



TOWN OF HENRIETTA

PARKS & RECREATION

605 CALKINS ROAD, HENRIETTA NY
585.359.2540 | www.henriettarec.org

FALL 2026



Registration begins: August 10 for residents; August 17 for non-residents



Town Supervisor Stephen L. Schultz

Craig C. Eckert, Deputy Town Supervisor

Linda K. Salpini, Director of Finance and Personnel

Henrietta Town Board

Robert Barley, Jr.

Michael J. Stafford

Millie Sefranek

Kristina J. Owens

Parks and Recreation Department

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Emily Bradford, Recreation Assistant
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Recreation Center



605 Calkins Road
(585) 359-2540

**Hours of
Operation**

**Monday – Friday
Saturday & Sunday**

**7:00 AM – 9:00 PM
8:00 AM – 5:00 PM**

Message from the Director

There's always something new going on at Henrietta Parks and Recreation. This season, we have several exciting things to share with the community.

If you have been in the Town Park, you surely have seen our magnificent new amphitheater. Although we have been using it for the Summer Concert Series, construction is not yet complete. Our talented Town staff will soon be adding a back wall, permanent stage, storage and utility rooms, and restrooms with flush toilets. Events will be held in the completed structure beginning in June of 2027.



This month, the playground at Tinker Nature Park will be replaced. The Town has contracted with Bears Playgrounds to build a new cedar log playground with swings, in place of the thirty-year-old, existing playground. We can't wait to see kids having fun on the cool new climbers, slides and swings. There's also a plan in the works to add public restrooms near the playground and Tyler Pavilion.

On September 12, the Recreation staff will be bringing a new event to the Town Park – Big Rig Roundup. Kids love big trucks! Here's an opportunity to see them up close and talk to the Big Rig operators. Thanks to all our partners that are helping with this awesome event, including Henrietta Fire, the Monroe County Sheriff's Office, CHS, and the Town of Henrietta Public Works Department. Details on this upcoming event can be found on the back page of this brochure. Don't miss it!

Recreation Center

Drop-in Activities

Drop-in cost for activities is \$5.00 for residents, \$7.00 for non-residents.
(Subject to scheduling changes, refer to online calendar for updated information)

Program	Days	Times	Ages
Sunday 35+ Hoops	Sunday	12:30pm-2:30pm	Adults 30+
Afternoon Pickleball	Monday & Wednesday	10:00am-2:00pm	Adult 18+
Afternoon Pickleball	Tuesday & Thursday	12:00pm-3:00pm	Adult 18+
Advanced Pickleball	Tuesday & Thursday	9:00am-12:00pm	Adult 18+
Evening Pickleball	Thursday	6:15pm-8:45pm	Adult 18+
Badminton Fridays	Friday Sept. 8-Dec. 18	6:00pm-8:45pm Res. \$7/NR \$8	Ages 13+

Members who play Pickleball/Drop In Basketball receive discounted rates on multiple visits for drop-in activities.
(Not available to non-members)



Visit Pass	Resident Fee/NR Fee
10 Visits	\$25/\$40
20 Visits	\$40/\$60

Table Tennis is free to Members. Subject to scheduling changes.

Program	Days	Times	Ages
Table Tennis	Sunday	8:30am-12:00pm	Adults 18+
Table Tennis	Monday, Wednesday	8:30am-1:30pm	Adult 18+

The Henrietta Parks and Recreation staff take photos of our programs and events for promotional use. If you prefer not to have your photo or your child's photo used in promotional materials, please inform the instructor or photographer.



Safe Place

The Recreation Center is a designated "Safe Place" and is one of nearly 300 stationary and mobile sites throughout Monroe County. Safe Place is a national outreach program assisting youth who are experiencing a crisis situation. In crisis, youth can go to a Safe Place location to access immediate help and services from Center for Youth professionals. For more information about Safe Place and The Center for Youth please visit www.centerforyouth.net or call (585) 473-2464.



Reservation Fees

Space available for athletic activities.

Room	R-H Youth Sports Fee	Res Fee	Non-Res Fee
Gym 1	\$50 per hr.	\$60 per hr.	\$70 per hr.
Gym 2	\$60 per hr.	\$70 per hr.	\$80 per hr.
Gym 2-A	\$35 per hr.	\$40 per hr.	\$50 per hr.
Gym 2-B	\$35 per hr.	\$40 per hr.	\$50 per hr.
Activity Room	\$35 per hr.	\$40 per hr.	\$50 per hr.
Multipurpose Room 1	\$40 per hr.	\$45 per hr.	\$55 per hr.
Multipurpose Room 2	\$35 per hr.	\$40 per hr.	\$50 per hr.
Batting Tunnel (w/ 2-B)	\$50 per hr.	\$60 per hr.	\$70 per hr.
Pickleball Court (Available for rental on Fridays from 10am-2pm)	\$15 per hr.	\$15 per hr.	\$15 per hr.

Membership Type	Resident Annual Fee	Non-Resident Annual Fee
Adult (14-59)	\$20.00	\$50.00 * includes 2 drop in passes
Senior (60+)	\$10.00	\$30.00
Youth (0-4)	FREE	FREE
Youth (5-13)	\$10.00	\$25.00
Veteran	FREE	\$20.00

**A discount of \$10 per year is available for Non-Resident Adults (14-59) who reside in the R-H school district or whose employers are members in the Henrietta Chamber of Commerce.*

Membership Admission Policies

- Members sign and agree to adhere to the facility code of conduct indicated on the disclaimer.
- Members will receive a keytag to use for scanning into facility.
- Replacement fee for member keytag is \$5.00 per person. (Scan-in required)
- Members receive free access to walking/running track, table tennis, and open gym times. (Scan-in required)
- Scheduled drop-in activities will require a fee and scan-in.
- Drop-in activity daily cost for members and non-members is \$5.00 for residents, \$7.00 for non-residents.
- Scan-in is not required for pre-registered recreation programs, facility rentals, or special events.
- Individuals under the age of 18 must be signed up by their legal guardian.
- Members under age 14 must be supervised by an adult Henrietta Recreation Member age 18+ while using the facility.
- Open gym is open to Members only at this time. Anyone under the age of 18 years old must have parent or guardian sign for their membership or renewal
- Indoor waiting is not allowed. Spectators are not allowed.
- In order to respect the privacy of others, limit photography to your family or group only.

General Information

PARKS AND RECREATION ADVISORY BOARD

The Purpose of the Henrietta Parks and Recreation Advisory Board is to advise and assist the Town Board in the preparation of plans and programs for carrying out the functions of the Parks and Recreation Department. The Board also reviews plans and proposals for the acquisition and development of parks and recreation facilities and may be referred to make such recommendations to the Town Board through the Director of Parks and Recreation in connection therewith as deemed appropriate.

CURRENT MEMBERS

Gary Junge, Chair

David Moriarty, Vice Chair

Barbara Christensen

Patrick Irving

Eric Ober

Susan Burke

Michael Condello

Michael Davis

Mary Ellen Liss

Lori Jimenez

Diana Keating

Robert Schoener

YOUTH DEVELOPMENT ADVISORY COMMITTEE

Mission: To improve the quality of life for Henrietta youth and families through planning, advocacy, networking and programming.

CURRENT MEMBERS

Lacresha Scott, Chair

Bridget Bartholomay, Vice Chair

Albert Barrett

Barbara Christensen

Bhim Dhakal

Marianne Gocker

Harmony Sefranek

Theresa Dukes

Simra Hamad, Youth Rep

Rawan Hassan, Youth Rep

Sybil Monteiro, Youth Rep

Tharuni Paskaran, Youth Rep

Susanna Sherman, Youth Rep

Shiloh Arthmann, School Board Liaison

Laura Dingman, Library Liaison

Millie Sefranek, Town Board Liaison

Anita Tichacek, Recreation Liaison

FRIENDS OF HENRIETTA PARKS AND RECREATION

Our mission is to enrich, encourage, and promote fundraising activities to supplement the cost of specific public recreation programs, parks, facilities, and services for the Town of Henrietta. We will work together to welcome and recruit volunteers from the community to participate, advocate for and support the programs and facilities that will help create a happy and healthy community where our residents can live, work, and play.

Michael Condello, President

John Sercu, Vice President

Rachel Cornmire, Treasurer

Nicki Whaley, Secretary

Howard Ressel, Member at large

Brooke Duryea, Member at large

Mary McGohan, Member at large

Pam Grundman, Department liaison

Jackie Kitto, Gymnastics liaison



OUR MISSION:

To enrich, encourage, and promote fundraising activities to supplement the cost of specific public recreation programs, parks, facilities, and services for the Town of Henrietta that will help create a happy and healthy community.

Friends of HENRIETTA Parks & Recreation

WANT TO HELP?

We are always looking for volunteers for upcoming events, donations & fundraising partners!

REFUND POLICY

Refunds are available as noted below unless otherwise stated in the program description. All refund requests must be submitted to the Henrietta Recreation office in person or by phone. A check will be issued in approximately 2 to 3 weeks. The processing fee for all refunds is \$10

- If a program is cancelled by the Town = FULL REFUND
- MEDICAL REFUND must be accompanied by note from physician. Refund will be prorated from date of injury/accident.
- You may withdraw from a program prior to the start date. Full refund will be granted minus a \$10 processing fee.
- If you withdraw from a program during the FIRST HALF of the program, you will receive a refund of (50%) of the program cost minus a \$10 processing fee.
- REFUNDS WILL NOT be given for missed classes for any (NON-MEDICAL) reasons to anyone who registers for a program but does not attend.
- Once a program has ended REFUNDS WILL NOT be given for any reason.
- Cabin refunds MUST BE AT LEAST TWO WEEKS PRIOR to the date reserved or NO refund will be given. There will be a \$10 processing fee.

HENRIETTA RECREATION DEPARTMENT POLICIES

The Recreation Department reserves the right to cancel or change any program due to low enrollment and may limit the size of any program. Additionally, any program may be cancelled or postponed due to unforeseen conditions which may directly impact the quality or safety of the program. Classes missed because of illness, travel conflicts or personal reasons cannot be made up.

WEATHER RELATED PROGRAM CANCELLATIONS

If the Rush-Henrietta School District is closed due to inclement weather conditions, ALL Henrietta Recreation Programs that are located in a SCHOOL FACILITY are also CANCELLED. If Rush-Henrietta schools close early due to inclement weather conditions, then Recreation Programs scheduled in the schools are also cancelled. For Henrietta Recreation programs that are NOT located in a Rush-Henrietta School District Facility, please call the Henrietta Recreation Department (585) 359-2540 or the weather information line at 585-234-1042 for daily updates regarding program cancellations. When possible, program cancellation information will be communicated to local media. Classes cancelled due to weather or unforeseen circumstances are not eligible for a credit or refund. If possible, make-ups will be scheduled.

FOR YOUR INFORMATION

The following popular programs are NOT run by the Town of Henrietta. You may contact them directly for program information.

R-H CONTINUING EDUCATION

Cub Care, Swim Lessons and more!

rhnet.org • (585) 359-7805

R-H LACROSSE CLUB

Boys & Girls Lacrosse

www.rhlax.com

R-H ATHLETIC ASSOCIATION

(Baseball/Softball)

www.rhaa.net • (585) 234-5650

R-H SOCCER CLUB

www.rhsoccer.org •

(585) 234-0245

R-H YOUTH SPORTS ASSOCIATION

R-H Renegades Football & Cheer

R-H Renegades Boys & Girls Basketball

R-H Wrestling

www.rhysa.org • (585)270-0914



Henrietta Parks Information

VETERANS MEMORIAL PARK, 595 Calkins Road

This park has many recreational facilities available to the public including the Henrietta Recreation Center, Senior Center, amphitheater, 3 playgrounds, softball and soccer fields, Roberts and Bushman cabins, picnic pavilions, outdoor restrooms, basketball, pickleball and tennis courts, splash pad and a walking trail that connects to the Lehigh Valley Trail.

MARTIN ROAD PARK, 1344 Martin Road

Features a large playground, Buyck pavilion, outdoor restroom, soccer fields, kick wall, tennis and pickleball courts, and catch and release fishing pond.

LOOKUP PARK, 3850 East Henrietta Road

Amenities include Baldwin Cabin, a 9-hole disc golf short course, golf driving range and dog park. The dog park is self-monitored and is part of the Monroe County Dog Park system. An annual fee will allow you access to dog parks at Lookup Park, Ellison Park, Greece Canal Park, Pittsford Dog Park and Sweden Park. Registration for the dog park is required and can be done at the Henrietta Town Clerk's Office. The golf driving range is operated by the Henrietta Foundation. For hours and additional information regarding the driving range call (585) 334-1300.

BREESE PARK, 108 Westcombe Park

This park features beautiful views of the Genesee River and has an accessible stone dust trail that runs alongside the river. The property is home to many types of wild animals and beautiful plants such as bluebell and trillium flowers, native ferns, mushrooms, black walnut trees, etc. Eagle Scout projects such as a pedestrian walking bridge, kiosk, and wildlife observation blind have been completed here. The Breese Park Play and Fitness Trail is nestled in the woods, just off the main trail.

TINKER NATURE PARK, 1525 Calkins Road

Amenities include the Hansen Nature Center, Tinker Homestead and Farm Museum, Tyler Pavilion, playground, 2 miles of hiking trails with wetland boardwalks, small amphitheater, gazebo overlooking pond, and the Community Garden Program (registration required). *Please note that dogs are strictly prohibited at Tinker Nature Park.

CABIN / PAVILION RESERVATIONS AND FEES

Bushman Cabin, Roberts Cabin, Baldwin Cabin, and pavilions (Tyler, Buyck, Stevens, and Chase) are available to reserve. All cabins are heated and air conditioned and include restrooms, kitchens with oven/stove, refrigerator, sink, and tables with seating for approximately 50-100 people. Cabins and pavilions are available for use from 10:00am to 10:00pm, with the exception of Buyck and Tyler Pavilions, which are available until dusk. Henrietta residents can reserve cabins and pavilions up to 365 days in advance, non-residents up to 335 days in advance.

Reservations must be made in person at the Henrietta Recreation Center or by request online. To make a reservation request online please visit henriettarec.org. A \$100 cleaning deposit in the form of a check is due upon key-pickup for all cabins and Tyler Pavilion. If the facility is left in its original condition, key is returned and rules are followed, your check will be returned to you by mail. For more information on these and additional town park properties, please visit our website at www.henrietta.org.



Cabin Reservation Fees

Facility	Resident Daily Fee	Non-Resident Daily Fee
Roberts Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Bushman Cabin at Veterans Memorial Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Good Shepherd Hall	\$300 (Monday-Thursday) \$350 (Friday- Sunday & Holidays)	\$400 (Monday -Thursday) \$500 (Friday - Sunday & Holidays)
Baldwin Cabin at Lookup Park	\$150 (Monday-Thursday) \$165 (Friday-Sunday & Holidays)	\$225 (Monday-Thursday) \$250 (Friday-Sunday & Holidays)
Chase & Tyler Pavilion	\$25	\$50
Stevens & Buyck Pavilion	\$50	\$75



Preschool Programs

Preschool Playgroup is a structured program that encourages social development through play and educational activities. Children learn to play together in a supervised environment by participating in games, projects, songs, and arts & crafts. See orientation schedule on receipt.

Location: Henrietta Recreation Center

You may only register for one preschool playgroup class. You may register your child for a second Preschool Playgroup class one week prior to the program starting, if space is available.

FALL SESSION

Instructor/ Location	Age	Day	Time	Fee Res/NR
Ms. Caitlin MP1	2.5-3yr	Monday & Tuesday Sept. 21- Nov. 10 *No class 10/12, 11/3	9:15am- 11:45am	\$254/\$292
Ms. Caitlin MP1	3-5yr	Wednesday & Friday Sept. 23- Nov. 13 *No class 11/11	9:15am- 12:15pm	\$272/\$313
Ms. Caitlin MP1	3-5yr	Thursday Sept. 24 - Nov. 12	9:15am- 12:15pm	\$145/\$167

LATE FALL SESSION

Registration for residents begins
Oct. 5 and Oct. 12 for non-residents

***No program 11/23-11/27, 12/21-1/1**

Instructor/ Location	Age	Day	Time	Fee Res/NR
Ms. Caitlin MP1	2.5-3yr	Monday & Tuesday Nov. 16- Jan. 26 *No class 1/18	9:15am- 11:45am	\$272/\$313
Ms. Caitlin MP1	3-5yr	Wednesday & Friday Nov. 18- Jan. 29	9:30am- 12:15pm	\$290/\$334
Ms. Caitlin MP1	3-5yr	Thursday Nov. 19- Jan. 28	9:30am- 12:15pm	\$145/\$167



SCOOT & SLIDE: GYM TIME WITH PARENT

Join us for open gym time where your child can run, jump, ride and scoot! The gym will be set up with various ride-ons, scooters, and sports equipment. All equipment will be age appropriate. Children must be supervised while playing in the gym. All in attendance must have a membership.

Age	Day	Time	Fee
18 months- 6yrs	Monday - Thursday Beginning September 2	10:00am- 12:00pm	Free to Members

PRESCHOOL OPEN GYM

Preschool Open Gym gives children a chance for supervised play using a wide variety of equipment. All children must be accompanied by a parent or guardian. Location: Henrietta Recreation Center, Gymnastics Area



FALL SESSION

Age	Day	Time	Fee Res/NR
18 months - 2yrs. with parent/guardian	Wednesday Sept. 16 - Oct. 21	9:30am- 10:10am	\$36/\$46
2yrs-4yrs with parent/guardian	Wednesday Sept. 16 - Oct. 21	10:30am- 11:10am	\$36/\$46
18 months - 2yrs. with parent/guardian	Thursday Sept. 17 - Oct. 22	9:30am- 10:10am	\$36/\$46
2yrs-4yrs with parent/guardian	Thursday Sept. 17 - Oct. 22	10:30am- 11:10am	\$36/\$46

LATE FALL/ WINTER SESSION

Registration for residents begins October 5
and October 12 for non residents.

***No program: Nov. 11, Nov. 25, Nov. 26**



Age	Day	Time	Fee Res/NR
18 months - 2yrs with parent/guardian	Wednesday Oct. 28 - Dec. 16	9:30am- 10:10am	\$36/\$46
2yrs-4yrs with parent/guardian	Wednesday Oct. 28 - Dec. 16	10:30am- 11:10am	\$36/\$46
18 months - 2yrs with parent/guardian	Thursday Oct. 29 - Dec. 17	9:30am- 10:10am	\$42/\$52
2yrs-4yrs with parent/guardian	Thursday Oct. 29 - Dec. 17	10:30am- 11:10am	\$42/\$52

HOLIDAY ART WORKSHOPS *with parent/guardian*

Have fun making holiday art projects with your child. Storytime, seasonal fingerplays and a snack are included. Please bring a smock. Location: Recreation Center, Multipurpose Room 2.

SCARECROWS AND JACK - O -LANTERNS

Session 1	2-6yrs	Saturday, October 3	9:30am- 11:00am	\$15/\$18
Session 2	2-6yrs	Saturday, October 3	11:30am-1:00pm	\$15/\$18

IT'S TURKEY TIME

Session 1	2-6yrs	Saturday, November 7	9:30am- 11:00am	\$15/\$18
Session 2	2-6yrs	Saturday, November 7	11:30am-1:00pm	\$15/\$18

RING IN THE HOLIDAYS

Session 1	2-6yrs	Saturday, Dec. 5	9:30am- 11:00am	\$15/\$18
Session 2	2-6yrs	Saturday, Dec. 5	11:30am-1:00pm	\$15/\$18

Preschool and Youth Programs

FUTURE STARS: SPORTS DEVELOPMENT

The Future Stars Program helps parents work one-on-one with their child, teaching them fundamentals of sports. During each program, parents work together with their child in a supportive environment to learn all of the basic motor skills needed for sports.

Age	Day	Time	Fee Res/NR
3-5yrs. w/ parent	Thursday, Sept. 10 - Oct. 15	5:30pm-6:15pm	\$65/\$75

FUTURE STARS: BASKETBALL

Future Stars Basketball allows parents to work one-on-one with their child teaching them different basketball skills.



Age	Day	Time	Fee Res/NR
3-5yrs. w/ parent	Thursday, Nov. 5 - Dec. 17 *No program 11/26	5:30pm-6:15pm	\$65/\$75

EPIC TRAINING FOR KIDS: BABYSITTER'S TRAINING

Participants will learn the roles and responsibilities of a babysitter including skills in: the business of babysitting, accident prevention, first aid, care of choking victims and the ages and stages of children. Certification card issued upon completion. Bring a self address envelope and a lunch! Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
11-15yrs	Sunday, November 15	12:00pm -4:00pm	\$78/\$90
11-15yrs	Saturday, December 12	10:00am-2:00pm	\$78/\$90

EPIC TRAINING FOR KIDS: HOME ALONE

Knowing when your child is ready to stay home alone is a difficult decision and preparation can make the transition much easier for you & your child the roles and responsibilities. Bring a snack and a self addressed envelope! Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
7-13yrs	Sunday, November 1	12:00pm-1:30pm	\$46/\$56

EPIC TRAINING FOR KIDS: FIRST AID

This course teaches participants the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains, strains and breaks, and treatment of heat and cold emergencies. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
8-12yrs	Sunday, November 1	12:00pm -1:30pm	\$40/\$50

WARRIOR TRAINING

Are you an athlete looking to build strength while conquering challenges and having fun? Come train on our Ninja Rig. Roll, flip, swing and climb your way to become a stronger athlete. Each week will feature different obstacles and strength exercises as well as basic tumbling lessons. This program is structured and instructional. *No Program 10/12*

Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
4-5yrs	Sunday	1:00pm-1:40pm	\$72/\$83	\$84/\$97
5-7yrs	Monday	4:45pm-5:25pm	\$60/\$70	\$96/\$110
5-7yrs	Monday	5:30pm-6:10pm	\$60/\$70	\$96/\$110
7-9yrs	Monday	4:00pm-4:40pm	\$60/\$70	\$96/\$110
7-9yrs	Monday	6:15pm-6:55pm	\$60/\$70	\$96/\$110

HOMESCHOOL WARRIOR TRAINING

4-5yrs	Monday	10:45am-11:25am	\$54/\$64	\$72/\$83
6-12yrs	Monday	11:30am-12:10pm	\$54/\$64	\$72/\$83



THANKSGIVING BREAK MORNING FUN CAMP*

Join us for some on site fun at the Recreation Center. Activities include: indoor games, craft time, playing games with friends and more! Location: Henrietta Recreation Center, Multipurpose Room 1 & 2, Gym 2



Grades	Dates	Time	Fee Res/NR
K-6	Mon-Wed Nov. 23-Nov. 25	9:00am-12:00pm	\$36/\$46

THANKSGIVING BREAK PROGRAM*

Join us for some on site fun at the Recreation Center. Activities include: indoor games, craft time, fun on our inflatable and one field trip. Bring a lunch and a late day snack. Dress for indoor and outdoor games. *Optional: Bring personal money for snacks on field trip. Location: Henrietta Recreation Center, Multipurpose Room 1 & 2, Gym 2

Grades	Dates	Time	Fee Res/NR
K-6	Mon-Wed Nov. 23-Nov. 25	12:00pm-5:30pm	\$56/\$66

Youth Sports Programs

FLAG FOOTBALL LEAGUE

This program develops football related motor skills while giving participants the opportunity for non-contact team play. Teams will practice twice a week and have a game on Saturday. Monday & Wednesday practice, Saturday games begins Sept. 13th. Location: Veterans Memorial Park, 595 Calkins Road



Age (as of Sept. 1)	Fee Res/NR	Practices: Monday and Wednesdays 5:45pm- 7:15pm 1st practice Sept. 2 *Optional Practice Sept. 7 Games: Saturdays 9:00am or 11:15am 1st game Sept. 12
5 - 6 years (co-ed)	\$115/\$132	
7 - 9 years (co-ed)	\$115/\$132	
10 - 12 years (Boys)	\$115/\$132	
10-12years(Girls)	\$115/\$132	
13 - 15 years (Girls)	\$115/\$132	

Flag Football Parent Meeting
Monday, August 24th
Bushman Cabin
6:00pm-7:00pm: 5- 6yrs, 7-9yrs
7:30pm-8:30pm: 10-12yrs, 13-15yrs
Evaluations: August 31st, Veterans Memorial Park, 5:45pm - 7:15pm
Coaches Interest Meeting: August 26th, Veterans Memorial Park, 6:00pm-7:00pm

YOUTH SOCCER LEAGUE

This program is appropriate for all skill levels, it will focus on the development of soccer skills, strategies, and basic knowledge of the sport. Players will practice with their team twice a week and play games on Saturdays. Location: Martin Road Park, Soccer Fields



Age:	Fee Res/NR	Practices: Tuesdays and Thursdays 5:45pm- 7:15pm 1st practice Sept. 8
5 - 6 years	\$115/\$132	
7 - 9 years	\$115/\$132	
10 - 12 years	\$115/\$132	

Age:	Fee Res/NR	Games: Saturdays 9:00am or 11:15am 1st game Sept. 12
5 - 6 years	\$115/\$132	
7 - 9 years	\$115/\$132	
10 - 12 years	\$115/\$132	

Youth Soccer League Parent Meeting
Tuesday, August 25th
Bushman Cabin
6:00pm-7:00pm : 5-6yrs and 7-9yrs
7:30pm-8:30pm: 10-12yrs
Evaluations: Sept. 1st, Martin Road Park, 5:45pm - 7:15pm for all ages
Coaches Interest Meeting:
August 26th, Veterans Memorial Park
7:30pm-8:30pm



FALL TENNIS

These lessons will teach basic strokes and put participants into drills and games that will show tennis can be fun! Location: Veterans Memorial Park Tennis Courts. *In the event of inclement weather, classes will be moved into the Rec Center.*



Age	Day	Time	Fee Res/NR
5-13yrs	Thursday Sept. 10- Oct. 29	5:00pm-6:00pm	\$86/\$99
5-13yrs	Thursday Sept. 10-Oct.29	6:00pm-7:00pm	\$86/\$99

TEEN VOLLEYBALL

This coed volleyball is geared toward high school aged players who enjoy competitive recreational play. There is no formal instruction. Players should possess intermediate level volleyball skills. When necessary, rotation of extra player will be used. Recreation Center, Gym.



Age	Day	Time	Fee Res/NR
13-18yrs	Friday Nov. 6 - Dec. 18 *No Program 11/27	6:00pm-7:30pm	\$50/\$60

YOUTH VOLLEYBALL

We focus on volleyball fundamental skills, such as setting, spiking, serving, passing and good sportsmanship. Location: Henrietta Recreation Center, Gym.



Age	Day	Time	Fee Res/NR
8-12yrs	Wednesday Sept. 16 - Oct. 21	6:00pm-7:15pm	\$50/\$60

SATURDAY SPORTS AND GAMES

Come to the Rec for an afternoon of fun while we engage in a variety of different sports. Gaga ball, dodgeball and many more games will be played to get the kids moving during the cooler months! All participants must wear sneakers. Location: Henrietta Recreation Center, Gym.



Age	Day	Time	Fee Res/NR
6-12yrs	Saturday Oct. 10 - Nov. 21 *No Program 10/31	2:00pm - 3:30pm	\$50/\$60

Youth Sports Programs

SOCCER SHOTS

Soccer Shots is a national program that teaches soccer using creative games. Sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.



Soccer Shots Fall Session

Location: Veteran's Memorial Park, 595 Calkins Road, soccer fields behind Bushman Cabin

Age	Day	Time	Fee Res/NR
2yr olds* w/ parent	Tuesday Sept. 1 - Oct. 20	4:30pm-5:00pm	\$145/\$166
3 - 4yrs	Tuesday Sept. 1 - Oct. 20	5:00pm- 5:45pm	\$145/\$166
5 - 7yrs	Tuesday Sept. 1 - Oct. 20	5:00pm-5:45pm	\$145/\$166
3-4yrs	Tuesday Sept. 1 - Oct. 20	5:45pm - 6:30pm	\$145/\$166
5-7yrs	Tuesday Sept. 1 - Oct. 20	5:45pm -6:30pm	\$145/\$166

Soccer Shots Late Fall Session

Registration for residents begins October 5 and October 12 or non-residents.
Location: Recreation Center, Gym 2B

Age	Day	Time	Fee Res/NR
2yr olds* w/ parent	Tuesday Nov. 3- Dec. 15	4:40pm-5:10pm	\$135/\$155
3 - 4yrs	Tuesday Nov. 3- Dec. 15	5:15pm-6:00pm	\$135/\$155
5 - 7yrs	Tuesday Nov. 3 - Dec. 15	6:05pm-6:55pm	\$135/\$155

**The two year old program will require at least one parent to participate alongside their child.*

YOUTH INDOOR SOCCER

This program is designed for youth ages 6 to 11 years of age. It includes fundamentals and strategies of soccer while providing the opportunity for scrimmage play. Location: Henrietta Recreation Center, Gym 1



Age	Day	Time	Fee Res/NR
6-8 yrs	Wednesday Oct. 28 - Dec. 16 *No Program 11/25	5:45pm-7:00pm	\$72/\$83
9-11 yrs	Wednesday Oct. 28 - Dec. 16 *No Program 11/25	7:15pm-8:30pm	\$72/\$83
6-8 yrs	Saturday Nov. 7 - Dec. 19 *No Program 11/28	9:40am-10:55am	\$62/\$72
9-11 yrs	Saturday Nov. 7 - Dec. 19	11:05am-12:20pm	\$62/\$72

MARTIAL ARTS

The Town of Henrietta offers Martial Arts instruction for youth age 5 to adult. The style used is Chito-ryu with a mix in Judo and Aikido as well as other styles of Karate.

Beginner karate: beginners, yellow belts and orange belts.

This class is for adults and children learning Martial Arts.

Location: Henrietta Recreation Center.



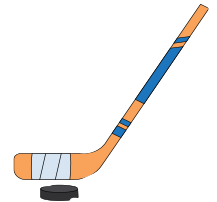
Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tues. Sept. 1- Oct. 20	5:30pm-6:30pm	\$64/\$74
Jr. Yellow Belt- Jr. Brown Belt	5yrs & up	Thurs. Sept. 3 - Oct. 22	6:00pm-7:30pm	\$96/\$110
Martial Arts for Adults	18yrs+	Thurs. Sept. 3 - Oct. 22	7:30pm-8:45pm	\$96/\$110

Late Fall Session

Class Name	Age	Day	Time	Fee Res/NR
Beginner Karate	5yrs & Up	Tues. Oct. 27- Dec. 15 *No program Nov. 24	5:30pm-6:30pm	\$56/\$66
Jr. Yellow Belt- Jr. Brown Belt	5yrs & up	Thurs. Oct. 29 - Dec. 17 *No program Nov. 26	6:00pm-7:30pm	\$84/\$96
Martial Arts for Adults	18yrs+	Thurs. Oct. 29- Dec. 17 *No program Nov. 26	7:30pm-8:45pm	\$84/\$96

FRIDAY YOUTH FLOOR HOCKEY

Skate over to the Recreation Center for an afternoon of Floor Hockey. Eye wear and sticks will be provided. All participants must wear sneakers. Location: Henrietta Recreation Center, Gym 2.



Age	Day	Time	Fee Res/NR
6-12yrs	Friday Nov. 6 - Dec. 18 *No Program on Nov. 27*	6:00pm-7:30pm	\$55/\$65

NERF ZOMBIES

Come with your friends and fight Zombies. All participants must wear sneakers. Location: Henrietta Recreation Center, Gym 2.

Age	Day	Time	Fee Res/NR
6-12yrs	Sunday October 25	1:00pm-2:00pm	\$15/\$20



Youth Sports and Programs

NINTENDO CLUB

If you are a gamer kid, we have something for you! Play Super Smash Bros., Rocket League and more. Share your love of gaming with friends! Location: Recreation Center, MP2

Age	Day	Time	Fee Res/NR
7-12yrs Session 1	Wednesday Sept. 23 - Oct. 28	6:00pm-7:30pm	\$27/\$32
7-12yrs Session 2	Thursday Nov. 5 - Dec. 17	6:00pm - 7:30pm	\$27/\$32
*No Program 11/26			

AVENGERS ACADEMY

Fly up, up and away to the Henrietta Recreation Center for games, prizes and much more! Children can wear their favorite characters outfit or t-shirt. All participants must wear sneakers. Location: Recreation Center, MP1



Age	Day	Time	Fee Res/NR
5-12yrs	Saturday, December 12	1:00pm -2:15pm	\$16/\$21

FAMILY TRIVIA NIGHT: STAR WARS

Are you one with the Force? Come find out and see if you and your family know Star Wars Trivia! All in attendance must register.

Age	Day	Time	Fee Res/NR
6yrs and Up	Friday December 19	6:00pm-8:00pm	\$12/\$17

SPOOKY SCIENCE

Monsters? Potions? Candy? What more could you want! Enjoy peak spooky season by cooking up recipes that would make evil scientists smile and building monsters that could challenge Dr. Frankenstein's creation.

Location: Henrietta Recreation Center, MP1.



Age	Day	Time	Fee Res/NR
7-11yrs	Saturday October 24	12:00pm-1:30pm	\$16/\$22

GALAXY PAINTING

Create your own colorful galaxy filled with stars, planets, and space-inspired designs. Students will learn simple painting techniques while using their imagination to make a one-of-a-kind masterpiece. Materials are included

Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
6-12yrs	Sunday, October 25	2:45pm-4:00pm	\$35/\$35



HOLIDAY ART WORKSHOP

Celebrate the season with a fun and creative holiday art project! Students will create festive keepsakes such as painted ornaments, winter scenes, holiday characters, or mixed-media decorations using a variety of art materials. Each child will leave with unique handmade creations to display at home or give as gifts. All materials are included. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
6-12yrs	Sunday, November 8	2:45pm-4:00pm	\$35/\$35

ROBOT BUILDERS

Join Brooklyn Robot Foundry for Robot Builders where we'll blend creativity and STEAM as kids build real working robots each week- complete with lights, sounds or movement! Through engaging hands-on lessons they'll learn engineering basics, boost problem-solving skills and leave every class proud, inspired, and holding their custom creation. Location: Henrietta Recreation Center

Age	Day	Time	Fee Res/NR
6-8yrs	Tuesday Sept. 22 - Oct. 27	6:00pm-7:00pm	\$225/\$257

LEGO MASTER BUILDING COMPETITION

Calling all master Lego builders! Compete in an exciting Lego building competition. Build with, and against, your friends to win prizes! Location: Recreation Center



Age	Day	Time	Fee Res/NR
4-6yrs	Friday November 13	6:00pm -7:30pm	\$18/\$23
7-12yrs	Saturday November 14	12:00pm - 2:00pm	\$20/\$25

HOLIDAY HANGOUT: SWEET TREAT AND CREATE

Join us for this sweet class! Participants will create a tasty treat from candy, cookies and more as well as a holiday craft. It's sure to be a merry time!

Location: Recreation Center, Activity Room

Age	Day	Time	Fee Res/NR
6-10 yrs	Saturday December 5	10:30am-11:30am	\$14/\$19

YOUTH PICKLEBALL LESSONS

This course is for kids looking to learn Pickleball.

They will learn the rules of the game, scoring, different shot types, and different strategies involved in the sport. This introductory program is meant to teach the basics of Pickleball. Location: Henrietta

Recreation Center, Gym 1



Age	Day	Time	Fee Res/NR
6-12yrs	Wednesday Sept. 23 - Oct. 14	5:45pm - 6:45pm	\$45/\$55

Youth Programs



DANCE

*Visions Dance Studio is located at 1225 Jefferson Rd, A22 (in Tops Plaza, 2 doors down from iSmash).
Late Fall Registration will begin October 6 for Residents, October 13 for Non-Residents.*

Preschool Dance Adventures! (Ballet/Tap/Creative Dance) 3-5yrs

Join us for a fun-filled creative movement class designed for children aged 3 to 5 years old. This class combines music, movement, imagination, and play to help develop coordination, balance, spatial awareness, and social skills in a safe active environment. No prior dance experience is necessary. Students should be potty-trained. Students should wear a leotard and tights (any color), ballet slippers, and tap shoes. Boys should wear a t-shirt and shorts or sweat pants, ballet slippers, and tap shoes.

Session	Age	Day	Time	Fee Res/NR	Session	Age	Day	Time	Fee Res/NR
Fall	3-5yrs	Tuesday, Sept. 8 - Oct. 27 at Visions Dance Studio	5:30pm-6:15pm	\$96/\$110	Late Fall	3-5yrs	Tuesday, Nov. 3 - Dec. 15 at Visions Dance Studio	5:30pm-6:15pm	\$84/\$97
Fall	3-5yrs	Saturday, Sept. 12 - Oct. 31 at Recreation Center	9:00am-9:45am	\$96/\$110	Late Fall	3-5yrs	Saturday, Nov. 7 - Dec. 19 at Recreation Center *No Program Nov. 28	9:00am-9:45am	\$72/\$83

Dance Adventures! (Ballet/Tap/Jazz) 5-7yrs

Do you have a blossoming young dancer in your family? Join us for Dance Adventures! This class introduces the fundamentals of ballet, tap and jazz dance for children aged 5 to 7 yrs. in a fun, safe, encouraging environment. No prior dance experience is necessary. Students should wear a leotard and tights (any color), ballet slippers, and tap shoes. Boys should wear a t-shirt and shorts or sweat pants, ballet slippers and tap shoes.

Session	Age	Day	Time	Fee Res/NR	Session	Age	Day	Time	Fee Res/NR
Fall	5-7yrs	Tuesday, Sept. 8-Oct. 27 at Visions Dance Studio	6:15pm-7:00pm	\$96/\$110	Late Fall	5-7yrs	Tuesday, Nov. 3 - Dec. 15 at Visions Dance Studio	6:15pm-7:00pm	\$84/\$97
Fall	5-7yrs	Saturday, Sept. 12 - Oct. 31 at Recreation Center	10:30am-11:15am	\$96/\$110	Late Fall	5-7yrs	Saturday, Nov. 7 - Dec. 19 at Recreation Center *No Program Nov. 28	10:30am-11:15am	\$72/\$83

Hip Hop Dance Party! 5-8yrs

This class introduces hip hop and jazz techniques in a fun, creative, age appropriate environment for children aged 5 to 8 yrs. No prior dance experience is necessary. Students should wear comfortable, stretchy clothing and sneakers.

Session	Age	Day	Time	Fee Res/NR	Session	Age	Day	Time	Fee Res/NR
Fall	5-8yrs	Tuesday Sept. 8 - Oct. 27 at Visions Dance Studio	7:00pm-7:45pm	\$96/\$110	Late Fall	5-8yrs	Tuesday, Nov. 3 - Dec. 15 at Visions Dance Studio	7:00pm-7:45pm	\$84/\$97
Fall	5-8yrs	Saturday Sept. 12 - Oct. 31 at Recreation Center	9:45am-10:30am	\$96/\$110	Late Fall	5-8yrs	Saturday, Nov. 7 - Dec. 19 at Recreation Center *No Program Nov. 28	9:45am-10:30am	\$72/\$83

Henrietta Youth Asset Team

Looking for Rush-Henrietta youth in grades 6 – 12 who want to be involved in their community by volunteering for town and charitable events, learning leadership skills, discussing with peers the needs of youth in our community and creating and facilitating events/programs to meet those needs. Feel empowered, share your voice and be a part of the change you would like to see!

All meetings are held once a month at the Henrietta Recreation Center at 605 Calkins Road on the 3rd Tuesday of the Month
From 6:00pm-7:30pm beginning September 15, 2026

We are looking forward to a FANTASTIC year! For more information:
Call (585) 359-2540
or email Anita at
atichacek@henriettany.gov



Volunteer Opportunities

Join us to be a part of the volunteering experience and suggest new opportunities to make a difference in your community! More information on dates and times will be given at the meetings.



Gymnastics

Fall session runs 9/14-10/25 *No class 10/12
Late Fall Session runs 10/26-12/20 *No class 10/31, 11/11, 11/25-11/29.
Late Fall Registration for residents begins October 5 and October 12 for non-residents.

Parent and Tot Gymnastics Classes	Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
Parent and Tot	2-3yrs	Monday	4:30pm-5:10pm	N/A	\$96/\$110
Parent and Tot	2-3yrs	Monday	5:15pm-5:55pm	N/A	\$96/\$110
Parent and Tot	2-3yrs	Monday	6:00pm-6:40pm	N/A	\$96/\$110
Parent and Tot	2-3yrs	Friday	9:00am-9:40am	\$72/\$83	\$84/\$97
Parent and Tot	2-3yrs	Friday	9:45am-10:25am	\$72/\$83	\$84/\$97
Parent and Tot	2-3yrs	Friday	10:30am-11:10am	\$72/\$83	\$84/\$97
Parent and Tot	2-3yrs	Sunday	9:00am-9:40am	\$72/\$83	\$84/\$97
Parent and Tot	2-3yrs	Sunday	9:45am-10:25am	\$72/\$83	\$84/\$97
Parent and Tot	2-3yrs	Sunday	10:45am-11:25am	\$72/\$83	\$84/\$97
Parent and Tot	2-3yrs	Sunday	11:30am-12:10pm	\$72/\$83	\$84/\$97
Preschool Gymnastics Classes	Age	Day	Time	Fall fee Res/NR	Late Fall Res/NR
Preschool Gymnastics	4-5yrs	Tuesday	4:00pm-4:40pm	\$72/\$83	\$96/\$110
Preschool Gymnastics	4-5yrs	Tuesday	4:20pm-5:00pm	\$72/\$83	\$96/\$110
Preschool Gymnastics	4-5yrs	Tuesday	4:45pm-5:25pm	\$72/\$83	\$96/\$110
Preschool Gymnastics	4-5yrs	Tuesday	5:05pm-5:45pm	\$72/\$83	\$96/\$110
Preschool Gymnastics	4-5yrs	Tuesday	5:30pm-6:10pm	\$72/\$83	\$96/\$110
Preschool Gymnastics	4-5yrs	Tuesday	5:50pm-6:30pm	\$72/\$83	\$96/\$110
Preschool Gymnastics	4-5yrs	Wednesday	4:00pm-4:40pm	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Wednesday	4:20pm-5:00pm	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Wednesday	4:45pm-5:25pm	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Wednesday	5:05pm-5:45pm	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Wednesday	5:30pm-6:10pm	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Wednesday	5:50pm-6:30pm	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	9:00am-9:40am	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	9:20am-10:00am	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	9:30am-10:10am	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	9:45am-10:25am	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	10:05am-10:45am	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	10:15am-10:55am	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	10:40am-11:20am	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	11:00am-11:40am	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	11:10am-11:50am	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	11:30am-12:10pm	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	11:45am-12:25pm	\$72/\$83	\$72/\$83
Preschool Gymnastics	4-5yrs	Saturday	12:00pm-12:40pm	\$72/\$83	\$72/\$83

Preschool 4-5 yrs

- This class is ideal for 4 year olds and 5 year olds who don't attend Kindergarten yet.
- Focus is on gaining experience & confidence on small equipment and learning basic gymnastics positions and terminology
- Using gymnastics to build gross motor skills – running, jumping, hanging, climbing, coordination, supporting body weight, and going upside down.
- Prerequisite: potty trained
- 3.5yr olds by recommendation only



Gymnastics

Beginner Gymnastics Classes - Step 1	Age	Day	Time	Fall Fee Res/NR	Late Fall Fee Res/NR
Step 1	5-7yrs	Friday	4:05pm-5:00pm	\$83/\$95	\$97/\$111
Step 1	5-7yrs	Friday	5:05pm-6:00pm	\$83/\$95	\$97/\$111
Step 1	5-7yrs	Friday	6:05pm-7:00pm	\$83/\$95	\$97/\$111
Step 1	5-7yrs	Saturday	9:05am-10:00am	\$83/\$95	\$83/\$95
Step 1	5-7yrs	Saturday	10:05am-11:00am	\$83/\$95	\$83/\$95
Step 1	5-7yrs	Saturday	11:15am-12:10pm	\$83/\$95	\$83/\$95
Step 1	5-7yrs	Saturday	12:15pm-1:10pm	\$83/\$95	\$83/\$95
Step 1	5-7yrs	Sunday	9:05am-10:00am	\$83/\$95	\$97/\$111
Step 1	5-7yrs	Sunday	10:05am-11:00am	\$83/\$95	\$97/\$111
Step 1	5-7yrs	Sunday	11:05am-12:00pm	\$83/\$95	\$97/\$111
Step 1	5-7yrs	Tuesday	4:05pm-5:00pm	\$83/\$95	\$110/\$127
Step 1	5-7yrs	Tuesday	5:05pm-6:00pm	\$83/\$95	\$110/\$127
Step 1	5-7yrs	Tuesday	6:05pm-7:00pm	\$83/\$95	\$110/\$127
Step 1	8+yrs	Tuesday	6:05pm-7:00pm	\$83/\$95	\$110/\$127
Step 1	5-7yrs	Wednesday	4:05pm-5:00pm	\$83/\$95	\$83/\$95
Step 1	5-7yrs	Wednesday	5:05pm-6:00pm	\$83/\$95	\$83/\$95
Step 1	5-7yrs	Wednesday	6:05pm-7:00pm	\$83/\$95	\$83/\$95
Step 1	8+yrs	Saturday	12:15pm-1:10pm	\$83/\$95	\$83/\$95

Intermediate Gymnastics Classes - Step 2	Age	Day	Time	Fall Fee Res/NR	Late Fall Res/NR
Step 2 (inv. only)	6-7yrs	Tuesday	6:05pm-7:00pm	\$83/\$95	\$110/\$127
Step 2 (inv. only)	6-7yrs	Wednesday	4:05pm-5:00pm	\$83/\$95	\$83/\$95
Step 2 (inv. only)	6-7yrs	Friday	5:05pm-6:05pm	\$83/\$95	\$97/\$111
Step 2 (inv. only)	6-7yrs	Saturday	9:05am-10:00am	\$83/\$95	\$83/\$95
Step 2 (inv. only)	6-7yrs	Saturday	11:15am-12:10pm	\$83/\$95	\$83/\$95
Step 2 (inv. only)	6-7yrs	Sunday	10:05am-11:00am	\$83/\$95	\$97/\$111
Step 2	7-9yrs	Tuesday	4:05pm-5:00pm	\$83/\$95	\$110/\$127
Step 2	7-9yrs	Tuesday	5:05pm-6:00pm	\$83/\$95	\$110/\$127
Step 2	7-9yrs	Wednesday	5:05pm-6:00pm	\$83/\$95	\$83/\$95
Step 2	7-9yrs	Wednesday	6:05pm-7:00pm	\$83/\$95	\$83/\$95
Step 2	7-9yrs	Friday	6:05pm-7:00pm	\$83/\$95	\$97/\$111
Step 2	7-9yrs	Saturday	10:05am-11:00am	\$83/\$95	\$83/\$95
Step 2	7-9 yrs	Saturday	12:15pm-1:10pm	\$83/\$95	\$83/\$95
Step 2	7-9yrs	Sunday	11:05am-12:00pm	\$83/\$95	\$97/\$111

Beginner Gymnastics – Step 1

- This class is ideal for 5 year olds who are currently in Kindergarten and 6-7 year olds with less than 6 consecutive sessions (1 year) of prior experience.
- The goal of this class is to develop fundamental gross motor and gymnastics skills including: rolls, cartwheels, various hangs on the bars, jumping & rebounding, and basic body positions that are essential to the sport of gymnastics.
- Prerequisite: 5 year olds must be in Kindergarten



Intermediate Beginner Gymnastics – Step 2

This class is ideal for 6+ year olds with at least 6-12 consecutive sessions (1-2 years) of prior experience in Step 1.

- The goal of this class is to continue perfecting skills learned in Step 1 along with casts/supports on various bars, walks & balances on high beams, and advanced positions like hollow body, push ups, and bridges. More focus will be placed on strengthening and form/technique.
- Suggested Prerequisite: ability to rebound 2 feet off springboard, forward roll, cartwheel over block, wall handstand, partial kick up to handstand, ability & confidence to hold a support on a high bar and walk on a high beam, basic positions and exercises such as split position, bridge, push up, proper T-position.
- 6 year olds are by invite-only

Experience the rewards of volunteering

Volunteers are needed to work with the new Special Olympics Gymnastics Program at the Henrietta Recreation Center. Training is provided through Special Olympics. Call (585) 359-7055 for more information.



**Special
Olympics**



Gymnastics

Advanced Gymnastics – Step 3 & 4

- This class is by director recommendation only after 6-12 consecutive sessions (1-2 years) of prior experience in Step 2. Invite only class.
- The goal of this class is to continue perfecting skills learned in Steps 1 & 2 and build strength toward more advanced skills
- Approximately 50% of class time will focus on strength & flexibility.

Advanced Beginner Gymnastics Classes - Step 3	Age	Day	Time	Fall Fee Res/NR	Late fall Res/NR
Step 3 & 4	7-12yrs	Saturday	9:10am-10:20am	\$104/\$120	\$104/\$120
Step 3 & 4	7-12yrs	Saturday	10:30am-11:40am	\$104/\$120	\$104/\$120
Step 3 & 4	7-12yrs	Wednesday	4:10pm - 5:20pm	\$104/\$120	\$104/\$120
Step 3 & 4	7-12yrs	Wednesday	5:30pm-6:40pm	\$104/\$120	\$104/\$120

Homeschool Gymnastics (*Homeschool Warrior Training on Page 7*)

Homeschool Gymnastics	Age	Day	Time	Fall Fee Res/NR	Late fall Res/NR
Homeschool Gymnastics	4-5yrs	Tuesday	10:45am-11:25am	\$54/\$64	\$72/\$83
Homeschool Gymnastics	6-12yrs	Tuesday	11:30am-12:25pm	\$72/\$83	\$96/\$110

Fall session runs 9/14-10/25
Late Fall Session runs 10/26 - 12/20

Late Fall Registration for residents
begins October 5 and October 12
for non-residents.



Please contact Jackie Kitto for more information about our competitive USAG Xcel team.

Private and Semi-Private Lessons

Does your gymnast need extra time to work on a skill? Do you have a cheerleader struggling to learn the back handspring? Perhaps your child and her friend just want a lesson together, at a time convenient for you, with no distractions. Ask us about our private lessons! Once scheduled, an individualized lesson plan will be developed to help the participant achieve his/her personal goals.



Contact Jackie Kitto, Sr. Recreation Supervisor at (585) 444-2208, for more information or to schedule your lesson today!

Looking for
Warrior Training?
Find it on Page 7!

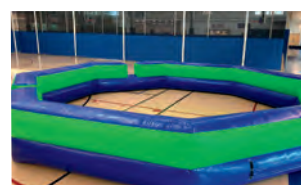


Choose from three fun party packages for your special day!
Gaga Ball or Gymnastics

Each package also includes two hours in the party room to play, eat and celebrate with family and friends. Sunday afternoons 1:30pm - 3:30pm for up to 12 kids.

\$250 for Residents/\$275 For Non-Residents.

All party guests also receive a Henrietta Recreation water bag filled with candy and prizes as their special gift. Call (585) 444-2208 for more information or reservations.



Adult Programs

PILATES MAT

Learn principles for core strengthening, improving flexibility and balance, and correcting spine alignment to improve posture. This is a great workout for beginners as well as for those who exercise regularly. Bring your own exercise mat. Location: Henrietta Recreation Center.



Age	Day	Time	Fee Res/NR
16yrs & Up	Thursday Sept. 3 - Oct. 8	5:30pm-6:30pm	\$42/\$52
16yrs & Up	Thursday Oct. 15 - Nov. 12	5:30-6:30pm	\$35/\$45

321 TOTAL BODY WORKOUT

Looking to build lean muscle and boost cardiovascular health? Participants can expect to improve overall strength, burn fat, and enhance flexibility. Exercise mats are available, and bringing small hand weights is encouraged (a limited number of weights will also be provided). This class is suitable for both beginners and those who already workout regularly. Location: Henrietta Recreation Center, Activity Room

Age	Day	Time	Fee Res/NR
16yrs & Up	Thursday Sept. 3 - Oct. 8	6:45pm-7:30pm	\$42/\$52
16yrs & Up	Thursday Oct. 15 - Nov. 12	6:45-7:30pm	\$35/\$45

FOUNDATIONAL FLOW YOGA

As we flow through yoga postures, spending a few breath cycles in each shape, we are able to adjust, explore, and strengthen our ability to listen and connect to ourselves. Foundational Flow allows us to find the breath and movement that feels best for our individual bodies and minds. Location: Recreation Center. Instructor: Kayla Sorenson.

Age	Date	Time	Fee Res/NR
16 yrs & Up	Sept. 1 - Sept. 15	6:30pm - 7:30pm	\$28/\$38
16 yrs & Up	Tuesday Sept. 29 - Nov. 3	6:30pm-7:30pm	\$55/\$65
16 yrs & Up	Tuesday Nov. 10 - Dec 22 *No Program 11/24	6:30pm - 7:30pm	\$55/\$65

VINYASA FLOW YOGA

Join us for an invigorating Vinyasa class designed to challenge your body and awaken your spirit! Flow through powerful poses that build heat, strength, flexibility, and stamina. Connect your breath with each movement to enhance focus and clarity. Get ready to flow, sweat and transform! Location: Recreation Center. Instructor: Kayla Sorenson

Age	Date	Time	Fee Res/NR
16 yrs & Up	Sept. 3 - Sept. 17	6:45-7:45	\$28/\$38
16 yrs & Up	Thursday, Oct. 1 - Nov. 5	6:45pm - 7:45pm	\$55/\$65
16 yrs & Up	Thursday, Nov. 12 - Dec. 17 *No Program 11/26	6:45pm - 7:45pm	\$46/\$56

RECENTER AND RECHARGE YOGA

Recenter and Recharge Flow is a rejuvenating journey designed to gently awaken your body and mind. We begin with grounding Yin poses, easing into deep stretches to calm your mind and open your body. Yin and Yang Fusion works to make you feel balanced on and off the mat. Location: Recreation Center

Age	Date	Time	Fee Res/NR
16yrs & Up	Sept. 1 - Sept. 15	11:00 am- 12:00pm	\$28/\$38
16 yrs & Up	Tuesday, Sept. 29 - Nov. 3	11:00am - 12:00pm	\$55/\$65
16 yrs & Up	Tuesday, Nov. 10 - Dec. 22 *No Program 11/24	11:00am - 12:00pm	\$55/\$65

TAI CHI- YANG STYLE

The lessons will focus on specific postures of the form that can improve; balance and coordination, strengthen muscle groups, relaxation and breathing. The instructor is Joe Hennekey from the Rochester T'ai Chi Ch'uan Center, certified by Grand Master William C.C. Chen. The wearing of loose comfortable clothing and soft shoes is recommended. Location: Recreation Center

Age	Day	Time	Fee Res/NR
Adult 18 yrs & Up (Returners Only)	Thursday Oct. 29 - Jan. 21	10:00am- 11:00am	\$81/\$93
Adult 18yrs & Up	Thursday Oct. 29 - Jan. 21 * No program 11/26, 12/24, 12/31	11:30am- 12:30pm	\$81/\$93

ZUMBA

A total workout, combining all elements of fitness-cardio, muscle conditioning, balance an flexibility, boosted energy and a serious dose of awesome each time you leave class. Location: Henrietta Recreation Center, Activity Room

Age	Date	Time	Fee Res/NR
16 yrs and up	Wednesday Oct. 7 - Nov. 4	6:30pm-7:30pm	\$40/\$50
16 yrs and up	Wednesday Nov. 11 - Dec. 16 *No program 11/25	6:30pm - 7:30pm	\$40/\$50

OULA DANCE FITNESS CLASS

Oula celebrates the healing power of dance as part of an inclusive community where everyone is welcome. Oula merges cardio of varying intensity levels with easy to follow choreography set to an energetic pop soundtrack. Location: Henrietta Recreation Center, Activity Room

Class	Age	Day	Time	Fee Res/NR
Session A	18yrs & Up	Monday Sept. 14- Sept. 28	6:45pm-7:45pm	\$36/\$46
Session B	18yrs & Up	Monday Oct. 5 - Oct. 26	6:45pm - 7:45pm	\$48/\$58
Session C	18yrs & Up	Monday Nov. 2- Nov. 23	6:45pm-7:45pm	\$48/\$58
Session D	18yrs & Up	Monday Nov. 30- Dec. 14	6:45pm - 7:45pm	\$36/\$46

Adult Programs

PICKLEBALL BEGINNER LESSONS-INTRO TO PICKLEBALL

This course is for those who have never played Pickleball. Focus on: Safety considerations while playing, basic rules of the game, scoring, layout of the court, proper grip to hold the paddle, intro to various shot types, doubles play, strategy basics and basic coverage of the court. Instructor: Jeff Yaskow. Location: Henrietta Recreation Center

Session	Age	Day	Time	Fee Res/NR
Fall	Adult 18 & Up	Tuesday Sept. 8 - Sept. 29	4:00pm-5:30pm	\$53/\$63
Fall	Adult 18 & Up	Tuesday Sept. 8 - Sept. 29	7:00pm-8:30pm	\$53/\$63
Late Fall	Adult 18 & Up	Tuesday Nov. 3 - Nov. 24	4:00pm-5:30pm	\$53/\$63
Late Fall	Adult 18 & Up	Tuesday Nov. 3 - Nov. 24	7:00pm-8:30pm	\$53/\$63



PICKLEBALL BEGINNER LESSONS 2.0-WORKING ON BASIC SKILLS

This course is for those who have played Pickleball for a few weeks to a few months and would like to accelerate their pickleball learning process. Focus on: Shot making skills, movement on court, Doubles Pickleball strategies, communication. Instructor: Jeff Yaskow. Location: Henrietta Recreation Center



Age	Day	Time	Fee Res/NR
Adult 18 & Up	Tuesday Sept. 8 - Sept. 29	5:30pm-7:00pm	\$53/\$63
Adult 18 & Up	Tuesday Nov. 3 - Nov. 24	5:30pm-7:00pm	\$53/\$63

OPEN PLAY BADMINTON DROP-IN

Welcome to the second most popularly played sport in the world - Badminton! It's a fantastic social, mental, fun, high-energy sport that folks enjoy playing together. Dress comfortably and bring an indoor racket. Location: Recreation Center, Gym 1. Drop in Fee per visit: \$7 for Resident/ \$8 for Non-Resident.



Age	Day	Time
13 & Up	Fridays Sept. 8 - Dec. 18 *No program 11/27	6:00pm-8:45pm

INDOOR SOCCER FOR ADULTS

Get your exercise and have fun at the same time! This coed indoor soccer program is strictly recreational play. All skill levels are welcome. The instructor will form new teams each week. Location: Henrietta Recreation Center, Gymnasium

Age	Day	Time	Fee Res/NR
18 & up	Sunday Sept. 13 - Oct. 18	10:45am-12:15pm	\$48/\$58
18 & Up	Sunday Oct. 25 - Dec. 6 *No Program 11/29	10:45am -12:15pm	\$48/\$58

VOLLEYBALL FOR ADULTS

This coed adult volleyball program is for those who enjoy competitive intermediate play. There is no formal instruction. Players should possess intermediate level volleyball skills. When necessary, rotation of extra players will be used. The instructor will form new teams each week. Location: Recreation Center, Gym

Session	Age	Day	Time	Fee Res/NR
A	Adult 18 & Up	Monday Sept. 14-Oct. 26	7:00pm-8:30pm	\$56/\$66
B	Adult 18 & Up	Monday Nov. 2- Dec. 14	7:00pm-8:30pm	\$56/\$66



Henrietta Community Chorus

The Henrietta Community Chorus is open to all singers 18 years and older. Join us as we ring in the holiday season, learning wonderful music while getting reacquainted with old friends and making new ones!

The fall/winter session runs from October 22 - mid January. Rehearsals for the fall/winter session will be held on Thursday evenings at Burger JHS (639 Erie Station Road) from 7-8:30 pm. We will have many opportunities to perform during the holiday season and look forward to welcoming new singers.

Contact Carol Lamica, Director, with any questions. Hensingers23@gmail.com

October 17
Teen Night
6:30pm-8:30pm

Halloween Party at Henrietta Rec Center

Enjoy some spooky fun with friends! Activities include a costume contest, make your own caramel apple bar, open gym time, and more! Pizza and refreshments provided.

Free for RH students 6th - 9th grade



November 21
Teen Night

Teen Night Hang Out at Henrietta Rec Center

Looking for a place to hang out with friends on a Saturday night? Come to the Henrietta Rec Center for a night of music, games, activities, open gym, pizza, and more! *Free for RH students 6th - 9th grade*

Make a Difference Day

October 31; 9:00am-12:30pm * R-H Senior High Cafeteria

Join us in making a difference in our community and lend a helping hand! Be Involved: Groups, service organizations, families and individuals are welcome! For more information and project assistance please call (585) 359-2540 or e-mail Anita at atichacek@henriettany.gov.

Volunteer activities from 9am -12pm at the R-H Senior High School with a pizza party at 12pm to celebrate all the completed community projects!



OUR PROJECTS

It's been a busy summer at Riverton Oaks Municipal Golf Course and there's still lots of great golfing days ahead. Don't put those clubs away yet. The cooler fall temps make for a more comfortable golfing experience and the fall colors at the golf course provide a beautiful backdrop for a round of golf.



Riverton Oaks will be open until the snow flies and there's plenty of tee times available. Stop in and see us soon!

**Driving Range is
now open
for business!**

**New GOLD tees on
holes 1, 8, and 9!**

520 Scottsville-West Henrietta Rd.
West Henrietta, NY 14586
585.334.6196
www.henriettany.gov/RivertonOaks





Henrietta Senior Center

SrCenter@henriettany.gov

515 Calkins Road, Henrietta NY 14467

(585) 334-4030

Hours: Monday-Friday, 9:00am-3:00pm

Senior Citizens are adults 60 years of age and their spouse of any age. Stop in and pick up a monthly calendar or visit us online at www.henrietta.org. Fitness programs, nutritious meals, and health services make us one of the best Senior Centers in the County. Our recreation activities, social programs, and travel opportunities keep us active. Join us for dancing, special events, and education programs. Daily transportation is available to and from the center. We look forward to welcoming you to our Senior Center.



Lunch Club 60

Make your reservation now!
Monday, Tuesday &
Wednesday
12:00pm
Dine inside or Grab To Go.
Suggested contribution \$3.50



Register now...
Defensive Driving Instruction
Tuesday, Sept. 15th 9am - 12pm
and
Thursday, Sept. 17th 9am - 12pm



Walk with a Doc
Sept. 12, Oct. 10, Nov. 14, Dec. 12
Meet at Senior Center at 9:30am

Deaf Elders Around Rochester (DEAR)

Meet monthly (Friday) for exercise
and socialization. ASL interpreters
provided!



Save the date!

Pancake Breakfast With Santa

Sunday, Dec. 6
8:30am

*Ticket information coming
soon on this fun event!*



**TOWN OF HENRIETTA
SENIOR HOUSING FAIR
AT THE HENRIETTA SENIOR CENTER**
515 Calkins Road
Henrietta, NY 14467

**Friday, September 18
9am - 12pm**

**LEARN ABOUT HOUSING
OPTIONS FOR SENIORS**

Representatives from Senior
Housing complexes around town will
be available to answer questions about
current and future housing.



Fall Prevention Day

Thursday, September 24; 10:00am-1:00pm

Featuring information and activities designed to
help older adults prevent falls.

Reservations requested but not required.

2026 Events

Honey Harvest Festival

September 19; 11:00am-2:00pm



It's time to harvest some honey! Enjoy live music from Brock Saltsman in the Tinker Barn and Old World Warblers on the Nature Center Patio. Observe cider press demonstrations, enjoy complimentary cider and donuts, and watch live honey extractions. There will be fresh honey available for purchase.

Lantern Tours of the Tinker Homestead

December 4; 6:00pm-8:00pm

Enjoy the beauty of a Victorian Christmas at the Tinker Homestead. There will be lantern-led tours of the Tinker Homestead highlighting Victorian Christmas traditions. Registration is required and begins November 1. Maximum group size is limited to 10. Sign up for time slots by calling (585) 359-7044 or emailing naturecenter@henrietta.org.



Johnny Tremain Movie Night

September 26; 7:00pm

In commemoration of the 250th Anniversary of American Independence, we will be showing Johnny Tremain in the Nature Center classroom. Popcorn and refreshments will be available. Seating is limited. Register by calling 585-359-7044 by September 22, to reserve your space.



Cookies and Cocoa with Santa

December 5; 11:00am-2:00pm

Tour the Tinker Homestead, decorated in the Victorian Christmas style, and learn about Victorian Christmas traditions. Then head to the Nature Center for cookies, cocoa and photos with Santa. Make an ornament to hang on your tree at home.



HALLOWEEN SPOOKTACULAR

AT TINKER NATURE PARK

Saturday, October 24

6:00pm-8:00pm

Open to trick or treaters from Pre-K to Grade 6

Halloween is more fun at Tinker! Walk down Trick or Treat Street to see fun and spooky 'haunted houses' and collect some special treats. Then visit the lighted Jack-o-Lantern Trail and stop at the Homestead for a Victorian funeral scene. Enjoy cider and donuts at the barn. Remember to wear your costume! Register online at henriettaec.org.



TRICK
OR
TREAT



Big Rig Roundup



**SATURDAY, SEPTEMBER 12, 2026
10:00 A.M. - 12:00 P.M.
VETERANS MEMORIAL PARK**



**BIG RIG ROUNDUP IS A FREE FAMILY EVENT WHERE KIDS CAN
GET UP CLOSE TO TRUCKS, HEAVY EQUIPMENT, EMERGENCY
VEHICLES, AND MORE! EXPLORE, CLIMB ABOARD, AND MEET THE
OPERATORS WHO KEEP OUR COMMUNITY RUNNING EVERY DAY.**



Holiday Lights and Magic

**Saturday, December 12
6:00pm-8:30pm**



Activities at the Library, Senior Center and Recreation Center

Santa's Arrival and Tree Lighting at 6:00pm



**Holiday Light Displays
Storytime at the Library
Visits with Santa and Mrs. Claus
DJ and Dancing
Caroling
Magic Show
Holiday Craft Sale
...and more**



*Activities are indoors and
outdoors. Dress accordingly.*