with parent	1yr	Saturday	8:30am-9:00am	7	\$56/\$66	7	\$56/\$66	6	\$48/\$58
Parent and Tot	2-3yrs	Monday	4:00pm-4:40pm	7	\$84/\$97	7	\$84/\$97	6	\$72/\$83
Parent and Tot	2-3yrs	Monday	4:25pm - 5:25pm	7	\$84/\$97	7	\$84/\$97	6	\$72/\$83
Parent and Tot	2-3yrs	Monday	5:30pm-6:10pm	7	\$84/\$97	7	\$84/\$97	6	\$72/\$83
Parent and Tot	2-3yrs	Friday	9:00am-9:40am	8	\$96/\$110	7	\$84/\$97	5	\$60/\$70
Parent and Tot	2-3yrs	Friday	9:45am-10:25am	8	\$96/\$110	7	\$84/\$97	5	\$60/\$70
Parent and Tot	2-3yrs	Sunday	8:30am-9:10am	7	\$84/\$97	7	\$84/\$97	N/A	N/A
Parent and Tot	2-3yrs	Sunday	9:15am-9:55am	7	\$84/\$97	7	\$84/\$97	N/A	N/A
Parent and Tot	2-3yrs	Sunday	10:00am-10:40am	7	\$84/\$97	7	\$84/\$97	N/A	N/A
Parent and Tot	2-3yrs	Sunday	11:00am-11:40am	7	\$84/\$97	7	\$84/\$97	N/A	N/A
Parent and Tot	2-3yrs	Sunday	11:45am-12:25pm	7	\$84/\$97	7	\$84/\$97	N/A	N/A
Preschool Gymnastics Classes	Age	Day	Time		Winter Res/NR		Spring Res/NR		Late Spring Res/NR
Preschool Gymnastics	4-5yrs	Saturday	9:15am-9:55am	7	\$84/\$97	7	\$84/\$97	6	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	10:00am-10:40am	7	\$84/\$97	7	\$84/\$97	6	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	10:45am-11:25am	7	\$84/\$97	7	\$84/\$97	6	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	11:45am-12:25pm	7	\$84/\$97	7	\$84/\$97	6	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	12:30pm-1:10pm	7	\$84/\$97	7	\$84/\$97	6	\$72/\$83
Preschool Gymnastics	4-5yrs	Tuesday	4:00pm-4:40pm	8	\$96/\$110	7	\$84/\$97	7	\$84/\$97
Preschool Gymnastics	4-5yrs	Tuesday	4:45pm-5:25pm	8	\$96/\$110	7	\$84/\$97	7	\$84/\$97
Preschool Gymnastics	4-5yrs	Tuesday	5:30pm-6:10pm	8	\$96/\$110	7	\$84/\$97	7	\$84/\$97
Preschool Gymnastics	4-5yrs	Tuesday	6:15pm-6:55pm	8	\$96/\$110	7	\$84/\$97	7	\$84/\$97
Preschool Gymnastics	4-5yrs	Wednesday	4:00pm-4:40pm	8	\$96/\$110	7	\$84/\$97	7	\$84/\$97
Preschool Gymnastics	4-5yrs	Wednesday	4:45pm-5:25pm	8	\$96/\$110	7	\$84/\$97	7	\$84/\$97
Preschool Gymnastics	4-5yrs	Wednesday	5:30pm-6:10pm	8	\$96/\$110	7	\$84/\$97	7	\$84/\$97
Preschool Gymnastics	4-5yrs	Wednesday	6:15pm-6:55pm	8	\$96/\$110	7	\$84/\$97	7	\$84/\$97

## Preschool 4-5 yrs

- This class is ideal for 4 year olds and 5 year olds who don't attend Kindergarten yet.
- Focus is on gaining experience & confidence on small equipment and learning basic gymnastics positions and terminology
- Using gymnastics to build gross motor skills – running, jumping, hanging, climbing, coordination, supporting body weight, and going upside down.
- Prerequisite: potty trained
- 3.5yr olds by recommendation only





<b>WINTER SESSION</b>	Dates: January 5- March 8
Registration begins:	December 8th for residents; December 15th for non residents
*No class	January 19, February 14-February 20
<b>SPRING SESSION</b>	Dates: March 9 -May 3
Registration begins:	February 2nd for residents; February 9th for non residents
*No class	March 30-April 5
<b>LATE SPRING SESSION</b>	Dates: May 4 - June 18
Registration begins:	March 23rd for residents; March 30th for non residents
*No class	May 10, May 17, May 22-May 25

## Beginner Gymnastics – Step 1

- This class is ideal for 5 year olds who are currently in Kindergarten and 6-7 year olds with less than 6 consecutive sessions (1 year) of prior experience.
- The goal of this class is to develop fundamental gross motor and gymnastics skills including: rolls, cartwheels, various hangs on the bars, jumping & rebounding, and basic body positions that are essential to the sport of gymnastics.
- Prerequisite: 5 year olds must be in Kindergarten



Beginner Gymnastics Classes - Step 1	Age	Day	Time	# of classes	Winter Fee Res/NR	# of classes	Spring Fee Res/NR	# of classes	Late Spring Fee Res/NR
Step 1	5-7yrs	Tuesday	4:05pm-5:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	5-7yrs	Tuesday	5:05pm- 6:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	5-7yrs	Tuesday	6:05pm-7:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	5-7yrs	Wednesday	4:05pm-5:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	5-7yrs	Wednesday	5:05pm-6:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	5-7yrs	Wednesday	6:05pm-7:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	5-7yrs	Thursday	4:05pm-5:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	5-7yrs	Thursday	5:05pm-6:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	5-7yrs	Thursday	6:05pm-7:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	5-7yrs	Friday	4:05pm-5:00pm	8	\$110/\$127	7	\$96/\$110	5	\$69/\$79
Step 1	5-7yrs	Friday	5:05pm-6:00pm	8	\$110/\$127	7	\$96/\$110	5	\$69/\$79
Step 1	5-7yrs	Saturday	9:05am-10:00am	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 1	5-7yrs	Saturday	10:05am-11:00am	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 1	5-7yrs	Saturday	11:15am-12:10pm	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 1	5-7yrs	Sunday	9:05am-10:00am	7	\$96/\$110	7	\$96/\$110	N/A	N/A
Step 1	5-7yrs	Sunday	10:05am-11:00am	7	\$96/\$110	7	\$96/\$110	N/A	N/A
Step 1	8+yrs	Tuesday	7:05pm-8:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	8+yrs	Thursday	7:05pm-8:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 1	8+yrs	Saturday	9:20am-10:15am	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 1	8+yrs	Saturday	12:15pm-1:10pm	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 1	8+yrs	Sunday	11:15am-12:10pm	7	\$96/\$110	7	\$96/\$110	N/A	N/A

**Experience the rewards of volunteering**  
 Volunteers are needed to work with the new Special Olympics Gymnastics Program at the Henrietta Recreation Center. Training is provided through Special Olympics. Call (585) 359-7055 for more information.



**Special  
Olympics**



# Gymnastics



## Intermediate Beginner Gymnastics – Step 2

This class is ideal for 6+ year olds with at least 6-12 consecutive sessions (1-2 years) of prior experience in Step 1.

- The goal of this class is to continue perfecting skills learned in Step 1 along with casts/supports on various bars, walks & balances on high beams, and advanced positions like hollow body, push ups, and bridges. More focus will be placed on strengthening and form/technique.
- Suggested Prerequisite: ability to rebound 2 feet off springboard, forward roll, cartwheel over block, wall handstand, partial kick up to handstand, ability & confidence to hold a support on a high bar and walk on a high beam, basic positions and exercises such as split position, bridge, push up, proper T-position.

Intermediate Gymnastics Classes - Step 2	Age	Day	Time	# of classes	Winter Fee Res/NR	# of classes	Spring Fee Res/NR	# of classes	Late Spring Fee Res/NR
Step 2	6-7yrs	Tuesday	6:05pm-7:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	6-7yrs	Wednesday	4:05pm-5:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	6-7yrs	Thursday	4:05pm-5:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	6-7yrs	Saturday	12:45pm-1:40pm	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 2	7-9yrs	Tuesday	4:05pm-5:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	7-9yrs	Tuesday	5:05pm-6:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	7-9yrs	Wednesday	5:05pm-6:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	7-9yrs	Wednesday	6:05pm-7:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	7-9yrs	Thursday	5:05pm-6:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	7-9yrs	Thursday	6:05pm-7:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	7-9yrs	Friday	6:05pm-7:00pm	8	\$110/\$127	7	\$96/\$110	5	\$69/\$79
Step 2	7-9yrs	Saturday	9:30am-10:25am	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 2	7-9yrs	Saturday	10:20am-11:15am	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 2	7-9yrs	Saturday	10:30am-11:25pm	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 2	7-9yrs	Saturday	11:30am-12:25pm	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 2	7-9yrs	Saturday	11:45am-12:40pm	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97
Step 2	7-9yrs	Sunday	11:05am-12:00pm	7	\$96/\$110	7	\$96/\$110	N/A	N/A
Step 2	10+yrs	Tuesday	7:05pm-8:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	10+yrs	Thursday	7:05pm-8:00pm	8	\$110/\$127	7	\$96/\$110	7	\$96/\$110
Step 2	10+yrs	Saturday	12:15pm-1:10pm	7	\$96/\$110	7	\$96/\$110	6	\$84/\$97

## Advanced Beginner Gymnastics – Step 3

- This class is by director recommendation only after 6-12 consecutive sessions (1-2 years) of prior experience in Step 2. Invite only class.
- The goal of this class is to continue perfecting skills learned in Steps 1 & 2 and build strength toward more advanced skills
- Approximately 50% of class time will focus on strength & flexibility.



Pre Advanced Beginner Gymnastics Classes - Step 3	Age	Day	Time	# of classes	Winter Fee Res/NR	# of classes	Spring Fee Res/NR	# of classes	Late Spring Fee Res/NR
Step 3	7+yrs	Tuesday	5:10pm-6:20pm	8	\$138/\$159	7	\$121/\$139	7	\$121/\$139
Step 3	7+yrs	Thursday	5:10pm-6:20pm	8	\$138/\$159	7	\$121/\$139	7	\$121/\$139
Step 3	7+yrs	Thursday	6:30pm-7:40pm	8	\$138/\$159	7	\$121/\$139	7	\$121/\$139
Step 3	7+yrs	Saturday	10:10am-11:20am	7	\$121/\$139	7	\$121/\$139	6	\$104/\$119

# Gymnastics

## Upcoming Registration Dates



### WINTER SESSION Dates: January 5- March 8

Registration begins: December 8th for residents; December 15th for non residents

\*No class January 19, February 14-February 20

### SPRING SESSION Dates: March 9 -May 3

Registration begins: February 2nd for residents; February 9th for non residents

\*No class March 30-April 5

### LATE SPRING SESSION Dates: May 4 - June 18

Registration begins: March 23rd for residents; March 30th for non residents

\*No class May 10, May 17, May 22-May 25



## Advanced Gymnastics - Step 4

- This class is a continuation of Step 3 by director recommendations only. Invite only class.
- The goal of this class is to allow athletes to continue building strength and progress skills beyond Step 3 without moving into our competitive program
- Approximately 50% of class time will focus on strength and flexibility

Class	Age	Day	Time	# of classes	Winter Fee Res/NR	# of classes	Spring Fee Res/NR	# of classes	Late Spring Fee Res/NR
Step 4	8+yrs	Saturday	9:00am-10:10am	7	\$121/\$139	7	\$121/\$139	6	\$104/\$119
Step 4	8+yrs	Tuesday	6:30pm-7:40pm	8	\$138/\$159	7	\$121/\$139	7	\$121/\$139

## Homeschool Gymnastics

Homeschool Gymnastics	Age	Day	Time	# of classes	Winter Fee Res/NR	# of classes	Spring Res/NR	# of classes	Late Spring fee Res/NR
Homeschool Gymnastics	4-5yrs	Friday	10:45am-11:25am	8	\$72/\$82	7	\$63/\$73	5	\$45/\$55
Homeschool Gymnastics	6-12yrs	Friday	11:30am-12:25pm	8	\$96/\$110	7	\$84/\$97	5	\$60/\$70

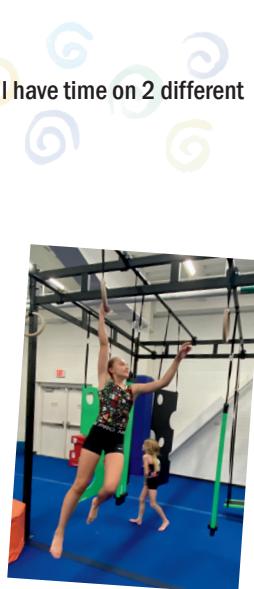
## Warrior Training and Tumbling:

Are you an athlete looking to build strength while conquering challenges and having fun? Come train on our NEW Ninja Rig. Roll, flip, swing and climb your way to become a stronger athlete. Each week will feature different obstacles and strength exercises as well as basic tumbling lessons. This program is structured and instructional.

## Obstacle Course Mania:

Race your friends through fun obstacle courses. This program is supervised, but not instructional. Participants will have time on 2 different obstacle courses plus a group activity or game at the end.

Class	Age	Day	Time	Winter Fee Res/NR	Spring Fee Res/NR	Late Spring Fee Res/NR
Warrior Training & Tumbling	6+yrs	Monday	4:00pm-4:40pm	\$84/\$97	\$84/\$97	\$72/\$83
Warrior Training & Tumbling	6+yrs	Monday	4:45pm-5:25pm	\$84/\$97	\$84/\$97	\$72/\$83
Warrior Training & Tumbling	6+yrs	Monday	5:30pm-6:10pm	\$84/\$97	\$84/\$97	\$72/\$83
Warrior Training & Tumbling	6+yrs	Monday	6:15pm - 6:55pm	\$84/\$97	\$84/\$97	\$72/\$83
Youth Tumbling	6-9yrs	Saturday	11:30am-12:30pm	\$96/\$110	\$96/\$110	\$84/\$97
Tween Tumbling	10-12yrs	Saturday	11:30am-12:30pm	\$96/\$110	\$96/\$110	\$84/\$97
Obstacle Course Mania	4-6 yrs	Sunday	1:00pm - 1:40pm	\$84/\$97	\$84/\$97	N/A
Back Handspring Boot Camp	8+yrs	Tuesday	4:05pm-5:00pm	\$110/\$127	\$96/\$110	\$96/\$110



# Adult Programs



## VOLLEYBALL FOR ADULTS

This coed adult volleyball program is for those who enjoy competitive recreational play. There is no formal instruction so some knowledge and experience is required. Players should possess intermediate level volleyball skills. When necessary, rotation of extra players will be used. The instructor will form new teams each week.

Location: Henrietta Recreation Center, Gym 1

Class	Age	Day	Time	Fee Res/NR
Winter Session	18yr & Up	Monday January 8-February 23	7:00pm-8:30pm	\$64/\$74
Spring Session	18yr & Up	Monday March 9 - April 27	7:00pm-8:30pm	\$64/\$74
Late Spring Session	18yr & Up	Monday May 11 - June 22 *No program May 25	7:00pm-8:30pm	\$50/\$60

## PILATES MAT

Energize your body and focus your mind with this full-body Pilates workout. This class emphasizes core strength, flexibility, and balance. You'll also work on joint mobility and spinal alignment. Get moving, get stronger and feel amazing! Mats are provided. Location: Henrietta Recreation Center, MP1



Class	Age	Day	Time	Fee Res/NR
Winter Session	16yr & Up	Thursday January 8-February 12	5:30pm-6:30pm	\$43/\$53
Spring Session	16yr & Up	Thursday February 26-April 2	5:30pm-6:30pm	\$43/\$53
Late Spring Session	16yr & Up	Thursday April 9 - May 14	5:30pm-6:30pm	\$43/\$53

## 321 TOTAL BODY WORKOUT

Looking to build lean muscle and boost cardiovascular health? Participants can expect to improve overall strength, burn fat and enhance flexibility. Exercise mats are available, and bringing small hand weights is encouraged (a limited number of weights will also be provided). This class is suitable for both beginners and those who already work out regularly. Location: Recreation Center

Age	Date	Time	Fee Res/NR
16 yrs and up	Thursday January 8 - February 12	6:45pm - 7:30pm	\$43/\$53
16 yrs and up	Thursday February 26 - April 2	6:45pm - 7:30pm	\$43/\$53
16yrs and up	Tuesday April 15 - May 20	6:45pm - 7:30pm	\$43/\$53

## OLA DANCE FITNESS CLASS

Oula celebrates the healing power of dance as part of an inclusive community where everyone is welcome. Oula merges cardio of varying intensity levels with easy to follow choreography set to an energetic pop soundtrack. Drop in Fee per visit: \$14 for Resident/ \$16 for Non-Resident. Location: Henrietta Recreation Center, Activity Room



Class	Age	Day	Time	Fee Res/NR
Session A	18yrs & Up	Monday January 5- January 26	6:45pm-7:45pm	\$48/\$58
Session B	18yrs & Up	Monday February 2- February 23	6:45pm - 7:45pm	\$48/\$58
Session C	18yrs & Up	Monday March 2- March 30	6:45pm-7:45pm	\$60/\$70
Session D	18yrs & Up	Monday April 6- April 27	6:45pm-7:45pm	\$48/\$58
Session E	18yrs & Up	Monday May 4 - May 18	6:45pm-7:45pm	\$36/\$46
Session F	18yrs & Up	Monday June 1 - June 29	6:45pm-7:45pm	\$60/\$70

## ZUMBA

Zumba takes the "work" out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie burning dance fitness party. A total workout, combining all elements of fitness- cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Location: Henrietta Recreation Center, MP1

Age	Day	Time	Fee Res/NR
16yr & Up	Wednesday, January 14-March 4 *No program Feb. 11 and Feb. 18	6:30pm-7:30pm	\$48/\$58
16yr & Up	Wednesday, March 11 - April 15	6:30pm-7:30pm	\$48/\$58
16yr & Up	Wednesday, April 22 - May 27	6:30pm- 7:30pm	\$48/\$58

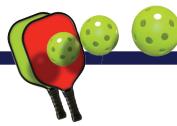
## TAI CHI YANG STYLE

The objective of this program is to teach the 24 posture basic form, which is an international standard drawn from the most prevalent styles of T'ai Chi. The lessons will focus on specific postures of the form that can improve; balance and coordination, strengthen muscle groups, relaxation and breathing. The instructor will be Joe Hennekey from the Rochester T'ai Chi Ch'uan Center, certified by Grand Master William C.C. Chen. (The RTCC is an all-volunteer non-profit educational organization). The wearing of loose comfortable clothing and soft shoes is recommended.



Class	Age	Day	Time	Fee Res/NR
Winter	Adult 18 yrs+	Thursday Feb. 19- April 23	10:00am-11:00am	\$81/\$93
Winter	Adult 18yrs+	Thursday Feb. 19 - April 23	11:30am -12:30pm	\$81/\$93
Spring	Adult 18yrs +	Thursday May 14 - July 16	10:00am -11:00am	\$81/\$93
Spring	Adult 18yrs +	Thursday May 14 - July 16	11:30am -12:30pm	\$81/\$93

# Adult Programs



## PICKLEBALL BEGINNER LESSONS-

### INTRO TO PICKLEBALL

This course is for those who have never played Pickleball. Focus on: Safety considerations while playing, basic rules of the game, scoring, layout of the court, proper grip to hold the paddle, intro to various shot types, doubles play, strategy basics and basic coverage of the court. Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 & Up	Tuesday January 6- January 27	4:00pm - 5:30pm	\$53/\$63
Adult 18 & Up	Tuesday January 6 - January 27	7:00pm -8:30pm	\$53/\$63
Adult 18 and Up	Tuesday March 17 - April 7	4:00pm -5:30pm	\$53/\$63
Adult 18 and Up	Tuesday March 17 - April 7	7:00pm-8:30pm	\$53/\$63

## PICKLEBALL LESSONS 2.0- WORKING ON BASIC SKILLS

This course is for those who have played Pickleball for a few weeks to a few months and would like to accelerate their pickleball learning process. Feedback to players during Doubles Pickleball play to improve individual skills/ gain additional play time. Focus on: Shot making skills, movement on court, Doubles Pickleball strategies, communication. Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 & Up	Tuesday January 6 - January 27	5:30pm-7:00pm	\$53/\$63
Adult 18 & Up	Tuesday March 17 - April 7	5:30pm-7:00pm	\$53/\$63

## OPEN DROP IN BADMINTON

Welcome to the second most popularly played sport in the world - Badminton! It's a fantastic social, mental, fun, high-energy sport that folks enjoy playing together. Dress comfortably and bring an indoor racket. Location: Recreation Center, Gym 1. Drop in Fee per visit: \$7 for Resident/ \$8 for Non-Resident.



Age	Day	Time
13 & Up	Friday January 2- June 26	6:00pm-8:45pm

## INDOOR SOCCER FOR ADULTS

Come inside and play while the snow flies outside! This coed indoor soccer program is strictly recreational play. All skill levels are welcome. The instructor will form new teams each week. Location: Henrietta Recreation Center

Class	Age	Day	Time	Fee Res/NR
Session A	18yr & Up	Sunday January 11-March 8 *No program Feb. 15	10:45am-12:15pm	\$69/\$79
Session B	18yr & Up	Sunday March 15-May 3 *No program April 5	10:45am-12:15pm	\$60/\$70

## RECENTER AND RECHARGE YOGA

Join us for a morning Recenter and Recharge Flow, a rejuvenating journey designed to gently awaken your body and mind. We begin with grounding Yin poses, easing into deep stretches to calm your mind and open your body. This Yin and Yang Fusion works to make you feel balanced on and off the mat. Location: Recreation Center.

NEW

Age	Date	Time	Fee Res/NR
16 yrs and up	Tuesday Feb. 10 - March 17	11:00am -12:00pm	\$55/\$65
16 yrs and up	Tuesday March 31 - May 5	11:00am -12:00pm	\$55/\$65
16yrs and up	Tuesday May 19 - June 30 *No program May 26	11:00am -12:00pm	\$55/\$65

## FOUNDATIONAL FLOW

### YOGA

As we flow through yoga postures, spending a few breath cycles in each shape, we are able to adjust, explore, and strengthen our ability to listen and connect to ourselves. Foundational Flow allows us to find the breath and movement that feels best for our individual bodies and minds. Location: Recreation Center



Age	Date	Time	Fee Res/NR
16 yrs and up	Tuesday February 10 - March 17	6:30pm-7:30pm	\$55/\$65
16 yrs and up	Tuesday March 31 - May 5	6:30pm - 7:30pm	\$55/\$65
16yrs and up	Tuesday May 19 - June 30 *No program May 26	6:30pm-7:30pm	\$55/\$65

## VINYASA FLOW

A 60 minute weekly class that allows us to connect to the breath, then utilize the breath to flow through postures at a quicker pace. This breath to movement helps us to fortify strength, balance and flexibility along with an inner awareness and concentration. Location: Recreation Center

Age	Date	Time	Fee Res/NR
16 yrs and up	Thursday Jan. 8 -Feb. 12	6:45pm -7:45pm	\$55/\$65
16 yrs and up	Thursday Feb. 26 - April 2	6:45pm - 7:45pm	\$55/\$65
16yrs and up	Thursday April 16 - May 21	6:45pm -7:45pm	\$55/\$65

PLEASE NOTE: Program information in this brochure is Subject to change. Please call the office or check our website for updated information prior to registering.

# Adult Programs

## EDWARD JONES- SOCIAL SECURITY AND YOUR QUESTIONS ANSWERED

Social Security and your questions answered. An educational program for people nearing retirement, ages 55 and up, who have questions about Social Security.

Location: Henrietta Recreation Center

Class	Age	Day	Time	Fee Res/NR
Session A	55yr & Up	Monday January 12	6:30pm-7:30pm	Free. Registration required.
Session B	55yr & Up	Thursday March 12	6:30pm-7:30pm	Free. Registration required.

## EDWARD JONES- RETIREMENT BY DESIGN

Translate your vision of retirement into tangible goals. Whether someone is 10 or 40 years from retirement attendees will learn investment strategies to help design the retirement they want. We'll also discuss how you can add flexibility to your strategy to help handle unexpected events Location: Henrietta Recreation Center

Class	Age	Day	Time	Fee Res/NR
Session A	55yr & Up	Monday January 26	6:30pm-7:30pm	Free. Registration required.
Session B	55yr & Up	Thursday March 26	6:30pm-7:30pm	Free. Registration required.

## COMMUNITY GARDEN

The Town of Henrietta has established a community garden at Tinker Nature Park in order to foster sustainability by providing residents an opportunity to grow their own food. Each plot will be a raised bed size 4'x12' constructed by the Town. Limit of 2 plots per household. New gardeners can sign up beginning on Monday, February 2nd

Age	Day	Time	Fee Res/NR
18yr-adult	June 1, 2026- November 15, 2026	Sunrise to Sunset	\$60 per plot- Henrietta Residents only

## ADULT SUMMER SOFTBALL LEAGUES

The Henrietta Recreation Department is offering Adult Slo-Pitch and Fast-Pitch Softball Leagues for men, women and co-ed teams. The season will tentatively start the week of May 1, 2026 and consists of a 10 game schedule plus playoffs for those teams that qualify.



Registration begins on Monday, February 3rd. Please register online or contact Craig Ross at (585) 359-7057 for more details. Don't wait! Space is limited! The fee to register a Slo-Pitch team is \$600 and \$800 for a Fast-Pitch team (which includes a \$25 USSSA sanction fee). This fee must be paid at time of registration.

**PLEASE NOTE:** Program information in this brochure is Subject to change. Please call the office or check our website for updated information prior to registering.



520 Scottsville-West Henrietta Rd.

West Henrietta, NY 14586

585.334.6196

[www.henrietta.org/RivertonOaks](http://www.henrietta.org/RivertonOaks)

Thanks to all our golfers for a great 2025 season at Riverton Oaks Municipal Golf Course

The course is currently closed for the season. Look for us to re-open in the spring. 2026 Season passes go on sale soon and make great holiday gifts.

For more information email [rivertonoaks@henrietta.org](mailto:rivertonoaks@henrietta.org)

Saturday, February 28, 2026

9:00am - 2:00pm



American Red Cross

Saturday, May 30, 2026

9:00am - 2:00pm

BLOOD  
DRIVE

Please call 1-800-733-2767 or visit

[RedCrossBlood.org](http://RedCrossBlood.org) and enter:

henriettarecreationcenterhenrietta  
to schedule an appointment.

## 2026 Concert Series Sponsorships



Summer Concert Sponsorship opportunities are now available to area businesses for the 2026 season.

Be a part of the celebration as we kick off the series in the newly constructed bandshell. Sponsoring a concert is a great way to showcase your business and show your dedication to the community.

Sponsors will have their business listed in all advertising including print, online, and the electronic road sign. Send us your banner and the Town will display it at the show.

Sponsorship opportunities begin at \$500. Ask about sponsoring the Town's People Mover Shuttle Service too!

Call (585) 359-7055 for more information.

# Special Events

## MARTIN LUTHER KING, JR. CELEBRATION

Thursday, January 15 at 7:00pm

St. Marianne Cope Parish at

Guardian Angels Church

2061 E. Henrietta Road

Rochester, NY 14623

Sponsored by the Interracial Clergy Council and the Interfaith League of Henrietta & Rush, the Town of Henrietta, and the Rush-Henrietta Central School

District. Free! All are invited to attend. No registration required.



## HAMSTER BALL RACES

### SPONSORED BY FRIENDS OF HENRIETTA PARKS AND REC

Date: Saturday, January 17

Location: Henrietta Recreation Center

Time: 6:30pm-8:00pm

We will host an evening full of races, with plenty of free and fun activities for the entire family! If you'd like to race your hamster or attend the event please register online at [henriettarec.org](http://henriettarec.org)



## CUPIDS AND COOKIES VALENTINE'S DAY DANCE

Date: Saturday, February 7

Location: Henrietta Recreation Center

Time: 6:30pm-8:30pm

Put on your dancing shoes and celebrate Valentine's Day with your family! Enjoy fun music, inflatables, games, crafts and frost a cookie.



## EASTER EGG HUNT

Date: Saturday, March 28

Location: Henrietta Recreation Center

For: For preschool-6th grade.

Indoor and outdoor activities 12pm -2:00pm including balloon animals, face tattoos, photo opportunities with the Easter Bunny.

Egg Hunt begins promptly at 1:00pm.

Register online beginning

March 2nd.



## FLASHLIGHT EASTER EGG HUNT FOR TEENS

Date: Saturday, March 28

Location: Henrietta Recreation Center

Time: 7:00pm-9:00pm

For: 6th-9th Graders

Enjoy time with your friends. Event includes: DJ, pizza, ping pong, open gym activities and an Easter Egg Hunt in the gym with lights off AND flashlights on! Bring a flashlight. Space is limited, register online beginning March 2nd for residents.



## WONKA BAR BINGO

Date: Friday, May 8

Location: Henrietta Recreation Center

Time: 6:30pm-8:00pm

For: All ages

Fee: \$8 Res/\$10NR

*\*Children 3 and under are free*

Register for this program and get your

golden ticket to enter Wonka Land and play BINGO for a chance to win candy bars! Enjoy dipping a variety of foods in our chocolate fondue. Check out the Willy Wonka themed crafts and don't forget to take a picture at the Wonka Gate! Before you leave take your chance and play Willy Wonka Trivia (based on the original movie). Costumes are optional. No spectators, all who attend must be registered.



## MEMORIAL DAY PARADE

Date: Sunday, May 17

Step off at 1:00pm from the R-H Sr. High School. Please join us at Veteran's Memorial Park immediately following the parade to honor and remember those who made the ultimate sacrifice in service of our nation. Please join us for a picnic directly after the ceremony at the Recreation Center.



## 9th Annual RH KICKING HUNGER5K RUN/WALK



Saturday, June 6, 2026  
8:00am start  
Veterans Memorial Park  
Henrietta, NY

100% of net proceeds from this race will go to support local families through the RH Kicking Hunger Food Pantry.

Online registration is available on [RunSignUp.com](http://RunSignUp.com)

Want more information about how to help, or are interested in becoming a sponsor for this community event? Contact the race committee at [rhkickinghunger5k@gmail.com](mailto:rhkickinghunger5k@gmail.com) and

Follow us on Facebook @RHKickingHunger5K to learn more!

# Tinker Nature Park

1525 Calkins Rd • (585) 359-7044 •  
<https://www.henrietta.org/parksandrecreation/page/tinker-nature-park>

Hansen Nature Center is open Tuesday - Saturday from 9:00am-4:00pm  
Closed Sunday, Monday and Holidays

Tinker Homestead is shown by appointment: Tuesday - Saturday, 10am -2pm.  
Tinker Nature Park is open 7am- Sundown seven days a week.

Restrooms are available by the Calkins Road Parking Lot  
Tinker Nature Park is Carry in - Carry out Park.

***Pets are NOT allowed in Tinker Nature Park***



## Tree Recycling

All through the month of January, come and bring your live Christmas trees to Tinker Nature Park to be recycled into mulch for our trails. Please remove all bags, strings and ornaments! Drop off behind the large white barn. There will be a bin to place non-perishable food donations for RHAFT.



## Ski/Snowshoe Rentals:

Ski and snowshoes will be available to rent for park use for \$5.00/pair, cash only. We also provide poles if needed. Please visit our Facebook or the Tinker page on the Town website to check availability. We rent throughout the week during business hours as conditions allow. Tuesday-Saturday 9:00am -3:00pm, all equipment must be returned to the Nature Center by 4:00pm and is for use in Tinker Nature Park only.



Spring Gardening Programs will be announced soon.  
Please visit the Town Calendar for more information!





# Henrietta Senior Center

SrCenter@henrietta.org  
515 Calkins Road, Henrietta NY 14467  
(585) 334-4030

Hours: Monday-Friday, 9:00am-3:00pm

Senior Citizens are adults 60 years of age and their spouse of any age. Stop in and pick up a monthly calendar or visit us online at [www.henrietta.org](http://www.henrietta.org). Fitness programs, nutritious meals, and health services make us one of the best Senior Centers in the County. Our recreation activities, social programs, and travel opportunities keep us active. Join us for dancing, special events, and education programs. Daily transportation is available to and from the center. We look forward to welcoming you to our Senior Center.



## WEEKLY ACTIVITIES INCLUDE THE FOLLOWING:

\*INDICATES NOT EVERY WEEK. PLEASE CHECK SCHEDULE  
+ LUNCHES: INSIDE DINING OR GRAB AND GO. RESERVATION IS REQUIRED.



### MONDAYS

9:15 Chair Exercise  
10:00 /11:00 Young at Heart Fitness  
11:00 Walk in the Park  
12:00 Lunch+  
1:00 Cards/Euchre/Hand & Foot

### TUESDAYS

9:30 Low Impact Aerobics  
10:00 Crafts  
10:30 Arthritis Exercise  
12:00 Lunch+  
1:00pm Cards & Scrabble  
1:00pm Tai Chi

### WEDNESDAYS

9:00am Chair Exercise  
10:00/11:00 Young at Heart Fitness  
\*10:00 Eldersource Counselor  
11:00 Walk in the Park  
12:00 Lunch+  
1:00 Gametime/Cards:Euchre  
\*1:00 Stretching Class

### THURSDAYS

9:30 Low Impact Aerobics  
10:30 Mexican Train  
12:30 Mahjong  
1:00 Chair Yoga

### FRIDAYS

9:15 Chair Exercise  
\*10:00 Book Club  
\*11:00 Standing Strong Exercise/ Young at Heart Fitness  
\*12:30 LACE Language Acquisition and Cultural Exchange  
1:00 Cornhole League  
\*Deaf Elders Around Rochester (DEAR) Interpreter provided.



## Lunch Club 60 Inside Dining or Meals To Go



Make your reservation now!  
Monday, Tuesday & Wednesday  
Drive-thru or dine inside.  
Suggested contribution \$3.50



Register now...  
Defensive Driving Instruction  
January 20th &  
January 22nd, 2026

Do you need a Senior Center Membership key tag?  
Stop by the front desk to get your Senior Center Membership key tag!  
If you are already a member at the Henrietta Recreation Center, you will be able to use the same key tag! Stop by the front desk to have the staff connect your card for use in both buildings.



AARP Tax Assistance provides in-person tax assistance for taxpayers who are over 60 years of age and have low to moderate income. Tax appointments on Thursdays starting in February through April. Call the Senior Center at 334-4030 beginning January 20th to make an appointment.

## Upcoming Events

### Saturday, December 6th

Get in the Holiday spirit! Join us at the Center at 4:00pm for the Town of Henrietta Holiday Lights and Magic event

### Friday, January 16th

New session of Indoor Cornhole League begins

### Tuesday, January 27th

2026 Travel Expo: Where do you want to travel this year?

*Be sure to check out the monthly calendar to see the places we will be visiting in 2026.*



## Free English Classes At the Henrietta Senior Center

Fridays from 12:30pm - 2:00pm  
Sponsored by Catholic Charities and LACE (Language Acquisition and Cultural Exchange)  
Contact Jennifer McDermott (585) 596-0850

# EASTER EGG HUNT

**Hop on over to the Henrietta Recreation Center  
on Saturday, March 28, 2026 for  
an Easter Egg Hunt!**

Indoor and outdoor activities will take place from 12:00pm-2:00pm. The Easter Egg Hunt starts promptly at 1:00pm.  
Registration required! Register online at [henriettarec.org](http://henriettarec.org) starting on March 2nd.

